

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

November 1, 2024

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1. **New** Over 500 Certified Peer Specialists and Family Support Providers gathered for the first annual Region 7 Peer Summit on October 24 and 25 in Kansas City. Certified Peer Specialists from the four state region (Missouri, Kansas, Iowa, and Nebraska) participated in learning opportunities specific to their roles in enhancing behavioral health prevention, treatment and recovery services. The Missouri Credentialing Board in collaboration with the Division of Behavioral Health planned and coordinated the event for the region. Peer Specialists learned new skills, networked, and supported each other. Awards were given to recognize individuals who have made impressive positive impacts to the recovery field. Research has demonstrated that peer support services for supporting recovery from behavioral health conditions include:
 - Reduce hospital admission rates and increase longer community tenure
 - Increase social support and social functioning
 - Decrease substance use and depression
 - Decrease psychotic symptoms
 - Increase sense of control and ability to bring about changes in their lives
 - Increase sense that treatment is responsive and inclusive of needs
 - Increase sense of hope and inspiration
 - Increase engagement in self-care and wellness

For more information, you can visit [SAMHSA Value of Peers Infographics: General Peer Support](#).

2. **New** Representatives from the Division of Behavioral Health attended the [National Disability Employment Awareness Month \(NDEAM\) Celebration](#) event on October 21. At the event, several members of Missouri's National Expansion of Employment Opportunities Network (NEON) initiative gathered for a group photo. Missouri's NEON Initiative is focused on advancing the Employment 1st Act. Agencies represented in the photo include: Division of Developmental Disabilities; Division of Behavioral Health; Rehabilitation Services for the Blind; Governor's Council on Disability; Developmental Disabilities Council; Office of Equal Opportunity; Office of Administration.



3. **New** Hannah Levely, Youth Services Coordinator with the Department of Mental Health/Division of Behavioral Health (DMH/DBH), and Daisy Ellis, Youth Services and Referral Manager with the Missouri Behavioral Health Council (MBHC), presented on the Upstream Youth Mapping project to Missouri's school nurses this week. Upstream Youth Mapping is a collaborative project between DMH, MBHC, the Office of State Courts Administrator, Children's Division, the National Center for State Courts, and the Missouri Juvenile Justice Association. The project's goals are to strengthen communities, prevent child maltreatment and out-of-home placement, reduce court involvement, and support safe and healthy families. Upstream Youth Mapping allows each circuit in Missouri to hold their own mapping to discuss the types of local resources available, opportunities for improvement within their circuit, and to create action plans for priority needs. As of October 2024, 35% of the state has been mapped, with a completion estimate of Summer 2026.

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
[MO Careers – Department of Mental Health](#)

FUNDING OPPORTUNITIES

1. **SAMHSA's CFRI Highlights New Projects** – The Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Financing Reform & Innovation (CFRI) is highlighting new projects underway at the Center regarding financing mechanisms for mental health and substance use disorder (SUD) care. These new projects are designed to identify opportunities, innovations, and challenges to service delivery and access and provide guidance on the use of various financing mechanisms to provide SUD services across the continuum. These resources include new reports, one-pagers, journal articles, and webinars that discuss financing strategies for mental health and SUD care. Project topics include:
 - Financing Peer Crisis Respite in the United States
 - Measurement-Based Care Financing
 - Coverage of Selected Behavioral Health Services Among Older Medicare and Medicaid Beneficiaries
 - Public Financial Investments in Behavioral Health
 - National Gaps in Health Care Access and Health Insurance Among LGB Populations
 - Funding Strategies of Community-Based Behavioral Health organizations Serving Under-served, Minoritized, Racial, and Ethnic Communities
2. **Grant Resources:**
 - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
 - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
 - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
 - [Grant Eligibility | Grants.gov](#)
 - [Grants | SAMHSA](#)
3. **MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:
 - Family Medicine
 - Internal Medicine
 - Obstetrics/Gynecology
 - Pediatrics
 - Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

