

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance*** ***August 16, 2024***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New** Representatives from Department of Mental Health (DMH), Missouri Institute of Mental Health (MIMH), Certified Community Behavioral Health Center (CCBHC), Independence Center (IC), and an IC member/ Missouri Mental Health Foundation Respect Institute Speaker had an opportunity to meet with SAMHSA's local representative, Maria Loconsolo, to talk about Missouri's Early Psychosis Care (EPC) Center, a partnership between DMH, MIMH, and Missouri Behavioral Health Council. Missouri's EPC Center is working with CCBHC, Compass Health, and Independence Center to provide Coordinated Specialty Care (CSC), an evidence-based practice for individuals experiencing their first episode of psychosis.  
From left to right, JJ Gossrau (DMH), Rachel Kryah (MIMH), Jennifer Higginbotham (IC), Jason Bunce (IC member/Respect Institute speaker), Maria Loconsolo (SAMHSA), Katie Jones and Victoria Walker (Compass Health).



**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

## FUNDING OPPORTUNITIES

- HUD Announces New Continuum of Care Funding** – On July 31, 2024, the U.S. Department of Housing and Urban Development (HUD) announced that it will provide more than \$3.5 billion in competitive funding to homeless services organizations across the country for supportive services and housing programs for people experiencing homelessness. For the first time, HUD is issuing a two-year Continuum of Care (CoC) Program Notice of Funding Opportunity (NOFO) as authorized by the consolidated Appropriations Act, 2024. Communities are only required to submit on CoC application that will be applicable for FY2024 and FY2025 funds. This change is expected to streamline the application process and significantly reduce the administrative burden on applicants. Read HUD's Notice of Funding Opportunity (NOFO) [here](#) and read about other changes to this year's NOFO in a [blog post here](#).
- How to Improve Your Grant Writing Skills** – In this program, there will be an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. Descriptions of the different sections of a grant application and what content should be covered in each section will be described. [Learn More](#)
- Grant Resources:**
  - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
  - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
  - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
  - [Grant Eligibility | Grants.gov](#)
  - [Grants | SAMHSA](#)
- HHS Announces \$27.5 Million in Funding Opportunities for Enhancing Women's Behavioral Health** – On July 8, the U.S. Department of Health and Human Services (HHS), through the SAMHSA announced [notices of funding opportunities aimed at improving women's behavioral health throughout the country](#). The grants total approximately \$27.5 million. Additionally, SAMHSA announced nearly \$1 million in grant awards for two grant recipients as a part of the [Services Program for Residential Treatment for Pregnant and Postpartum Women](#). The Notices of Funding opportunities aim to support women's behavioral health by expanding access to services and enhancing the capacity of providers to identify and address mental health and substance use challenges and gender-based violence. Available funding opportunities include \$15 million for the Community-Based Maternal Behavioral Health Services Program (see below) and \$12.5 million for the [Women's Behavioral Health Technical Assistance Center](#) (applications due **Tuesday, August 20, 2024**).
- SAMHSA Funding Opportunity: Community-Based Maternal Behavioral Health Services Program** – This program aims to improve access to evidence-based, timely, and culturally relevant maternal mental health and substance use disorder (SUD) services by bolstering community referral pathways to ensure seamless transitions in care for pregnant people in the perinatal and postpartum periods who are at risk or have a mental health or SUD. Specifically, recipients must collaborate with pregnancy and post-partum healthcare organizations, refer people in need of mental health and SUD care to providers, and provide short-term mental health and SUD services to those unable to access care. SAMHSA will provide up to 6 awards of up to \$500,000 per year, per award, for up to 5 years for total program funding of \$15,000,000. Applications are due **August 26, 2024**. Additional details can be found in the program's [Notice of Funding Opportunity](#).
- MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:
  - Family Medicine
  - Internal Medicine

- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

**Applications due November 22, 2024** – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

## INFO & RESOURCES

1. **New Unraveling the Diagnosis: Differentiating Between ADHD & Bipolar Disorder** - In this video, Dr Carbray highlights the importance of a comprehensive diagnostic history, understanding the key symptoms, and being able to differentiate between ADHD and bipolar disorder by recognizing the unique signs of each. Dr Carbray also discusses the value of screening methods and gathering collateral information across all age groups. Discover how to effectively identify and manage concurrent disorders and gain clarity on symptom manifestation in your patients. [Watch video](#)
2. **New Updates in Bipolar Disorder Treatment** – In this video, Dr Carbray emphasizes that managing bipolar illness goes beyond symptom control, shares valuable tips for clinicians on staying updated with the latest evidence-based approaches, and notes the importance of centering patients' quality of life in treatment. [Watch video](#)
3. **New Managing Comorbid Bipolar Disorder and SUD: Treatment and Communication** – In a recent discussion, *Psych Congress Network* Bipolar Disorder Section Editor Julie A. Carbray, PhD, PMHNP-BC, clinical professor at the University of Illinois at Chicago, and Arwen Podesta, MD, ABPN, psychiatrist at Podesta Psychiatry LLC, examined the available treatments for bipolar disorder and substance use disorder (SUD), their strategies for managing both illnesses at once, and how they suggest clinicians communicate with patients in this subset. [Read More](#)
4. **New Can ADHD be Properly Evaluated and Treated Via TeleHealth?** - In this video, Julie Carbray, PhD, FPMHNP-BC, PMHCNS-BC, APRN, offers practical guidance for [telehealth](#) providers screening for, diagnosing, and treating attention-deficit/hyperactivity disorder (ADHD) in pediatric and/or adult patients. [Watch video](#)
5. **New Video Resource Now Available for Parents Whose Child Made a Suicide Attempt** - Announcing the availability of a **New Video Resource to Support Parents Following Their Child's Suicide-Related Crisis**. The video as well as additional resources for parents are available on the [Zero Suicide Toolkit](#).

**Parents to Parents: After Your Child's Suicide Attempt** is a one-hour video informed by interviews with parents and experts. The resource was created by the [Zero Suicide Institute](#) at the Education Development Center and [Parents-to-Parents](#), a non-profit organization that offers resources to caregivers whose child is struggling with mental health challenges or concerns. This film was made possible in part by the generous support of the [Four Pines Fund](#).

6. **New Bupropion Shows Lowest Risk of Weight Gain Compared to Other Antidepressants** - Though weight gain is a common side effect of many antidepressants, bupropion may pose the least risk of weight gain for patients with major depressive disorder (MDD), according to results from an observational cohort study published in *Annals of Internal Medicine*. [Read More](#)
7. **New Behavioral Health: Understanding the Community Supports Available to Hospitals** – Below is a recording from the most recent event on August 8, as well as recordings from previous sessions (different topics).  
**Recording:** <https://vimeo.com/996662981/bc380e5481?share=copy>  
**Session 1 recording:** <https://vimeo.com/944941713/b0f3692cd0?share=copy>  
**Session 2 recording:** <https://vimeo.com/950359649/3fbaa49f7f?share=copy>  
**Session 3 recording:** <https://vimeo.com/954560407/438f92f8f1?share=copy>  
**Session 4 recording:** <https://vimeo.com/963556033/c3bb436aff?share=copy>

**Session 5 recording:** <https://vimeo.com/982792291/f1a5a71dbe?share=copy>

**Session 6 recording:** <https://vimeo.com/990271882/c26e5a04f0?share=copy>

You can [register](#) in zoom for a future session on **Thursday, August 22 at 12pm.**

