

WEBVTT

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00:00:00.925 --> 00:00:10.015

Noon everyone my name is Sandy Kaiser. I am 1 of the employment 1st specialist for the division of development of disabilities, Department of mental health.

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00:00:10.044 --> 00:00:20.364

So, today we wanted to kind of continue the conversation that we started last week or last month. Excuse me. So, but before we get started.

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00:00:21.144 --> 00:00:33.984

Just real quickly we want to find out who's in the audience with us so we're gonna pull up a poll question and we want to know what is your role? Are you a support coordinator? Are you 1 of our contracted service providers?

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00:00:34.015 --> 00:00:45.354

Are you another regional office employee? Maybe you work for another state agency maybe you're an individual or family member or other. So you've got about 545 seconds.

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00:00:46.859 --> 00:00:48.744

Go ahead and let us know.

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00:01:33.984 --> 00:01:48.655

Alright, so Time's up. Now. Let's see what our results are and it looks like the majority of us are support. There's a small number of service providers and regional office employees.

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00:01:48.655 --> 00:01:59.215

We even have somebody who's from another state office. So, thanks for joining us, and there's a couple who said that they're there. So please take a moment to put in the chat box.

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00:02:01.109 --> 00:02:12.955

What other means so, and with that, we'll kind of get on. So, like I said, this month, we wanted to continue our conversation from last month.

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00:02:13.314 --> 00:02:13.585

So,

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00:02:13.585 --> 00:02:14.455

for those of you,

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00:02:14.455 --> 00:02:16.164

that joined us last month,

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00:02:16.555 --> 00:02:27.625

we had Chad Egan from Mo rides talking about how Mo rights can be a resource for finding out who are those transportation providers in my area,

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00:02:28.014 --> 00:02:33.895

who might be able to use and then we had Lisa WOMACK from ride,

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00:02:33.895 --> 00:02:36.294

Casey or the Kansas City area,

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00:02:36.594 --> 00:02:38.514

transportation authority,

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00:02:38.965 --> 00:02:43.794

and she was talking to us about what public transportation is what it isn't.

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00:02:44.789 --> 00:02:57.240

How paratransit fits in with that public transportation she also talked to a little bit about how to set up those accommodations. And what kind of accommodations could we set up.

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00:02:57.240 --> 00:03:08.219

So, today, though, I brought in David Hoff from you, mass Boston's Institute for community inclusion to talk with us about how we can help.

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00:03:08.219 --> 00:03:11.430

Assist individuals in.

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00:03:12.539 --> 00:03:17.460

Kind of filling out, you know, how, how am I going to get to and from where I need to get.

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00:03:17.875 --> 00:03:26.544

How do I take advantage of that public transportation? Or how do I utilize those other transportation resources that we've got?

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00:03:26.544 --> 00:03:34.675

So David's going to kind of help us navigate how we can assist others for getting where they need to go when they need to go there.

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00:03:37.469 --> 00:03:41.069

So, David, you want to give a brief introduction to yourself.

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00:03:42.689 --> 00:03:46.979

Sure, so good afternoon everybody.

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00:03:46.979 --> 00:04:01.020

David hospice, and you said, I'm with the Institute for community inclusion. The University, Massachusetts. Boston I am the project coordinator for employment. 1st, Missouri. Some of you might be familiar with Jessica and.

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00:04:01.284 --> 00:04:04.164

Nicole to work for us and working on project,

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00:04:04.164 --> 00:04:04.824

they're on the ground,

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00:04:04.824 --> 00:04:09.955

and I supervise from afar because I'm up in the Boston area at a long term relationship,

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00:04:09.955 --> 00:04:13.764

working with the division of development of disabilities,

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00:04:14.125 --> 00:04:15.055

in Missouri,

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00:04:15.085 --> 00:04:16.644

over the last decade.

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00:04:16.644 --> 00:04:28.045

So, we've done a lot of work with them in terms of helping to advance employment and I get on the ground there, Missouri well, typically, a couple times a year, but it's been about a year and a half since I was last there. So hopefully, again, soon.

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00:04:28.045 --> 00:04:39.805

So so, what I bring to this topic is hopefully some knowledge and ideas, but I am currently working on a national project with the community transportation association of America.

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00:04:40.584 --> 00:04:53.274

On more inclusive transportation planning, so I will talk a little bit about that project, but I think 1 of the things goals of that project is to get more people with disabilities at the table in terms of transportation decisions.

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00:04:54.173 --> 00:05:08.874

And so, and I've also been working on Massachusetts and working, just generally on these issues about how do we approached transportation and address the issue of transportation, particularly in terms of employment so that's a little bit about me and I've also done direct service work.

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00:05:08.874 --> 00:05:21.834

So, I've actually done travel instruction with people, travel training and all that kind of fun stuff. So that's that's it. So, so you have a few handouts that are part of today's presentation? I should also get started.

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00:05:22.553 --> 00:05:24.564

If there's any issues with my sound,

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00:05:24.624 --> 00:05:26.153

or if I'm going too fast,

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00:05:26.184 --> 00:05:27.204

let me know please,

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00:05:28.463 --> 00:05:38.394

there's 3 publications or handouts 1 is a publication put out by what's called our state employment leadership network that was put out several years ago.

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00:05:38.454 --> 00:05:40.584

Missouri is a member of that network and.

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00:05:43.379 --> 00:05:49.889

Excuse me, and that's called getting to work address in transportation channel. So it talks a lot about what we're going to talk about today.

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00:05:49.889 --> 00:05:56.639

On a practical ideas about how to address transportation needs on an individual and a systems level.

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There is another, I mean, you had some great presentations regarding transportation.

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00:06:06.173 --> 00:06:20.394

And your state, and 1 of the things you're in here today is the critical importance of connecting with your resources, regionally and locally. And so, but we've also included some national resources.

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So,

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00:06:20.574 --> 00:06:24.863

a series of national resources that are available to assist with transportation,

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00:06:24.863 --> 00:06:26.423

allow those based at,

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00:06:27.684 --> 00:06:31.884

and then some travel instruction resources that we've gathered over the years,

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00:06:32.274 --> 00:06:37.973

some travel structure manuals as well as some other resources.

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00:06:37.973 --> 00:06:44.843

So, hopefully the combination of the resources you receive last month, and these can be helpful in guiding you toward this topic.

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00:06:45.119 --> 00:06:50.488

So, I guess we're going to want you to pull now, Sandy on.

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00:06:50.488 --> 00:06:54.209

What, uh, taking him closer comparison transportation.

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00:06:54.209 --> 00:06:59.069

What are your, what are the barriers that you see like all that apply?

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00:06:59.069 --> 00:07:02.668  
Like, a public transportation limited services.

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00:07:03.899 --> 00:07:06.959  
Lack of transportation providers, safety concerns or other.

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00:07:06.959 --> 00:07:10.619  
So, if you have a few seconds to answer that.

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00:07:52.884 --> 00:07:55.524  
Okay, so now the results are.

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00:08:04.139 --> 00:08:11.699  
I am not quite seeing the results yet. Okay. There we go. There is the result so.

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00:08:11.699 --> 00:08:22.738  
It looks like a pretty good chunk said, lack of public transportation and lack of transportation options. So I'm.

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00:08:24.149 --> 00:08:35.219  
Behind that we had lack of funding and then safety concerns and then some other and I did see some comments in our chat box. Um.

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00:08:36.599 --> 00:08:44.484  
People saying, generally, not feeling comfortable with writing for various reasons. So I'm not safe. Don't know the system.