4. [Rigorous Evaluation of Primary and Secondary Overdose Prevention Activities Among Populations Disproportionately Affected by Overdose](#) – This grant funds research on preventing drug overdoses and substance use, particularly among high-risk individuals and those impacted by social determinants of health, with a focus on youth. **Application deadline: December 2, 2024**
5. [Statewide Consumer Network SM-25-005 \(Forecast\)](#) – The purpose of this program is to strengthen the capacity of statewide mental health peer-led organizations to partner with state efforts to improve mental health support system and related services for individuals with serious mental illness (SMI) or serious emotional disturbance (SED) as agents of transformation. **Application due date: December 16, 2024**
6. [Strategic Prevention Framework-Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations SM-25-002 \(Forecast\)](#) – The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. **Application due date: January 15, 2025**
7. [Strategic Prevention Framework-Partnerships for Success for States SM-25-003](#) – The purpose of the SPF-PFS program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of state and community substance misuse prevention and mental health promotion services. **Application due date: January 15, 2025**

INFO & RESOURCES

1. **New** [PCSS-MAUD Monthly](#) – Providers Clinical Support System – Medications for Alcohol Use Disorder (PCSS-MAUD) is a national project funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide free, comprehensive training, guidance, and mentoring on the prevention, diagnosis, and treatment of alcohol use disorder (AUD).
2. **New** [New Hope for Rapid-Acting Depression Treatment](#) – A new study, funded in part by the National Institute of Mental Health (NIMH), showed that a new medication derived from ketamine is safe and acceptable for use in humans. The medication may capitalize on the therapeutic effects of ketamine (such as rapid relief for severe depression) while avoiding its negative effects (such as a high risk of misuse).
3. **New** [Recovery Friendly School became a Recovery Friendly Workplace](#) – When a Recovery Friendly School becomes a Recovery Friendly Workplace, you create an environment that centers the living experience of individuals in recovery, both in and outside the classroom. Learn more about the [Recovery Friendly Workplace Initiative](#) in Missouri.
4. **New** [School District Administrative Claiming](#) – The 3rd Quarter 2024 School District Administrative Claiming Invoice has been posted to the MO HealthNet website.

TRAINING OPPORTUNITIES

1. [The 65th National Dialogues on Behavioral Health](#) – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024.**

2. [Advancing Equity Workshop: Fundamentals to Support Your Journey](#) – During this three-part virtual workshop, participants will learn and engage in a safe environment, where they can ask questions and share reflections with their peers. Using Social Current’s three-prong approach to EDI (Person, Organization and Systems), the presenters will encourage participants to develop a deeper personal EDI journey, to build an inclusive work culture, and to become more aware of the systems that impact us all. **Wednesday, November 6, 2024, 11am-2pm CT**
3. [Rural Youth and Adverse Childhood Experiences \(ACEs\)](#) – This webinar, hosted by the National District Attorney’s Association (NDAA), will discuss various aspects of adverse childhood experiences (ACEs) among rural youth, providing perspectives from public health researchers and system-involved youth service providers. The presentation will include an overview of the research on ACEs among youth in detention and ways to counteract or build resiliency to ACEs, focusing on rural youth. It will also include presentations from system-involved youth service providers on how to address common challenges in rural jurisdictions. **Wednesday, November 6, 2024, 12pm CT**
4. [State Strategies to Tackle the Stimulant Crisis](#) – Join our complimentary webinar on Contingency Management in California to enhance your state’s strategies. Gain insights directly from industry leaders. While there is no FDA-approved medications for stimulant use disorder, there is an effective evidence based treatment, Contingency Management (CM). **Wednesday, November 6, 2024, 11am CT**
5. [Missouri Rural Health Conference](#) – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year’s conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. **Wednesday-Thursday, November 6-7, 2024.**
6. [Assessment 101-B](#) – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms.
 - **Wednesday, November 6, 2024, 10-11am CT**
 - **Wednesday, February 5, 2025, 10-11am CT**
 - **Wednesday, May 7, 2025, 10-11am CT**
7. [Engaging Community Partners in Civil Diversion Programs](#) – Successful civil diversion programs leverage existing legal, financial, and social service resources in a community to provide support to litigants who want to resolve their disputes outside of traditional litigation. Learn how courts around the country are thinking creatively and holistically as they work to help litigants address both the immediate legal crisis and their underlying needs through strong collaborative partnerships with community service providers. **Thursday, November 7, 2024, 2pm CT**
8. [Pathways to Support: SSI/SSDI Outreach That Works](#) – Have you heard about SOAR? It stands for SSI/SSDI Outreach, Access and Recovery, and it is a culturally sensitive, trauma-informed, community-based program designed to increase access to Social Security disability benefits. It’s an essential resource for individuals experiencing or at risk of homelessness who have behavioral health and/or co-occurring disorders. In this webinar, you will hear from some leaders behind SOAR and discover the essential elements for implementing a successful SOAR program. **Thursday, November 7, 2024, 1pm CT**
9. [Building a Resilient Workforce Learning Series](#) – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically

exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence.

- **Thursday, November 7, 2024, 1pm-2:15pm CT**
- **Monday, December 9, 2024, 1pm-2:15pm CT**

10. **Virtual SBIRT Overview Training** – The National Council for Mental Wellbeing is pleased to offer a new virtual opportunity for training in SBIRT. If you are an administrator or clinician who is new to SBIRT or looking for an overview, this three-hour training is just for you. **Thursday, November 7, 2024, 1pm CT**
11. **Postpartum and Infant Year One: Center on the Dyad (Part 2)** – This final session will focus on ensuring equitable access to and outcomes from ongoing culturally and linguistically effective mental health, substance use, and physical health care for infant and dyad, including but not limited to developmental milestones and vaccination. **Friday, November 8, 2024, 11am CT.**
12. **New Juvenile Treatment Provider Training** – Presented in partnership with the American Society of Addiction Medicine, this training is designed for addiction treatment professionals working with adolescent clients in treatment courts and other justice interventions. Professionals both new and advanced will learn evidence-based methods for the effective treatment of justice-involved adolescents with substance use disorders. **Registration Deadline: Monday, November 11, 2024.**
13. **Sustained Recovery: Don't Make Aftercare an Afterthought** – Recovery is a process, and Family Treatment Courts (FTCs) are a time-limited acute intervention in a family's life. FTCs must blend aftercare planning into its program design to best support parents and their children after case closure. Aftercare plans, also known as "continuing care plans," can provide parents with structure, accountability, and needed ongoing services to both parents and children after child welfare, treatment services, and the FTC no longer remain a central part of their lives. **Tuesday, November 12, 2024, 1pm CT**
14. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources.
 - **Tuesday, November 12, 2024, 10-11:30am CT**
 - **Tuesday, February 11, 2025, 10-11:30am CT**
 - **Tuesday, May 13, 2025, 10-11:30am CT**
15. **New Workplace Well-Being: A Guidebook for Cultivating a Culture of Collective Care** – **Mid-America Addiction Technology Transfer Center (Mid-America ATTC)** is thrilled to invite you to the launch of their new guidebook, **Workplace Well-Being: A Guidebook for Cultivating a Culture of Collective Care**. This is designed for organizational leaders and provides comprehensive strategies to build a supportive, caring workplace environment. **Wednesday, November 13, 2024, 12pm CT**
16. **2024 Missouri Substance Use Prevention Conference** – **Save the date flyer for the 2024 Missouri Substance Use Prevention Conference** – St. Charles Convention Center, **Wednesday-Thursday, November 13-14, 2024.** Registration is now open!
17. **Virtual YSBIRT Overview Training** – The National Council for Mental Wellbeing is pleased to offer a new virtual opportunity for training in YSBIRT. If you are an administrator or clinician who is new to YSBIRT or looking for an overview, this three-hour training is just for you. **Tuesday, November 19, 2024, 1pm CT**
18. **New Workforce Solutions Jam: Addressing the Workforce Shortage Through Policy Change** – The focus of this session will be on innovative policy solutions at the federal and state level aimed at addressing the workforce

crisis. In September, The Kennedy Forum released a report titled, Building the Mental Health and Substance Use Disorder Workforce We Need, which examines the extent of the shortage and provides guidance for policymakers on payment and reimbursement, licensure and standardization, education and training, and data and technology. Representatives from The Kennedy Forum's workforce committee will share highlights of the report, followed by a dialogue with state leaders implementing promising strategies aligned with the report. **Tuesday, November 19, 2024, 12pm CT**

