

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **August 23, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New DBH Memos: PDMP and PASRR** – Two new memos have been issued from the Division of Behavioral Health. Please find them here, under active memos: [DBH Policy and Procedures](#)
Topics addressed include:
 - PDMP requirement information: [CCBHC New Criteria, Prescription Drug Monitoring Program Memo](#)
 - PASRR process and documentation requests: [Behavioral Health Provider Agencies and PASRR](#)
2. **New Summer 2024 Prevention Newsletter** – Prevention Services have developed a newsletter. This is the first issue! [Read More](#)
3. **New Suicide Prevention Awareness Month** – The month of September is recognized as Suicide Prevention Awareness Month. Throughout the month of September community members, organizations, and health professionals share suicide prevention resources, promote crisis helplines, host community suicide prevention events, and support community members who have been impacted by suicide. We can all take action to prevent suicide in our communities. This September, join your community to raise awareness of suicide. Visit the [Suicide Abuse and Mental Health Services Administration's Suicide Prevention Month](#) webpage to learn more about this observance. Join a local [Out of the Darkness Walk](#). To learn more about suicide prevention visit:
<https://dmh.mo.gov/behavioral-health/suicide-prevention>
<https://www.nimh.nih.gov/health/topics/suicide-prevention>
https://www.cdc.gov/suicide/risk-factors/?CDC_AAref_Val=https://www.cdc.gov/suicide/factors/index.html
4. **New Older Youth/Young Adult Survey** – We want to cast a wide net! Please complete the survey at the link below and forward it to anyone who you'd like to provide input and feedback on services and supports for older youth/young adults. This might include colleagues, agency leadership, direct care providers, families, young people, contracted providers, etc. Thank you to everyone for all your efforts supporting young people in Missouri. [YA Survey](#)
5. **New Early Psychosis Care Center Newsletter | Quarter 3** – This quarter, the focus is on the importance of Peer Specialists, our Youth Advisory Council (YAC), and our upcoming events. All links for registration and links to resources are provided within the newsletter. [Read More](#) (This link is the Canva of the newsletter – it will be posted on their website in the near future)
6. **New September is National Recovery Month** – The [2024 National Recovery Month Toolkit](#) is here! The toolkit offers various assets, such as social media posts and shareable graphics, that will help you raise awareness about the information and resources SAMHSA offers to support people with mental health and substance use conditions in their journey to recovery.

7. **New MO HealthNet Pharmacy Provider Update** – Effective September 6, 2024, brand name Adderall XR® will no longer be preferred on the MO HealthNet Preferred Drug List (PDL). Dextroamphetamine/Amphetamine ER capsules (generic Adderall XR®) is currently a preferred agent on the PDL and will continue to remain a preferred agent. Please reference the [List of Preferred & Non-Preferred Products](#), as well as the [ADHD, Amphetamines Long Acting PDL Edit](#), for more information. Maximum Allowable Cost (MAC) rates will apply to brand and generic products. Providers who dispense the brand product without PA (based on medical necessity) will receive the MAC reimbursement.
8. **New Coming Soon! The MMAC Provider Communications Portal** – On August 29, 2024, Missouri Medicaid Audit & Compliance (MMAC) will launch the new Provider Communications Portal. The Portal will be a secure, efficient method for providers and MMAC to communicate and exchange information and records. The new Portal will allow providers to do the following:
- Submit questions to MMAC and retain for future reference
 - Submit forms and supporting documentation for lost or destroyed records
 - Submit required quarterly and annual reports and audits
 - Submit other MMAC forms
 - Securely upload documents electronically
 - Update and maintain contact information, also allowing for multiple contacts
 - Submit anonymous complaints or fraud referrals
 - Choose to receive targeted emails for specific provider types and retain these communications
 - Receive text messages and/or emails advising of important program information requiring attention
 - Receive courtesy reminders of revalidation due dates or reports due
 - Research Frequently Asked Questions
- Once posted, providers will need to register online to access the Portal. More information will be shared soon. For questions, visit the [MMAC website](#).
9. **New MO HealthNet Provider Overview Guide** - The MO HealthNet Division (MHD) [Education & Training](#) has created a new Provider Overview Guide for all providers. This Guide helps with questions regarding billing, eligibility, verification, and more. Providers can also use this Guide to learn the basics of the Spend Down Program and eMOMED. Providers can access the entire course to learn about all topics or they can go directly to a targeted lesson. The course is also searchable by keyword if you are looking for specific information. All the information in the [MO HealthNet Provider Overview Guide](#) is also covered in our live webinars. These webinars allow providers to ask questions and receive answers in real time. Please visit our [training calendar](#) to sign up for a webinar. For questions, contact MHD.Education@dss.mo.gov
10. **Shout Out! Congratulations to Compass Health Network** – CHN’s Arnold location recently had their Individual Placement and Support (IPS) fidelity review and earned an “Exemplary” score! IPS is an evidence-based practice of supported employment for individuals with Serious Mental Illness.
11. **Shout Out! Missouri Features St. Louis Empowerment Center** - MissouriNet interviewed Sheila Mihalick about St. Louis Empowerment Center. *Missouri Organization Opens Doors to Recovery* was published August 15, 2024. “Opening doors to recovery.” That is the mission of the St. Louis Empowerment Center. Alisa Nelson talks to Sheila Mihalick, the center’s assistant director, about the help provided to people free of charge, helping Missourians who need help with addiction, mental health, housing, jobs, and everyday essentials. Listen to the 11 minute interview at [Missouri organization opens doors to recovery \(LISTEN\) – MissouriNet](#).
12. **Shout Out! Congratulations to Burrell (CMHS)** – Burrell’s site in Independence is the first ACT TAY team to hire a First Episode Psychosis Specialist to serve individuals with early and first episode psychosis.
13. **Shout Out! Kudos to University Health** who now has a fully functioning DBT program.

