

DBH Updates, Notices, and Policy Guidance September 27, 2024

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

- 1. **New Missouri Suicide Prevention Coalition Academy** Missouri community suicide prevention coalitions are invited to apply to participate in the Missouri Suicide Prevention Coalition Academy. The academy is designed to increase coalitions' capacity to implement sustainable evidence-based suicide prevention efforts in their communities. Objectives of the academy are to:
 - Provide coalitions with information and skills necessary to be successful;
 - Assist coalitions in developing strategic plans and implementing strategies for effective suicide prevention;
 - Create collaborations between community coalitions throughout Missouri.

There is no cost to participants to attend the academy. Applications are due **January 31, 2025**. To learn about the academy, eligibility requirements, and to download the application, visit: <u>Missouri Suicide Prevention Coalition Academy</u>. Information webinars will be held to provide more information. Register here: <u>2025 Suicide Prevention Coalition Academy Webinars</u>.

- 2. **New Early Childhood Summit** The Department of Mental Health Children's Office is inviting you to attend the quarterly Early Childhood Summit. The Summit will provide a space to:
 - Expand understanding of entire scope and breadth of services needed for Maternal Child Health, Infant and Early Childhood Wellbeing.
 - Explore organizations and programs intersections in serving infant, toddlers, preschoolers, and caregivers.
 - Discuss gaps in services and supports.

Caring and Supporting infants, young children, and caregivers requires a complex system that takes all of us to serve the youngest citizens and their caregivers in the state.

Lunch will be provided. Indicate dietary needs in RSVP to Shannon Bedsworth at Shannon.Bedsworth@dmh.mo.gov by Monday October 7. The Summit will take place on *Friday, October 11, 2024, 10am-3pm* at Central Office.

3. **New MHD - Applied Behavior Analysis (ABA) in School Setting – Services Not Under the Individuals with Disabilities Education Act (IDEA) –**

Applies to: ABA Providers Effective date: August 1, 2024

- ABA Update School as Place of Service
- Guidelines and Limitations ABA Services not under the IDEA
- Provider Enrollment

ABA Update – School as a Place of Service

Effective for dates of service on or after August 1, 2024, MO HealthNet enrolled providers may deliver non-IDEA ABA services in school settings. Place of Service code 03 (School) must be reported on claims when services are provided in a school setting.

When ABA services are provided under Section 504 of the Rehabilitation Act of 1973 and not through an individualized education program (IEP) under the Individuals with Disabilities Education Act (IDEA), to a child who is

otherwise MO HealthNet eligible, those services may be billed by a MO HealthNet eligible provider under this provision if all requirements have been met.

ABA services are covered by MHD through the Fee-For-Service (FFS) delivery system, even if the participant is enrolled in an MHD Management Care health plan. Read More

4. New MHD Telemedicine Place of Service (POS) Codes -

Applies to: All providers performing services using Telemedicine

Effective date: December 22, 2024

- Adding POS 10 (Telemedicine Provided in Patient's Home) and 27 (Outreach Site/Home)
- Updating POS 02

Adding POS 10 (Telemedicine Provided in Patient's Home) and 27 (Outreach Site/Home)

Effective December 22, 2024, the MO HealthNet Division (MHD) will accept POS 10 and 27 on Telemedicine claims. POS 10 indicates that services are provided to the patient in their home. POS 27 indicates that services are provided to the patient at an outreach site/street, such as a non-permanent location on the street or found environment. **Updating POS 02**

Effective December 22, 2024, POS 02 will indicate that telemedicine services are being provided to a patient outside of their home, in a location such as a hospital or other facility. Read More

5. CMS Region 7 Conjoined Behavioral Health and Community and Faith-Based Hybrid Meeting – REMINDER! If you are planning to travel for this special hybrid meeting it will be held at our CMS Regional office, located at the Richard Bolling Federal Building, 601 E. 12th Street, Kansas City, MO 64106. We ask that all participants who plan to attend this meeting in-person, please register for this event so we know how many of our valuable partners to expect. A finalized agenda for this event will be sent closer to the event day. Thursday, October 24, 2024, at 10am CT Register

