



Improving lives THROUGH supports and services THAT FOSTER self-determination.

MO DDD & You: People-First of MO

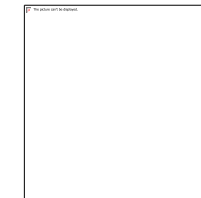
Information for Individuals & Families

Presented by:

Lisa Nothaus, Supporting Families Lead, Division of DD
Candace Cunningham, Individual Advocacy Team, UMKC-IHD
Madeline Webster, Individual Advocacy Team, UMKC-IHD



July 26, 2022
12:30pm-1:30pm



Webinar Agenda Topics

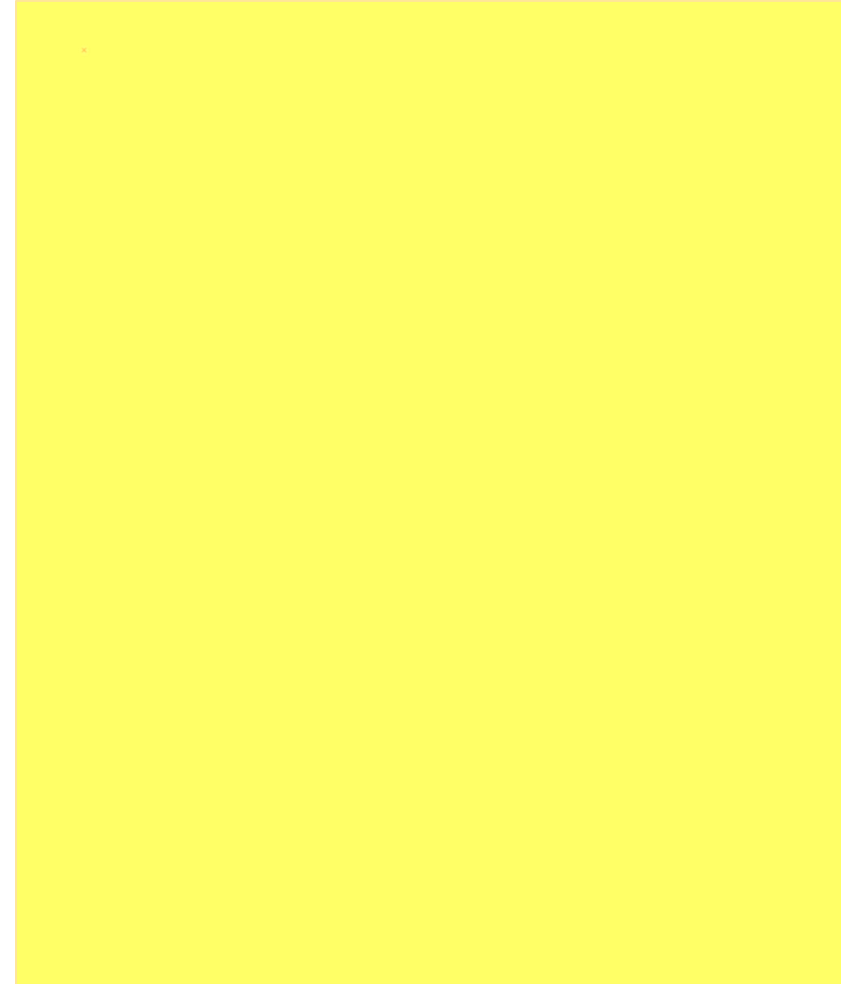


- Introductions
- About People First of Missouri
- People First Priorities
- Why People First?
- Finding a chapter near you
- Starting your own chapter
- Additional Resources

