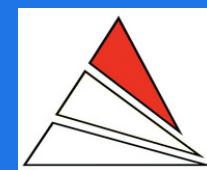


DIVISION OF
DEVELOPMENTAL
DISABILITIES



Comprehensive Support Planning Tool PART 1

Rev 1.0



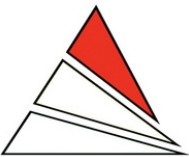
Housekeeping

- Webinar will be posted on the DMH site under previous Webinars
 - <https://dmh.mo.gov/dev-disabilities/webinar/previous>
- Participants and those who registered will receive the PowerPoint and the recording
- Put all questions/comments in the chat box and we will acknowledge and address them throughout the presentation



Learning Objectives

- Begin with the **WHY**
- Identifying the Focus of Comprehensive Support Planning Tool
- Understanding **WHEN** Comprehensive Support Planning Tool may be used
- Understanding **WHO** the Team is
- Knowing **WHAT** the Building Blocks of Comprehensive Support Planning Tool are
- Identifying and understanding the elements of the Comprehensive Support Planning Tool

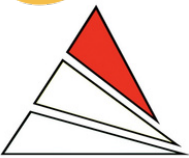


Begin with the **WHY**

Teams need tools and processes to discover why an incident occurred and to have effective ways to systematically prevent and solve the underlying issues.

Rather than just treating ad hoc symptoms and putting out fires.

The goal is to examine the factors that may contribute to the problem, connect the events in a meaningful way so that the issues can be properly addressed and prevented from reoccurring or the situation from worsening.



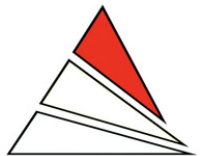
Focus



People lead **whole** lives made up of **specific, connected, and integrated** life domains that are important to a **good quality of life**.

A good quality of life means

- Finding and developing supports
- Having hard conversations
- Setting high expectations

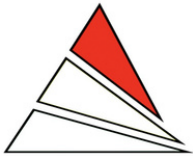


When would or could you use the Comprehensive Supports Planning Tool?

- ER Visits
- Police Involvement
- Struggles with boundaries



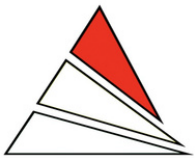
What are other reasons to use Comprehensive Support Planning Tool?



Who is the Team

- The Individual
- Residential Provider may include direct support staff
- Behavior Provider
- Family
- Others

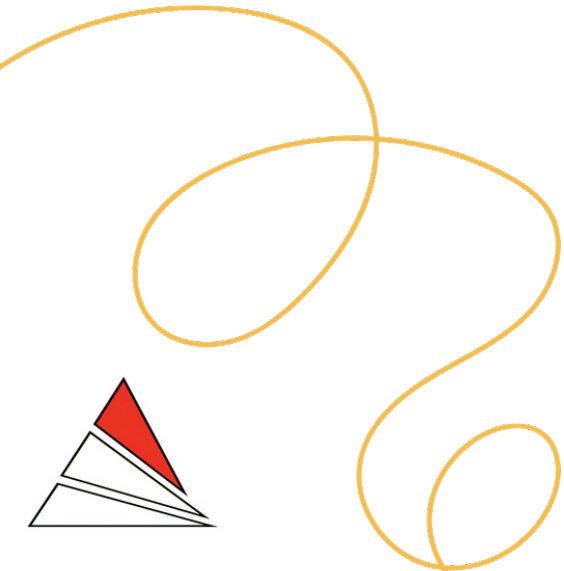
Who else may be part of the team?



The Building Blocks:

Problem Identification

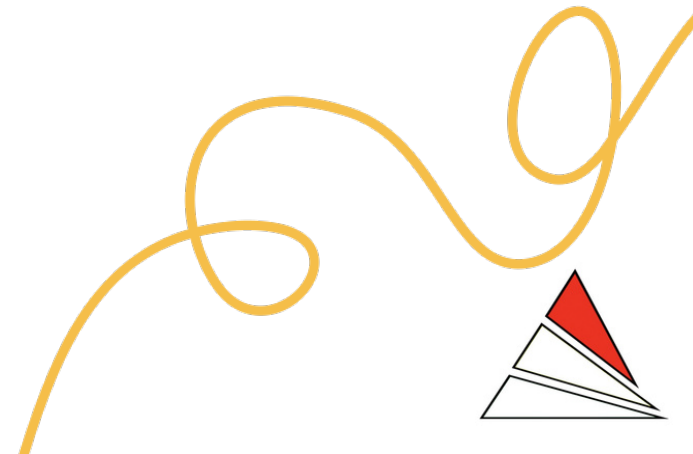
- Take a novel view from all perspectives
 - What happened and how did we get here?
- What is the nature of the problem?
 - New
 - Chronic
 - Acute



The Building Blocks:

What are we Working Toward?