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00:08:44.484 --> 00:08:56.693  
Well, um, and, uh, no stops where they are so kind of living Raleigh. So, even getting connected with that public transportation provider um.

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00:08:57.354 --> 00:09:11.094  
If it's a country back road that you have to get to, to get to the nearest bus stop, sometimes those are not always the safest to travel. So enter county cooperation.

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00:09:11.183 --> 00:09:23.153  
Oh, that's another 1. I see that. Here in the St Louis area, we've got public transportation in St Louis county, but then getting to St Charles county or vice versa getting from St Charles to St Louis.

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00:09:23.964 --> 00:09:27.144

They don't always like to cross those county boundaries.

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00:09:27.448 --> 00:09:31.318

So, application of completing forms. Okay.

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00:09:31.318 --> 00:09:35.339

Awesome. Great conversation guys.

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00:09:35.339 --> 00:09:49.313

So, David, and I think that, you know, obviously, you know, those answers are fairly typical about providers and lack of options but I'd like to tell you here. I'm here with your magic solution on transportation.

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00:09:49.313 --> 00:09:58.614

But the reality is there's no magic solution. I think people are always looking for that global answer. So there is no magic solution. So that's.

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00:09:58.889 --> 00:10:11.484

Okay, but here in the basic troops, uh, this is something that I just get endlessly frustrated when people are like, well, there's no transportation. We're just shrugging our shoulders and move on. Okay. Cause they can't go to work or real limited work options.

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00:10:11.484 --> 00:10:16.764

And so I think we have to start with an attitude, not that I don't have to it is going to solve it but attitude helps a lot.

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00:10:17.428 --> 00:10:23.038

In terms of it can transportation can't be allowed to be this insurmountable barrier.

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00:10:23.038 --> 00:10:26.609

And when there's no immediate.

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00:10:26.609 --> 00:10:30.778

An obvious answer, we just can't say well, there's no transportation.

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00:10:30.778 --> 00:10:40.583

And the reality is, there are a lot more options. I know as I've done this work over the years. I realize there are a lot more answers out there and a lot more than we may realize and it takes creativity.

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00:10:40.974 --> 00:10:50.274

It takes networking, it takes linking with others like you with experts, and a lot of things we're going to talk about over the next 45 minutes. So.

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00:10:50.969 --> 00:11:04.918

So this is how I kind of I came up with this graphic and through my experience and I think it's important to think about these things because it is really a 5 prong process for thinking about transportation.

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00:11:04.918 --> 00:11:14.489

1, is, I think is changing the transportation mindset. And what I mean, by that is, I think on case manager, service writers.

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00:11:15.533 --> 00:11:16.073

It's important,

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00:11:16.073 --> 00:11:18.562

but also among families and individuals,

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00:11:18.594 --> 00:11:22.043

and we're going to talk more about that but this mindset of well,

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00:11:22.043 --> 00:11:36.354

we need door to door service and advantage to take us everywhere and we need a different mindset about options and about piecing this together and about expanding what we may consider the service providers,

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00:11:36.384 --> 00:11:37.014

I think,

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00:11:37.703 --> 00:11:41.004

what fine transportation to be an interesting topic because.

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00:11:41.639 --> 00:11:55.614

I think we say, well, I know how to drive, or I may know how to take the bus. Therefore, I am competent in transportation and 1 thing I've realized, particularly doing work with of some of these other entities. There are people who dedicate their lives to transportation.

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00:11:55.644 --> 00:12:02.394

They are experts on transportation. There is a level of competency that is needed among service providers.

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00:12:03.293 --> 00:12:16.884

In terms of understanding transportation I I think 1 thing I'm always poking around trying to figure out some funding for because there was 1 point I tried to get some funding for a curriculum that would really be utilized with service providers. I mean, things like that.

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00:12:16.884 --> 00:12:25.614

I help with that, but I really feel like this has got to be more a part of their core competencies working with others that are experiencing transportation challenges.

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00:12:25.913 --> 00:12:37.403

1 thing that is really helpful is identifying in your local areas. Okay. Who else has transportation challenges or? They're older adults that are having trouble or?

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00:12:37.403 --> 00:12:48.413

They're people who just because poverty can't afford their own vehicle or they're different groups working on this issue. Other community agencies may be surprised.

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00:12:49.918 --> 00:13:00.149

And, and pleasantly surprised about the number of other people are also working on issue issue. So banning together, it helps you to come up with ideas together.

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00:13:00.149 --> 00:13:03.719

But also helps you to advocate together.

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00:13:03.719 --> 00:13:18.599

What you did last month is clearly a big, and I started building stronger relationships with transportation officials. If you do not know who your local transportation officials are in your local city town, or your region, your metropolitan planning organization, whoever that might be.

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00:13:18.599 --> 00:13:24.629

Now is the time if you take away? No other to do today. I think that's 1. just find out who those people are.

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00:13:24.629 --> 00:13:39.624

Attend a public meeting set up a time to meet to get all this up because again there's lots of lots of people spending lots of time on this on these issues, and then using our existing resources differently. You know it's interesting how.

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00:13:39.989 --> 00:13:52.469

And that there's a multitude of options there. But I think 1 thing is sometimes, for example, have set up these van pools for people with disabilities to go to a a center or shelter workshop.

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00:13:52.469 --> 00:14:03.899

Or just whatever, and if we sometimes think about what are the other ways, we can use those resources. Maybe even not spending the money on all these bands, which are huge capital cost. And maybe there's just other more flexible options or.

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00:14:03.899 --> 00:14:06.173

We may even look at our existing,

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00:14:07.224 --> 00:14:08.634

the vehicles we have available,

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00:14:08.903 --> 00:14:19.193

or even starting to work with local transportation authorities about are there ways we can make some adjustments and roots the resources that exist and change things.

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00:14:19.193 --> 00:14:21.653

So I do think it's a matter of okay.

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00:14:21.899 --> 00:14:30.658

What are we spending on transportation? What resources do we have available? Are there ways of those resources that we either directly control or maybe can have some influence on.

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00:14:30.658 --> 00:14:34.649

And make some changes.

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00:14:34.649 --> 00:14:42.058

And so, and I think that when we change our mindset, it's, it's getting.

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00:14:42.058 --> 00:14:56.788

Pass the van, it's more than just the van. I, I, I feel like and, I mean, this separately and I don't mean to poke fun or anything, but I always feel like people with intellectual development disability who kind of grew up in the system.

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00:14:57.413 --> 00:15:09.474

They go from they go from those who live in residential programs they go from, like, taking a special bus in school and then as adults, they have the van take them aware that the band will take them the service providers van. That's that.

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00:15:09.474 --> 00:15:16.464

And that's all they see as the possible mindset and trends of transportation. And I think service providers can have the same mindset.

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00:15:16.739 --> 00:15:19.979

But it's, you know, if we don't take them, or if the van doesn't pick me up.

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00:15:19.979 --> 00:15:23.219

I can't get anywhere. Um, so.

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00:15:23.219 --> 00:15:37.499

And Roger, man, he's 1 of these kind of management gurus, and he once said without the ability to temporarily forget what we know our minds remain cluttered with ready mid answers. And we never have an opportunity to ask questions that lead off the path in new directions. So.

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00:15:37.499 --> 00:15:45.479

With transportation, this is absolutely necessary because we think we know what the solutions are. We think what the narrow set of options are.

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00:15:45.479 --> 00:15:49.619

And we need to think very differently sometimes about.

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00:15:49.619 --> 00:15:53.129

What's our what are we trying to do here? It's not about.

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00:15:53.129 --> 00:15:57.089

Funny transfer what? We're trying to get somebody to a job. Okay.