8. **New August issue of the MHTTC Pathways Newsletter** – In this edition: MHTTC Back to School Resources; School Mental Health News: Healing School Communities in the Context of Faith-Based Bullying; Center Spotlight: Central East and Southeast MHTTCs; Upcoming Event: Screening Linked to Care – Implementing Universal Digital Mental Health Screening to Identify and Support Students; Featured Resource: Tips for School Counselors Supporting Students with Eating Concerns; and Innovations Institute. [Read More](#)
9. **New Buprenorphine an Effective Treatment for OUD With Fentanyl Use** – Buprenorphine, whether administered sublingually or subcutaneously, appears to be an effective option for the treatment of opioid use disorder (OUD) with fentanyl use. Results from the post hoc analysis of a randomized 24-week clinical trial were published in *JAMA Network Open*. [Read More](#)
10. **New Building a Recovery Support Infrastructure Learning Collaborative Webinar** - The purpose of the webinar is to give attendees an overview of the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment (CSAT) sponsored Building a Recovery Support Infrastructure Learning Collaborative (BRSI LC) which took place with eight states and territories from April to August 2024. LCs aim to support the practical implementation of best practices to improve state systems. Participants of the BRSI LC engaged in a series of virtual and in-person workshops, exploring a range of topics pertinent to developing and sustaining recovery support infrastructures. These topics include capacity building for recovery service operators; best practices for marketing recovery data; creating community partnerships to diversify funding; and billing Medicaid and private payers. Each workshop was led by a national subject matter expert who shared resources and provided technical assistance alongside their presentation. Webinar attendees will gain insights into the LC, including a summary of each session, key resources that were shared, and lessons learned from state teams who completed the LC. **Wednesday, August 28, 2024, 2pm CT** [Register](#)
11. **New Virtual learning event with the National Association of Addiction Treatment Providers** – The theme this year is “The Art of Recovery,” which highlights the journey from lived experience to professional impact. Whether you are a peer specialist, health care professional or an ally, this event offers valuable insights into the transformative impact of lived experience in mental health and addiction recovery. **Tuesday, September 10, 2024, 11am-1pm CT** [Register](#)
12. **New SAMHSA Releases Updated Language Access Plan (LAP)** – The [LAP](#) is designed as a roadmap to improve equitable access to information on SAMHSA’s programs, services, and other resources, including for people with non-English language preference, while promoting equity in mental health and substance use disorder (SUD) care. SAMHSA’s updated LAP encompasses ten elements, each of which contains a description of the element, its role in improving equity within the LAP framework and SAMHSA’s equity efforts at large, and action steps related to implementation.
13. **New PCSS-MAUD Online Module: Motivational Interviewing for Alcohol Use Disorder Treatment** – The SAMHSA-funded [Providers Clinical Support System – Medication for Alcohol Use Disorder \(PCSS-MAUD\)](#) recently released an online training module on [Motivational Interviewing for Alcohol Use Disorder Treatment](#). This on-demand training module can be completed at any time and is intended for physicians, nurses, social workers, and other healthcare professionals in a care team to explore motivational interviewing as a strategy in clinical interactions to help patients with alcohol use disorder (AUD) change risky behaviors associated with an increased risk of alcohol use and AUD.
14. **New Study Evaluates Effectiveness of HRSA’s RCORP Initiative at Expanding the MOUD Treatment Workforce in Rural Communities** – Findings from a study recently published in the Journal of Rural Health on [Expanding the Opioid Use Disorder Medication Treatment Workforce in Rural Communities](#) Through the RCORP Initiative indicate that the Health Resources and Services Administration’s (HRSA) Rural Communities Opioid Response Program

(RCORP) Initiative had a significant impact on the national increase of buprenorphine prescribers. The study analyzed 2017-2022 Drug Enforcement Administration (DEA) lists of waived clinicians in rural counties across the nation. Specifically, the study reported significant increases of an average of almost four per 100,000 DEA-waived clinicians to prescribe buprenorphine in counties where RCORP grantees operated compared to non-RCORP counties. Key findings include: 1) In 2017, 3.7% more of RCORP funded counties, had a waived clinician than non-RCORP counties; 2) RCORP counties also had 1.2 more waived clinicians per 100,000 population and 57.5 more treatment slots per 100,000 population compared to non-RCORP counties; 3) From 2017 to 2022, these differences more than doubled; and 4) The supply of waived clinicians varied across Census Divisions. In most Census Divisions, a greater percentage of RCORP counties had a waived clinician as well as more waived clinicians and treatment slots per population, except for the Pacific Census Division, which had more clinicians and treatment slots per population in non-RCORP counties. Based on the effectiveness of RCORP expanding the number of DEA-waived clinicians to provide buprenorphine, the authors call for increased federal investments to expand access to opioid use disorder (OUD) treatment for rural patients.