14. **Shout Out! Hats Off to High Fidelity** - The following agencies are providing “High Fidelity” ITCD programming (which means they earned abbreviated fidelity reviews):

- **North Central Missouri Mental Health Center**
- **Places for People**
- **Beacon Mental Health**
- **Compass Health Network** – El Dorado Springs

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **HUD Announces New Continuum of Care Funding** – On July 31, 2024, the U.S. Department of Housing and Urban Development (HUD) announced that it will provide more than \$3.5 billion in competitive funding to homeless services organizations across the country for supportive services and housing programs for people experiencing homelessness. For the first time, HUD is issuing a two-year Continuum of Care (CoC) Program Notice of Funding Opportunity (NOFO) as authorized by the consolidated Appropriations Act, 2024. Communities are only required to submit on CoC application that will be applicable for FY2024 and FY2025 funds. This change is expected to streamline the application process and significantly reduce the administrative burden on applicants. Read HUD’s Notice of Funding Opportunity (NOFO) [here](#) and read about other changes to this year’s NOFO in a [blog post here](#).
2. **Grant Resources:**
 - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
 - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
 - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
 - [Grant Eligibility | Grants.gov](#)
 - [Grants | SAMHSA](#)
3. **SAMHSA Funding Opportunity: Community-Based Maternal Behavioral Health Services Program** – This program aims to improve access to evidence-based, timely, and culturally relevant maternal mental health and substance use disorder (SUD) services by bolstering community referral pathways to ensure seamless transitions in care for pregnant people in the perinatal and postpartum periods who are at risk or have a mental health or SUD. Specifically, recipients must collaborate with pregnancy and post-partum healthcare organizations, refer people in need of mental health and SUD care to providers, and provide short-term mental health and SUD services to those unable to access care. SAMHSA will provide up to 6 awards of up to \$500,000 per year, per award, for up to 5 years for total program funding of \$15,000,000. Applications are due **August 26, 2024**. Additional details can be found in the program’s [Notice of Funding Opportunity](#).

4. **MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:

- Family Medicine
- Internal Medicine
- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