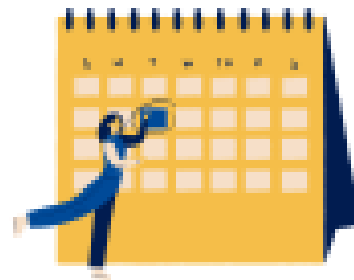
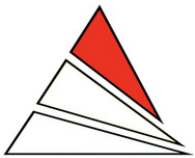
- How do things change for everyone involved on the team?
 - Individual
 - Providers
 - Guardian
 - Social Service Specialist



The Building Blocks:

Plan to Solve the Problem

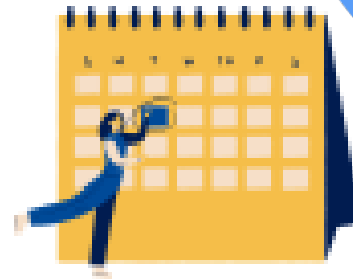
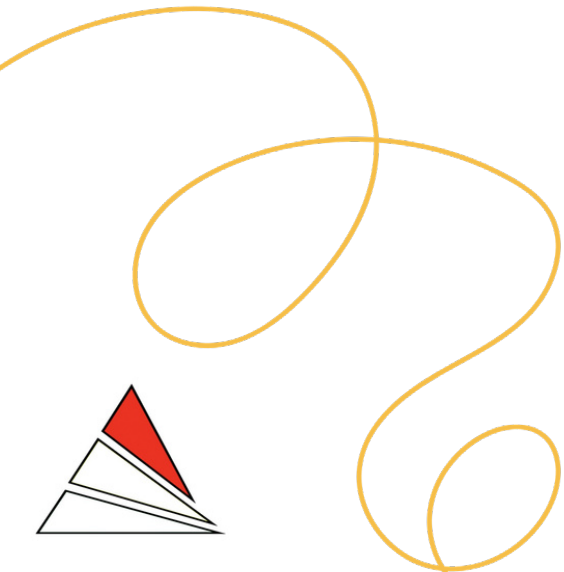
- What is being done?
- How does what it is being done match the Plan?
- What does implementation look like?
- Are other services needed?



The Building Blocks:

Action Plans

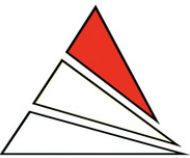
- Who will be doing what on the action plan
- When are elements of the action plan expected to be completed?



Summary

It is much more effective to systematically prevent and solve for underlying issues; rather than treating ad hoc symptoms and putting out fires.

Ensuring there is a process of discovering the cause of a problem in order to identify appropriate solutions that results in a more beneficial outcome.





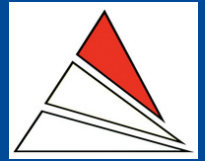
PART 2

A look at the
tool and what
to do

Next
Steps

DIVISION OF
DEVELOPMENTAL
DISABILITIES





Comprehensive Support Planning Tool Template



Name:

DMH ID:

Date

Identifying the Problem:

From an impartial perspective what was the situation that lead up to today.

What would we see....

The individual doing that lead to the current situation?

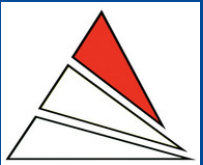
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The provider staff doing to prevent the situation?

The Social Services Specialists doing to prevent the situation?

What would other teams involved tell you that needs to happen to help the individual?

For example: Hospital, Law Enforcement, Community Based Mental Health Provider and



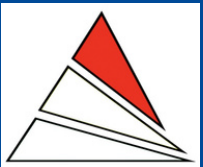
Goals to Work Toward

If all the problems to be solved just evaporated away, what would we see from an impartial perspective about the team's life?

What would the individual's life look like?

What would the provider staff's life look like?

What would the Social Services Specialist's life look like?



Planning to Solve the Problem

Now, considering what is currently happening:

What skill is missing from the individual's life that would move the individual toward their goal and probably would have prevented the situation?

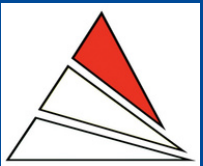
Is/are the skills being taught? Yes No

If YES

Can the individual do them independently? What changes are necessary in the teaching strategies?

If NO

Who will teach the skill(s)? How will you know when the person has learned the skill(s)?



From an impartial perspective what would see the providers staff doing to prevent the situation and does this match the ISP and implementation plan? Yes No

If YES

What changes will be made to strategies based on this experience? Who will be responsible for making these changes?

If NO

What steps will be taken to ensure strategies are implemented as intended? Are additional resources needed to implement? How will team get additional resources?

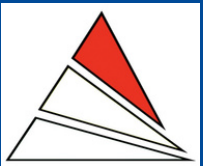
From an impartial perspective what in the current situation would you see if all issues disappeared, are additional supports needed to move the team toward their ideal life? Yes No

If YES

List the added supports needed and initiate an emergency UR packet

If NO

Who will be responsible for implementing the strategy changes?