Introductions

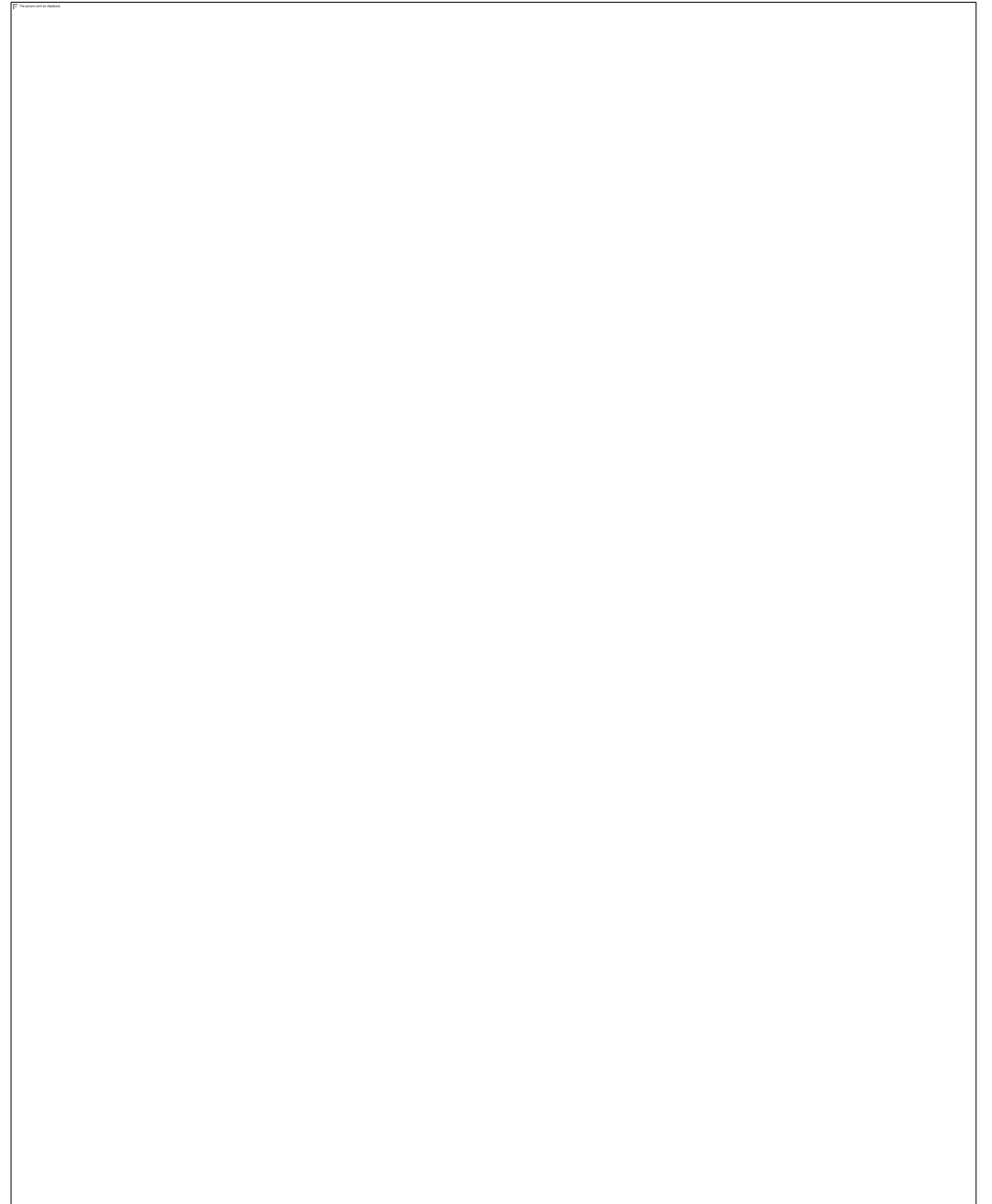


- I am Lisa Nothaus
- I live in mid-MO
- I work at the Division of DD
 - Supporting Families Lead
- I am a parent