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

- 1. Grant Resources:
 - Nonprofit Grant Program | Department of Economic Development (mo.gov)
 - Grants Management St. Louis Community Foundation (stlgives.org)
 - Missouri Grants for Nonprofits, Businesses and Individuals GrantWatch
 - Grant Eligibility | Grants.gov
 - Grants | SAMHSA
- 2. MO GME Grant Program to Expand Residency Slots The Missouri Department of Health and Senior Services (DHSS) the Missouri Graduate Medical Education First Program (MO GME Grant Program) application is now open for application submission. The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025 for the following specialties:
 - Family Medicine
 - Internal Medicine
 - Obstetrics/Gynecology
 - Pediatrics
 - Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: Missouri Graduate Medical Education Grant Program Application.

INFO & RESOURCES

- 1. New SAMHSA Releases "Connected and Strong" Compendium: 10 Technical Assistance Briefs to Foster Unity and Strengthen Continuity Across Crisis Response and Treatment Systems The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released the Connected and Strong Compendium: 10 Technical Assistance Briefs to Foster Unity and Strengthen Continuity Across Crisis Response and Treatment Systems. The compendium of ten papers, authored by subject matter experts, outlines key components and strategies to advance SAMHSA's vision of a connected and comprehensive mental health and substance use disorder (SUD) crisis care system. Specifically, the compendium highlights specific strategies building on the core principles within SAMHSA's National Guidelines for Behavioral Health Crisis Care and Youth Crisis Guidelines to connect fragmented crisis care systems. The papers comprising the compendium include:
 - "Connected and Strong: Strategies for Accessible and Effective Crisis and Mental Health Services
 - Peer Support Services Across the Crisis Continuum
 - Growing and Strengthening the Behavioral Health Crisis Response Workforce
 - Crisis Services: General Medial and Psychiatric Approaches to Care Delivery
 - Innovative Uses of Technology to Enhance Access to Services Within the Crisis Continuum
 - Crisis Systems Coordination and Collaboration: Leveraging Strengths and Opportunity of 988 and 911
 - Facilitating Rapid Access to Outpatient Mental Health and Substance Use Care
 - Increasing Equitable Access to Care for Co-Occurring Mental Health and Substance Use Disorders
 - Intersectionality: Faith, Mental Health, and Community Partnerships
 - Long COVID and High-risk Populations"
- 2. New CoE-PHI Resource: Federal Privacy Protections for Patients Receiving SUD Treatment Services in Integrated Settings The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded Center of Excellence for Protected Health Information (CoE-PHI) highlights a past resource on Federal Privacy Protection for Patients Receiving SUD Treatment Services in Integrated Settings. The resource is intended for substance use disorder (SUD) services providers in integrated care settings, such as community mental health centers (CMHS) and certified community behavioral health centers (CCBHCs), and outlines privacy protections around sharing patients' SUD treatment records as it relates to care coordination under 42 CFR Part 2. Key points include:
 - "Part 2 may apply to individual provider(s) or unit(s) within the CMHC or CCBHC, but not the entire entity.
 - Part 2 only applies to information that identifies someone as seeking or receiving services from a Part 2 program within the CMHC or CCBHC.
 - In order for the Part 2 program to share information with other providers in the CMHC or CCBHC, written patient consent is generally required."
- 3. New CDC Study Examines Impact of Select County-Level Factors on Suicide Rates in the US The Centers for Disease Control and Prevention (CDC) published a study in Morbidity and Mortality Weekly Report on Vital Signs: Suicide Rates and Selected County-Level Factors United States, 2022. The study used data on suicide rates from the 2022 National Vital Statistics System (NVSS) to evaluate the impact of select county-level factors on suicide rates across the US. Specifically, the study compared suicide rates across three county-level factors: health insurance coverage, broadband internet access, and household income. The study found that average suicide rates were inversely related to the three county-level factors, with average suicide rates being lowest in the counties with higher health insurance coverage, broadband internet access, and household income. Other key findings include:
 - "In 2022, a total of 49,476 suicides occurred in the United States.
 - Suicide rates were highest in counties in the lowest tertile of health insurance coverage (16.4), broadband internet access (19.2), and household income (15.2), followed by counties in the intermediate tertiles (14.3, 16.5, and 14.8, respectively).
 - The lowest suicide rates occurred in counties in the highest tertiles (13.0, 13.3, and 13.5, respectively).
 - These findings correspond to 26%, 44%, and 13% lower suicide rates in counties in the highest versus lowest tertiles of health insurance coverage, broadband Internet access, and household income, respectively."