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00:15:57.089 --> 00:16:10.344

How do people get to a job? What are the options for getting to a job? How is the business dealing with this? What are their expanded ways? This person can get around how does this person get around each and every day? How do they get where they need to go?

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00:16:10.464 --> 00:16:15.234

Do they need to expand that place that they can transport themselves? And the list goes on and on. So.

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00:16:17.094 --> 00:16:30.653

I love this quote from Malcolm Forbes, who was a kind of a, a character and a business person, he founded forms magazine among other things, but we always said it's so much easier to suggest solutions when you don't know too much about the problem.

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00:16:31.193 --> 00:16:32.813

I think transportation is.

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00:16:33.239 --> 00:16:39.568

1 of those issues that we can sit around, I have been part of these meetings I have set in rooms.

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00:16:39.568 --> 00:16:45.719

And with my fellow staff members and said, oh, we can't figure out transportation. Does anybody have an ideas about transportation?

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00:16:45.719 --> 00:16:58.379

As I said earlier, we are not experts on transportation and we need to get connect with the experts. And we think we know what the answers are. But we really don't. And when he starts suggesting solutions, when we really don't.

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00:16:58.379 --> 00:17:02.519

Know, what the problem really is I'm not even aware of the options that are available.

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00:17:05.038 --> 00:17:14.459

So, now we've done a little inspirational quotes and a little food for thought let's get down to brass tax a little bit in terms of some specific strategies.

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00:17:14.459 --> 00:17:27.983

1, strategy is absolutely is brainstorming and so it's better to not be the Lone Ranger, but to actually talk to coworkers, talk to families, talk to individual themselves.

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00:17:28.374 --> 00:17:43.074

Let's brainstorm together. Let's network and let's talk to others because we are limited by our own ideas. Our own perspectives leverage, the community resources that are out there and your local community, you have.

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00:17:43.348 --> 00:17:53.784

Different resources, you may have local organizations as I said, already you may have faith based organizations that have vehicles that are available. You may have other services.

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00:17:54.144 --> 00:18:02.153

You may be able to connect with your local mayor or your city accounts, or your town council, or whoever that might be your city planner town planner.

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00:18:02.548 --> 00:18:09.749

You know, check out the different resources, your, you know, your schools, your colleges, you'd be surprised what might be out that you can leverage.

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00:18:09.749 --> 00:18:14.489

As you said, already leveraged the transportation expertise that exist.

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00:18:14.489 --> 00:18:24.269

I don't care where you live, you know, even if you live in an extremely rural area, there is money and dollars being spent on transportation.

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00:18:24.269 --> 00:18:29.098

And therefore, you know, and there's expertise that's out there.

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00:18:29.098 --> 00:18:42.568

And then the last 1, you know, the lesson is just networking networking networking is the key to do our work but networking networking, it should be a constant discussion whether we're talking to businesses, local leaders.

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00:18:42.568 --> 00:18:54.689

To schools to source providers, who might be that should be costly. Okay. Let's talk about transportation. Let's identify options. Who do you know what's out there? Do you have any ideas? All of that?

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00:18:56.489 --> 00:19:10.739

And when we address transportation, it's important that we maintain the value set that guides all of our work. And you might not think of transportation as a value based type of thing. But it absolutely is. So, Andy is the same values and same strategies.

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00:19:10.739 --> 00:19:18.689

As we always do, so, this means that we focus on integration and inclusion in the community.

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00:19:18.689 --> 00:19:22.019

And here's the natural supports.

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00:19:22.019 --> 00:19:32.788

That we use a person centered, approach and respect folks, individual choices and preferences. So, let me just explain what I mean, by some of this. So, in terms of integration and inclusion.

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00:19:32.788 --> 00:19:42.624

You know, our go to way too often can be special transportation, transportation designed specifically for people with disabilities and sometimes that's the option that's available. And that's what we use.

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00:19:43.134 --> 00:19:45.834

But if there's generic transportation already being used out there,

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00:19:45.834 --> 00:19:47.394

if there's a mass transit system,

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00:19:47.663 --> 00:19:49.223

if there's a car pool at work,

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00:19:49.433 --> 00:19:50.124

if there's,

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00:19:50.304 --> 00:19:50.574

you know,

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00:19:50.574 --> 00:19:50.993

other,

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00:19:51.023 --> 00:19:51.324

you know,

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00:19:52.163 --> 00:19:53.364

getting rides from other people,

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00:19:53.364 --> 00:19:57.834

rather than use the same modes of transportation or other people use,

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00:19:57.834 --> 00:20:01.223  
who don't drive so looking at those generic options,

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00:20:01.223 --> 00:20:01.614  
1st,

151  
00:20:02.513 --> 00:20:06.233  
using natural supports can be an important piece of transportation.

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00:20:06.233 --> 00:20:14.064  
So, as a person takes transportation, maybe the bus driver van driver can be part of the natural supports the business. Somebody meets them at the door.

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00:20:14.338 --> 00:20:22.169  
You know, there's lots and lots of way of natural supports can help to guide somebody in terms of transportation ensure that they are safe.

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00:20:22.854 --> 00:20:33.294  
And getting to where they need to go person centered and individual choices and preferences what I mean by that is the person should be part of developing the solution.

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00:20:34.013 --> 00:20:47.723  
I've been guilty of this where I'm like, trying to find transportation options. I'm not even engaging the person at all in the process is just start with who are they, what are their preferences and working with them? Each step of the way.

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00:20:47.969 --> 00:21:01.943  
In terms of explaining here are the choices here are the options. What do you think of this? Can we try this and they should be integral to every decision that's being made about transportation we need to avoid being the experts that's going to figure them out for them. They need to be involved.

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00:21:02.094 --> 00:21:02.993  
Every step of the way.

158  
00:21:03.358 --> 00:21:07.558  
It turns of case managers and service providers.

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00:21:07.558 --> 00:21:11.753

You know, it's important to have a full understanding of the transportation options that are out there.

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00:21:12.144 --> 00:21:22.763

Um, both formal and informal as I call them, like the transportation systems and then kind of the ad hoc about volunteer drivers and carpals and all that kind of stuff.

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00:21:23.038 --> 00:21:30.058

It's important that we facilitate individualized self determined approached transportation. So the stuff I just talked about.

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00:21:30.473 --> 00:21:43.344

With a focus on maximizing independence and making efficient and effective use of resources. It does amaze me sometimes how much we're spending on transportation how much it costs to transport people. So, can we take the resources? We haven't used them better.

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00:21:43.854 --> 00:21:56.243

And the maximizing independence is obviously should be a big piece of this, but we'll talk a little bit about sort of changing that mindset and making sure. And the fact that transportation is such a key to having a full enriched life.

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00:21:56.844 --> 00:22:07.134

And then, also, your role is also, as we said, link with the local transportation officials and other groups, experience and transportation challenges. So the things we've talked about, and realized that everybody's busy, everybody's got a lot going on.

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00:22:07.134 --> 00:22:12.923

But again, finding a time to do, these things is really important if we're going to address these issues.

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00:22:13.199 --> 00:22:28.138

So, David, I'm going to stop you real quick because if you guys remember from last month, Chad Egan briefly mentioned about regional planning commissions. And I think he mentioned that the boon slick regional planning commission was coming up on having to.

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00:22:28.138 --> 00:22:42.834

Uh, update their report so when you mention linking with local transportation officials and other groups experiencing transportation options, this could also be an option to get involved in those regional planning.



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00:22:43.558 --> 00:22:49.469

Commissions and helping individuals be a voice for what they need.