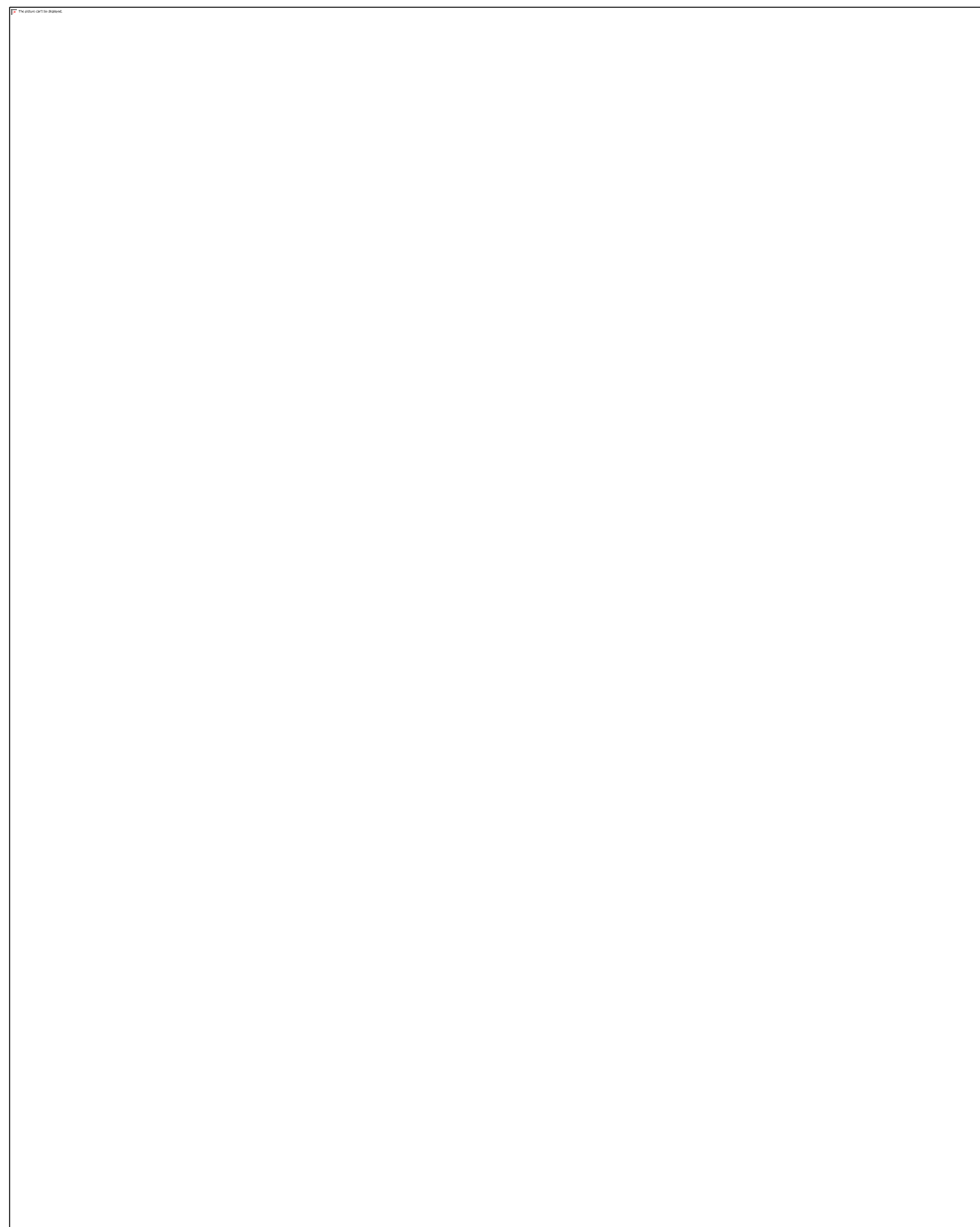
Nice to meet you

- I'm Candace Cunningham
- I live in Kansas City, MO
- I work at the Institute for Human Development at UMKC working on Individual Advocacy
- Bachelor's Degree in Youth and Human Service
- Currently working on Masters in Vocational Rehabilitation



Nice to meet you

- I'm Madeline Webster.
- I started my career as a DSP.
- Since then I've been a job coach, I ran a Pre-ETS program, and I've been a family navigator.
- Now I work for UMKC-IHD as a research assistant on the Individual Advocacy team.
- Much of my work in disability support has centered around the development and support of self-advocacy groups.
- I'm getting my master's degree in Social Work and am working towards a PhD in Special Education.



People First of Missouri: What Is People First of Missouri?