The study also analyzed the impact of the county-level factors on suicide rates across demographic groups. The authors call for a comprehensive approach to suicide prevention that addresses upstream community risk and protective factors to address community-specific needs that contribute to suicide risk, particularly for disproportionately affected populations.

TRAINING OPPORTUNITIES

- HIV Basics Objectives of this free live webinar: Define Sexual Health; Review current national and regional HIV statistics; Review Ending the HIV Epidemic Goals and Plans; Explain HIV basics, testing/treatment and prevention; and Discuss the need for trauma-informed practices and anti-stigmatizing language. *Monday, September 30, 2024, 1:00-3:00 CT.* Register
- 2. **Translating Equity, Diversity and Inclusion Practice into Action** This virtual learning series is designed for staff who are leading their organizations' EDI efforts and want to grow their understanding and application of key EDI concepts.
 - Psychological Safety and Equity *Tuesday, October 1, 2024, 11am-1pm CT* Register
- 3. Al to Support our Workforce Artificial intelligence (AI) technologies are poised to enhance the mental health and substance use workforce's ability to meet growing demands for services with more efficient and effective care and reduced administrative burdens. This webinar will explore what AI can do and how it can support you. *Tuesday, October 1, 2024, 1pm CT.* Register
- 4. New ONDCP Webinar: 2024 HIDTA Prevention Summit The White House Office of National Drug Control Policy (ONDCP)-funded Washington/Baltimore High Intensity Drug Trafficking Area (HIDTA), in collaboration with <u>A Division for Advancing Prevention and Treatment (ADAPT)</u>, is hosting the <u>2024 HIDTA Prevention Summit</u>. This no-cost, virtual summit is on *October 3, from 7:30am-4pm CT*. The summit will outline the fundamental pillars and principles of a school-based prevention system that builds capacity to address today's drug landscape through community partnerships with coalitions, non-profit organizations, and law enforcement. The Summit's goals include:
 - "Present advances in substance use prevention science, policy, and strategies in the context of national substance threats.
 - Illustrate the influence of positive youth experiences in preventing youth substance use and other risk behaviors.
 - Describe the fundamental components and principles of a school-based prevention system.
 - Examine key considerations for integrating fentanyl education and naloxone training into secondary schools based on the best available evidence.
 - Identify ways in which coalitions, law enforcement, and non-profit organizations can support school-based prevention efforts.
 - Discuss the impact of a multi-state social norms media campaign in middle schools and important implementation considerations."
- 5. **Vibrant Behavioral Health Conference** We the Resilient: A conference on disaster behavioral health and building a truly resilient community. *Tuesday-Thursday, October 1-3, 2024* in Nashville. <u>Register</u>
- 6. The Youth Protective Factors Study: Risk, Strengths, and Reoffending This is an unprecedented multistate, multiyear examination of the risk and protective factors that most influence reoffending particularly serious offenses that involve physical harm to others among youth ages 10 to 23 in the juvenile justice system.
 Wednesday, October 2, 2024, 1pm CT. Register
- 7. Cognitive Processing Therapy: Real World Applications This seminar will focus on providing an overview of Cognitive Processing Therapy, an evidence-based treatment for adults experiencing trauma disorder symptoms. In this presentation, we review the overall structure of the manualized treatment protocol, providing case example highlights throughout to better illustrate important points. Wednesday, October 3, 2024, 1pm-4pm CT. Register

