

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance*** ***October 4, 2024***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

### 1. **New FY2026 Department Request was submitted to Governor October 1, 2024 –**

#### **Supplemental Funding - (FY2025 to finish the current year)**

- Opioid Community Grants;
- Utilization Increase

#### **FY 2026 New Decision Items**

##### **Opioid Settlement Funding**

- **\$9,512,000 OATRF – Opioid Community Grants** - This provides continued funding for the Opioid Community Grant. This request will continue to support prevention treatment, and recovery with a focus on reducing the impacts of opioid use. (\$856,000 for GR pickup of what was reduced in FY 2025; \$2.5M for prevention and \$6,156,000 for recovery support services.)
- **\$1,113,000 OATRF – St. Louis Opioid Overdose Reduction Initiative** - This item represents an Opioid Addiction Treatment and Recovery pickup to continue to provide outreach and engagement services to reduce overdose deaths. DBH will partner with many community providers to serve the region. Funding is requested to provide ongoing support for the STL Grassroots Reinvestment for Optimal Well-being (GROW-STL) Opioid overdose reduction initiative. Temporary funding is ending and ongoing funding is requested to continue providing services. In FY24, the initiative provided outreach services to 6,199 individuals with an SUD.
- **\$8,000,000 OATRF – Naloxone Saturation** - This item represents a request of \$8,000,000 to increase naloxone distribution in Missouri. One-time funding was received in FY25. This funding will support this training, as well as the distribution of naloxone kits which can be used by priority populations such as law enforcement, first responders, hospitals, or other individuals/community groups. The approval of this request will allow more at-risk individuals, their families, and communities to access life-saving naloxone.

##### **Crisis**

- **\$3,857,560 GR – 988 Services** - This item represents a GR pickup to cover costs of 988 call centers previously covered by temporary federal grants. From the beginning of FY 2023 to the end of FY 2024 the number of 988 calls increased by 59.1% and 988 texts/chats experienced a 120.0% increase. The percentage of 988 calls answered in Missouri averages 94%. This item requests increased support for the 988 call centers to handle the increased call, text, and chat volume.

##### **Community Treatment**

- **\$51,511,833 GR & FED (\$266,222,025 DW) – Utilization** - DBH is only seeing a utilization increase in youth. This request includes cost to continue funding from the supplemental. DBH-\$51.5 million; 8,041 individuals (\$35.3 million CTC for CSTAR-1,264 SUD individuals and 3,352 youth); \$16.2M increase in Medicaid spend (385 MH Adults, 450 SUD, and 2,590 MH Youth)
- **\$4,234,595 GR – eTMS PTSD** - This item represents a GR pickup to provide ongoing funding for the EEG-Guided Transcranial Magnetic Stimulation (eTMS) PTSD program. In FY24 the program received one-time funding and in FY25, the program was supported with federal funding. This program is not eligible for federal reimbursement and federal funding cannot be sustained as an ongoing funding source.