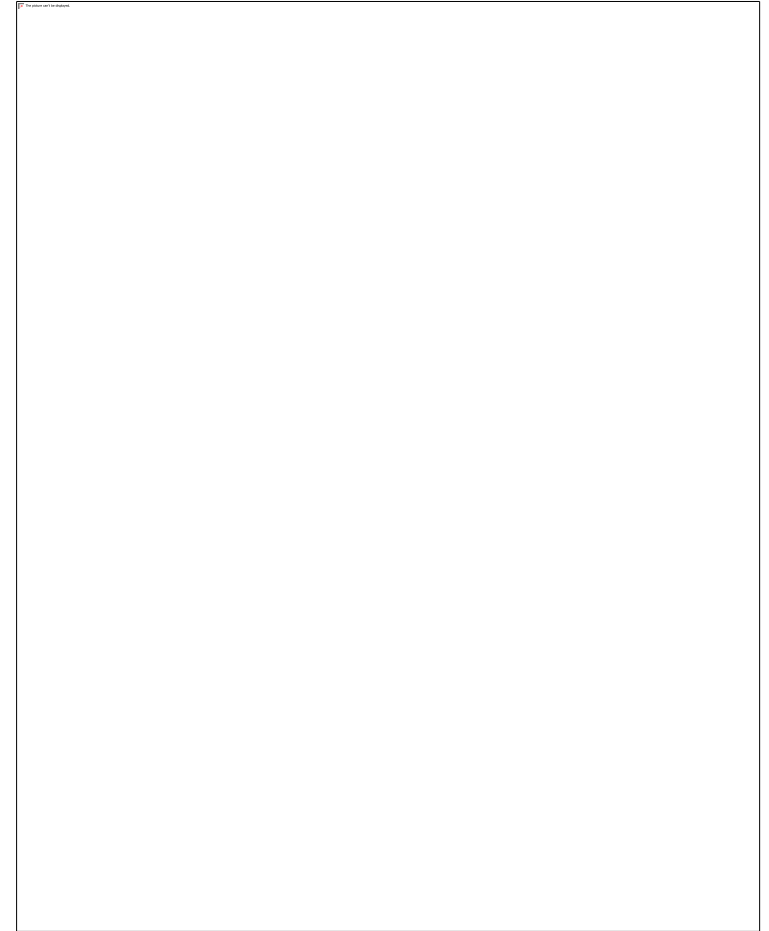
www.missouripeoplefirst.org

People First of Missouri is a statewide organization that promotes equality for people with disabilities so they can live the life they want in the community. People First members:

- Teach and empower people to understand their rights and responsibilities and to speak up for themselves and to speak up for themselves (**Self-advocacy**);
- Stand up for one another to help people live the life they want with the supports they need (**Advocacy for one another**);
- Advocate for community services that allow people to have choices and control over their supports and lives (**Advocacy at the systems level**);
- Create change in communities to ensure opportunity and full, meaningful participation for all people (**Advocacy within the community**).