- 8. New How to Help When a Loved One Won't Seek Mental Health Treatment: The Family Well-Being Approach A substantial portion of individuals with anxiety, depression, and other mental health problems do not seek the help they need. Family and friends struggle to understand why, especially when the disorder negatively impacts their lives. They may wrongfully conclude the treatment refuser is willfully choosing to be impaired, which can lead to counterproductive reactions and result in family conflict. This book explains why some people behavior in ways that are incompatible with recovery and offers suggestions for how to respond constructively. Friday, October 4, 2024, 1pm CT Register
- 9. **New Missouri Addiction Counselors Association Fall 2024 Conference –** Recovery, it's all about progress. This conference will be held at Camden on the Lake in Lake Ozark. **Friday-Sunday, October 4-6, 2024** Register
- 10. Postpartum and Infant Year One: Center on the Dyad (Part 1) In this two-part presentation, we will introduce the concept of the 4th trimester. This first session will focus on the immediate post-birthing hospitalization with an emphasis on dyadic care. This includes but is not limited to equitable access to and outcomes from culturally and linguistically effective evidence-informed infant care for SEN, early attachment supports, chronic disease management, and warm handoffs for parent and infant continuing care. *Monday, October 7, 2024, 11am CT*.

 Register
- 11. New PREPare Workshop 2, Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals This two-day workshop provides school based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event. With updated research and crisis intervention strategies, this workshop teaches participants how to prevent and prepare for psychological trauma, helps to reaffirm both the physical health of members of the school community and students' perceptions that they are safe and secure, elevates the degree of psychological trauma, responds to the psychological needs of members of the school community using a multitiered approach to crisis intervention, and examines the effectiveness of school crisis intervention and recovery efforts. This workshop is an excellent course for all mental health professionals who provide school mental health crisis intervention services.
 - Monday-Tuesday, October 7-8, 2024, in Springfield Register
 - Tuesday-Wednesday, January 14-15, 2025, in Joplin Register
 - Tuesday-Wednesday, February 4-5, 2025, in Kansas City Register
 - Wednesday-Thursday, March 5-6, 2025, in St. Peters Register
 - Tuesday-Wednesday, April 1-2, 2025, in Jefferson City Register
- 12. Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. Click to register for the collaborative

Learning Objectives:

- Understand what dual diagnosis means for people with BHIDD
- Have an understanding of how to assess mental illness in people with IDD
- Understand how to support physical health, wellness, and aging and prevent risk over time
- Learn how to adapt therapy for IDD clients

Virtual Session Details:

- Tuesday, October 8, 2024: Substance Use Disorder and IDD
- Wednesday, October 23, 2024: Adapting Therapy with IDD Clients (including alternative therapies)
- 13. Choosing the Right Al Technology for your Organization Join us for an insightful webinar where we will examine the essentials for choosing Al technology that aligns with your organization's unique requirements. *Wednesday, October 9, 2024, 12pm CT.* Register