- **\$17,512,034 (\$6,947,257 GR & \$10,564,777 FED) – CCBHO Medicare Economic Index** - The item reflects a 2.5% inflationary Medicare Economic Index (MEI) increase for the PPS rate as required by the CCBHO Demonstration project and includes State Plan Amendment (SPA) providers. The amounts are based on numbers from Mercer. The inflationary rate is preliminary as DBH continues to work with Mercer to finalize the MEI. The CCBHO Demonstration project has been extended until September 30, 2025, through the Safer Communities Act.
  - **\$2,046,279 (\$705,966 GR & \$1,340,313 FED) – Behavioral Health Crisis Centers** - This item will provide Behavioral Health Crisis Centers (BHCCs) a full year of funding needed to operate these centers. Five (5) new behavioral health crisis centers were established in Sedalia, Union, Festus, Trenton, and St. Peters (youth) in FY 2025. These centers help transition law enforcement from being the primary behavioral health response unit and those in crisis can likely avoid hospitalization and be stabilized more successfully before returning to the community. Two of the five BHCCs opened during FY 2025 with partial funding based on when the BHCCs opened. Funding is requested to provide a full year of funding.
2. **New Update on Missouri Drug Overdose Deaths** – In promising news, Missouri drug overdose deaths **decreased by 11% in 2023** compared to 2022. This is the first annual decrease since 2019. Although fentanyl continues to saturate the opioid drug supply, deaths among all drug types (opioids, stimulants, opioids and stimulants in combination) decreased. Black males continue to be disproportionately affected by overdose deaths across the state, although deaths among this population also decreased by 9% in 2023. The St. Louis Metro Region continues to be the most impacted, accounting for 45% of all overdose deaths statewide and 69% of all drug overdose deaths among Black individuals. For more information on statewide and regional drug-related mortality please visit the [UMSL-MIMH website](#).
  3. **New CIMOR PRIORITY – UPDATE!** – All SOR 3 GPRAs and programs have received an Administrative Discharge with a date of September 29, 2024. Each provider has received a file in their reports folder with the list of consumers who had either a GPRA discharged or both a GPRA and program discharge. You will notice that individuals who had a program discharged with a date of September 29, 2024, have a Program To Date highlighted in Green. This is to help you identify those consumers who were still enrolled in SOR program easier. If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.
  4. **New Naloxone Saturation Plan Learning Collaborative** – Dr. Yngvild Olsen, Director for the Center for Substance Abuse Treatment (CSAT), and Captain Christopher Jones, Director of the Center for Substance Abuse Prevention (CSAP) and Acting Director of the Center for Behavioral Health Statistics and Quality (CBHSQ), invited Christine Smith, Director of Prevention and Crisis Services for the Division of Behavioral Health, and Lauren Green, Director of Harm Reduction Programming for the University of Missouri – St. Louis, Missouri Institute of Mental Health, to speak at the September Naloxone Saturation Plan Learning Collaborative on September 30, 2024. The topic of the September learning collaborative was “Engaging Hard to Reach Populations.” Other recent presentations for SAMHSA include “Maximizing State Policies to Support Harm Reduction” and an overview of the Department’s current harm reduction efforts for the Substance Abuse and Mental Health Services Administration (SAMHSA) Harm Reduction Steering Committee. Missouri continues to be recognized by the SAMHSA as a leader in harm reduction programming.
  5. **New** Rosie Anderson-Harper, DBH Director of Recovery Services, presented on a Substance Abuse and Mental Health Services Administration (SAMHSA) virtual video all for the northeast region of the United States as an expert on Recovery Support Services. She highlighted the inclusion of individuals and families with lived experience of recovery from mental illness and substance use disorders into Missouri’s treatment and recovery services. Inclusion of individuals in recovery in behavioral health services has demonstrated improved outcomes in health, wellness, employment, and recovery capital of those served. Of particular interest to the group was the progress of Recovery Community Centers and the new service of Peer Respite Crisis Stabilization. Missouri is unique in providing state led Peer Respite for individuals with substance use disorders and collecting statewide data. The Peer Respite Crisis Stabilization Report on the first year of services is online at [Peer Respite Stabilization FY24 Findings Report | dmh.mo.gov](#).

6. **New NASADAD Unveils New Name: Embracing Language that Reflects Our Commitment to Single State Agencies (SSAs) and the People They Serve** – Today marks a significant milestone for the National Association of State Alcohol and Drug Abuse Directors (NASADAD) as we proudly announce the unveiling of our new name, brand, and logo. These changes reflect our renewed dedication to the respect and dignity of individuals and communities affected by substance use, misuse, and use disorders (SUD). The changes also convey our commitment to the state agencies around the nation that provide alcohol and drug services to individuals with no or insufficient means to services. [Watch to learn more!](#)

#### **A Name That Honors Our Mission**

For years, our name included the term “Abuse,” a word that, while historically used in clinical and policy contexts, carries a weight that can unintentionally harm the very people we strive to support. Recognizing the power of language, we have made the conscientious decision to replace “Abuse” with “Agency” in our official name. Our new name, the National Association of State and Alcohol and Drug **Agency** Directors, emphasizes the critical role that state alcohol and drug agencies play in empowering communities to prevent substance misuse, lead policy and program initiatives to improve access to services, and foster recovery. It more effectively captures our longstanding mission to promote effective and efficient publicly funded State substance use disorder prevention, treatment, and recovery systems.