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00:22:49.469 --> 00:22:53.009

To see out of their, their local transportation options.

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00:22:53.009 --> 00:22:57.269

I think it's something that's a good opportunity to bring individuals themselves to those meetings.

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00:22:57.269 --> 00:23:08.939

I mean, bring folks and again, get them engaged in the planning, get them engaged, help them teach them how to advocate for themselves. I mean, I live in an urban suburban area, so you can imagine we have meetings like this all the time.

172

00:23:08.939 --> 00:23:14.429

But I think that's, you know, this is again can be a great experience in terms of individuals.

173

00:23:14.429 --> 00:23:28.463

Attending whatever the planning meeting is, where your local town meeting and say, look, transportation is an issue here in this town, or in this city what can we do about it? People like me don't have options and being engaged and involved great experience for them. But also makes it helps the voices be known.

174

00:23:28.913 --> 00:23:34.703

So so you just be professionals, but individuals themselves. So, in terms of an individual approach.

175

00:23:36.384 --> 00:23:50.153

Obviously transportation, you know, if we're doing planning with individuals I know some of the work we've been doing with the status we've made sure that transportation is included that transportation should be part of the discussion and as part of the early stages of center planning.

176

00:23:50.993 --> 00:23:55.044

If discovery exploration, and as part of job development. So, as you're doing.

177

00:23:56.304 --> 00:24:03.203

As staff, we're doing job development obviously key consideration needs to be how is the person going to get to work?

178

00:24:03.532 --> 00:24:15.354

And even as you're exploring the community, having them start to explore transportation, and maybe testing out transportation as part of that discovery exploration process secondly, it's.

179

00:24:15.598 --> 00:24:29.153

Identifying a person's needs the preferences, their concerns. So they may prefer a certain types of transportation. Obviously everybody loves the door to door service. But that may not be the reality for everybody.

180

00:24:29.784 --> 00:24:32.693

But they may also have safety needs. They may have is a wheelchair.

181

00:24:32.969 --> 00:24:36.358

Uh, they may have concerns about safety.

182

00:24:37.163 --> 00:24:50.634

And things like that, so, I think really helping the person to engage them and figure out. Okay yes. 1st of all. I think it also empowers people and understanding. Yes, there are options and your preferences are important.

183

00:24:51.923 --> 00:24:55.223

And then, I think, and the 3rd step is just like any kind of.

184

00:24:55.528 --> 00:25:02.759

Problem solving, let's go out there and look at possible options and involving anybody and everyone all the folks we've talked about.

185

00:25:02.759 --> 00:25:17.219

And we're going to make calls, we're going to a list, we're going to connect with folks, we're going to talk over the issue with them. See what we can come up with also looking at financial resources to support transportation.

186

00:25:17.219 --> 00:25:21.058

You know, it can be a, you know, a variety of options there.

187

00:25:21.058 --> 00:25:26.338

In terms of financial resources for transportation, the other.

188

00:25:26.338 --> 00:25:33.358

I think I've been in a slot on this, so hold off and come back to that.

189

00:25:33.358 --> 00:25:45.868

And that's just developing an individual transportation plan among our to do list is to come up with something. That's kind of that in a series of categories and can help guide that. But really what an individual transportation plan is just a.

190

00:25:45.868 --> 00:25:59.243

A step by step guide to how are you going to explore transportation and how transportation is gonna be taken and how it's going to work in terms of employment and then also looking at support needs travel,

191

00:25:59.243 --> 00:26:00.084

instruction,

192

00:26:00.384 --> 00:26:00.983

emergency,

193

00:26:00.983 --> 00:26:01.673

planning,

194

00:26:02.034 --> 00:26:03.233

all those things,

195

00:26:03.324 --> 00:26:06.173

and then implement and modify the plan as necessary,

196

00:26:06.743 --> 00:26:09.564

I would say 1 of we should always be documenting everything,

197

00:26:10.074 --> 00:26:15.864

but transportation is absolutely 1 of these things that we should have a really clear plan for it is for.

198

00:26:15.894 --> 00:26:18.864

So everybody's on the same page. Everybody understands.

199

00:26:19.378 --> 00:26:33.838

Lord help us if a person who gets hurt or gets lost of transportation, but you want everything well documented. So there's never any questions

that we did proper training that everything was laid out that everybody understood what the plan was. So.

200

00:26:33.838 --> 00:26:39.358

So, next poll, what solutions have you developed for transportation? So I'll turn it over to Sandy.

201

00:26:39.358 --> 00:26:47.759

Here we go. Okay, so we already have it started. So again, your options and you can select all that apply.

202

00:26:47.759 --> 00:27:00.653

Connecting to existing services, which could be public transportation waiver fund of transportation it might be looking for other options. Maybe you're using Uber Lyft, right? Sharing programs taxi services something else.

203

00:27:01.044 --> 00:27:05.844

It might be exploring those natural supports walking or biking carpooling.

204

00:27:06.148 --> 00:27:16.078

Using a neighbor, it might be exploring work incentives to help before transportation. So impairment work related expenses.

205

00:27:16.078 --> 00:27:22.528

Pass and then other so if you choose other, please put that in the chat box and you've got about.

206

00:27:22.528 --> 00:27:23.903

15 seconds left,

207

00:27:40.584 --> 00:27:45.203

and it looks like the poll has ended and the responses are.

208

00:27:48.203 --> 00:27:59.304

So, majority of people have connected to existing services, whether it's public transportation or waiver funded the next most popular 1 is exploring those natural support.

209

00:27:59.304 --> 00:28:09.054

So somebody being able to walk a bike to work using carpooling, using a neighbor family member, and then close behind.

210

00:28:09.054 --> 00:28:22.943

That is looking for other options, like using Uber Lyft ride sharing taxis that kind of thing looks like a few people have maybe touched with exploring work incentives. And then there was a couple that said others.

211

00:28:22.943 --> 00:28:27.413

So again, please put that in the chat box. So, we know what you're referring to.

212

00:28:27.778 --> 00:28:32.699

And moving on David, take it from here.

213

00:28:36.778 --> 00:28:41.848

So, a few ideas there we go a few ideas, um, that, um.

214

00:28:41.848 --> 00:28:50.338

Again, these are kind of obvious, but I just wondered until we've already touched on mass transit, if there is such a thing in your area pluses.

215

00:28:50.338 --> 00:28:55.648

Et cetera, Van shuttles, things like that.

216

00:28:55.648 --> 00:29:06.328

Uh, car pools, employer resources. I think it's always good to ask businesses and employers. I mean, Sandy put it in the chat already about some businesses are really struggling this. I think.

217

00:29:06.328 --> 00:29:19.794

Businesses and employers by necessity are getting more involved with transportation. So checking with businesses like, okay, how do people get to work here to drive to people who have carpal systems? Do you have shuttles volunteer drivers?

218

00:29:21.084 --> 00:29:23.993

There's actually a ton of literature on volunteer drivers.

219

00:29:24.239 --> 00:29:27.568

Again, here to training on it, but.

220

00:29:27.568 --> 00:29:42.209

We have found that volunteer driver systems can work in some areas more. So, than you realize, sometimes you can find volunteer drivers who will

drive people in a long way. So, I mean, there's all sorts of things you have to deal with in terms of insurance and stuff like that. But.

221

00:29:42.209 --> 00:29:49.828

It's certainly something to think about rural areas upon volunteer driver systems work. And if you're looking for more information on that, I can certainly provide you some.