15. **New SAMHSA's GAINS Center Webinar: Medications for Opioid Use Disorder (MOUD) in Criminal Justice Settings: Current Updates in Case Law** – The webinar will review legal obligations for providing comprehensive substance use disorder (SUD) treatment in correctional settings, including the imperative for correctional facilities to offer all forms of medications for opioid use disorder (MOUD) in prisons and jails, based on recent updates to case law. The webinar will also highlight strategies for correctional facilities to meet legal standards for providing MOUD to support the health and recovery of individuals with SUD while incarcerated. **Thursday, August 29, 2024, 1:30pm CT** [Register](#)

## TRAINING OPPORTUNITIES

1. **Events from July 24, 2024 – September 4, 2024 – Faces & Voices of Recovery ([facesandvoicesofrecovery.org](https://facesandvoicesofrecovery.org))**
2. **NAATP: Wherever You Go You Take Your Trauma with You: Recognizing and Interrupting the Effects of Intergenerational Trauma to Improve Retention in Treatment** – The effects of trauma can show up in how we interact with others, in relationships and in our families. It can also show up in how we parent and even how we manage our money and can even impact our interactions at work. This session will present subtle manifestations of intergenerational trauma and how providers can help clients and treatment facility clinical leaders can help staff interrupt this insidious legacy of past traumas. **Wednesday, August 21, 2024, 12pm CT** [Register](#)
3. **Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops, and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year's sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
  - [Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities](#) **Wednesday, August 21, 2024, 11am-12pm CT**
  - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#) **Wednesday, September 18, 2024, 11am-12pm CT**
4. **A Solution-Oriented Approach for Mental Health and Substance Use Treatment Provision in Rural Communities** – Speakers will explore how Certified Community Behavioral Health Clinics (CCBHCs) address barriers and provide mental health care infrastructure in rural communities. Learn how CCBHCs partner with providers and other community organizations to strengthen care coordination and provide quality services. We will also discuss how to embed diversity, equity and inclusion (DEI) in all aspects of care, including culturally competent services for diverse populations. **Wednesday, August 21, 2024, 11am CT** [Register](#)

5. **PCSS: Behavioral Treatments for Alcohol Use Disorder—Using Harm Reduction as a Path Forward** – Funding for this initiative was made possible by cooperative agreement number 1H79TI086771-01 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. **Thursday, August 22, 2024, 12pm CT** [Register](#)
6. **Be a Part of the Team: Identify and Assess for FASD** – Fetal Alcohol Spectrum Disorders are not rare. In fact, they are more prevalent than either autism or Down Syndrome, but they are rarely diagnosed, denying services to those who need them to address immediate developmental concerns and mitigate lifelong damage caused by prenatal alcohol exposure. **Thursday, August 22, 2024, 1pm CT** [Register](#)
7. **Introductory/Refresher Virtual Screening, Brief Intervention and Referral to Treatment (SBIRT) Training** – Join this SBIRT training for an introduction to best practices you can integrate into your work to build in mental health. **Thursday, August 22, 2024, 1pm CT** [Register](#)
8. **New Cornell Webinar: Improving Vocational Services for Justice/Foster Involved Youth** – The webinar, hosted by Dr. Matthew Saleh and Dr. LaWanda Cook, will describe findings from a 3-year research project related to how youth-serving systems can coordinate to improve employment outcomes for multiple systems involved youth. The presenters will also introduce a toolkit for practitioners outlining strategies for serving these populations, who tend to benefit from VR services at lower rates. **Thursday, August 22, 12-2pm CT** [Register](#)
9. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. [Register](#)
  - **Friday, August 23, 2024, 10am CT**
  - **Friday, September 27, 2024, 10am CT**
  - **Friday, October 25, 2024, 10am CT**
10. **What Now: Xylazine in the Age of Opioid Use Disorder** – As the opioid use crisis continues to progress, communities across the country are now being faced with additional dangers such as the misuse of xylazine, a powerful sedative commonly used for animals, in the drug supply. Recent studies indicate this potent substance, when used with opioids, increases overdose risk and complicates treatment and long-term healthcare. Join as we discuss the history and context of xylazine and opioid use as well as options for treatment and care. **Tuesday, August 27, 2024, 1pm ET** [Register](#)
11. **New Introductory/Refresher Virtual YSBIRT Training** – If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. Participants will learn: 1) How YSBIRT fits in the context of health and providing whole-person, integrated and trauma informed systems of care; 2) The use of evidence-based screening tools for adolescents to identify risk levels of alcohol and drug use; 3) The role of brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions; and 4) Referral and treatment best practices for managing and supporting people with substance use disorders. **Thursday, August 29, 2024, 1pm CT** [Register](#)
12. **New A Conversation About Trauma-Informed, Resilience-Oriented, Equity-Focused (TIROES) Systems and Approaches for IDD Populations** – Join us to learn more and engage in a conversation about TIROE systems (TIROES) and approaches. This session will explore the prevalence and impact of trauma; they key principles of TIROES; what being trauma-informed looks like in daily practice; and the connection to self-care and compassion resilience. **Thursday, August 29, 2024, 11am CT** [Register](#)