19. **Motivational Interviewing Overview National Training** – Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
 - [Register for Motivational Interviewing Overview on Thursday, November 21, 2024, 1pm CT](#)
 - [Register for Motivational Interviewing Overview on Thursday, March 13, 2025, 1pm CT](#)
20. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions:
 - **Thursday, November 28, 2024, 2pm CT**
21. **MO-CPAP: A Critical Partner in Reducing Avoidable Hospital Stays for Mental Health** – Nearly 75% of children and adolescents receive mental health care from primary care providers, yet navigating the latest recommendations for medications and therapies has become increasingly complex. This is where the Missouri Child Psychiatry Access Project (MO-CPAP) comes in. MO-CPAP is committed to enhancing the capacity of health care and social service providers to deliver essential mental health services to children and adolescents by offering same-day support for any questions they may have. Better access and better care can lead to fewer children with acute mental health issues. Moreover, Missouri faces one of the highest maternal mortality rates in the United States, with mental health being one of the leading causes. In response, the Maternal Health Access Project has been established as a statewide perinatal psychiatry access program. Any health care or social service provider who sees patients during the perinatal period (from pregnancy through 12 months post-delivery) is encouraged to enroll. We encourage hospitals to explore how these programs can benefit their providers and clinics, especially in our rural communities. **Thursday, December 5, 2024, 12pm CT**
22. **New Motivational Interviewing: Back to Basics** – Motivational Interviewing (MI) is a counseling style that easily joins with other evidence-based modalities to guide individuals struggling with ambivalence toward making progress to change. The presenter utilizes the third and fourth editions of Motivational Interviewing by William R. Miller and Stephen Rollnick as their guide, as well as professional examples from years in practice. **Friday, December 6, 2024, 9am CT**
23. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. Register now for the following virtual training dates:
 - **Monday-Tuesday, December 9-10, 2024**
24. **WHAM Individual Facilitator Training** – WHAM promotes physical and mental health while empowering peer providers to support the whole health of your clients. Use WHAM training to invest in peers as they support recovery across communities. **Wednesday-Thursday, December 18-19, 2024, 9:30am CT**
25. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk.
 - [Register for Intermediate Motivational Interviewing on Wednesday, January 8, 2025, 11am CT](#)
 - [Register for Intermediate Motivational Interviewing on Wednesday, May 14, 2025, 11am CT](#)

26. **PREPaRE Workshop 2, Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals** – This two-day workshop provides school based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event. With updated research and crisis intervention strategies, this workshop teaches participants how to prevent and prepare for psychological trauma, helps to reaffirm both the physical health of members of the school community and students’ perceptions that they are safe and secure, elevates the degree of psychological trauma, responds to the psychological needs of members of the school community using a multi-tiered approach to crisis intervention, and examines the effectiveness of school crisis intervention and recovery efforts. This workshop is an excellent course for all mental health professionals who provide school mental health crisis intervention services.
- **Tuesday-Wednesday, January 14-15, 2025** – [Register for the PREPaRE Workshop in Joplin](#)
 - **Tuesday-Wednesday, February 4-5, 2025** – [Register for the PREPaRE Workshop in Kansas City](#)
 - **Wednesday-Thursday, March 5-6, 2025** – [Register for the PREPaRE Workshop in St. Peters](#)
 - **Tuesday-Wednesday, April 1-2, 2025** – [Register for the PREPaRE Workshop in Jefferson City](#)
27. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis.
- **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
28. **Supporting the Uptake of Behavioral Health Apps and Technology** – The increasing demand for behavioral health services, coupled with challenges in the workforce, creates a compelling reason to take a closer look at forward-thinking solutions. Behavioral health apps and other technologies have the potential to supplement existing services by increasing access and engagement among specific communities or population groups. This quarterly CBHL Leadership Community series is designed for any CBHL member interested in the successful integration of behavioral health apps and technology as a complement to existing practices. You are encouraged to register and join the full series. **Thursday, March 6, 2025, 1pm CT**

