

WEBVTT

1 "Rachael Osterling" (1325385216)

00:00:00.745 --> 00:00:09.955

She did hello, my name is Rachel in good morning and happy Friday. I am going to be the host today for the tier 2 updates.

2 "Rachael Osterling" (1325385216)

00:00:10.375 --> 00:00:22.285

I am the central area lead for the tier 2 team as most of you probably already know. And as a reminder we do host these tier 2 updates.

3 "Rachael Osterling" (1325385216)

00:00:22.380 --> 00:00:27.720

Once a month, and the last Friday of every month at 1030.

4 "Rachael Osterling" (1325385216)

00:00:31.320 --> 00:00:46.075

Some of the topics that I'm going to go over today for our updates. Um, I'm just going to briefly go over the in person transition training that we just completed throughout the state.

5 "Rachael Osterling" (1325385216)

00:00:46.255 --> 00:00:54.475

I will talk about the DVH facility to DD community transition process. Webinar that's coming up.

6 "Rachael Osterling" (1325385216)

00:00:54.960 --> 00:01:00.540

I'm going to talk about a couple upcoming podcasts that are actually now live.

7 "Rachael Osterling" (1325385216)

00:01:00.540 --> 00:01:04.590

I will go over the tier 2 capacity map.

8 "Rachael Osterling" (1325385216)

00:01:04.590 --> 00:01:12.600

That we have for our team to give you an overview of the things that we've done and what we have planned for the future.

9 "Rachael Osterling" (1325385216)

00:01:12.600 --> 00:01:24.240

I'm also going to go over some changes to the transition coffee and chat that we have on a monthly basis. I'm going to talk about the Moab summit that's coming up.

10 "Rachael Osterling" (1325385216)

00:01:24.240 --> 00:01:30.450

And then I'm going to provide what our november's extra scoop topic is going to be for.

11 "Rachael Osterling" (1325385216)

00:01:31.105 --> 00:01:42.805

This upcoming month, so the 1st thing I want to talk about today is the transition training workshop that we just completed.

12 "Rachael Osterling" (1325385216)

00:01:43.015 --> 00:01:56.815

So I just want to thank you for everybody that attended in person. We appreciate that you guys all showed up and some of you we do know, had to drive quite a ways to attend.

13 "Rachael Osterling" (1325385216)

00:01:56.815 --> 00:01:59.725

So we really appreciate that. So we just want to thank you.

14 "Rachael Osterling" (1325385216)

00:02:00.450 --> 00:02:02.460

We've been doing these workshops.

15 "Rachael Osterling" (1325385216)

00:02:02.460 --> 00:02:06.780

Since August, so, August, September and October.

16 "Rachael Osterling" (1325385216)

00:02:06.780 --> 00:02:17.160

Um, we visited Kansas City, Columbia, St Louis, Springfield and then yesterday was our last 1 in sikeston.

17 "Rachael Osterling" (1325385216)

00:02:18.355 --> 00:02:27.535

We had a lot of really good attendance. We had a lot of great participation for those that showed up and we had some really good feedback.

18 "Rachael Osterling" (1325385216)

00:02:27.715 --> 00:02:35.065

So we're hoping that we can take that back and help improve our transition process training that we have. So, thank you for that.

19 "Rachael Osterling" (1325385216)

00:02:35.550 --> 00:02:41.815

And we are looking forward to having this opportunity with you all again in the future, what?

20 "Rachael Osterling" (1325385216)

00:02:41.815 --> 00:02:56.215

That looks like just stay tuned and we'll let, you know what that schedule will be like, cause I think what we'll do is have our rpcs do some in person training possibly in the future. But like I said, we will keep, you guys updated.

21 "Rachael Osterling" (1325385216)

00:02:59.340 --> 00:03:03.180

Next thing I want to go over is.

22 "Rachael Osterling" (1325385216)

00:03:03.180 --> 00:03:08.365

There is a transition process. Webinar that's going to be hosted.