INFO & RESOURCES

1. **New Young People Can Maintain Medicaid Coverage While Incarcerated** – Beginning January 1, 2025, the Medicaid inmate exclusion policy will be partially waived for young people who are incarcerated. Benefits of this change include improved access to mental health and substance use disorder screening, diagnostics, treatment, access to support the physical health care needs of returning young adults; and transitions from pre- to post-release. Eligible youth and young adults are those up to 21 years old (and up to 26 for foster care youth or young adults formerly in the foster care system). The Centers for Medicaid and Medicare Services has recently released guidance for the Provision of Medicaid and CHIP Services to Incarcerated Youth. [Read More](#)
2. **New Trauma-Informed Practices for Criminal Courts: Implementation Opportunities** – How can we better respond to the trauma running through our criminal legal system? That has been a long-time concern of teams of reformers who travel across the country offering guidance to judges, clerks, lawyers, and other court staff looking for less harmful, more responsive ways to deliver justice. Part of the Trauma-Informed Practice Strategy Lab, this document presents lessons from a national scan of criminal courts working to better support people with histories of trauma. The guide will inform an upcoming blueprint for making trauma-informed approaches in court work on the ground. [Read More](#)
3. **New Free Interprofessional Telehealth Training Program** - Everyone deserves quality healthcare through better disease detection, prevention, and treatment options. Telehealth can enhance the patient-clinician relationship, decrease healthcare costs, and improve access to timely intervention that may otherwise be unavailable. The Missouri Telehealth Network is proud to announce our new Interprofessional Telehealth Training Program (ITTP). These learning modules guide professionals through educational trainings to equip them with a better understanding of telehealth capabilities. By enhancing access to high-quality healthcare through telehealth services, professionals can apply integrative, collaborative care models—improving communication, equity, and safety in healthcare systems across Missouri. The Missouri Telehealth Network’s Interprofessional Telehealth Training Program is an asynchronous, self-paced telehealth training for all students, as well as professionals with decades of experience. This training is free for all and offers accredited continuing education credits for some. There are 5 modules that take approximately 2-2.5 hours to complete. Review this short [video](#) for an overview of ITTP. To begin the course, [click here](#)
4. **New Medications for Opioid Use Disorder (MOUD) in Criminal Justice Settings: Current Updates in Case Law** – From the landmark *Estelle v. Gamble* to more recent cases addressing medications for addiction treatment, the care for individuals with substance use disorder (SUD) in correctional settings and the imperative for correctional facilities to offer all forms of MOUD have been impacted by the legal landscape. Jails and prisons are faced with the responsibility to ensure that their facility is not only compliant with legal mandates but that it also fully supports the health and recovery of individuals with SUD. This webinar will explore the legal obligations for providing comprehensive SUD treatment within jails and prisons. Speakers will discuss how a correctional facility can meet legal standards and support the health and recovery of individuals with SUD. Attendees will also be given practical language and talking points for conveying this information to their stakeholders and leadership. **Thursday, August 29, 2024, 1:30 pm CT** [Register](#)

5. **New Research Roundup: Evidence that a Single Day in Jail Causes Immediate and Long-Lasting Harms** – Judges contemplate the risk a person poses to the community if released, but – crucially – not the risk detention poses to individuals and the community. What are the risks of detention, how quickly do they materialize, and what might the system look like if they mattered in bail determinations? To answer these questions, recent studies that measure pretrial detention’s impact on people, particularly within the first 72 hours in jail, were examined. Building on the investigations into pretrial detention’s role in destructive cycles of arrest and incarceration, the benefits of pretrial release, and the dangers of jail expansion, finding show there is no “safe” way to jail a person, nor is there an amount of time a person can be detained without escalating short- and long-term risks to themselves and their communities. [Read More](#)

6. **New Behavioral Health: Understanding the Community Supports Available to Hospitals** – Below is a recording from the most recent event on August 8, as well as recordings from previous sessions (different topics).

Recording: <https://vimeo.com/996662981/bc380e5481?share=copy>

Resources:

- [Presentation](#)
- [SIM Mapping Project Info Sheet](#)
- [SIM Mapping Workshop and Coordinator Contacts](#)

Session 1 recording: <https://vimeo.com/944941713/b0f3692cd0?share=copy>

Resources:

- [Presentation](#)
- [Missouri DMH Behavioral Health Crisis Centers Fact Sheet](#)
- [Missouri Mobile Response Crisis System Components](#)
- [988 Information Sheet](#)
- [988 Informational Videos](#)
- [DBH 988 Coverage Map](#)
- [DBH Mobile Crisis Response Map](#)

Session 2 recording: <https://vimeo.com/950359649/3fbaa49f7f?share=copy>

Resources:

- [Presentation](#)
- [Questions from the Presentation](#)
- [MO CIT Training Schedule](#)
- [Behavioral Health Crisis Centers \(BHCC\) Locations and Information](#)
- [Statewide Sequential Intercept Model \(SIM\) Collaboration Project](#)
- [Community Behavioral Health Liaison Information](#)
- [Emergency Room Enhancement Information](#)
- [DMH 988 Suicide & Crisis Lifeline](#)

Session 3 recording: <https://vimeo.com/954560407/438f92f8f1?share=copy>

Resource:

- [Presentation](#)

Session 4 recording: <https://vimeo.com/963556033/c3bb436aff?share=copy>

Resources:

- [Presentation](#)
- [MBHC Emergency Room Enhancement Map](#)
- [MBHC Behavioral Health Crisis Center Information](#)

Session 5 recording: <https://vimeo.com/982792291/f1a5a71dbe?share=copy>

Resources:

- [Presentation](#)
- [Emergency Room Enhancement Map](#)

Session 6 recording: <https://vimeo.com/990271882/c26e5a04f0?share=copy>

Resources:

- [Presentation](#)
- [Missouri BHC Upstream Youth Mapping Collaboration Project](#)
- [National Center for State Courts Upstream Resources and Tools](#)

7. **New Most US Residents Unaware PCPs Can Prescribe Medication for Opioid Use Disorder** – Three-quarters of US residents in a national survey did not know primary care physicians (PCPs) could prescribe medications for people with opioid use disorder (OUD) or believed incorrectly that they could not, according to a study finding published in *JAMA Network Open*. [Read More](#)
8. **New Ensuring the Inclusion of People With Lived and Living Experience in Health Departments’ Overdose Surveillance and Prevention Efforts** - To provide detailed considerations and strategies for meaningfully including PWLLE in health departments’ overdose prevention and surveillance work, the National Council for Mental Wellbeing — with support from the Centers for Disease Control and Prevention — has developed a series of five tools grounded in real-world experience, called [Ensuring the Inclusion of People With Lived and Living Experience in Health Departments’ Overdose Surveillance and Prevention Efforts](#). Want to learn more? Watch our July [webinar](#) recording to learn from people in the field who have successfully centered PWLLE in their overdose prevention work.
9. **New NFL Continues Partnership with NCPG with New Three-Year, \$6.4 Million Commitment** – The National Football League (NFL) announced an extended partnership with the National Council on Problem Gambling (NCPG) to bolster nationwide problem gambling prevention services and promote responsible gambling initiatives. As the sports betting landscape continues to evolve, this renewed commitment addresses the critical need for resources in responsible and problem gambling. [Read More](#)
10. **New Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities** – Mental health and substance use treatment is often inaccessible for unhoused populations. This webinar will focus on the importance of supporting unhoused populations and connecting them with necessary services without judgment or stigma. Speakers will highlight the social determinants of health that impact access to treatment in rural and urban communities. We will also explore innovative approaches to working with unhoused populations, including children, youth and adults, so they can successfully navigate local systems and receive critical resources and care. **Wednesday, September 18, 2024, 11am CT** [Register](#)
11. **New CoE-PHI Resource: Substance Use Disorder Counseling Notes** - The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded Center of Excellence for Protected Health Information (CoE-PHI) released a new resource on [Substance Use Disorder Counseling Notes](#). This resource is intended for mental health and substance use disorder (SUD) providers and administrators and highlights the recent changes in protections for SUD counseling notes established this year following the Department of Health and Human Services’ (HHS) amendment of 42 CFR Part 2. Key points from the resource include:
 - “Part 2 now provides stricter confidentiality protections for SUD counseling notes
 - SUD counseling notes must be separated from the rest of the patient’s record in order to meet the definition
 - A Part 2 program may not require a patient to sign a consent authorizing use or disclosure of SUD counseling notes as a condition of treatment”
12. **New Study Explores Demographic and Professional Characteristics of Physicians and Nurse Practitioners Associated with Providing MAT** - An observational study published in *INQUIRY: The Journal of Health Care Organization, Provision, and Financing* on [Exploring the Demographic and Professional Characteristics of Physicians and Nurse Practitioners Associated with Providing Medication-Assisted Treatment](#) analyzed various factors that influence the likelihood of physicians and nurse practitioners (NP) providing medication assisted treatment (MAT) to patients with opioid use disorder (OUD). The study utilized data from over 8,500 electronic license renewals from 2021 to identify the characteristics of physicians and NP that were associated with a greater likelihood of providing MAT in their practices. Key findings include:
 - “A total of 5258 physicians were included in the study, 10.1% of whom reported providing MAT.

- Overall, physicians had higher odds of providing MAT if they were under the age of 35 as compared to those 35 to 49, practicing in a FQHC versus in an outpatient setting, and offering a sliding fee scale at their practice.
- On the other hand, physicians had lower odds of providing MAT if they were ages 50 to 64, female, identified as Asian versus White, and had a specialty in primary care versus psychiatry.
- A total of 3486 NPs were included in the study analysis, 10.1% of whom reported providing MAT.
- NPs had over 3 times the odds of providing MAT if they were practicing at a public/community health agency.
- However, they had lower odds of providing MAT if they were female, had a specialty in primary care, and practiced in a suburban area.”