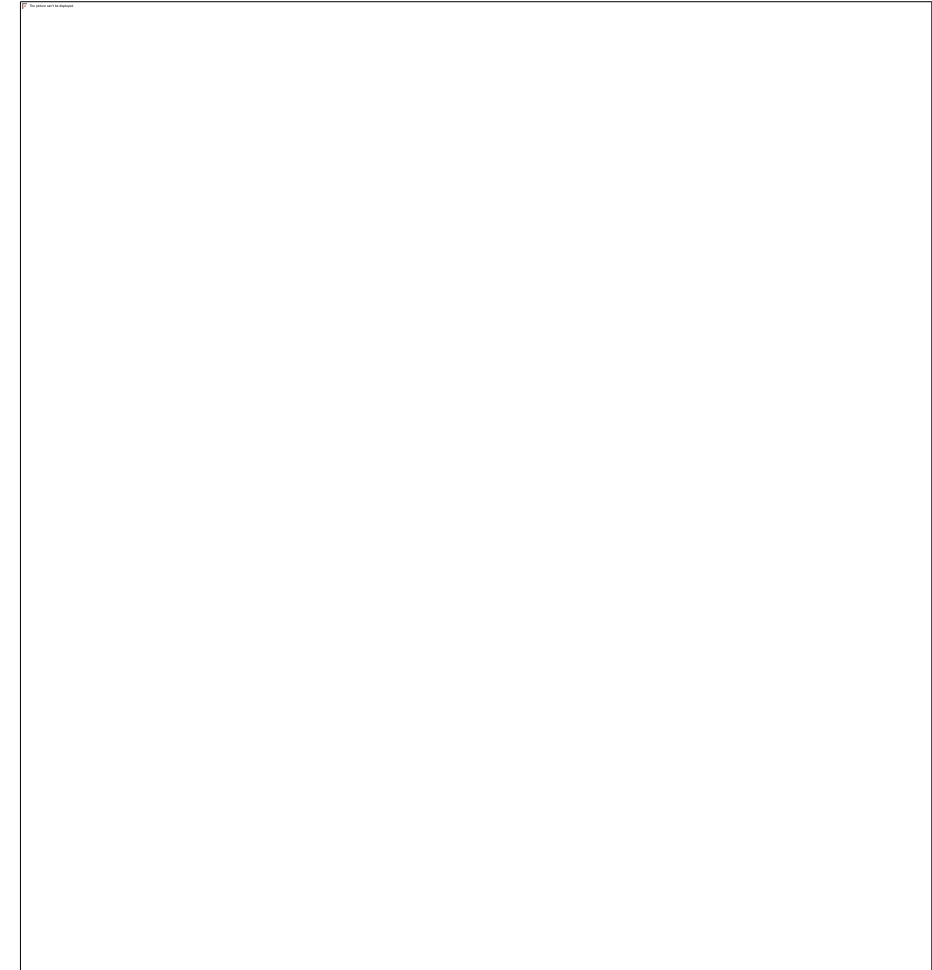
Local Chapters & Steering Committee

- People First of Missouri has local Chapters across the state.
- These Chapters come together 4 times a year for a Steering Committee meeting with Funding from Missouri Developmental Disabilities Council (MODDC).



