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supports and services
THAT FOSTER self-determination.

MO DDD & You: Health Risk Screening Tool (HRST) for Individuals and Families

Information for Individuals & Families

Presented by:

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Leslie DeGroat, RN, Clinical Coordinator, Division of DD



October 25, 2022
12:30pm – 1:00pm



Discussion Topics/Agenda



- Introductions
- Overview of the Health Risk Screening Tool (HRST)
- How the HRST is being used
- Individual and Family involvement

Introductions



Lisa Nothaus

- Parent
- live in Mid-MO
- 17 years with the Division
- Supporting Families Lead



Leslie DeGroat

- Registered Nurse
- 30 years health care experience
 - 14 years with the Division
- Division's Clinical Coordinator



Health Risk Screening Tool (HRST)



What is the HRST?

-  The Health Risk Screening Tool (HRST) is a tool used to provide early detection of health risks and destabilization.

Who does the MO DD HRST process apply to?

-  The process applies to individuals receiving 1915 (c) Home and Community Based Waiver services.

Why is the Division of Developmental Disabilities initiating the process?

-  The process is designed to serve as a support to ensure individual waiver participant health and welfare.
-  Information entered into the MO HRST system will be accessible electronically to all identified team members, providing a more efficient and effective system for interdisciplinary team member communication and direct accessibility to identified health risk, planning, and service information.



HRST Categories and Rating Items

- 👤 Category:
 - 👤 Functional Status
 - 👤 Behaviors
 - 👤 Physiological
 - 👤 Safety
 - 👤 Frequency of Services



HRST Rating Scale

Score	Description
0	No issues within the past calendar year (12 months)
1	Occasional issues within the past year. No identifiable pattern
2	Emergence of a definable pattern of issues
3	Increasing frequency and/or intensity of identifiable issues
4	Potentially life-threatening or life-defining issue or hospitalization in the past year

Health Care Levels







Health Care Levels	
Level 1	Low Risk
Level 2	Low Risk
Level 3	Moderate Risk
Level 4	High-Moderate Risk
Level 5	High Risk
Level 6	Highest Risk

What is a Health Risk Support Plan (HRSP)?

-  The MO HRST process includes designed standardized electronic Health Risk Support Plan (HRSP) templates in the IntellectAbility system which will support the team with identification of implementation strategies to mitigate risk and improve health outcomes.
-  The completion of the HRST and any applicable HRSPs will align with the individual's annual Individualized Support Plan (ISP) meeting.

Missouri Specific Modules

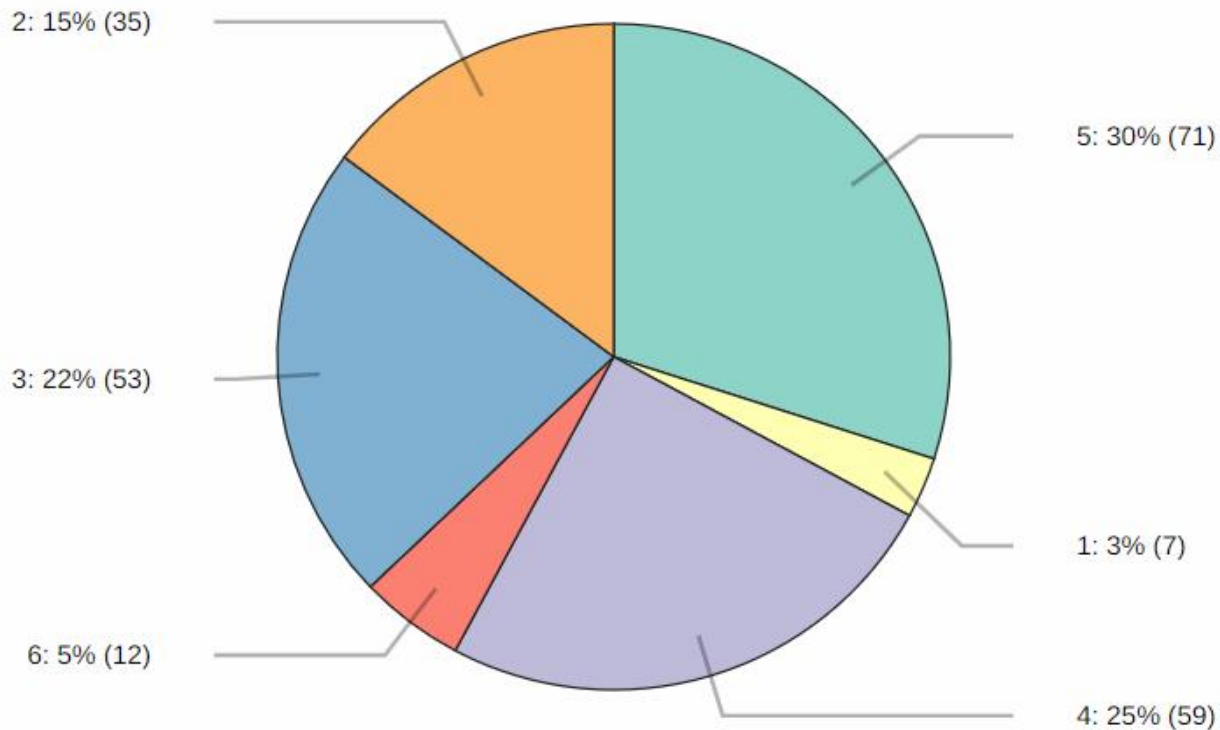
What are Missouri's Enhancements to this Process?