13. **New Professionals and Community Members as Recovery Allies** - Family members, friends, neighbors, professionals, and other community members play a critical role as allies in supporting recovery. Research shows that creating a meaningful life in recovery requires access to healthcare, safe and affordable housing, educational opportunities that may have been missed during periods of drug use, and employment that allows people in recovery to support themselves and their families and contribute to society. Recovery capital refers to the resources, both internal and external, that an individual can draw upon to overcome substance use and maintain recovery. The session will begin with a presentation on the recovery ecosystem and recovery capital and will then identify real world examples of ways allies in communities have supported recovery by changing the community environment and creating opportunities to boost recovery capital. **Wednesday, September 18, 2024, 11 am CT** [Register](#)

TRAINING OPPORTUNITIES

1. [Events from July 24, 2024 – September 4, 2024 – Faces & Voices of Recovery \(facesandvoicesofrecovery.org\)](#)
2. **What Now: Xylazine in the Age of Opioid Use Disorder** – As the opioid use crisis continues to progress, communities across the country are now being faced with additional dangers such as the misuse of xylazine, a powerful sedative commonly used for animals, in the drug supply. Recent studies indicate this potent substance, when used with opioids, increases overdose risk and complicates treatment and long-term healthcare. Join as we discuss the history and context of xylazine and opioid use as well as options for treatment and care. **Tuesday, August 27, 2024, 1pm ET** [Register](#)
3. **New HHS/DOJ Webinar: Provision of Medicaid and CHIP Services for Youth Involved in the Justice System and Upon Reentry** - The Department of Health and Human Services (HHS) and the Department of Justice (DOJ) are hosting a webinar on the [Provision of Medicaid and CHIP Services for Youth Involved in the Justice System and Upon Reentry](#). The webinar will outline statutory requirements regarding the availability of state plan services for incarcerated youth under Medicaid and the Children’s Health Insurance Program (CHIP) and CHIP eligibility requirements for children incarcerated in juvenile or adult corrections systems. Further, HHS and DOJ leadership will discuss how this opportunity can help advance health equity by connecting justice-involved youth with Medicaid and CHIP services. **Tuesday, August 27, 2024, 1pm CT** [Register](#)
4. **New Digging into the BioPsychoSocial: Addressing the Holisitc, Multifaceted Needs of Individuals in Treatment and Recovery** – The biopsychosocial model addresses the biological, psychological, and social factors that contribute to many chronic illnesses, including addiction. Biopsychosocial recognizes there are multiple pathways to addiction, such as genetic predisposition, psychiatric and psychological factors like trauma or unhealthy coping skills, and social factors like having substance-using peers. Join the webinar to hear from Dr. Berry about these three critical domains in recovery and the need to build individualized, tailored treatment plans. **Wednesday, August 28, 2024, 12pm CT** [Register](#)

5. **Building a Recovery Support Infrastructure Learning Collaborative Webinar** - The purpose of the webinar is to give attendees an overview of the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment (CSAT) sponsored Building a Recovery Support Infrastructure Learning Collaborative (BRSI LC) which took place with eight states and territories from April to August 2024. LCs aim to support the practical implementation of best practices to improve state systems. Participants of the BRSI LC engaged in a series of virtual and in-person workshops, exploring a range of topics pertinent to developing and sustaining recovery support infrastructures. These topics include capacity building for recovery service operators; best practices for marketing recovery data; creating community partnerships to diversify funding; and billing Medicaid and private payers. Each workshop was led by a national subject matter expert who shared resources and provided technical assistance alongside their presentation. Webinar attendees will gain insights into the LC, including a summary of each session, key resources that were shared, and lessons learned from state teams who completed the LC.
Wednesday, August 28, 2024, 2pm CT [Register](#)
6. **SAMHSA's GAINS Center Webinar: Medications for Opioid Use Disorder (MOUD) in Criminal Justice Settings: Current Updates in Case Law** – The webinar will review legal obligations for providing comprehensive substance use disorder (SUD) treatment in correctional settings, including the imperative for correctional facilities to offer all forms of medications for opioid use disorder (MOUD) in prisons and jails, based on recent updates to case law. The webinar will also highlight strategies for correctional facilities to meet legal standards for providing MOUD to support the health and recovery of individuals with SUD while incarcerated. *Thursday, August 29, 2024, 1:30pm CT* [Register](#)
7. **Introductory/Refresher Virtual YSBIRT Training** – If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. Participants will learn: 1) How YSBIRT fits in the context of health and providing whole-person, integrated and trauma informed systems of care; 2) The use of evidence-based screening tools for adolescents to identify risk levels of alcohol and drug use; 3) The role of brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions; and 4) Referral and treatment best practices for managing and supporting people with substance use disorders. *Thursday, August 29, 2024, 1pm CT* [Register](#)
8. **A Conversation About Trauma-Informed, Resilience-Oriented, Equity-Focused (TIROES) Systems and Approaches for IDD Populations** – Join us to learn more and engage in a conversation about TIROE systems (TIROES) and approaches. This session will explore the prevalence and impact of trauma; they key principles of TIROES; what being trauma-informed looks like in daily practice; and the connection to self-care and compassion resilience. *Thursday, August 29, 2024, 11am CT* [Register](#)
9. **Trauma-Focused Cognitive-Behavioral Therapy: Peeking into the Brain of a TF-CBT Therapist** – Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the most empirically supported intervention for children exposed to trauma. In this advanced presentation, Dr. Kliethermes will use a case study to help participants to step through this well-established, evidenced-based practice for childhood trauma. *Thursday, August 29, 2024, 1-4pm CT* [Register](#)
10. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: *Thursday-Friday, August 29-30, 2024 (Virtual)*. [Register](#)

