FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance June 14, 2024

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

- 1. New NASADAD Presentation Several staff from the Division of Behavioral Health (DBH) attended the recent annual joint conference between the Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Association of State Alcohol and Drug Agency Directors (NASADAD). DBH Director, Nora Bock, presented on Missouri's crisis continuum on a panel entitled, Substance Use-Related Crisis and 988. Andrea Kimball, DBH Director of Quality and Compliance, participated in a panel entitled, Effective Strategies for Serving Mothers and Children in Substance Use Disorder Treatment and Continuing Care, offering an overview of Missouri's collaborative efforts to address Maternal and Infant Health issues. NASADAD held its annual business meeting after the conference during which the organization voted to rename the organization, replacing the word "Abuse" with "Agency" to remove the stigmatizing and outdated reference to those struggling with substance use issues.
- 2. **New New Standing Order for naloxone in Missouri effective on June 3 –** The below is from Dr. Heidi Miller, Chief Medical Officer of DHSS, regarding Missouri's newly revised standing order for naloxone (as a reminder, this standing order is the "prescription" that everyone in Missouri is covered by if they were to walk into a pharmacy and ask for naloxone...)

The MO Department of Health and Senior Services is pleased to provide an updated <u>Missouri State Standing Order for Naloxone</u>.

- https://health.mo.gov/data/opioids/pdf/naloxone-standing-order.pdf
- Remember to refresh the website (to prevent cache/cookies pulling up old version).
- This updated standing order is active starting Monday, June 3, 2024.
- It replaces the standing order for naloxone that was dated August 22, 2023.
- Please always reference this DHSS website link to retrieve the current standing order.

This updated version includes key changes include the following:

- 1. Prescription updates to include the most evidence-based formulations and doses.
- 2. Patient eligibility updates to be more accurate, inclusive, and patient-centered.
- 3. Revision of refill instructions to allow additional naloxone units to be dispensed without erroneously sending refill requests to my clinical practice.
- 4. Updated labeling and communication specifications that align with prescription bottle character limits and prescription software restrictions.
- 5. Addition of primary care community health centers in the appendix list of facilities that provide treatment for substance use disorders.
- 3. New Revised Breast Pump Bulletin Effective for dates of service on or after April 1, 2024, the MO HealthNet Division (MHD) will allow reimbursement for manual and electric breast pumps as purchase-only items. Participants must be in their third term of pregnancy to qualify for coverage. Prior authorization is not required. Participants are limited to one (1) manual or one (1) electric pump per lifetime. Services through the Missouri Women, Infants, and Children (WIC) program should be exhausted before billing MHD. Learn More

4. **New** Webinar on Dental Procedures Performed in Ambulatory Surgical Centers — Please join the MO HealthNet Division (MHD) on June 17, 2024, for a training specifically for Ambulatory Surgical Cetner (ASC) providers covering how to bill for dental procedures. This is a one-hour virtual training beginning at 1 p.m. The training will cover the information below, as well as additional billing information and MHD resources.

Effective for dates of service on or after July 1, 2023, MHD implemented a new ASC fee schedule based on Medicare's ASC payment system. The state-developed fees for covered ASC surgical procedures are based on 90% of the Medicare ASC rates, effective January 1 of each year.

MHD reimburses MO HealthNet-enrolled ASCs for dental procedures performed in their facilities. Under the new ASC payment methodology, providers should bill using the Current Dental Terminology (CDT) codes included on the MHD Fee Schedule under "Other Medical," with the SG modifier, to receive maximum reimbursement for services. Providers should contact MHD.ClinicalServices@dss.mo.gov if a CDT code for a procedure with the SG modifier is not found on the MHD Fee Schedule.

This information also applies to providers contracted with MHD's Managed Care Organizations.

Register today for the June 17th Dental Procedures Performed in Ambulatory Surgical Centers Webinar.