222

00:29:49.828 --> 00:30:02.159

I'm happy to send you some information your way. Obviously sometimes you don't think about these walking and biking. So I'm a serious biker. So I'm a big fan of biking. That's actually 1 of my major ways. They get around.

223

00:30:03.084 --> 00:30:10.733

The, I mean, clearly with folks that intellectual development, the disability, it may not be an option for a lot of folks.

224

00:30:10.913 --> 00:30:23.903

I mean, 1 thing I'll tell you about biking is you need to be hyper aware and careful but I think it's worth at least saying, because this person bite to where they need to get to go up, they have to go a mile or 2 to work the biking's an option, right?

225

00:30:23.903 --> 00:30:31.193

And I think the walking side again, I think that sometimes people don't realize that I'm a big Walker myself. And if a person is ambulatory walk.

226

00:30:31.469 --> 00:30:42.568

Maybe they can get, you know, places and kind of encouraging them just because they're used to getting door to door. Um, there's all sorts of ride sharing services now, like, on the web and things like that. So, um.

227

00:30:43.134 --> 00:30:56.273

That's another option that there's services, obviously with any kind of rod sharing or anything like that, or if we're using, like, over a lift, there's liability concern, safety concerns and things like that that we need to be thoughtful about.

228

00:30:56.693 --> 00:31:04.854

Obviously we want to put anybody at risk. And obviously, we're working with folks who often can be at risk because of the nature of the disability.

229

00:31:04.854 --> 00:31:17.544

So, there's, there's ways to be a training and making sure that all the right procedures in place. You can have any profit, but we can at least reduce the risk significantly.

230

00:31:17.848 --> 00:31:27.778

A paratransit, most folks are aware of that entire transit is the requirement by the federal government that there'd be a matching service.

231

00:31:27.778 --> 00:31:32.308

Uh, for any public transportation roots for people with disabilities.

232

00:31:32.308 --> 00:31:45.683

Um, so that's so, that's available and I know it varies. The quality of it varies from region to region, but if there's public transit, there's also paratransit service. I just want to make sure social security work incentives. I'm glad to see a few people to explore that.

233

00:31:46.044 --> 00:31:48.923

And just kind of touches on the funding piece a little bit.

234

00:31:49.229 --> 00:32:00.328

But social security work incentives can be used for paying for transportation again. If you're familiar with them, I suggest, you know, you can talk about it with your benefits counselor and I have.

235

00:32:00.328 --> 00:32:15.233

Handout that I haven't checked, looked at it in a while, but it does go through some of the details about what social security will pay for. Social Security will pay for things. They won't pay for mass transit, but they'll pay things for things like a taxi, Uber or Lyft.

236

00:32:15.503 --> 00:32:20.034

They will actually pay for a vehicle if necessary. So, even if a person can't drive.

237

00:32:20.338 --> 00:32:32.759

Maybe this way of purchasing a vehicle that, that that somebody else could drive another option. So, and in terms of financing or transportation, obviously, sometimes.

238

00:32:32.759 --> 00:32:45.953

The work incentives are good, but I also want to. Obviously we all pay for transportation ourselves. I think sometimes on persons working part of working is paying for your own transportation. So I've actually been

in cases where people are, like, wait a 2nd. Why do I have to pay for transportation?

239

00:32:45.953 --> 00:33:00.713

It's like, well, because I pay for transportation every day I drive to work or take mass transit. We'll pay for transportation. So, I mean, that's part of the learning process, but sometimes a person may not because of the cost of transportation we need to find other other options as well.

240

00:33:02.693 --> 00:33:15.923

So also, technology has really changed the nature of transportation in many ways, which is great. Cell phones smartphones.

241

00:33:16.284 --> 00:33:20.574

Actually, the 1st person I ever knew had a mobile phone.

242

00:33:20.878 --> 00:33:35.784

This goes back to 1993 when I was doing some direct, it was doing direct service and I taught a woman I was working with to take she had she actually doing multiple, multiple step journey on a train and then on a shuttle.

243

00:33:36.568 --> 00:33:43.709

But her mom bought her cell phone, which was back, then 1 of those giant ones and because she felt more comfortable.

244

00:33:43.709 --> 00:33:47.878

If her daughter had a cell phone in case, she missed her up.

245

00:33:47.878 --> 00:33:52.888

Our bus or trainer or shuttle, and it actually given very handy a few times where we had a.

246

00:33:53.693 --> 00:34:05.364

Also made the parent much more comfortable, so I do think that cell phones have made it everybody much more comfortable and obviously teaching people how to use a cell phone and digital emergencies and all those things, but it's really helped a lot.

247

00:34:05.604 --> 00:34:10.914

The other thing is cell phones do, is they track what people are, and having an ability to track what people are.

248



00:34:11.248 --> 00:34:23.423

Also helps them be much safer for transportation. Obviously are very helpful, you know, finding different ways to get places. What's the transit system?

249

00:34:23.423 --> 00:34:31.733

Transportation systems have apps that can easily help you arrange for rides and find out when the next bus or train is coming when shuttles are coming,

250

00:34:31.733 --> 00:34:39.744

whatever it might be a ride sharing services various sorts as I mentioned some are better than others,

251

00:34:39.744 --> 00:34:43.134

but definitely worth checking out and what ride sharing is basically.

252

00:34:43.498 --> 00:34:50.184

I'm going to I'm driving every day to this address in Jefferson City,

253

00:34:51.114 --> 00:34:51.833

and I have,

254

00:34:51.864 --> 00:34:54.923

I'm willing to take somebody with me and so,

255

00:34:55.043 --> 00:34:55.403

you know,

256

00:34:55.583 --> 00:34:56.903

you get matched up with the person,

257

00:34:57.173 --> 00:35:06.384

and they're driven every day and they pay for the ride obviously over lift and similar ride services can be an option where those are available.

258

00:35:06.809 --> 00:35:07.259

Um,

259

00:35:07.583 --> 00:35:09.534

and the last last 1,

260  
00:35:09.534 --> 00:35:09.773  
just so,

261  
00:35:09.773 --> 00:35:10.043  
you know,

262  
00:35:10.043 --> 00:35:10.523  
again,

263  
00:35:10.853 --> 00:35:11.784  
the mapping services,

264  
00:35:11.784 --> 00:35:15.173  
Google Maps is by far the best that I've seen in terms of,

265  
00:35:15.443 --> 00:35:18.173  
because they have so many different ways of showing you how to get  
places,

266  
00:35:18.173 --> 00:35:19.344  
whether it's mass transit,

267  
00:35:19.673 --> 00:35:21.474  
whether it's driving,

268  
00:35:21.474 --> 00:35:22.193  
whether it's walking,

269  
00:35:22.193 --> 00:35:23.094  
whether it's biking,

270  
00:35:24.114 --> 00:35:26.574  
whether it's over a lift,

271  
00:35:26.574 --> 00:35:27.384  
whatever it might be.

272  
00:35:27.653 --> 00:35:28.074  
So.

273

00:35:28.438 --> 00:35:34.139

So, transfer, I think technology, particularly use of smart phones. It's just really, really been a game changer.

274

00:35:34.139 --> 00:35:41.699

And I'm sure there's lots of other creative ideas that people are thinking about, in terms of transportation and technology that I'm not even displaying on the screen.

275

00:35:41.699 --> 00:35:49.289

Um, this is something I am very big on, and I don't think we have collectively as a field really need to start to maybe focus more on.

276

00:35:49.289 --> 00:35:56.309

More on this, I find this is true of a lot of us actually growing up that grow up.