11. **CCBHCs and Supportive Housing Webinar Series** – Housing needs are one of the largest challenges facing people served by CCBHCs, and local housing providers are often unaware of the support opportunities available to their residents receiving services from CCBHCs. This four-part series (the first was on July 17) will educate CCBHC grantees on building quality and sustainable partnerships with the housing sector. See below for the other three sessions:
 - Session 4 – [Partnership Examples from CCBHCs](#) – **Wednesday, September 4, 2024, 2:30-4pm CT**
12. **2024 Missouri Preceptor Academy** - The Missouri Preceptor Academy is designed to engage and grow current and future preceptors with key education tools, and strategies to foster a strong preceptor/orientee relationship. This interactive program provides information and practical tools to improve preceptor abilities. **Thursday, September 5, 2024, 7:30am-4:30pm CT** [Register](#)
13. **New Co-occurring Disorders: Anxiety, Depression, & PTSD** - The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded Providers Clinical Support System – Medications for Alcohol Use Disorder (PCSS-MAUD), in collaboration with the Addiction Technology Transfer Center (ATTC) – University of Missouri – Kansas City, is hosting a case-based discussion on [Co-occurring Disorders: Anxiety, Depression, & PTSD](#). The webinar will examine co-occurring conditions for patients with alcohol use disorder (AUD), including anxiety, depression, and Post-Traumatic Stress Disorder (PTSD), as well as treatment options for individuals who suffer from those co-occurring disorders. The webinar will also have a portion dedicated to case study discussions around strategies being used across the country to support patients with AUD and co-occurring disorders. **Monday, September 9, 2024, 11am CT** [Register](#)
14. **Virtual learning event with the National Association of Addiction Treatment Providers** – The theme this year is “The Art of Recovery,” which highlights the journey from lived experience to professional impact. Whether you are a peer specialist, health care professional or an ally, this event offers valuable insights into the transformative impact of lived experience in mental health and addiction recovery. **Tuesday, September 10, 2024, 11am-1pm CT** [Register](#)
15. **2024 Missouri Behavioral Health Conference** – This event hosts over 800 behavioral health and substance use professionals, crisis providers, hospital providers, primary care providers, and federally qualified health centers throughout Missouri. **Wednesday-Friday, September 11-13, 2024** [Register](#)
16. **Intermediate Motivational Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, September 11, 2024, 11am CT** [Register](#)
17. **New From the Edge to Empowerment: A Conversation with Kevin Hines** – Two years after Kevin Hines was diagnosed with bipolar disorder, he attempted to take his own life by jumping from the Golden Gate Bridge. The fall broke his body, but not his spirit. Since then, Hines has dedicated his life to saving lives, becoming an award-winning global suicide prevention and mental health advocate and one of the most respected voices of lived experience. **Wednesday, September 11, 2024, 1pm CT** [Register](#)
18. **New AI and Behavioral Health: A Primer** - Explore the cutting-edge applications and future possibilities of artificial intelligence (AI) in promoting mental wellbeing. In this insightful webinar, we’ll explore the transformative impact of AI on behavioral health services. As technology continues to evolve, AI presents unprecedented opportunities to enhance the delivery of mental health care, personalize treatment plans and improve patient outcomes. **Thursday, September 12, 2024, 2pm CT** [Register](#)
19. **Treating Anxiety Together: Working with Kids, Caregivers, and Schools** – CBT and Exposure Therapy are best practices when it comes to treating anxious kids. However, treatment outcomes for kids often improve when the clinician collaborates with a child’s parents and school. This program will present a complex case of an anxious child and help participants navigate the process of treating the child’s anxiety while working together with caregivers and

school staff. This is an advanced program and participants should have a foundational understanding of cognitive-behavioral and exposure-based therapies. **Thursday, September 12, 2024, 1pm CT** [Register](#)