- 14. Building a Resilient Workforce Learning Series As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Register
 - Wednesday, October 9, 2024, 1pm-2:15pm CT
 - Thursday, November 7, 2024, 1pm-2:15pm CT
 - Monday, December 9, 2024, 1pm-2:15pm CT
- 15. Navigating the Complexities of the Nurse Manager Role Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. *Wednesday-Thursday, October 9-10, 2024* Register
- 16. Youth Peer Specialist Training A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. Register now for the following virtual training dates:
 - Tuesday-Wednesday, October 15-16, 2024
 - Monday-Tuesday, December 9-10, 2024
- 17. National Disability Employment Awareness Month (NDEAM) Celebration Event Join others for an event celebrating National Disability Employment Awareness Month with a Keynote Speech from Lydia Olmsted, a Musical Performance by Kayla Patek, Assistive Device Demonstrations, along with other exhibitors and refreshments. The National Disability Employment Awareness Month (NDEAM) Celebration is a reminder of our dedication to promoting equal employment opportunities for individuals with disabilities. It serves as a powerful testament to the ongoing efforts to provide workers with disabilities access to meaningful and fulfilling jobs. That is the inspiration behind this year's NDEAM theme: "Access to Good Jobs for All". *Monday, October 21, 2024, Harry S. Truman Building room 490-492 at 11:00 a.m.* Learn More
- 18. SPARK 2024 Conference This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector's impact and help all families and communities thrive. This in-person event will elevate important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. October 20-22, 2024 Register
- 19. New CoE-TFR Webinar: Getting to Next Level Outcomes The Important Role that Peers Play in Supporting Tobacco-Free Recovery The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded National Center of Excellence for Tobacco-Free Recovery (CoE-TFR) is hosting a webinar on Getting to the Next Level Outcomes The Important Role that Peers Play in Supporting Tobacco-Free Recovery. This no-cost webinar is on October 22, at 1pm CT. The webinar is intended for peer support specialists, recovery coaches, and peer supervisors and will describe the critical role peers play in addressing commercial tobacco use and social norms around tobacco-free recovery in mental health and substance use disorder (SUD) settings. Learning objectives include:
 - "Describe the role of a peer support specialist/peer recovery coach in a behavioral health setting
 - Explore the evidence and importance of integrating peer-driven support services as part of a coordinated system of care to support people on their quit journey
 - Discuss barriers, challenges, and opportunities to leverage peers to support Tobacco-Free Recovery"
- 20. New 2023 MH-CLD/MH-TEDS Data Reporting Results The webinar is open to all state data staff, state MH planners, and other state leaders interested in learning about the trends and results from the 2023 Mental Health Client Level Data collection. Wednesday, October 23, 2024, 2-3:30pm CT Register

- 21. 2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this flyer. Wednesday-Friday, October 23-25, 2024 Register
- 22. Peer Summit Elevating Professionalism Together This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. *Thursday-Friday, October 24-25, 2024* Register
- 23. Liability and Risk Considerations When Adopting AI Technology This webinar will explore the critical liability and risk considerations involved in integrating AI technology into behavioral health settings. Friday, October 25, 2024, 12pm CT Register
- 24. Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. Register
 - Friday, October 25, 2024, 10am CT
- 25. **Assessment 101-A First Episode Psychosis Screening** This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. Register
 - Wednesday, October 30, 2024, 10-11am CT
 - Wednesday, January 29, 2025, 10-11am CT
 - Wednesday, April 30, 2025, 10-11am CT
- 26. St. Louis Harm Reduction Training Day The UMSL-MIMH Addiction Science Team will be hosting a free, in-person, full-day harm reduction training event for individuals and teams who work with people who use drugs. There will be full and half-day training options available. Friday, November 1, 2024, 9am-5pm CT Register and see the full schedule.
- 27. **The 65th National Dialogues on Behavioral Health** Successful strategies to support individuals with complex needs to improve outcomes. *Sunday-Wednesday, November 3-6, 2024.* Register
- 28. Missouri Rural Health Conference Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year's conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. Wednesday-Thursday, November 6-7, 2024. Register
- 29. Assessment 101-B Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. Register
 - Wednesday, November 6, 2024, 10-11am CT
 - Wednesday, February 5, 2025, 10-11am CT
 - Wednesday, May 7, 2025, 10-11am CT
- 30. Postpartum and Infant Year One: Center on the Dyad (Part 2) This final session will focus on ensuring equitable access to and outcomes from ongoing culturally and linguistically effective mental health, substance use, and

physical health care for infant and dyad, including but not limited to developmental milestones and vaccination. *Friday, November 8, 2024, 11am CT.* Register

- 31. Psychosis 101 Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources.