#### **The New Logo: A Symbol of Unity and Vision**

Accompanying our new name is a redesigned logo that embodies the core values of NASADAD. The blue in our logo symbolizes trust, reliability, and professionalism, essential traits as we continue to serve as a unifying voice for state agencies across the nation. The sharp points of the “A” letters in our logo are reminiscent of a star, symbolizing the States and our commitment to reaching the highest points of success, quality, excellence, and leadership. The green represents growth while the arch symbolizes NASADAD’s role as a connector, partner, and collaborator. It also evokes the feeling of a “horizon,” signifying limitless possibilities for systems improvement and a broad vision for health and well-being.

#### **Renewed Commitment to Enhance Visibility of SSAs and NASADAD**

Our new brand is more than just a visual change – it’s reaffirmation of our mission to facilitate the highest standards in substance use prevention, treatment, and recovery services. The rebranding is aligned with our strategic focus on enhancing the visibility and recognition of NASADAD, the Association’s work, and our members. Our focus remains centered on educating the Federal government, national associations, and the public; informing public policy; and facilitating system and practice improvement. We continue to act as the voice for Single State Agencies at the Federal level, facilitating collaboration, and ensuring a focused effort in the field of SUD. Through our collaborative efforts, we will continue to improve access, quality, and effectiveness of these systems and services.

**Words Matter. People Matter.** With this change, we honor that truth and renew our commitment to supporting every individual’s dignity and potential to deal with substance use problems.

7. **New From MHD – MO HealthNet Community Connection** – The MO HealthNet Community Connection (formerly Member Forum) is an opportunity for MO HealthNet participants to share their opinions and speak to MO HealthNet Division (MHD) team members about the services and care they receive through MO HealthNet or the [Managed Care Health Plans](#). Participants can voice any concerns or provide feedback by taking a brief [survey](#). For more information, visit the [MO HealthNet Community Connection](#).
8. **New From MHD – Health Children and Youth Program** – Did you know that MHD sends letters to families whose children haven’t had their will checks in the last year? The letter informs the parents of the benefits available to their children, and other relevant resources. It also provides a QR code to the [Healthy Children and Youth Program](#). Once there, parents can watch a short video that explains their benefits. Also, this webpage can be translated into 80 different languages!
9. **New From MHD – Telemedicine Place of Service (POS) Codes** – Effective December 22, 2024, the MO HealthNet Division (MHD) will accept POS 10 and 27 on Telemedicine claims. POS 10 indicates that services are provided to the patient in their home. POS 27 indicates that services are provided to the patient at an outreach site/street, such as a non-permanent location on the street or found environment. Also on this date, POS 02 will indicate that telemedicine services are being provided to a participant outside of their home, in a location such as a hospital or other facility.

10. **New From MHD – Program of All-Inclusive Care for the Elderly (PACE)** – A new webpage regarding the [Program of All-Inclusive Care for the Elderly \(PACE\)](#) was created for participants. PACE is administered by the MO HealthNet Division and Medicare to provide comprehensive health care, social, recreational, and wellness services to their participants. One of the main goals of PACE is to allow older adults to live safely in their homes instead of nursing facilities. To be eligible for PACE, participants must meet the following criteria:

- 55 years of age or older
- Meet Missouri’s criteria for nursing home level of care
- Live in the service area for the PACE Organization
- Be able to live safely in the community

This new [PACE](#) page gives an overview of the program, what services are included, eligibility information, FAQs, and how to connect with a PACE Organization.

11. **New September was National Recovery Month** - Recovery events took place all over the state. Here are a few photos from the events. Some of events were covered by the local news:

[Local recovery groups offer support, celebrate recovering addicts \(fox4kc.com\)](#)

<https://www.ky3.com/2024/09/29/its-freedom-hundreds-gather-branson-celebrate-addiction-recovery/>

**On September 14, 2024**, the Recovery Coalition of Greater St. Louis held its annual Recovery Fest at Forest Park in St. Louis. The event drew over 100 people who were greeted with food, lively music, and engaging entertainment. The event featured several vendors representing local programs. NARCAN was available at the event.

**On September 21, 2024**, the Kansas City Recovery Coalition hosted Family Recovery Day at Concourse Park in Kansas City. The event featured 38 vendors, including municipal courts, treatment centers, and MCRSP. Despite the rain, over 400 attendees participated in the event which included games, bounce houses, and notably, Bluey made a special appearance. Participants heard inspiring recovery stories, learned about local resources, and enjoyed a DJ and live music.