20. **Three Crucial Factors in Treating Suicide Risk—Lessons Learned From the Interpersonal Theory of Suicide** – Treating a client at risk of suicide is a high-stakes challenge. Because the United States suicide rate has been going up relentlessly for decades, it is especially important for the behavioral healthcare industry to take the next step in continually improving quality care. The Interpersonal Theory is that next step. It is the foundation for the Suicide Prevention Lifeline/988 protocol and training. Join MHHRG for this important discussion **Thursday, September 12, 12 pm CT** [Register](#)
21. **Improving Outcomes for Patients with Communicable Diseases in Substance Use Treatment Settings** – This webinar will include a discussion of key communicable diseases (e.g., Hepatitis B, Hepatitis C, HIV, Syphilis, Tuberculosis, and more) including prevalence, and recommendations for screening, testing, and treatment; benefits of an integrated approach supported with state examples; and the sharing of key resources. **Thursday, September 12, 2024, 2pm CT** [Register](#)
22. **New Opioid Use Disorders ECHO** – Show-Me Extension for Community Healthcare Outcomes (ECHO) presents the Opioid Use Disorder (OUD) ECHOs. ECHOs empower and support primary care professionals to more effectively and confidently treat patients suffering from opioid use disorder. These ECHOs integrate medical, pharmacological, and psychological considerations into patient care and shares best practices with two new upcoming didactic topics. At these ECHOs providers can learn more about maternal health and opioid use disorders. **Friday, September 13, 2024, 12pm** [Register](#) For more information, visit [Show-Me ECHO](#)
23. **Diagnosis and Treatment of Obsessive-Compulsive Personality Disorder** – This webinar will provide a thorough overview of obsessive-compulsive personality disorder and its most empirically-supported psychotherapies. **Friday, September 13, 2024, 9am-12pm CT** [Register](#)
24. **New Midwest Rural Opioid & Stimulant Conference** – This conference will feature sessions focusing on opioid and stimulant use in rural areas across the country, along with innovative partnerships, evidence-based and research-based approaches, and networking opportunities. **Tuesday-Thursday, September 17-19, 2024** [Register](#)
25. **Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops, and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year’s sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
 - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#) **Wednesday, September 18, 2024, 11am-12pm CT**
26. **Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities** – Mental health and substance use treatment is often inaccessible for unhoused populations. This webinar will focus on the importance of supporting unhoused populations and connecting them with necessary services without judgment or stigma. Speakers will highlight the social determinants of health that impact access to treatment in rural and urban communities. We will also explore innovative approaches to working with unhoused populations, including children, youth and adults, so they can successfully navigate local systems and receive critical resources and care. **Wednesday, September 18, 2024, 11am CT** [Register](#)

27. **Save the Date: Infectious Disease Management in Behavioral Health – OCMO Webinar** - The Substance Abuse and Mental Health Services Administration (SAMHSA) Office of the Chief Medical Officer in collaboration with the Center for Mental Health Services (CMHS), the Center for Substance Abuse Prevention (CSAP), and the National Center for HIV, Viral Hepatitis, STD, and TB Prevention (NCHHSTP) at the Centers for Disease Control and Prevention (CDC) will conduct a webinar on infectious disease management in behavioral health. The webinar will be led by Dr. Jonathan Mermin, Director, NCHHSTP, and CAPT Christopher Jones, Director, CSAP. Dr. Mermin and CAPT Jones will provide an overview of the syndemic of infectious disease and substance use, harm reduction approaches, interagency collaborative efforts, and strategies for leveraging available resources to prevent adverse health outcomes. Attendees will have the opportunity to engage with the presenters via a moderated question and answer segment at the conclusion of the presentation. **Thursday, September 19, 2024, 2pm CT** [Register](#)
28. **Trauma Informed Conflict De-Escalation: Creating and Maintaining a Safer Environment for You and Your Clients –** Clients facing a myriad of life’s challenges can show up in our organizations and practices as frustrated and agitated. When we as practitioners are also on-edge, tensions can escalate quickly. This workshop uses trauma-informed concepts to explore safety in our organizations and explores how we can increase practitioner well-being as a strategy to decrease tension and de-escalate conflict. Through case studies, we will explore conflict and build on our tools to de-escalate conflict in productive, trauma-informed, strengths-based ways while attending to safety for all. **Thursday, September 26, 2024, 1pm CT** [Register](#)
29. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
- **Thursday, September 26, 2024, 2pm CT**
 - **Thursday, November 28, 2024, 2pm CT**
30. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour –** These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. [Register](#)
- **Friday, September 27, 2024, 10am CT**
 - **Friday, October 25, 2024, 10am CT**
31. **ECHO Autism: Behavior Solutions in Hospitals –** Registration is now open for the Echo Autism: Behavior Solutions in Hospitals program. This free program is open to **Missouri hospital-based healthcare team members including mental healthcare and emergency department team members**. This program will review best practices for interfering behaviors, managing medical conditions including psychiatric conditions, connecting with community resources and family/caregiver support and more. It starts with on-demand training videos, a live program kickoff via zoon on **October 7**, and regular sessions **each Monday from October 14 through November 18**. Free continuing education credits are available. [Register here](#). If you have questions about this program, please contact Melinda Odum, at odumm@health.missouri.edu.
32. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative –** The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)
- Learning Objectives:**
- Understand what dual diagnosis means for people with BHIDD
 - Have an understanding of how to assess mental illness in people with IDD
 - Understand how to support physical health, wellness, and aging and prevent risk over time
 - Learn how to adapt therapy for IDD clients