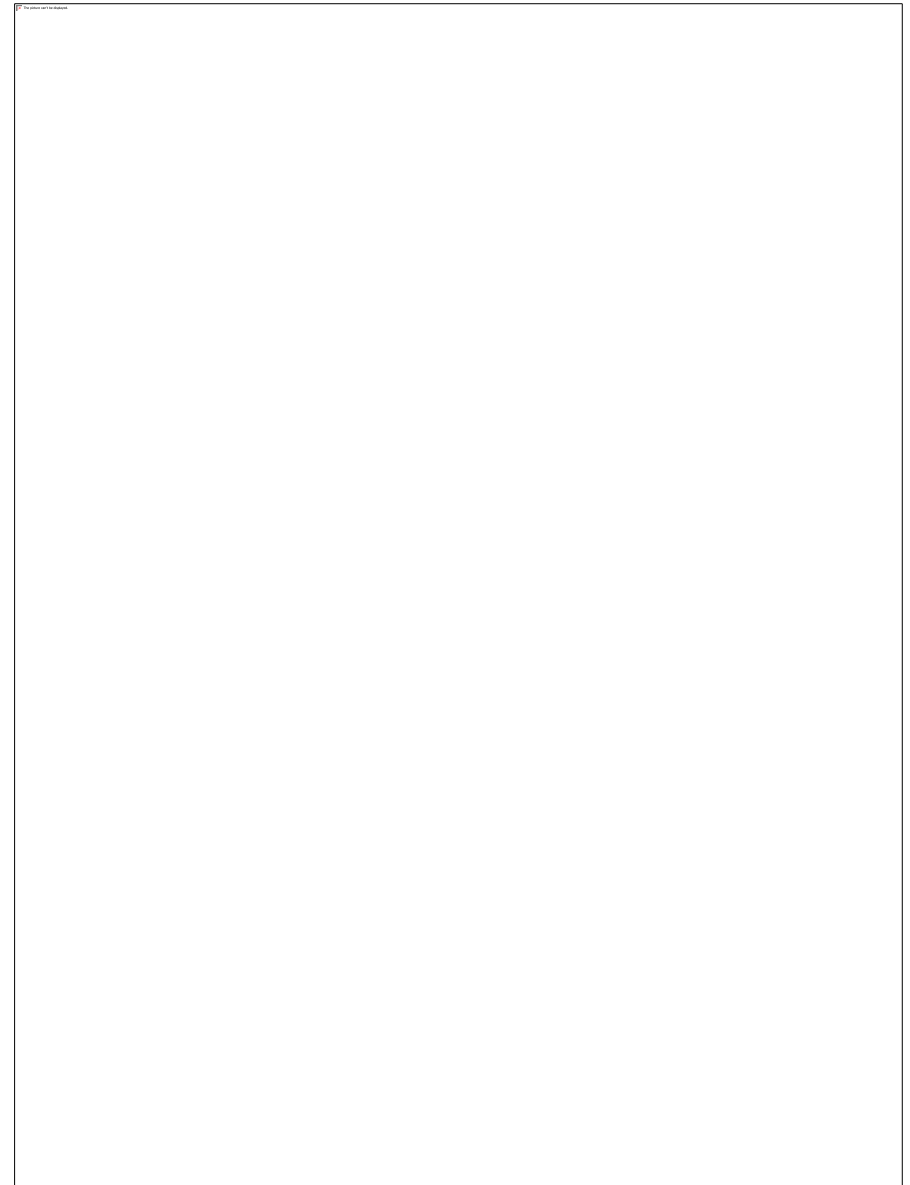
Steering Committee Meetings

- Hosted Quarterly
- With support from MODDC, we bring members together in person
- A time to learn about individual chapters
- To plan action that can make a state-wide and even national impact
- Offers leadership opportunities within the organization and within state and national organizations



People First of Missouri: People First Priorities

| Priority | Activities |
|--|--|
| Transportation | Presented at the MOAAIDD conference. |
| Financial Wellness | Presentation for self-advocates about Benefits and Working |
| Self-Determination: Being respected as people and allowed to make our own choices | Development of SABE Covid-19 Mini Grant products, SARTAC fellow Susie joins the team, and attendance and presentation by People First members at the LifeCourse Showcase |
| Supported Decision Making & Guardianship | Member participation in the Supported Decision Making Consortium |
| Housing and being supported to live where a person wants to live | President Roger Crome wrote an article that was disseminated to all People First members on the topic of housing. |



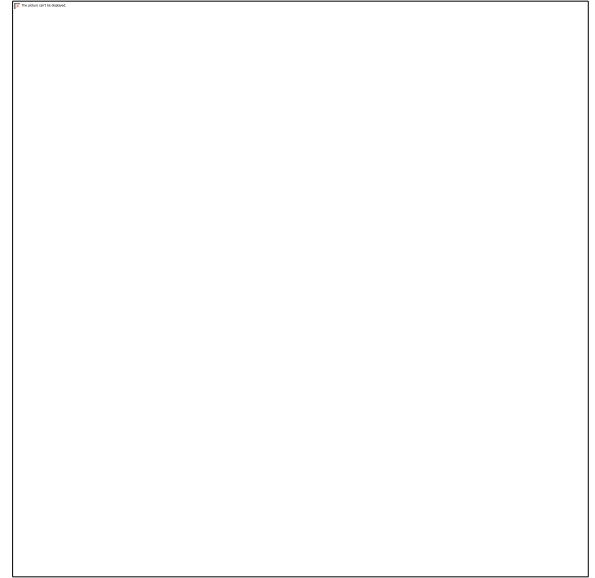
People-First of Missouri: Priorities

- “Success in Telling Your Story” workshops
- Education for Disability Rights Legislative Day
- Sharing YouTube videos about priorities



People-First of Missouri: Why?