**On September 28, 2024**, the fourth annual Recovery Jamboree took place at the scenic Sanctuary of Hope in Branson. The event brought together a diverse crowd, united by a shared commitment to recovery, healing, and community support. The Jamboree was a testament to the resilience and strength of individuals and families in recovery, offering a day filled with fun, education, and connection.



12. **New RFW Initiative** – The Recovery Friendly Workplace (RFW) Initiative continues to expand throughout Missouri. It is estimated that opioid use disorder costs Missouri \$34.5 million every day, and \$12.5 billion in a year ([MHA, 2016](#)). RFWs foster a workplace culture that promotes employee safety, health, and well-being through strategies that provide support for managers and employees, including reducing stigma and providing recovery resources related to challenges surrounding substance use disorders.

Recently, Cockrell Farms of Columbia became the first farm in the state to receive the University of Missouri Extension’s Recovery Friendly Workplace designation. Cockrell Farms is a Missouri Century Farm that has a rich legacy and has been in the family since 1904. This article highlights the meaningful commitment the farm has made to their community, employees, and family: [Recovery Friendly Workplace](#). To learn more about the benefits of RFWs: [The Recovery Friendly Initiative-Recovery Friendly Missouri](#).

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

## **JOB ANNOUNCEMENTS**

### **Lead Administrative Support Assistant – Division of Behavioral Health**

This position will provide support and coordinate activities for Recovery Services, 988, and Prevention. The best candidate for this position will need to possess excellent writing and oral communication skills, be well-organized, and be able to multi-task and prioritize assignments. ***Applications accepted through Tuesday, October 15, 2024***

[Learn More and Apply!](#)

## ***FUNDING OPPORTUNITIES***

### 1. **Grant Resources:**

- [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
- [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
- [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
- [Grant Eligibility | Grants.gov](#)
- [Grants | SAMHSA](#)

2. **MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:

- Family Medicine
- Internal Medicine
- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

***Applications due November 22, 2024*** – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

## INFO & RESOURCES

1. **New The Role of CCBHCs in Crisis Services and Systems** – Anyone facing a mental health or substance use crisis should have access to help when and where they need it. To achieve this vision, we need to continue building and strengthening a universal crisis system. That work includes taking advantage of a powerful resource for both crisis and ongoing care – the Certified Community Behavioral Health Clinic (CCBHC) model. To help communities effectively use CCBHCs to build a robust crisis system, the [National Council for Mental Wellbeing's Medical Director Institute](#) published *The Role of CCBHCs in Crisis Services and Systems*, a new white paper outlining a best practice framework for CCBHCs and other crisis providers, local systems, state authorities and funders. [Read More](#)
2. **New NCQA Announces Mental Health Emergency Department Follow-Up Changes** – Last month, the National Committee for Quality Assurance (NCQA) updated the Healthcare Effectiveness and Data Information Set (HEDIS) measures for Measurement Year (MY) 2025. HEDIS is widely used by U.S. health plans to measure performance on key care and service metrics. Changes to existing HEDIS measures include updates to the Follow-Up After Emergency Department Visit for Mental Illness (FUM) and Follow-Up After Hospitalization for Mental Illness (FUH) measures. Follow-up tracking will now be included for a variety of new conditions, including phobia diagnoses, anxiety diagnoses, and intentional self-harm X-chapter codes, and the R45.851 suicidal ideation code. Additionally, the options for follow-up will now include more provider type options, inclusive of psychiatric residential treatment and peer support services for mental health. Earlier this year, National Council provided comment on the proposals and support for inclusion of peer support services. You can read more about these changes in the MY25 [summary of changes](#) and [measure descriptions](#).
3. **New Choosing the Right AI Technology For Your Organization** – Join us for an insightful webinar where we'll examine the essentials for choosing AI technology that aligns with your organization's unique requirements. Whether you're looking to streamline administrative processes, enhance clinical decision-making, or personalize patient interventions, this session will provide practical guidance on navigating the complexities of adopting AI for behavioral health. **Wednesday, October 9, 2024, 12pm CT** [Register](#)
4. **New Liability and Risk Considerations When Adopting AI Technology** – Join us for an insightful webinar where we explore the critical liability and risk considerations involved in integrating AI technology into behavioral health settings. Our expert panel will provide practical guidance on navigating these challenges to ensure responsible and effective AI adoption. **Friday, October 25, 2024, 12pm CT** [Register](#)
5. **New Most Adults in a Religious Community Would Seek Mental Health Care if Faith Leader Advised It** – Nearly seven in ten adults who belong to a religious community would likely seek mental health care if a leader in their religious community recommended it, according to APA's latest Healthy Minds poll. [Read More](#)
6. **New Brief Inpatient CBT Significantly Lowers Future Suicide Attempt Risk, Study Finds** – Adding four sessions of cognitive-behavioral therapy (CBT) to standard suicide prevention treatment at an inpatient hospital can significantly reduce the risk of future suicide attempts, reports a study in *JAMA Psychiatry*. [Read More](#)
7. **New Prescription Amphetamines Pose Dose-Dependent Risk for First-Time Psychosis or Mania** – Young people taking prescription amphetamines were nearly three times more likely to develop first-episode psychosis or incident mania than those taking methylphenidate, according to a study issued by *AJP in Advance*. [Read More](#)
8. **New Practical Guide for Implementing a Trauma-Informed Approach** - This practical guide updates and expands the discussion presented in SAMHSA's *Concept of Trauma and Guidance for a Trauma-Informed Approach* Resource from 2014. The primary goal of this guide is to provide implementation strategies across multiple domains based on the original publication. [Read More](#)