13. **Trauma-Focused Cognitive-Behavioral Therapy: Peeking into the Brain of a TF-CBT Therapist** – Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the most empirically supported intervention for children exposed to trauma. In this advanced presentation, Dr. Kliethermes will use a case study to help participants to step through this well-established, evidenced-based practice for childhood trauma. **Thursday, August 29, 2024, 1-4pm CT** [Register](#)
14. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)
15. **CCBHCs and Supportive Housing Webinar Series** – Housing needs are one of the largest challenges facing people served by CCBHCs, and local housing providers are often unaware of the support opportunities available to their residents receiving services from CCBHCs. This four-part series (the first was on July 17) will educate CCBHC grantees on building quality and sustainable partnerships with the housing sector. See below for the other three sessions:
  - Session 4 – [Partnership Examples from CCBHCs](#) – **Wednesday, September 4, 2024, 2:30-4pm CT**
16. **2024 Missouri Preceptor Academy** - The Missouri Preceptor Academy is designed to engage and grow current and future preceptors with key education tools, and strategies to foster a strong preceptor/orientee relationship. This interactive program provides information and practical tools to improve preceptor abilities. **Thursday, September 5, 2024, 7:30am-4:30pm CT** [Register](#)
17. **2024 Missouri Behavioral Health Conference** – This event hosts over 800 behavioral health and substance use professionals, crisis providers, hospital providers, primary care providers, and federally qualified health centers throughout Missouri. **Wednesday-Friday, September 11-13, 2024** [Register](#)
18. **Intermediate Motivational Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, September 11, 2024, 11am CT** [Register](#)
19. **New Treating Anxiety Together: Working with Kids, Caregivers, and Schools** – CBT and Exposure Therapy are best practices when it comes to treating anxious kids. However, treatment outcomes for kids often improve when the clinician collaborates with a child’s parents and school. This program will present a complex case of an anxious child and help participants navigate the process of treating the child’s anxiety while working together with caregivers and school staff. This is an advanced program and participants should have a foundational understanding of cognitive-behavioral and exposure-based therapies. **Thursday, September 12, 2024, 1pm CT** [Register](#)
20. **Three Crucial Factors in Treating Suicide Risk—Lessons Learned From the Interpersonal Theory of Suicide** – Treating a client at risk of suicide is a high-stakes challenge. Because the United States suicide rate has been going up relentlessly for decades, it is especially important for the behavioral healthcare industry to take the next step in continually improving quality care. The Interpersonal Theory is that next step. It is the foundation for the Suicide Prevention Lifeline/988 protocol and training. Join MHHRG for this important discussion **Thursday, September 12, 12 pm CT** [Register](#)
21. **Improving Outcomes for Patients with Communicable Diseases in Substance Use Treatment Settings** – This webinar will include a discussion of key communicable diseases (e.g., Hepatitis B, Hepatitis C, HIV, Syphilis, Tuberculosis, and more) including prevalence, and recommendations for screening, testing, and treatment; benefits

of an integrated approach supported with state examples; and the sharing of key resources. **Thursday, September 12, 2024, 2pm CT** [Register](#)