 Register
 - Tuesday, November 12, 2024, 10-11:30am CT
 - Tuesday, February 11, 2025, 10-11:30am CT
 - Tuesday, May 13, 2025, 10-11:30am CT
- 32. **2024 Missouri Substance Use Prevention Conference** <u>Save the date</u> St. Charles Convention Center, *Wednesday-Thursday, November 13-14, 2024*. Registration is now open! <u>Register</u>
- 33. Culturally Competent Community of Learning (CCCL) Information Exchange Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: Register
 - Thursday, November 28, 2024, 2pm CT

RECURRING TRAINING OPPORTUNITIES

- 1. New PCSS-MAUD Online Module: Assessment and Management of Alcohol Withdrawal The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded Providers Clinical Support System Medications for Alcohol Use Disorder (PCSS-MAUD) recently released an online training module on Assessment and Management of Alcohol Withdrawal. This 1.5 hour on-demand training module is designed for clinical healthcare professionals who prescribe medications for alcohol use disorder (MAUD) in outpatient and inpatient settings and offers strategies regarding the assessment, management, and treatment of Alcohol Withdrawal Syndrome (AWS). Specifically, the module discusses the neurobiology of AWS, outpatient and hospital managements of AWS using evidence-based pharmacotherapy and behavioral therapies, and patient-centered goal setting through individualized care plans. Learning objectives include:
 - "Examine the neurobiological mechanisms underlying alcohol withdrawal syndrome.
 - Recognize the clinical signs, symptoms, and risk factors for alcohol withdrawal syndrome.
 - Determine the appropriateness of outpatient or hospital management for a given patient with alcohol withdrawal syndrome.
 - Develop a comprehensive treatment plan for a patient with alcohol withdrawal syndrome.
 - Create patient-centered goals for individuals with alcohol use disorder."
- 2. ECHO Autism: Behavior Solutions in Hospitals Registration is now open for the Echo Autism: Behavior Solutions in Hospitals program. This free program is open to Missouri hospital-based healthcare team members including mental healthcare and emergency department team members. This program will review best practices for interfering behaviors, managing medical conditions including psychiatric conditions, connecting with community resources and family/caregiver support and more. It starts with on-demand training videos, a live program kickoff via zoon on October 7, and regular sessions each Monday from October 14 through November 18. Free continuing education credits are available. Register here. If you have questions about this program, please contact Melinda Odum, at odumm@health.missouri.edu.
- 3. On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers. Click here for On-Demand training.

- 4. On Demand: Substance Use Among Individuals with Eating Disorders Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. Register
- 5. Certified Peer Specialist (CPS) ECHO The <u>CPS Echo</u> is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. First and third Wednesday of every month from 11am-12pm CT
- 6. Peer Recovery Center of Excellence Monthly Community of Practice calls for peers and peer supervisors. FREE Communities of Practice
- 7. **ASAM Fundamentals of Addiction Medicine** The ASAM Fundamentals of Addiction Medicine is an 8-hour, ondemand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. Register
- 8. The ASAM Pain & Addiction: Essentials This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. Register
- 9. **ASAM Motivational Interviewing Mini Courses** ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. Register
- 10. **Culturally and Linguistically Appropriate Services** Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
- 11. HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals —
 These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. Learn more and register here
- 12. Monthly Tobacco Use Disorder Integration Office Hours Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. Second Tuesday of every month from 1:30pm-2:30pm CT. Register

- 13. Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing

 Justice You can choose to attend one or more of the following Thursday sessions. Register
 - November 28, 2024, 2pm CT
- 14. NAMI-Parents Supporting Parents Group Prepping Mental Health for School Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. Register
- 15. NAMI Basics NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. Register
- 16. **Family Support Provider Training** A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. Register
- 17. **Youth Peer Specialist (YPS)** The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.

 Register
- 18. Peer Supervision Training ALL ONLINE Self Study Course Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 19. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 20. 2024 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS
 or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being
 offered during the current quarter. Register
- 21. 2024 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register