9. **New NRI's Tobacco Cessation Resources** - Adults with behavioral health conditions represent 25% of the U.S. population but account for 40% of all cigarettes smoked in the U.S. Inpatient psychiatric hospitals have been making strides in quickly identifying tobacco users at the point of admission and providing treatment to support recovery from tobacco use. But this momentum is not continuing through the point of discharge planning to ongoing recovery self-management for our clients. NRI is continuing a commitment to help psychiatric facilities to become more effective in engaging clients in tobacco use change. [Read More](#)
10. **New Approaches and Challenges to Assessing Risk of Violence in First Episode Psychosis: A Qualitative Interview Study of Clinicians, Patients and Careers** – Researchers recommend developing contextually appropriate pathways to collaboratively assess violence risk and identify modifiable needs to reduce this risk, and for practical improvements in training and information-sharing. [Read More](#)
11. **New Parental Mental Health and Teen Substance Use** - Parental mental health significantly influences the overall well-being of their children, impacting their development, behavior, and life choices. Being a parent or other caregiver is a challenging job that requires you to be healthy in both body and mind. One of the most critical areas where the mental health of parents plays an important role is in the prevention of teen substance use. This article explains why parental mental health is important and how not treating it can put their children at risk. [Read More](#)
12. **New Prevention Tips for Every Age** - As a parent, you are the biggest influence in your child's life and having open, honest conversations is one of the most powerful ways to connect with your kids and help them develop into healthy adults. When addressing some more challenging topics – like nicotine, alcohol or drugs – it's not about having a one-time "drug talk," but rather tackling the subject through more frequent, organic conversations that evolve as your child gets older. [Read More](#)
13. **New Alcohol Resources** – A collection of information from preventing underage drinking to having difficult conversations with a loved one. [Read More](#)

## ***TRAINING OPPORTUNITIES***

1. **Postpartum and Infant Year One: Center on the Dyad (Part 1)** – In this two-part presentation, we will introduce the concept of the 4<sup>th</sup> trimester. This first session will focus on the immediate post-birthing hospitalization with an emphasis on dyadic care. This includes but is not limited to equitable access to and outcomes from culturally and linguistically effective evidence-informed infant care for SEN, early attachment supports, chronic disease management, and warm handoffs for parent and infant continuing care. **Monday, October 7, 2024, 11am CT.** [Register](#)
2. **PREPaRE Workshop 2, Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals** – This two-day workshop provides school based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event. With updated research and crisis intervention strategies, this workshop teaches participants how to prevent and prepare for psychological trauma, helps to reaffirm both the physical health of members of the school community and students' perceptions that they are safe and secure, elevates the degree of psychological trauma, responds to the psychological needs of members of the school community using a multi-tiered approach to crisis intervention, and examines the effectiveness of school crisis intervention and recovery efforts. This workshop is an excellent course for all mental health professionals who provide school mental health crisis intervention services.
  - **Monday-Tuesday, October 7-8, 2024, in Springfield** [Register](#)
  - **Tuesday-Wednesday, January 14-15, 2025, in Joplin** [Register](#)
  - **Tuesday-Wednesday, February 4-5, 2025, in Kansas City** [Register](#)
  - **Wednesday-Thursday, March 5-6, 2025, in St. Peters** [Register](#)
  - **Tuesday-Wednesday, April 1-2, 2025, in Jefferson City** [Register](#)

3. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)  
**Learning Objectives:**
  - Understand what dual diagnosis means for people with BHIDD
  - Have an understanding of how to assess mental illness in people with IDD
  - Understand how to support physical health, wellness, and aging and prevent risk over time
  - Learn how to adapt therapy for IDD clients**Virtual Session Details:**
  - **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
  - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
4. **Choosing the Right AI Technology for your Organization** – Join us for an insightful webinar where we will examine the essentials for choosing AI technology that aligns with your organization’s unique requirements. **Wednesday, October 9, 2024, 12pm CT.** [Register](#)
5. **Building a Resilient Workforce Learning Series** – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. [Register](#)
  - **Wednesday, October 9, 2024, 1pm-2:15pm CT**
  - **Thursday, November 7, 2024, 1pm-2:15pm CT**
  - **Monday, December 9, 2024, 1pm-2:15pm CT**
6. **Navigating the Complexities of the Nurse Manager Role** - Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** [Register](#)
7. **New Harm Reduction Training** – Learn about having harm reduction conversations and applying skills in your work and life. **Friday, October 11, 2024, 12pm CT** [Register](#)
8. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#) now for the following virtual training dates:
  - **Tuesday-Wednesday, October 15-16, 2024**
  - **Monday-Tuesday, December 9-10, 2024**
9. **National Disability Employment Awareness Month (NDEAM) Celebration Event** - Join others for an event celebrating National Disability Employment Awareness Month with a Keynote Speech from Lydia Olmsted, a Musical Performance by Kayla Patek, Assistive Device Demonstrations, along with other exhibitors and refreshments. The National Disability Employment Awareness Month (NDEAM) Celebration is a reminder of our dedication to promoting equal employment opportunities for individuals with disabilities. It serves as a powerful testament to the ongoing efforts to provide workers with disabilities access to meaningful and fulfilling jobs. That is the inspiration behind this year’s NDEAM theme: “Access to Good Jobs for All”. **Monday, October 21, 2024, Harry S. Truman Building room 490-492 at 11:00 a.m.** [Learn More](#)
10. **SPARK 2024 Conference** – This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector’s impact and help all families and communities thrive. This in-person event will elevate



important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. **October 20-22, 2024** [Register](#)

11. **CoE-TFR Webinar: Getting to Next Level Outcomes – The Important Role that Peers Play in Supporting Tobacco-Free Recovery** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [National Center of Excellence for Tobacco-Free Recovery \(CoE-TFR\)](#) is hosting a webinar on [Getting to the Next Level Outcomes – The Important Role that Peers Play in Supporting Tobacco-Free Recovery](#). This no-cost webinar is on **October 22, at 1pm CT**. The webinar is intended for peer support specialists, recovery coaches, and peer supervisors and will describe the critical role peers play in addressing commercial tobacco use and social norms around tobacco-free recovery in mental health and substance use disorder (SUD) settings. Learning objectives include:
  - “Describe the role of a peer support specialist/peer recovery coach in a behavioral health setting
  - Explore the evidence and importance of integrating peer-driven support services as part of a coordinated system of care to support people on their quit journey
  - Discuss barriers, challenges, and opportunities to leverage peers to support Tobacco-Free Recovery”
12. **2023 MH-CLD/MH-TEDS Data Reporting Results** – The webinar is open to all state data staff, state MH planners, and other state leaders interested in learning about the trends and results from the 2023 Mental Health Client Level Data collection. **Wednesday, October 23, 2024, 2-3:30pm CT** [Register](#)
13. **2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis** – Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this [flyer](#). **Wednesday-Friday, October 23-25, 2024** [Register](#)
14. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024** [Register](#)
15. **Liability and Risk Considerations When Adopting AI Technology** – This webinar will explore the critical liability and risk considerations involved in integrating AI technology into behavioral health settings. **Friday, October 25, 2024, 12pm CT** [Register](#)
16. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. [Register](#)
  - **Friday, October 25, 2024, 10am CT**
17. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. [Register](#)
  - **Wednesday, October 30, 2024, 10-11am CT**
  - **Wednesday, January 29, 2025, 10-11am CT**
  - **Wednesday, April 30, 2025, 10-11am CT**
18. **St. Louis Harm Reduction Training Day** – The UMSL-MIMH Addiction Science Team will be hosting a **free, in-person, full-day harm reduction training event** for individuals and teams who work with people who use drugs. There will be **full and half-day training options** available. **Friday, November 1, 2024, 9am-5pm CT** [Register](#) and see the [full schedule](#).