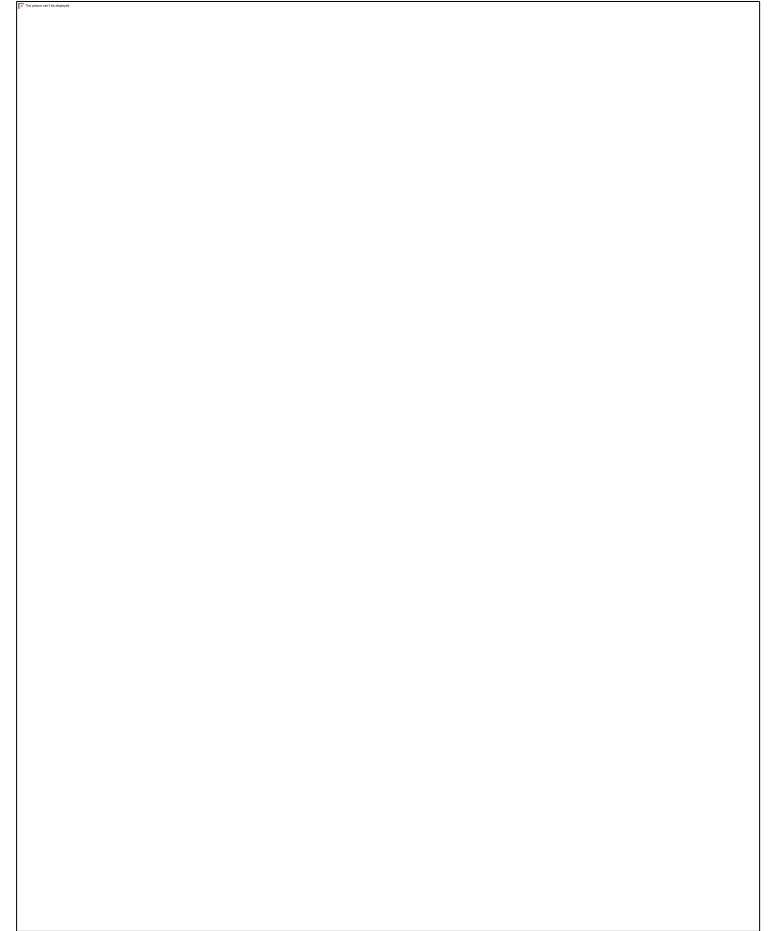
- Connection to a broader organization
- Capacity for larger advocacy efforts
- Institutional knowledge and technical support
- Leadership and professional opportunities and development



People-First of Missouri: Finding a Chapter Near You

On our website, you can find a list of all active chapters across the state of MO.

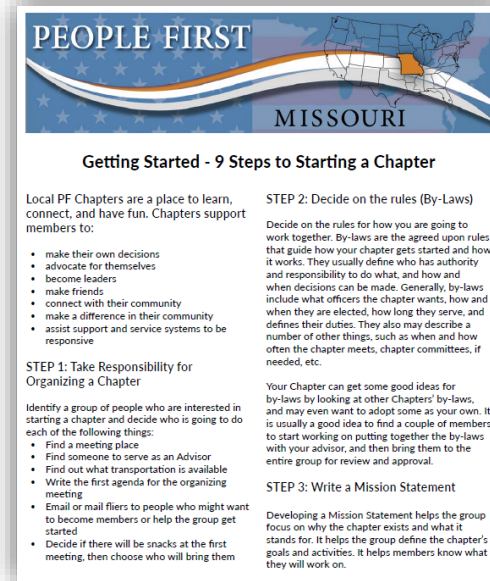
www.missouripeoplefirst.org/chapters/



People-First of Missouri: Resources on Website

- New Chapter Resource Kits.
- We will gather feedback from Steering Committee to improve the model.
- This resource kit will help with new chapter development.
- Includes sample emails, PowerPoints, agendas, and excel spreadsheets for attendance.
- Clearly communicates data required for MODDC reporting.

www.missouripeoplefirst.org



PEOPLE FIRST
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Getting Started - 9 Steps to Starting a Chapter

Local PF Chapters are a place to learn, connect, and have fun. Chapters support members to:

- make their own decisions
- advocate for themselves
- become leaders
- make friends
- connect with their community
- make a difference in their community
- assist support and service systems to be responsive

STEP 1: Take Responsibility for Organizing a Chapter

Identify a group of people who are interested in starting a chapter and decide who is going to do each of the following things:

- Find a meeting place
- Find someone to serve as an Advisor
- Find out what transportation is available
- Write the first agenda for the organizing meeting
- Email or mail fliers to people who might want to become members or help the group get started
- Decide if there will be snacks at the first meeting, then choose who will bring them

STEP 2: Decide on the rules (By-Laws)