Povider Navigating Provider Procedures or register for an uncoming provider training for more information on Navigating Provider Procedures or register for an uncoming provider training for more information on Navigating Provider Procedures or register for an uncoming provider training for more information on Navigating Provider Procedures or register for an uncoming provider training for more information on Navigating Provider Procedures or register for an uncoming provider training for more information on Navigating Procedures or register for an uncoming provider training for more information on Navigating Procedures Procedures

Review <u>Navigating Provider Resources</u> or register for an upcoming <u>provider training</u> for more information on MHD Fee Schedules.

- 5. New Alcohol Use Disorder Alcohol use increased dramatically during the pandemic, and research shows that usage is continuing to increase. Reports from the Substance Abuse and Mental Health Services Administration shows that the percentage of the US population that reports drinking and binge drinking are both still trending upward. MO HealthNet's goal is to raise awareness about the services and treatments available for participants with AUD. Studies show that both medications and counseling can be successful in treating AUD. Review the new AUD Fact Sheet to lean more. Contact us if you have questions.
- New Pharmacy Preferred Drug List & Utilization Management Edit Update MO HealthNet is required to complete
 an annual review of all drug coverage criteria per 13 CSR 70-20.200 Drug Prior Authorization Process. Web page:
 https://mydss.mo.gov/mhd/pharmacy-clinical-edits-pdl.
- 7. New Missouri Department of Health and Senior Services sponsors Summer Meal Sites for kids 0-18 years old These meal sites provide food at no cost, supporting student nutrition outside of the school year. There are two ways to find a meal site near you:
 - Online: Visit https://buff.ly/4aPDZLS for an interactive map of the available meal sites in Missouri.
 - Phone: Text "Summer Meals" to 914-342-7744 for information on nearby meal sites.
- 8. New 2024 SAMHSA National Strategy for Suicide Prevention & Zero Suicide meeting Members of the Division of Behavioral Health's prevention team attended a 2024 SAMHSA National Strategy for Suicide Prevention and Zero Suicide grantee meeting in Washington, D.C. last week. Missouri's prevention team connected with colleagues across the country who share a commitment in fostering mental health and well-being and learned new strategies to enhance Missouri's suicide prevention efforts. Missouri is one of 25 states, health agencies, and tribes who received a 5-year grant in 2023 to implement Zero Suicide in Health Systems. Christine Smith, Director of Prevention and Crisis Services, presented on a panel entitled, Communicating Your Data.

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

JOB ANNOUNCEMENTS

Evidence Based Services & Review Specialist - DBH

This Specialist will conduct statewide fidelity reviews and provide technical assistance to behavioral health programs in identified evidence-based practices including Assertive Community Treatment (ACT), Dialectical Behavioral Therapy (DBT), Integrated Treatment for Co-occurring Disorders (ITCD) and Individualized Placement and Support (IPS). *Apply by Friday, June 21, 2024* Learn More and Apply!

FUNDING OPPORTUNITIES

- 1. SAMHSA Grants Dashboard Learn More
- 2. HRSA Funding Opportunity: Supporting Fetal Alcohol Spectrum Disorders Screening and Intervention This program aims to both reduce alcohol use during pregnancy and improve outcomes for children with fetal alcohol spectrum disorders (FASD). The program focuses on communities with higher rates of binge drinking during pregnancy, including rural areas and medically underserved communities. Specifically, the program provides education to primary care providers on the use of screening, intervention, and referral processes for high-risk pregnancies. The program's goals include:
 - "Increase primary care providers' knowledge of the risks of drinking alcohol during pregnancy
 - Promote recommended screening, interventions, and referral approaches; and
 - Develop skills to identify and manage FASD, with an emphasis on fostering effective communication with families"

HRSA will provide one award of up to \$950,000 for a one year project. *Applications are due June 21, 2024.* Related documents