19. **The 65<sup>th</sup> National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. *Sunday-Wednesday, November 3-6, 2024.* [Register](#)
20. **Missouri Rural Health Conference** – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year’s conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. *Wednesday-Thursday, November 6-7, 2024.* [Register](#)
21. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. [Register](#)
  - *Wednesday, November 6, 2024, 10-11am CT*
  - *Wednesday, February 5, 2025, 10-11am CT*
  - *Wednesday, May 7, 2025, 10-11am CT*
22. **Postpartum and Infant Year One: Center on the Dyad (Part 2)** – This final session will focus on ensuring equitable access to and outcomes from ongoing culturally and linguistically effective mental health, substance use, and physical health care for infant and dyad, including but not limited to developmental milestones and vaccination. *Friday, November 8, 2024, 11am CT.* [Register](#)
23. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. [Register](#)
  - *Tuesday, November 12, 2024, 10-11:30am CT*
  - *Tuesday, February 11, 2025, 10-11:30am CT*
  - *Tuesday, May 13, 2025, 10-11:30am CT*
24. **2024 Missouri Substance Use Prevention Conference** – [Save the date](#) – St. Charles Convention Center, *Wednesday-Thursday, November 13-14, 2024.* Registration is now open! [Register](#)
25. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
  - *Thursday, November 28, 2024, 2pm CT*

## **RECURRING TRAINING OPPORTUNITIES**

1. **PCSS-MAUD Online Module: Assessment and Management of Alcohol Withdrawal** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medications for Alcohol Use Disorder \(PCSS-MAUD\)](#) recently released an online training module on [Assessment and Management of Alcohol Withdrawal](#). This 1.5 hour on-demand training module is designed for clinical healthcare professionals who prescribe medications for alcohol use disorder (MAUD) in outpatient and inpatient settings and offers strategies regarding the assessment, management, and treatment of Alcohol Withdrawal Syndrome (AWS). Specifically, the module discusses the neurobiology of AWS, outpatient and hospital managements of AWS using evidence-based pharmacotherapy and behavioral therapies, and patient-centered goal setting through individualized care plans. Learning objectives include:
  - “Examine the neurobiological mechanisms underlying alcohol withdrawal syndrome.

- Recognize the clinical signs, symptoms, and risk factors for alcohol withdrawal syndrome.
  - Determine the appropriateness of outpatient or hospital management for a given patient with alcohol withdrawal syndrome.
  - Develop a comprehensive treatment plan for a patient with alcohol withdrawal syndrome.
  - Create patient-centered goals for individuals with alcohol use disorder.”
2. **ECHO Autism: Behavior Solutions in Hospitals** – Registration is now open for the Echo Autism: Behavior Solutions in Hospitals program. This free program is open to **Missouri hospital-based healthcare team members including mental healthcare and emergency department team members**. This program will review best practices for interfering behaviors, managing medical conditions including psychiatric conditions, connecting with community resources and family/caregiver support and more. It starts with on-demand training videos, a live program kickoff via zoon on **October 7**, and regular sessions **each Monday from October 14 through November 18**. Free continuing education credits are available. [Register here](#). If you have questions about this program, please contact Melinda Odum, at [odumm@health.missouri.edu](mailto:odumm@health.missouri.edu).
  3. **On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder** – This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers. [Click here](#) for On-Demand training.
  4. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. [Register](#)
  5. **Certified Peer Specialist (CPS) ECHO** – The [CPS Echo](#) is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**
  6. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors. FREE [Communities of Practice](#)
  7. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
  8. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
  9. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)

10. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact [Kreasha.Williams@uhkc.org](mailto:Kreasha.Williams@uhkc.org)
11. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
12. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
13. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
  - **November 28, 2024, 2pm CT**
14. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
15. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
16. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
17. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
18. **Peer Supervision Training – ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
19. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to

identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)

20. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- Certified Peer Specialist Basic Training – [Register](#)
- Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

21. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)