RECURRING TRAINING OPPORTUNITIES

1. **Rock Bottom Has a Basement: a Cause for Harm Reduction and Recovery Capital** – On Demand. The notion that people with a substance use disorder (SUD) need to hit “rock bottom” to recover is harmful during an overdose crisis occurring nationally. In 2021, more than 100,000 Americans died as the result of preventable drug overdose.
2. **Incentives, Sanctions, and Service Adjustments Workshop** – This interactive, two-day workshop is designed to educate interdisciplinary teams in the theory and application of behavior modification as it applies to an effective adult treatment court. The incentives, sanctions, and service adjustments (ISSA) workshop will challenge court teams to self-assess and receive assistance with taking corrective steps to improve policy, practice, and outcomes. The workshop includes a follow-up coaching session by faculty to observe staff meetings and status hearings, and to provide feedback on progress with implementation plans developed during the workshop.
3. **PCSS-MAUD Online Module: Assessment and Management of Alcohol Withdrawal** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medications for Alcohol Use Disorder \(PCSS-MAUD\)](#) recently released an online training module on [Assessment and Management of Alcohol Withdrawal](#). This 1.5 hour on-demand training module is designed for clinical healthcare professionals who prescribe medications for alcohol use disorder (MAUD) in outpatient and inpatient settings and offers strategies regarding the assessment, management, and treatment of Alcohol Withdrawal Syndrome (AWS). Specifically, the module discusses the neurobiology of AWS, outpatient and hospital managements of AWS using

evidence-based pharmacotherapy and behavioral therapies, and patient-centered goal setting through individualized care plans. Learning objectives include:

- “Examine the neurobiological mechanisms underlying alcohol withdrawal syndrome.
- Recognize the clinical signs, symptoms, and risk factors for alcohol withdrawal syndrome.
- Determine the appropriateness of outpatient or hospital management for a given patient with alcohol withdrawal syndrome.
- Develop a comprehensive treatment plan for a patient with alcohol withdrawal syndrome.
- Create patient-centered goals for individuals with alcohol use disorder.”

4. [On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder](#) – This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers.
5. [On Demand: Substance Use Among Individuals with Eating Disorders](#) – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders.
6. [Certified Peer Specialist \(CPS\) ECHO](#) – The CPS Echo is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**
7. [Peer Recovery Center of Excellence](#) – Monthly Community of Practice calls for peers and peer supervisors.
8. [ASAM Fundamentals of Addiction Medicine](#) – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction.
9. [The ASAM Pain & Addiction: Essentials](#) – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics.
10. [ASAM Motivational Interviewing Mini Courses](#) – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings.
11. [Culturally and Linguistically Appropriate Services](#) – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org.
12. [HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals](#) – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond

to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours.

13. [Monthly Tobacco Use Disorder Integration Office Hours](#) – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. ***Second Tuesday of every month from 1:30pm-2:30pm CT.***
14. [Culturally Competent Community of Learning \(CCCL\) Information Exchange: Promoting Equity through Housing Justice](#) – You can choose to attend one or more of the following Thursday sessions.
 - ***November 28, 2024, 2pm CT***
15. [NAMI-Parents Supporting Parents Group - Prepping Mental Health for School](#) – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families.
16. [NAMI Basics](#) – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit.
17. [Family Support Provider Training](#) – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
18. [Youth Peer Specialist \(YPS\)](#) – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
19. [Peer Supervision Training](#) – ***ALL ONLINE Self Study Course*** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours).
20. [Specialty Peer Instruction Series](#) – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.
21. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - [Certified Peer Specialist Basic Training](#)

- [Certified Peer Specialist Specialty Training](#) – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter.

22. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- [Missouri Recovery Support Specialist Trainings](#)
- [Ethics Trainings](#)