277

00:35:56.309 --> 00:36:10.793

Um, and I grew up in the suburbs and somebody was drove me everywhere. No, I need to get. So my mom and dad took me. Right. Remind me to ask you better walk. My father used to say the good Lord gave it to good legs. Go years them that was 1 of his favorite things.

278

00:36:11.304 --> 00:36:19.373

I often get a lot of walking and biking as a kid, but we'll get used to sort of. And then also we jumping to Carl, which we have a license. We jump on a car would drive what we need to get to go.

279

00:36:19.733 --> 00:36:29.934

Well, if you're not capable of driving your own vehicle, you need to if you want to be independent and you want to be a full rich life.

280

00:36:30.539 --> 00:36:39.659

From an early age, you need to start to think about transportation and what those options need to be a very good friend of mine Laura, who had cerebral palsy. She can't drive. She.

281

00:36:39.659 --> 00:36:42.898

It gives us a wonderful presentation about how.

282

00:36:42.898 --> 00:36:55.349

She just felt that was essential to having a richer and full life that she figures out how to get places and she can figure out how to get to all sorts of places. That you would think otherwise was possible and she pieces together. And she's very smart. And she's able to do that.

283

00:36:55.349 --> 00:37:00.628

But it really is, I think it's important to help individuals and family recognize that.

284

00:37:00.628 --> 00:37:04.858

Direct relationship of transportation to independence integration.

285

00:37:04.858 --> 00:37:14.818

An inclusion, you're going to be pretty limited to what you can do if you can't get the places and that people need to have the tools.

286

00:37:14.818 --> 00:37:21.358

Available and then to use a range of transportation options so it's understanding.

287

00:37:21.358 --> 00:37:32.429

Okay, here's the transportation options that I'm able to access. Here's what's available to me. Here's how I range for a trip. Here's how I get to where I need to go.

288

00:37:32.429 --> 00:37:40.498

All of those things, so they, they kind of understand that it's done just a 1 time thing, and that they also learn how to self advocate.

289

00:37:40.498 --> 00:37:48.179

And self managed transportation, rather than being a passive recipient on the staff will take me everywhere. And my family will take me everywhere instead say, okay.

290

00:37:48.179 --> 00:37:54.088

I need to advocate for my transportation needs, and I need to also figure out how to manage them to my best of my ability.

291

00:37:54.088 --> 00:38:07.349

Recognizing that not everybody was intellectual development, this ability, you know, there might be a limit to how much they can self manage but I don't think we give them a chance a lot. And I think, because I said early on, they need to be part of the solution. So.

292

00:38:08.574 --> 00:38:21.983

Travel instruction, and it's not just travel trend. Travel structure is actually the official term, but teaching people how to use different

modes of transportation should be a key component of the services. We're providing for them providing safety training.

293

00:38:21.983 --> 00:38:33.474

I talked to 1 provider where service provider 1 of the things they used to deal with individuals. Are they still do with individuals is they play a thing called let's get lost a drove some place right?

294

00:38:33.623 --> 00:38:37.253

Staff and, like, 3 people, Strobe someplace and they said, okay.

295

00:38:37.590 --> 00:38:42.090

Drop them off and said, okay, staff stayed with them.

296

00:38:42.090 --> 00:38:46.800

But let's drove them away and said, okay.

297

00:38:46.800 --> 00:38:53.579

You're lost how you can get back to where you need to go. So it was a really good exercise and problem solving.

298

00:38:53.579 --> 00:39:05.730

And identifying options and all that, and then, as I said already, it's really important that we educate people on a full range of transportation options that might be available to them and that they be part of that process.

299

00:39:07.800 --> 00:39:22.704

And then with individuals and families, um, you know, again, it's about changing expectations and mindsets. Um, uh, I think that often families, I mean, families get frustrated about transportation as well as individuals, but it's, it's that mindset of oh, well.

300

00:39:23.070 --> 00:39:28.199

The service system's going to take care of all this, but instead it needs to be. Okay. Let's work in partnership.

301

00:39:28.199 --> 00:39:31.949

To figure this out, and let's figure out ways we can maximize.

302

00:39:31.949 --> 00:39:40.860

A family members ability to travel independently again, recognizing there are limits to that, depending on the nature of disability.

303

00:39:40.860 --> 00:39:55.320

Um, but the transportation is key to independence, and the things we just talked about, travel and safety training. I also think using peer to peer efforts can be really great. I like to see, you know, more and more individuals within intellectual development disabilities.

304

00:39:55.320 --> 00:39:58.739

Providing transport traded transportation training to each other.

305

00:39:58.739 --> 00:40:07.409

But also sharing their stories of transportation, how they've been more independent on transportation, and also family's talking to other families as well.

306

00:40:07.409 --> 00:40:17.429

And recognizing that all of this is 1 step at a time, it is a pretty huge leap to 1 day, say to a person.

307

00:40:17.429 --> 00:40:21.840

Um, oh, you can, um, it's pretty easy. 1 day say.

308

00:40:21.840 --> 00:40:28.230

To a person oh, we want you to take mass transit tomorrow? No, that's not going to happen, but okay. Let's take a bus ride together.

309

00:40:28.230 --> 00:40:32.309

Let's go together and let's try this out. Let's see. Yeah your comfort level it's oh.

310

00:40:32.309 --> 00:40:41.670

Let's let's go, you know, then getting more and more independent as you go along just like we do with everything. It's, it's a 1 step at a time process. It's not at all or nothing thing.

311

00:40:41.670 --> 00:40:50.789

So, and then we also need to look at those portions from a system's perspective. You know, again, if there's.

312

00:40:50.789 --> 00:41:01.019

Time and energy, I think it's always good to sort of just be continuously identifying all the transportation options and resources in your area. As we said, already.

313

00:41:01.019 --> 00:41:14.844

Making, with those other entities that might have transportation challenges and your regional transportation officials advocating, and again, and engaging and state and regional transportation planning. So all the stuff we talked about, but this is how you're going to change the system.

314

00:41:14.875 --> 00:41:20.065

You can look at an individual basis in terms of person's transportation needs. But but also, by.

315

00:41:20.400 --> 00:41:26.880

Taking a more systemic approach, and trying to advocate for more transportation options. You're just going to be also much more aware.

316

00:41:26.880 --> 00:41:32.579

Of the existing options, and they're going to see you at the table on a regular basis and they're going to be more responsive.

317

00:41:34.739 --> 00:41:38.159

And then as you work together with other entities.

318

00:41:38.159 --> 00:41:47.969

Identifying those existing untapped transportation resources. I heard a great story. Literally this morning this is from New Jersey, southern New Jersey, which is pretty role, believe it or not.

319

00:41:47.969 --> 00:41:51.090

And that they hooked it with a local library.

320

00:41:51.090 --> 00:42:00.750

That actually was involved with transportation and Anna shuttle, our van of some sort, and the library worked worked with the disability service provider to identify.

321

00:42:00.750 --> 00:42:11.965

New transportation options, you wouldn't necessarily think of a, of a library as an option but again, a great example. I mean, 1 of the 1 of the things they say a lot is, there's never an issue with having enough vehicles.

322

00:42:12.054 --> 00:42:24.204

If you look on the roads, there's always plenty of vehicles it's giving them to work in a more cooperative fashion and, for example, a lot of

time, for example, faith based communities, churches, buses that sit there and there lots all week.

323

00:42:24.505 --> 00:42:33.235

And maybe there's ways of using some of those vehicles are working in a more cooperative fashion, where you're where you're working together and paying for transportation services together.

324

00:42:34.494 --> 00:42:49.014

So part of us working in partnership to more efficiently and effectively use whatever resources exist. And then working together. Okay, what are new resources and options that we need to get our their grants that we can apply for? Is there funding?

