



Improving lives THROUGH  
supports and services  
THAT FOSTER self-determination.

7/23/24

Missouri Family-to-Family  
FREE Good Life Group  
“How to Tell Your Story”  
July 25, 2024  
12:30 pm

The Missouri Family-to-Family hosts FREE monthly virtual Good Life Group webinars for self-advocates and family members. The Good Life Groups are interactive peer learning collaboratives that allow participants to experience hands-on learning that helps them build their knowledge and skills.

During this Good Life Group, participants will discuss why personal stories are important to share and learn tips for how to better communicate their personal lived experiences with others.

[Register](#) for this event.

Direct questions about this event to [mofamilytofamily@umkc.edu](mailto:mofamilytofamily@umkc.edu)



Missouri Department of Mental Health  
Developmental Disabilities | [dmh.mo.gov](http://dmh.mo.gov)  
573-751-4054