-  Health Risk Support Plans
-  RN Monthly Oversight documentation
-  Nursing delegations
-  Enhanced training library
-  Incorporating Person Centered Thinking
-  Expanded Clinical Reviews

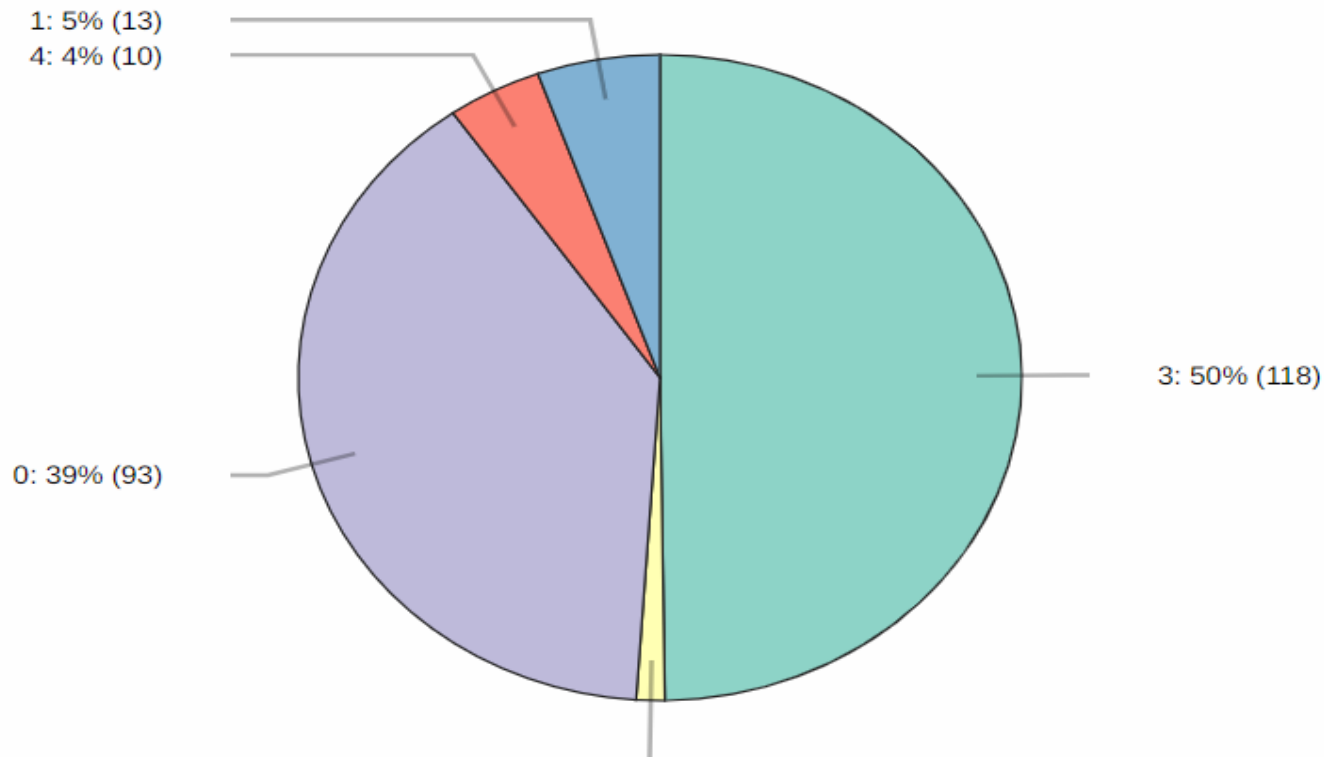
Data Gathering

- 👤 Statewide top diagnoses
- 👤 Health Care Level distribution by agency
- 👤 Most scored rating items.

Health Care Level Distribution



Item A: Eating distribution



In the Meantime . . .

- 👤 Providers can start screening people and creating the Health Risk Support Plans voluntarily
- 👤 Will be Mandatory for all to implement in May 2023

MO Health Risk Screening Tool (HRST) Project



dmh.mo.gov/dev-disabilities/hrst-project

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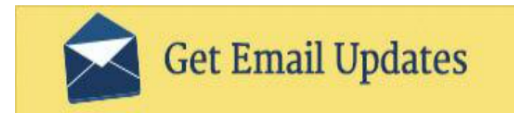
MO Health Risk Screening Tool (HRST) Project

If you are interested in participating in the MO HRST process, you may send an e-mail to: MODDHRSTProject@dmh.mo.gov.

- Overview
- FAQs
- Information for Individuals and Families

Developmental Disabilities

- About Us
- Director's Office
- Email Blasts
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Questions?



THANK YOU!

For any questions anytime:

MODDHRTProject@dmh.mo.gov

Next MO DDD & You Webinar



Mark your calendar now!

The next “MO DDD & You” webinar is
scheduled for

November 22, 2022

12:30pm-1:00pm



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Thank You