Virtual Session Details:

- **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
- **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)

33. **Navigating the Complexities of the Nurse Manager Role** - Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** [Register](#)
34. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#) now for the following virtual training dates:
- **Tuesday-Wednesday, October 15-16, 2024**
 - **Monday-Tuesday, December 9-10, 2024**
35. **SPARK 2024 Conference** – This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector’s impact and help all families and communities thrive. This in-person event will elevate important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. **October 20-22, 2024** [Register](#)
36. **2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis** – Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this [flyer](#). **Wednesday-Friday, October 23-25, 2024** [Register](#)
37. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024** [Register](#)
38. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. [Register](#)
- **Wednesday, October 30, 2024, 10-11am CT**
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
39. **The 65th National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024** [Register](#)
40. **New Missouri Rural Health Conference** – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year’s conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. **Wednesday-Thursday, November 6-7, 2024** [Register](#)

41. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. [Register](#)
 - **Wednesday, November 6, 2024, 10-11am CT**
 - **Wednesday, February 5, 2025, 10-11am CT**
 - **Wednesday, May 7, 2025, 10-11am CT**
42. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. [Register](#)
 - **Tuesday, November 12, 2024, 10-11:30am CT**
 - **Tuesday, February 11, 2025, 10-11:30am CT**
 - **Tuesday, May 13, 2025, 10-11:30am CT**
43. **New 2024 Missouri Substance Use Prevention Conference** – [Save the date](#) – St. Charles Convention Center, **Wednesday-Thursday, November 13-14, 2024**. Registration is now open! [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **New Free Harm Reduction Professional trainings** – We are excited to share new dates for our various harm reduction training offerings. Follow the links below or visit mimhaddisci.org/training to learn more, view additional dates, and register.
 - **Overdose Education and Naloxone Distribution**
 - [Mon, Aug 26th 1-2:30pm](#)
 - [Thu, Aug 29th 10-11:30am](#)
 - [Wed, Sep 18th 12-1:30pm](#)
 - [Thu, Sep 26th 3-4:30pm](#)
 - **Stimulant Education: Harm Reduction & Overamping**
 - [Thu, Aug 28th 1-2:30pm](#)
 - [Fri, Sep 6th 10-11:30am](#)
 - [Tue, Sep 17th 12-1:30pm](#)
 - [Mon, Sep 30th 3-4:30pm](#)
 - **Fentanyl Test Strips 101**
 - [Wed, Aug 28th 10-11am](#)
 - [Mon, Sep 9th 12-1pm](#)
 - [Thu, Sep 26th 2-3pm](#)
 - **Intramuscular Naloxone 101**
 - [Tue, Sep 10th 3-4pm](#)
 - [Thu, Sep 19th 1-2pm](#)
2. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. [Register](#)

3. **Certified Peer Specialist (CPS) ECHO** – The [CPS Echo](#) is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**
4. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors. FREE [Communities of Practice](#)
5. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
6. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
7. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)
8. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
9. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
10. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
11. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfeifferkorn. [Register for any of these trainings](#)

- **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
12. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
 13. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
 14. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
 15. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
 16. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
 17. **Peer Supervision Training** – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
 18. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
 19. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
 20. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)