23 "Rachael Osterling" (1325385216)

00:03:08.365 --> 00:03:20.695

That is for those individuals that are transitioning from the Department of behavioral health to the developmental disabilities service providers,

24 "Rachael Osterling" (1325385216)

00:03:21.355 --> 00:03:24.115

or our residential facilities.

25 "Rachael Osterling" (1325385216)

00:03:24.720 --> 00:03:32.040

So, with this webinar, they're going to provide some updates on the.

26 "Rachael Osterling" (1325385216)

00:03:32.040 --> 00:03:42.060

Transition process for those that are being discharged from DVH, which is those state operated facilities going into the.

27 "Rachael Osterling" (1325385216)

00:03:42.205 --> 00:03:45.115

Residential providers,

28 "Rachael Osterling" (1325385216)

00:03:45.505 --> 00:03:59.125

some of the information will include what is changed recently why those changes have been made and they'll do a complete walk through of that transition process. I did.

29 "Rachael Osterling" (1325385216)

00:03:59.460 --> 00:04:11.365

Put on here a QR code so if you want, you can take out your phones and scan in that code. That should take you directly to the webinar to register.

30 "Rachael Osterling" (1325385216)

00:04:11.605 --> 00:04:19.705

We did have a date, but I did have to pull that back, because I think that's going to be set back a little bit further. So that is to be determined.

31 "Rachael Osterling" (1325385216)

00:04:20.125 --> 00:04:29.455

And we will keep, you guys updated when that webinar is going to be hosted those people that were encouraging.

32 "Rachael Osterling" (1325385216)

00:04:29.460 --> 00:04:37.259

To attend this webinar, our support coordinators, support coordinator, supervisors anybody.

33 "Rachael Osterling" (1325385216)

00:04:37.259 --> 00:04:41.489  
At the regional office.

34 "Rachael Osterling" (1325385216)  
00:04:41.489 --> 00:04:54.539  
Residential providers, and then anybody else that might be interested in attending maybe, for example, like guardians or individuals or family members that want to know what this process is.

35 "Rachael Osterling" (1325385216)  
00:04:54.539 --> 00:05:05.609  
And, like I said, that data's to be determined as that has recently changed. I'm not sure if they change that on the website or not. But that should be updated soon.

36 "Rachael Osterling" (1325385216)  
00:05:09.059 --> 00:05:17.004  
The next update I want to provide is, I think it was the last tier to update.

37 "Rachael Osterling" (1325385216)  
00:05:17.034 --> 00:05:29.784  
I let you guys know that our eastern area lead Carl, he has been working really hard. I'm doing some podcasts, which are now available on Spotify.

38 "Rachael Osterling" (1325385216)  
00:05:29.844 --> 00:05:39.054  
I have provided a QR code here that you can scan into your phone if you would like that will take you directly to the 2 episodes.

39 "Rachael Osterling" (1325385216)  
00:05:39.059 --> 00:05:45.869  
Study now has line, so he's currently doing a series called opening the tears.

40 "Rachael Osterling" (1325385216)  
00:05:45.869 --> 00:05:50.939  
An episode 1 he interviews Dr Rogers.

41 "Rachael Osterling" (1325385216)  
00:05:50.939 --> 00:05:59.339  
And Dr Freeman about tiered supports and how that got started here in the state of Missouri. So if you kind of want some.

42 "Rachael Osterling" (1325385216)  
00:05:59.339 --> 00:06:05.789  
History about tiered supports and how it came to Missouri. That might be a really good podcast to listen to.

43 "Rachael Osterling" (1325385216)  
00:06:05.789 --> 00:06:13.109  
Episode 2, he's just continuing with the series of opening the tiers. He.

44 "Rachael Osterling" (1325385216)

00:06:13.109 --> 00:06:28.079

Continues his discussion with Dr actors and Dr Freeman and they just go into what tier 2 does what those barriers are and offers a lot of really good additional information about tier 2.