22. **Diagnosis and Treatment of Obsessive-Compulsive Personality Disorder** – This webinar will provide a thorough overview of obsessive-compulsive personality disorder and its most empirically-supported psychotherapies. **Friday, September 13, 2024, 9am-12pm CT** [Register](#)
23. **Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities** – Mental health and substance use treatment is often inaccessible for unhoused populations. This webinar will focus on the importance of supporting unhoused populations and connecting them with necessary services without judgment or stigma. Speakers will highlight the social determinants of health that impact access to treatment in rural and urban communities. We will also explore innovative approaches to working with unhoused populations, including children, youth and adults, so they can successfully navigate local systems and receive critical resources and care. **Wednesday, September 18, 2024, 11am CT** [Register](#)
24. **New Save the Date: Infectious Disease Management in Behavioral Health – OCMO Webinar** - The Substance Abuse and Mental Health Services Administration (SAMHSA) Office of the Chief Medical Officer in collaboration with the Center for Mental Health Services (CMHS), the Center for Substance Abuse Prevention (CSAP), and the National Center for HIV, Viral Hepatitis, STD, and TB Prevention (NCHHSTP) at the Centers for Disease Control and Prevention (CDC) will conduct a webinar on infectious disease management in behavioral health. The webinar will be led by Dr. Jonathan Mermin, Director, NCHHSTP, and CAPT Christopher Jones, Director, CSAP. Dr. Mermin and CAPT Jones will provide an overview of the syndemic of infectious disease and substance use, harm reduction approaches, interagency collaborative efforts, and strategies for leveraging available resources to prevent adverse health outcomes. Attendees will have the opportunity to engage with the presenters via a moderated question and answer segment at the conclusion of the presentation. **Thursday, September 19, 2024, 2pm CT** [Register](#)
25. **New Trauma Informed Conflict De-Escalation: Creating and Maintaining a Safer Environment for You and Your Clients** – Clients facing a myriad of life’s challenges can show up in our organizations and practices as frustrated and agitated. When we as practitioners are also on-edge, tensions can escalate quickly. This workshop uses trauma-informed concepts to explore safety in our organizations and explores how we can increase practitioner well-being as a strategy to decrease tension and de-escalate conflict. Through case studies, we will explore conflict and build on our tools to de-escalate conflict in productive, trauma-informed, strengths-based ways while attending to safety for all. **Thursday, September 26, 2024, 1pm CT** [Register](#)
26. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
  - **Thursday, September 26, 2024, 2pm CT**
  - **Thursday, November 28, 2024, 2pm CT**
27. **ECHO Autism: Behavior Solutions in Hospitals** – Registration is now open for the Echo Autism: Behavior Solutions in Hospitals program. This free program is open to **Missouri hospital-based healthcare team members including mental healthcare and emergency department team members**. This program will review best practices for interfering behaviors, managing medical conditions including psychiatric conditions, connecting with community resources and family/caregiver support and more. It starts with on-demand training videos, a live program kickoff via zoon on **October 7**, and regular sessions **each Monday from October 14 through November 18**. Free continuing education credits are available. [Register here](#). If you have questions about this program, please contact Melinda Odum, at [odumm@health.missouri.edu](mailto:odumm@health.missouri.edu).
28. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics



important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)

**Learning Objectives:**

- Understand what dual diagnosis means for people with BHIDD
- Have an understanding of how to assess mental illness in people with IDD
- Understand how to support physical health, wellness, and aging and prevent risk over time
- Learn how to adapt therapy for IDD clients

**Virtual Session Details:**

- **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
- **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)

