MISSOURI DIVISION OF
DEVELOPMENTAL DISABILITIES

Improving lives THROUGH supports and services THAT FOSTER self-determination.

Clinical Rater and Clinical Reviewer: Common Struggles

Presented by:

Leslie DeGroat

Tricia Parker

Topics

- Discuss where we are at in implementation of HRST
- Review of HRST Process Document
- Review of process timelines
- Review of process steps
  - Agreement Status
  - Health Risk Support Plan (HRSP)
  - Getting "stuck"
- Resources
- Questions & Answers

HRST Implementation

- Phase 1
  - Voluntary implementation
  - Data analysis
  - Enhancements
- Projected Timeline for state wide implementation
  - May 2023

HRST Process Document

- Process Overview:

- Tool used to provide early detection of health risks and destabilization

- Identification and implementation strategies to mitigate risk and improve health outcomes through standardized health risk support plan templates

https://dmh.mo.gov/media/pdf/hrst-process

Screening/Rating

- Individuals receiving Division residential services and supports
- Updated at least annually as a component of the ISP review process
- Requires that the HRST be updated throughout the ISP year when changes in status are identified that change any of the 22 HRST rating item scores.
  - Within 7 business day
- Medications and Diagnoses are required to be updated at least monthly

Clinical Review

- Completed by assigned R/O RN when:
  - HCL of 3 or higher
  - 14 business days of an initial screening or rescreening/update
- Role is to evaluate validity of screening and associated health care level
- Expanded Clinical Reviews
  - Health care Level of 4 or higher or;
  - Through out the course of the ISP year an individual has an increase from their previous health care level of 3 or higher by one health care level.
  - ECR can not be completed until screening is in "fully rated status" and HRSP are completed as applicable

Health Risk Support Plans (HRSP)

- Directs monthly nursing oversight to the individual to improve overall health outcomes and mitigate health risk.

- Component of the Healthy Living section of the ISP

- Educational resource for interdisciplinary team members providing direct supports and services to the individual.

- Rating item of 3 or higher for any of the rating items

- Completed once fully rated status is reached and need to be completed before the ISP implementation

- Fully rated status:

  - HRST is completed by the team for Healthcare Levels of 0 through 2

  - once the HRST Clinical Reviewer has reviewed and agrees with the completed screen

Getting Stuck

Common Rating Items with Disagreements and/or errors

- B Ambulation
- C Transfer
- E Clinical Issues
- F Self Abuse
- G Aggression
- K Gastrointestinal
- O Bowel Function
- T Professional Healthcare Visits
- U Emergency Room Visits

Rater Considerations

- Rater contributing factors to consider when reviewing disagreements
  - Does the rating item require a count of episodes, visits etc.
  - Emergency Visits are not specific to ER visits
  - Items K an O differences
    - K related to Gastro intestinal issues such as GERD, GI Bleeding, any GI disease, medication for nausea/vomiting, surgeries involving intestinal track, etc...
    - O related to constipation and diarrhea
    - Will score under both K and O if a hospitalization occurred with in past 12 months for any GI issue or bowel issue.
    - Hospitalizations will also be scored under item V.

Reviewer Considerations

- Preference on specific language
  - Requesting information that does not impact score of rating item
  - Asking rater to list medications in comment when rating item does not ask for list and list of medications can be found in HRST medication section
- Agreeing with rating when information is not clear or supports score
  - Rater notes a range of counts or dates but item is asking for a tally or a list

Resources

- HRST Process Document
- Expanded Scoring Descriptors
- Online Rater Training
- A MO Rater's Guide to Responding to Clinical Reviews
- HRST Rating Checklist
- Protocol for Completing A Clinical Review of the HRST
- HRST Clinical Assistant
  - clinassist@hrstonline.com

Upcoming Training Opportunities

- Upcoming Training Opportunities
- In app Training Modules
    - 2 training modules
    - Common Errors: Raters and Reviewers
    - Common Rating items where errors occur
    - Will include periodic knowledge base checks

Questions