45 "Rachael Osterling" (1325385216)

00:06:28.914 --> 00:06:38.634

So, if those are something that you're interested in, learning more about, I would just encourage you to go out there and listen to Carl's podcast.

46 "Rachael Osterling" (1325385216)

00:06:38.664 --> 00:06:44.154

He has a great radio voice and it's very easy to listen to and you'll learn lots of good information.

47 "Rachael Osterling" (1325385216)

00:06:44.639 --> 00:06:55.229

Just stay tuned and I will try to keep you guys updated on upcoming podcast episodes that he's going to be having. I believe his.

48 "Rachael Osterling" (1325385216)

00:06:55.229 --> 00:07:00.449

Schedule is going to be at least 1 or 2 podcast episodes.

49 "Rachael Osterling" (1325385216)

00:07:00.449 --> 00:07:06.149

Per month, so just kind of be aware that that's what he's hoping to have out for everybody.

50 "Rachael Osterling" (1325385216)

00:07:09.329 --> 00:07:21.809

The next thing I want to go over is the tier 2 capacity map here. Um, I do understand that there's lots of columns. There's lots of information here. So I'm just going to briefly go over this real quick.

51 "Rachael Osterling" (1325385216)

00:07:22.344 --> 00:07:33.414

So this past year, our team, the tier 2 team has implemented. Some problems are solving sessions. Some opportunities to discuss some things.

52 "Rachael Osterling" (1325385216)

00:07:33.414 --> 00:07:45.534

We've offered lots of workshops, whether that's transition workshops or those extra scoops workshops. We've offered a lot of avenues of information sharing.

53 "Rachael Osterling" (1325385216)

00:07:46.524 --> 00:08:00.294

We've done some coaching, some learning platforms and completed some assessments in the future. We're going to do a focus a little bit more on those coaching and assessment opportunities.

54 "Rachael Osterling" (1325385216)

00:08:00.294 --> 00:08:02.364  
So stay tuned for that.

55 "Rachael Osterling" (1325385216)  
00:08:02.609 --> 00:08:05.669  
Some of these will continue on.

56 "Rachael Osterling" (1325385216)  
00:08:05.669 --> 00:08:18.239  
Through to the next year, but we may have some minor changes and updates to these, the coffee and chat does have a small update, which I will go over in the next slide with you.

57 "Rachael Osterling" (1325385216)  
00:08:19.734 --> 00:08:33.114  
We will still have a transition workshop, but this may be cut back to quarterly because right now we're doing these monthly so just keep in mind that this may not be offered on a monthly basis.

58 "Rachael Osterling" (1325385216)  
00:08:33.389 --> 00:08:37.979  
And then with the extra scoops topics, we're.

59 "Rachael Osterling" (1325385216)  
00:08:38.004 --> 00:08:52.674  
Going to continue to, to provide the extra scoops that we've noticed are, like, hot topics right now and much needed workshops and that includes the 30 day notices. That's really important.

60 "Rachael Osterling" (1325385216)  
00:08:52.734 --> 00:08:56.784  
And a need right now the check in check out.

61 "Rachael Osterling" (1325385216)  
00:08:57.119 --> 00:09:05.999  
The social emotional learning, and going over the safety crisis planning. So those, we're going to try to keep on a rotation.

62 "Rachael Osterling" (1325385216)  
00:09:07.169 --> 00:09:16.169  
And we will continue to explore what are some other topics that we see as a need based off of the data.

63 "Rachael Osterling" (1325385216)  
00:09:16.169 --> 00:09:26.429  
Trends that we're seeing, so just kind of keep in mind that some of these topics, you know, could change and we'll add in some new ones. Um, we're currently developing more learning.

64 "Rachael Osterling" (1325385216)  
00:09:26.429 --> 00:09:29.969  
Platforms through reliance.