29. **Navigating the Complexities of the Nurse Manager Role** - Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** [Register](#)
30. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#) now for the following virtual training dates:
- **Tuesday-Wednesday, October 15-16, 2024**
  - **Monday-Tuesday, December 9-10, 2024**
31. **SPARK 2024 Conference** – This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector’s impact and help all families and communities thrive. This in-person event will elevate important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. **October 20-22, 2024** [Register](#)
32. **2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis** – Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this [flyer](#). **Wednesday-Friday, October 23-25, 2024** [Register](#)
33. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024** [Register](#)
34. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. [Register](#)
- **Wednesday, October 30, 2024, 10-11am CT**
  - **Wednesday, January 29, 2025, 10-11am CT**
  - **Wednesday, April 30, 2025, 10-11am CT**
35. **The 65<sup>th</sup> National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024** [Register](#)
36. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. [Register](#)
- **Wednesday, November 6, 2024, 10-11am CT**

- **Wednesday, February 5, 2025, 10-11am CT**
  - **Wednesday, May 7, 2025, 10-11am CT**
37. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. [Register](#)
- **Tuesday, November 12, 2024, 10-11:30am CT**
  - **Tuesday, February 11, 2025, 10-11:30am CT**
  - **Tuesday, May 13, 2025, 10-11:30am CT**
38. **2024 Missouri Substance Use Prevention Conference** – [Save the date](#) – St. Charles Convention Center, **Wednesday-Thursday, November 13-14, 2024.**

## **RECURRING TRAINING OPPORTUNITIES**

1. **Novel Agents for the Rapid Relief of Postpartum Depression** – Join an on-demand webcast on novel agents for the rapid relief of postpartum depression. This webcast will assess the potential paradigm shift associated with novel treatments in the pathophysiology of PPD. After viewing this complimentary webcast, you'll have the opportunity to claim your CME/CE credits! [Register](#)
2. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. [Register](#)
3. **Certified Peer Specialist (CPS) ECHO** – The [CPS Echo](#) is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**
4. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors. FREE [Communities of Practice](#)
5. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorder; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. [Flyer](#)
6. **SAMHSA-funded Technology Transfer Centers (TTC)** – There are three SAMHSA-funded Technology Transfer Centers (TTC) available as a resource in developing and strengthening the specialized behavioral healthcare and primary healthcare workforce that provides prevention, treatment, and recovery support services for substance use disorders and mental illness. The TTC program is comprised of three networks: [Missouri | Prevention Technology Transfer Center \(PTTC\) Network \(pttcnetwork.org\)](#)  
[Mid-America ATTC | Addiction Technology Transfer Center \(ATTC\) Network \(attcnetwork.org\)](#)  
[Mid-America MHTTC | Mental Health Technology Transfer Center \(MHTTC\) Network \(mhttcnetwork.org\)](#)

7. **Advanced Buprenorphine Education: Interactive Patient Cases** – The set of five patient case scenarios offers learners a chance to apply their knowledge in real clinical situations. These cases present contextual situations that facilitate understanding and application of best practices in utilizing buprenorphine for treating opioid use disorder. [Register](#) Download the resource guideline [here](#)
8. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
9. **ASAM Treatment of Opioid Use Disorder Course** – This 8-hour online course covers treating opioid use disorder by using interactive, case-based learning to teach evidence-based practices and also provides the education needed to prescribe buprenorphine. [Register](#)
10. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
11. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)
12. **Health Disparities in Substance Use Disorder** – This module focuses on health disparities in substance use and causes therein, with a special emphasis on racially oppressive values that are harmful to racial and ethnic minoritized populations. [Register](#)
13. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact [Kreasha.Williams@uhkc.org](mailto:Kreasha.Williams@uhkc.org)
14. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
15. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
16. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their

lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)

- **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
- **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO

17. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)

- **September 26, 2024, 2pm CT**
- **November 28, 2024, 2pm CT**

18. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)

19. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

20. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)

21. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)

22. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)

23. **Peer Supervision Training** – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)

24. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)

25. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- Certified Peer Specialist Basic Training – [Register](#)

- Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

26. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)