ACTION PLAN

Action to be taken

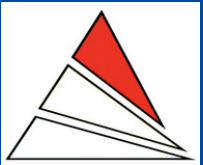
Responsible Party:

Due Date:

Follow Up Date:

Action to be taken:

Responsible Party:



ATTENDEES

Social Services Specialist

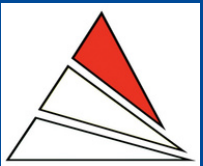
Provider

Hospital

Guardian

Behavior Provider

Other



Accessing the Tool:

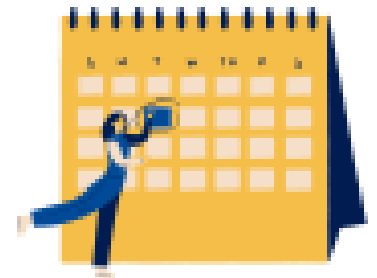
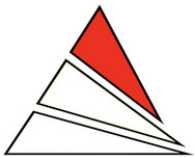
The next step is to use the tool on a case study.

You can access the tool via the email sent to you with the tool attached.



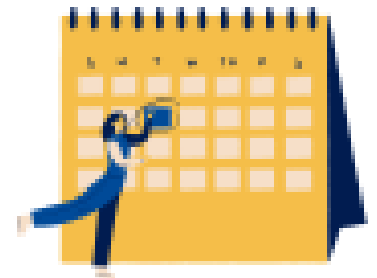
Background information

Eddie is a 22 year old male who resides in a single person ISL. He has a history of verbally and physically attacking staff as well as making derogatory marks about ethnicity, eloping and threatening to go into the street and get hit, has mild intellectual disability, Asperger's, he takes 5 psychotropic medications. Some of his triggers are his parents not answering the phone when he calls or if they don't answer the phone. He also has a history of being in jail and has been in the hospital 3 times in the past 2 weeks.



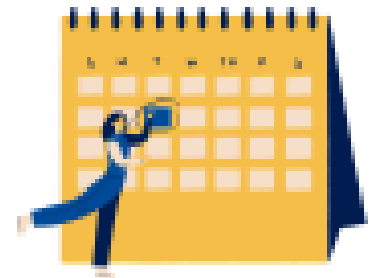
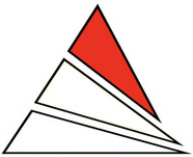
The Event

I picked Eddie up at the agency office. We went for a short drive before returning home. Eddie played video games until suppertime. During this entire time, Eddie appeared to be in a very good mood. At around 7:00, Eddie appeared to become frustrated with the game that he was playing. He began cursing loudly & eventually tossed his controller across the room. He appeared to calm down & asked me to play cards. I told Eddie I'd like to do something else, because I wasn't good at playing cards. He didn't seem to care, so I went to the bathroom.



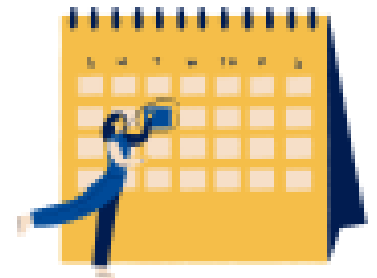
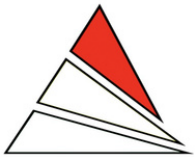
The Event

While in the bathroom, I heard Eddie cursing loudly & slamming the front door. I came out & saw him walking up the street. He came back to the house, began cursing & repeatedly threatened to kill me. I asked him what was wrong. He told me that he was angry because I had refused to play cards with him & had violated company policy by telling him no. I said I was sorry. I told Eddie that I'd be more than willing to let him teach me whatever games that he wanted to play. He said that it was too late & that I was only saying that because I was afraid that I'd get fired.



The Event

I told Eddie that wasn't the case at all & asked him once again to teach me how to play a card game. He began cursing again & said that he was going to kill me & that he wanted to see me dead. I felt threatened, I went next door & asked the staff to please call the office, while I stood at the door in order to keep a close eye on Eddie. Eddie then closed the door & locked me out. Meanwhile, the next-door staff had called the police and police transported him to the hospital.



Name:

DMH ID:

Date

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|

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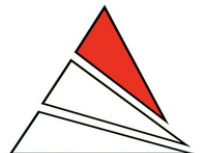
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Responsible Party:

Due Date:

Follow Up Date:

Action to be taken:

Responsible Party:



ATTENDEES

Social Services Specialist

Provider

Hospital

Guardian

Behavior Provider

Other



Thank you for joining us today!

Contact Us



Email Address

BAT@dmh.mo.gov

Website

<https://dmh.mo.gov/dev-disabilities/tiered-supports/tier-3>