65 "Rachael Osterling" (1325385216)

00:09:29.969 --> 00:09:42.359

So, in reliance, we're gonna have some, the transition training workshops available in that and then I think we're going to offer some extra scoops topics in there as well.

66 "Rachael Osterling" (1325385216)

00:09:43.284 --> 00:09:49.464

So, I just want to point out there are some of these boxes, these fields that are highlighted yellow.

67 "Rachael Osterling" (1325385216)

00:09:49.644 --> 00:10:02.514

This is because we've started the development of these, but it isn't fully available to our providers and our teams quite yet. So, that's why we have those highlighted for you.

68 "Rachael Osterling" (1325385216)

00:10:07.919 --> 00:10:13.229

And, like I said, in the previous slide, I just want to go over what we have.

69 "Rachael Osterling" (1325385216)

00:10:13.614 --> 00:10:25.914

Coming up, we currently have the transition coffee and chat, but we are going to change this name to the tier 2, coffee and chat. This will start in November.

70 "Rachael Osterling" (1325385216)

00:10:25.944 --> 00:10:32.394

And our next 1 is on November 8th, and just keep in mind. This is always the 2nd, Tuesday of the month. month

71 "Rachael Osterling" (1325385216)

00:10:34.734 --> 00:10:41.394

So, a couple of reasons for changing this, when we 1st started this coffee and chat,

72 "Rachael Osterling" (1325385216)

00:10:41.394 --> 00:10:52.044

it was really geared toward helping everyone with some of the changes that we've had with the transition process, the creation,

73 "Rachael Osterling" (1325385216)

00:10:52.044 --> 00:11:03.984

and how to use the transfer and the transition inboxes talking about sending in those referrals, what's required for those referral packets and doing a lot of.

74 "Rachael Osterling" (1325385216)

00:11:04.229 --> 00:11:18.719

Planning and talking about the parcel and full support. Um, so now we feel that most people kind of have a handle of things. Um, and the transition process that we really want to shift this.

75 "Rachael Osterling" (1325385216)  
00:11:18.719 --> 00:11:24.719  
As an opportunity to talk more about tier 2 risk prevention and what.

76 "Rachael Osterling" (1325385216)  
00:11:24.719 --> 00:11:29.309  
That roll looks like for our risk prevention consultant.

77 "Rachael Osterling" (1325385216)  
00:11:30.419 --> 00:11:33.899  
And, like I said, this will start in November.

78 "Rachael Osterling" (1325385216)  
00:11:37.679 --> 00:11:47.364  
The next thing I wanted to announce is we have the Missouri alliance for  
duly diagnosed Summit, coming up.

79 "Rachael Osterling" (1325385216)  
00:11:47.454 --> 00:11:57.924  
Um, most of you may be familiar with Moe, and that's what we referred to  
as we do have a QR code that I've placed on this slide as well for you.

80 "Rachael Osterling" (1325385216)  
00:11:57.924 --> 00:12:07.464  
If you want to get registered, you want to know more about Moab go ahead  
and scan this QR code in the date for this summit is the 9th.

81 "Rachael Osterling" (1325385216)  
00:12:07.679 --> 00:12:20.244  
Of November, and that's going to be an all day event from 90 to 330 and  
that's located at the Holiday Inn in Columbia, Missouri and like I said,  
if that's something you're interested in or want to get registered,

82 "Rachael Osterling" (1325385216)  
00:12:20.244 --> 00:12:23.604  
go ahead and scan that QR code in. code in

83 "Rachael Osterling" (1325385216)  
00:12:23.939 --> 00:12:32.309  
And I'll give you a little bit of background about real quick just if  
you're not familiar with it.

84 "Rachael Osterling" (1325385216)  
00:12:32.309 --> 00:12:37.919  
Was established in 2018 as a collaborative.