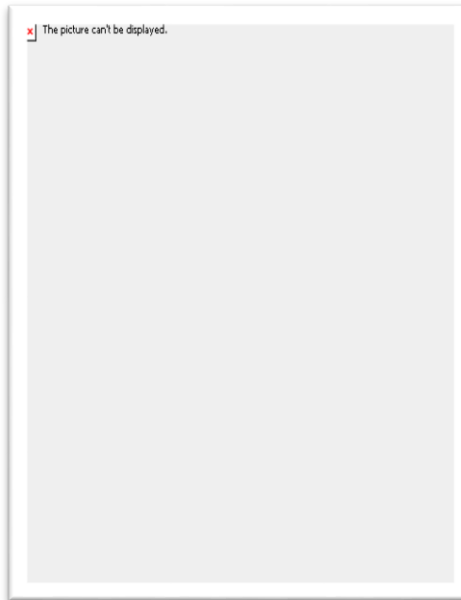
Decide on the rules for how you are going to work together. By-laws are the agreed upon rules that guide how your chapter gets started and how it works. They usually define who has authority and responsibility to do what, and how and when decisions can be made. Generally, by-laws include what officers the chapter wants, how and when they are elected, how long they serve, and defines their duties. They also may describe a number of other things, such as when and how often the chapter meets, chapter committees, if needed, etc.

Your Chapter can get some good ideas for by-laws by looking at other Chapters' by-laws, and may even want to adopt some as your own. It is usually a good idea to find a couple of members to start working on putting together the by-laws with your advisor, and then bring them to the entire group for review and approval.

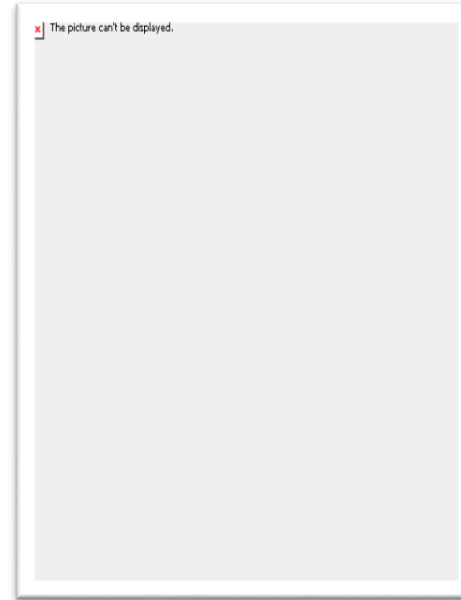
STEP 3: Write a Mission Statement

Developing a Mission Statement helps the group focus on why the chapter exists and what it stands for. It helps the group define the chapter's goals and activities. It helps members know what they will work on.

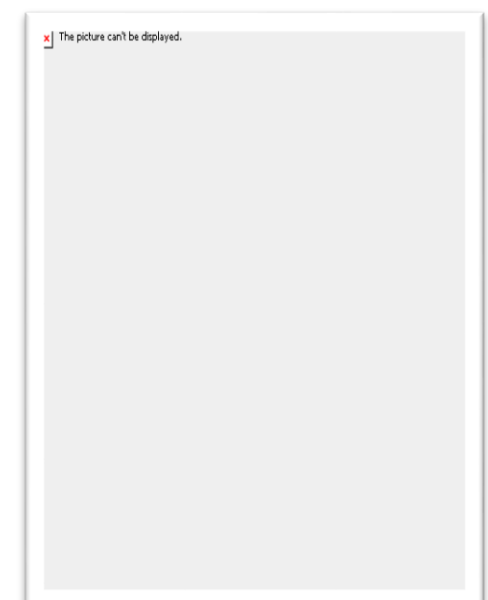
Guide for Starting a People First Chapter



Self-Advocacy Calendar of Events



SABE Grant Get the Shot Today!



People First Priorities

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The University of Missouri-Kansas City (UMKC) Institute for Human Development is an applied research and interdisciplinary training center. For over 40 years, IHD has led the state as Missouri's *University Center for Excellence in Developmental Disabilities* (UCEDD), one of 67 centers in the nation.

IHD exemplifies UMKC's mission by demonstrating research to practice through community partnerships for effective social change.

Learn more about IHD at ihd/umkc.edu

Questions?



Next MO DDD & You Webinar



Mark your calendar now!

The next “MO DDD & You” webinar is scheduled
for

August 23, 2022

12:30pm-1:00pm



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

Thank You