325

00:42:49.014 --> 00:42:56.875

We can apply for together. Can we look for new options? Because there is funding that's out there. I mean, the federal and state government spend a ton of money.

326

00:42:57.119 --> 00:43:04.920

On transportation, local governments as well, and often times there's grants and other things that are available there was a system. I'll just share real quick story.

327

00:43:04.920 --> 00:43:10.500

In western Massachusetts that existed for several years and then finally mean, I don't funding unfortunately.

328

00:43:10.500 --> 00:43:19.559

Where the, a cooperative of nonprofit agencies bought some vehicles together and so because they, the capital cost of vehicles was was.

329

00:43:20.215 --> 00:43:34.855

They felt like they could afford them on their own and they had a whole sign up system for that. And then they had also some shuttle roots that they ran together at times as well. So there was some kind of small, small risk that they ran during the day, but they also advance that anybody could sign up for any time.

330

00:43:35.184 --> 00:43:41.034

And it worked really well, everybody went some money and it's in the United Way funding and things like that. And they intern training and.

331

00:43:41.369 --> 00:43:53.159



Deal with insurance, all that kind of fun stuff, but it really worked well in a rural area that didn't have otherwise have an option. So I think sometimes, you know, it's a matter of getting together and seeing what can we come up with next slide.

332

00:43:54.840 --> 00:44:02.903

So the resources that are on your this is on your resource sheet, is there a couple a few that are going to tap into?

333

00:44:03.175 --> 00:44:12.144

As I mentioned already, the community transportation association of America, this is an entity that's has a ton of projects on transportation of all sorts.

334

00:44:12.420 --> 00:44:18.960

Uh, and I, and all sorts of areas I talked already about the whole project I work on with them on inclusive planning.

335

00:44:18.960 --> 00:44:33.804

But also, if you go through their website, you will find so much great information about transportation options in rural areas, and for people who are under serve transportation, another great resource of the National agent disability, transportation center.

336

00:44:34.224 --> 00:44:40.824

And then also, the association of travel instruction, which is the National Association that looks at how people are trained on transportation.

337

00:44:41.244 --> 00:44:50.005

So, again, become familiar with all those resources, because you might find there's a lot more out there than you really realize that these are people's devoting full time to transportation.

338

00:44:50.724 --> 00:44:56.724

So, as you're thinking about your role of transportation and how involved you want to be, and how Bob you need to be.

339

00:44:58.105 --> 00:45:08.965

You may have limited time commitment in time, or you might have a large commitment of time. So if you have a limited time, you know, at least finding helping somebody find transportation for individual needs.

340

00:45:09.655 --> 00:45:19.224

But if you have a little more time, you might be able to help organize, what's available already? Can we do a resource listing? Can we figure out what's out there?

341

00:45:19.559 --> 00:45:33.144

And make that available and then maybe getting more involved, coordinating transportation, you know, what's out there already that exists. Maybe we can talk to the senior center and maybe we can sit down with our local workforce board and talk to them about options.

342

00:45:33.144 --> 00:45:39.894

Let's see if we can figure out ways to coordinate better. And then obviously I already gave you the example that went out in Western mass, but maybe you need to create an expand.

343

00:45:40.199 --> 00:45:43.829

Uh, apply for money, apply for grants, bring new vehicles into your.

344

00:45:43.829 --> 00:45:54.780

Region work with others on that, and your level of involvement is also going to depend on the existing transportation resources that are available. I mean, I live in an area which has plenty of options. I mean, never enough.

345

00:45:54.780 --> 00:46:07.284

Nobody ever says they have enough transportation, but it's in suburban Boston where I live. Obviously, it's more of funny of what's out there and trying to figure out how to tap into it versus being out in a rural area, where you may have to create something.

346

00:46:08.065 --> 00:46:10.465

So, it's so and again, but part of it's.

347

00:46:10.769 --> 00:46:13.889

How much, I mean, we all have lots of lots of things to do.

348

00:46:13.889 --> 00:46:21.119

So, it depends on how much time you have available, but you probably may have to create something if you are really out there with an area with very few options.

349

00:46:21.119 --> 00:46:30.960

And David, we hit somebody put in the chat box that there are annual community challenge grants available through the National Center for mobility management.

350

00:46:30.960 --> 00:46:34.320

So just like David's talking about, you know.

351

00:46:34.320 --> 00:46:41.940

What's your level involvement? Do you need to make better use of existing options? Do you need to create and expand it? So here's the.

352

00:46:41.940 --> 00:46:45.750

A way to tap into some grants if you didn't already know about it.

353

00:46:45.750 --> 00:46:50.280

Yeah, and I noticed that Carrie also volunteered the SB 44, and gave a grant to her.

354

00:46:50.280 --> 00:46:56.039

To transportation to get dedicated van to help people to get to them from work again. Another great example.

355

00:46:56.039 --> 00:47:07.769

So, I mean, from the matrix, and you've seen the matrix, they said the answer is out there and it's looking for you and it will find you if you want it to sort of until we have to have that transportation that answers out there.

356

00:47:07.769 --> 00:47:17.849

And it will find you if you want it to um, so that's kind of my rep, questions comments.

357

00:47:17.849 --> 00:47:21.179

I know I threw a lot at you. I hope some of this is helpful.

358

00:47:21.179 --> 00:47:33.539

I would say if you walk away from this, at least go out there and look at those national resources, figure out how you're transportation officials are your local area connect with them share this information with the service providers you're supporting.

359

00:47:33.539 --> 00:47:37.889

Start to talk to individuals and families about, can we.

360

00:47:37.889 --> 00:47:44.730

You know, build a little more of a greater level of comfort level with new transportation options and.

361

00:47:44.730 --> 00:47:48.090

How can we start to train on those things? So.

362

00:47:48.090 --> 00:47:53.905

But that's pretty much it for me and I know David covered a great deal of information,

363

00:47:53.905 --> 00:48:05.695

but I would like to hear what's something what's 1 thing that you would like to follow up on maybe do more or learn more about so,

364

00:48:06.144 --> 00:48:09.175

I'm going to wait until I see something in the chat box here.

365

00:48:11.070 --> 00:48:18.449

Ah, so we've got a question, any knowledge of travel instruction programs or curriculum.

366

00:48:18.449 --> 00:48:21.659

Okay, if you look on the travel instruction.

367

00:48:21.659 --> 00:48:25.230

Okay, so, I don't know, Missouri specifically.

368

00:48:25.230 --> 00:48:30.389

And I apologize, no rise might have an idea of that. But if you look on that travel instruction handout.

369

00:48:30.389 --> 00:48:35.670

There is a, there is there are 2 examples there of curriculums.

370

00:48:35.670 --> 00:48:40.739

1, from try met on an Oregon and 1 from Gallaudet University.

371

00:48:40.739 --> 00:48:43.980

Which you can probably use and adopt.

372

00:48:43.980 --> 00:48:48.869

Another thing I've learned over the years is travel instruction is actually its own.

373

00:48:48.869 --> 00:48:59.039

That's 1 thing I actually learned, it's your own it's its own, uh, discipline. So I think, you know, but obviously we can do a lot of it on our own. We don't necessarily need to be certified travel instructor.

374

00:48:59.039 --> 00:49:06.809

I know some, I check with the associates travel instructors. I know in Massachusetts we actually have, we actually have a group of travel instructors that gets together regularly.

375

00:49:06.809 --> 00:49:17.369

And shares information, but a lot of transportation authorities provide instruction. 1 reason they provide it is they have found is cost effective because it gets people off power transit.