85 "Rachael Osterling" (1325385216)  
00:12:37.919 --> 00:12:41.189  
Collaborative effort between.

86 "Rachael Osterling" (1325385216)  
00:12:41.189 --> 00:12:55.044



Both the Department of mental health staff, and the Department of mental health providers who are interested in developing expertise in supporting these individuals with that dual diagnosis.

87 "Rachael Osterling" (1325385216)

00:12:55.404 --> 00:13:00.204

And so when I say dual diagnosis, they're looking at those with intellectual.

88 "Rachael Osterling" (1325385216)

00:13:00.539 --> 00:13:08.819

Developmental disabilities and those with behavioral health diagnosis. So that's what we mean when we're talking about duly diagnosed.

89 "Rachael Osterling" (1325385216)

00:13:10.019 --> 00:13:23.129

And some additional information Moab provides resources to assist those providers with the most current best practices when working with those individuals, how to.

90 "Rachael Osterling" (1325385216)

00:13:23.129 --> 00:13:32.279

Develop integrated systems to make their agencies more aware of resources.

91 "Rachael Osterling" (1325385216)

00:13:32.279 --> 00:13:38.189

For them, and, like I said, provide a better outcome for those individuals.

92 "Rachael Osterling" (1325385216)

00:13:39.569 --> 00:13:45.209

And then most of our tier 2 team, I believe is going.

93 "Rachael Osterling" (1325385216)

00:13:45.209 --> 00:13:50.429

To attend this summit so if you guys are attending, you may see some of us there as well.

94 "Rachael Osterling" (1325385216)

00:13:54.359 --> 00:14:04.109

In the next update I want to provide in November or extra scoops topic is going to be on self care.

95 "Rachael Osterling" (1325385216)

00:14:04.109 --> 00:14:11.249

If this is a topic that you're interested in, and you want to learn more about with this, I've.

96 "Rachael Osterling" (1325385216)

00:14:11.249 --> 00:14:20.844

Provided that QR code on this slide as well that's going to be hosted on November 15th at 1 o'clock. It usually goes until about 3 or 330.

97 "Rachael Osterling" (1325385216)  
00:14:20.844 --> 00:14:27.804  
um, just to kind of give you an overview of what we're gonna talk about  
with the self care. self care

98 "Rachael Osterling" (1325385216)  
00:14:28.229 --> 00:14:39.599  
We are going to briefly discuss the foundations and purpose for self  
care, but we'll dive into more specifics like.

99 "Rachael Osterling" (1325385216)  
00:14:39.599 --> 00:14:43.469  
What just making sure that what you're doing.

100 "Rachael Osterling" (1325385216)  
00:14:43.469 --> 00:14:52.679  
Whether for yourself, or for the individuals that you serve is enough  
self care. So, for example, some people.

101 "Rachael Osterling" (1325385216)  
00:14:53.724 --> 00:15:07.734  
Require less self care than others. Some people require a lot more self  
care to keep themselves motivated and going. So how self care affects our  
overall health and a few other things.

102 "Rachael Osterling" (1325385216)  
00:15:08.034 --> 00:15:18.924  
So, we would just encourage you guys, if this is something that you're  
interested in, go ahead and get registered if you're not already, we  
would encourage you to do that. And.

103 "Rachael Osterling" (1325385216)  
00:15:21.959 --> 00:15:27.294  
That's all the updates I have for this month. So thank you. We appreciate  
you.

104 "Rachael Osterling" (1325385216)  
00:15:27.294 --> 00:15:40.464  
Guys attending the next tier to update is gonna be on Friday, November,  
25th at 1030, and said at the beginning, if you have any questions, feel  
free to put those in the chat.

105 "Rachael Osterling" (1325385216)  
00:15:40.464 --> 00:15:43.824  
And I will get back with you later on that. later on that

106 "Rachael Osterling" (1325385216)  
00:15:44.189 --> 00:15:46.259  
Thank you everybody.