376

00:49:17.369 --> 00:49:28.559

Particularly, but I also think travel structure needs to be broader than just, you know, how do you take the bus or you take this? Well, my case subway I don't know how many you've 11 areas with subways, but it's gotta be broader than that. So.

377

00:49:28.559 --> 00:49:34.230

The other thing too is you may want to check with your public transportation provider.

378

00:49:34.230 --> 00:49:40.769

We know from last month when we talked with Lisa that.

379

00:49:40.769 --> 00:49:50.519

Sometimes that public transportation provider might have their own kind of transportation or travel training that they're able to offer.

380

00:49:50.875 --> 00:50:05.215

That you can tap into to help people get comfortable with using that public transportation. We did have a comment in the chat box. Uh, somebody said they need help figuring out how to families can get reimbursed from transportation funds to get to work.

381

00:50:06.085 --> 00:50:10.585

And I guess specifically reimbursement bout, you're coming from social security.

382

00:50:11.369 --> 00:50:21.389

Okay, so a couple of things, I don't know security would be giving a reimbursement voucher. I think so if you use an early.

383

00:50:21.389 --> 00:50:33.119

Which is a work incentive and it always work for people in. I remember this is your income essentially so.

384

00:50:33.119 --> 00:50:38.730

As I, as I don't want you to take the capillaries in this, I'm going to get myself in trouble.

385

00:50:38.730 --> 00:50:51.594

I can kind of answer best 1, so if somebody is getting, it allows somebody to earn more than that substantial gainful activity. If they've got transportation as an impairment relay work expense.

386

00:50:51.625 --> 00:51:01.704

So, it allows them to earn a little bit more knowing that they're paying for their transportation to get to. And from work if somebody has supplemental security income, it.

387

00:51:02.485 --> 00:51:15.565

Like you said, it reduces their Countable income, so the amount that their is getting reduced by their work income is actually a little bit less to account for how much they're having to spend on transportation.

388

00:51:16.375 --> 00:51:19.465

So it's not that Carey is gonna pay for it. It's just.

389

00:51:19.739 --> 00:51:24.269

It kind of allows that person to to earn a little bit more.

390

00:51:24.269 --> 00:51:35.099

Um, if they're still getting social security benefits. Yeah. So I actually have a handout, which I have not updated 1, but I can take a look at it and see if I can.

391

00:51:35.099 --> 00:51:47.094

Um, set it up, Sandy, I'll make a note to see if I can update it and you can send it out that talks specifically about Social Security and transportation that basically so you were asking.

392

00:51:47.094 --> 00:51:50.605  
So, so a few few options here.

393  
00:51:51.449 --> 00:51:54.599  
So, let's see.

394  
00:51:54.599 --> 00:52:04.590  
Um, you know, because basically like an, oh, we can be used for the cost of a driver or taxi cabs for mileage and it can be used for.

395  
00:52:04.590 --> 00:52:10.980  
Uh, modifying a vehicle, um, a, a pass plan can be used to, um.

396  
00:52:10.980 --> 00:52:18.505  
Uh, for vehicle and passes or plans for achieving self support, or always, there are no forms for past our forms.

397  
00:52:18.894 --> 00:52:29.875  
I would suggest talking to a benefits counselor and I'm sure Sandy, you can get in touch with somebody 1 of the benefits counselors, or 1 of the 1 of the ambassadors. Whoever might be available.

398  
00:52:30.150 --> 00:52:33.599  
To talk more about the details of that this might work.

399  
00:52:33.599 --> 00:52:46.500  
So, we also had a question about drivers needing to be dot certified no matter how many individuals you are transporting.

400  
00:52:48.059 --> 00:52:53.670  
Okay, so I don't know what the state of Missouri's requirements are.

401  
00:52:53.670 --> 00:52:58.619  
I think it depends on the nature of the relationship.

402  
00:52:58.619 --> 00:53:01.619  
That is occurring within a situation.

403  
00:53:01.619 --> 00:53:06.780  
Um, if somebody is driving somebody as a carpool.

404  
00:53:06.780 --> 00:53:19.019

Don't put me on this generally if the person who's driving, somebody is a car pool or a volunteer driver, they generally don't need to be a certified driver. If it's a neighbor taking you or whatever. That's if it's a casual relationship. It.

405

00:53:19.019 --> 00:53:28.230

Then you need to get, you know, you need to know your regulations. They don't know to be the image may have specific requirements. But and again, I'm not aware of those.

406

00:53:28.230 --> 00:53:33.570

Once you get into the business of somebody transporting for hire.

407

00:53:33.570 --> 00:53:41.909

Then going into details about whether someone needs to be certified, but I think that's a little I think it's always important. Don't ever assume anything.

408

00:53:41.909 --> 00:53:51.599

I was strongly suggest talking to a dot or whoever it might be just to make sure. But I also think there could sometimes being rumors about that stuff. That is not necessarily true.

409

00:53:51.599 --> 00:53:55.110

But I think the other, I think it's also an important point to realize is.

410

00:53:55.110 --> 00:53:59.309

You want to make sure that anybody who is being transported.

411

00:53:59.309 --> 00:54:12.000

That is all it proper insurance and certifications and all that in place. The last thing any of us ever want to see if somebody getting on an accident and, like, oh, my gosh. Why was this person in this person's vehicle? So all those kinds of fun things.

412

00:54:12.000 --> 00:54:26.755

So so again, we want to do a huge thank you to David half for coming and speaking with us. And, of course, here is his contact information. So, his email is David dot. Hoff. H. O. F. F.

413

00:54:27.445 --> 00:54:37.434

U. N. B. dot edu. He also has provided his phone number and of course, the website to our employment 1st, Missouri.



414

00:54:37.739 --> 00:54:47.369

Program, so you can learn more about how David Jessie and Nick are helping to provide supports to our service providers.

415

00:54:48.144 --> 00:55:02.155

So, of course, this slide along with all the other slides will be available on our website later this month with the recorded webinar. We will also have all the handouts that David briefly referred to at the beginning.

416

00:55:02.184 --> 00:55:07.885

Those will also be included in the materials available on our website.

417

00:55:09.235 --> 00:55:16.014

So, save the dates we are doing this every month 2nd, Wednesday of every month from 130 to 230.

418

00:55:16.014 --> 00:55:25.675

uh, we started this in January so this is our 7th webinar that we've done the next 1 will be August 11th then September 8th and October 13.

419

00:55:29.755 --> 00:55:42.414

So, also, when you get off, when you go to exit, you will have a survey pop up. Please take the time to answer those questions. Those responses are very valuable to us.

420

00:55:42.445 --> 00:55:48.264

They let us know what we need to change to make this more what you need.

421

00:55:48.599 --> 00:55:58.380

Because that's why we're here so, and a lot of times that feedback the comments that you put about the topics you want to hear, that's what we use for.

422

00:55:58.380 --> 00:56:02.070

Planning future webinars.

423

00:56:03.025 --> 00:56:17.485

So, right now I am the only employment 1st specialist in the state of Missouri. So, Steven Taylor recently retired so it's just me. And so, of course, here's my contact information. My phone number is 6. 36926.

424

00:56:19.860 --> 00:56:28.139

12 to 9, and my email is Sandy, that Kaiser and that is spelled K. E. Y.

425

00:56:28.139 --> 00:56:33.389

S. E. R. at Mo dot. Gov.

426

00:56:35.369 --> 00:56:41.670

And thank you so much for joining us. Hope to see you next month.

427

00:56:41.670 --> 00:56:43.655

Okay, thank you.