- 3. BJA Funding Opportunity: FY24 Comprehensive Opioid, Stimulant, and Substance Use Site-Based Program –
 Through this program, BJA aims to develop comprehensive programs to address the overdose crisis and the impacts of illicit opioids, stimulants, and other substances. Application due date: Monday, July 8, 2024 Learn More
- 4. Navigators in States with a Federally-facilitated Exchange CMS announced the 2024 Navigator Notice of Funding Opportunity (NOFO) which makes funding available to eligible entities and individuals to apply to operate as Navigators in the 29 states with a Federally-facilitated Exchange (FFE). Navigators help people access health insurance through the state's FFE. Application due date: Monday, July 8, 2024 Learn More to view the Notice of Funding Opportunity, visit: https://www.grants.gov/search-results-detail/349642 FAQs, visit: https://www.cms.gov/files/document/2024-navigator-nofo-faqs-applicants.pdf
- 5. SAMHSA Funding Opportunity: Minority AIDS Initiative: Substance Use Disorder (SUD) Prevention and Treatment Pilot Program The Minority AIDS Initiative: Substance Use Disorder (SUD) Prevention and Treatment Pilot Program is designed to help States and Territories "...provide substance use prevention, substance use disorder (SUD) treatment, HIV, and viral hepatitis prevention and treatment services for racial and ethnic individuals vulnerable to a SUD and/or mental health condition, HIV, viral hepatitis, and other infectious disease (e.g., sexually transmitted infections)." The program aims to pilot a syndemic approach to reducing SUD, HIV, and viral hepatitis by combing comprehensive prevention and treatment services specifically to minority groups at increased risk for SUD and infectious diseases. Application due date: Friday, July 12, 2024 Learn More

INFO & RESOURCES

- 1. New Find Support Social Media Toolkit Find Support is an online guide that helps people navigate through common questions when they are at the start of their journey to better behavioral health. The guide, available in English and Spanish, includes resources to help find support, cope, learn about treatment, pay for treatment, help someone else, and get help now. These English and Spanish-language social media materials can help you spread the word about these resources.
- 2. New FCC Now Accepting Comments on 988 Georouting On May 29th, the Federal Communications Commission (FCC) proposed to require wireless carriers to implement one or more georouting solutions for calls to the 988 Suicide & Crisis Lifeline to ensure that calls are routed based on the geographic location for the origin of the call, rather than the area code and exchange associated with a wireless phone. The FCC also seeks comment on a variety of issues related to the implementation of a georouting solution for wireless calls, non-wireless calls, and text messages to the 988 Suicide & Crisis Lifeline. Comments are due on or before June 28, 2024. Learn more and comment
- 3. **New National Strategy to Improve Maternal Mental Health Care** Maternal mental health conditions, substance use disorders (SUDs), and their co-occurrence have reached crisis levels in the United States and are among the most common complications of pregnancy. Suicide, drug overdose, and other incidents and conditions related to mental health and SUDs are the leading cause of pregnancy-related deaths. Read More
- 4. **New Mental Health in Rural Communities Toolkit** This toolkit compiles evidence-based and promising models and resources to support organizations implementing mental health programs in rural communities across the United States. The modules in the toolkit contain resources and information focused on developing, implementing, evaluating, and sustaining rural mental health programs. Read More
- 5. **New Behavioral Health Resources for Children and Families** The Office of Early Childhood Development and the federal government are committed to advancing the integration of behavioral health in early childhood programs to support children and families. Read More
- 6. New 2024 Older Veteran Behavioral Health Resource Inventory This inventory provides information on resources to help health and social service professionals support older Veterans and other older adults who have or are at risk for behavioral health conditions. This inventory is not exhaustive. Rather, it provides an overview of programs and publications on topics including posttraumatic stress disorder, suicide preventions, long-term services and supports, and much more. Read More
- 7. New CMS Updates Mental Health and Substance Use Disorders Content on Medicare.gov In recognition of Mental Health Awareness Month, CMS has updated Medicare.gov with an easy-to-navigate section highlighting the mental health and substance use disorder services covered by Medicare. This is part of CMS' Behavioral Health Strategy to ensure that high-quality behavioral health services and supports are accessible to the people CMS serves.
- 8. New CSG Release New Guide: Elevating the Voices of Lived Expertise in the Criminal Justice and Behavioral Health Systems This new guide from the Council of State Governments Justice Center explores how to engage people with lived experience in the criminal justice and behavioral health systems to advance policies and programming at this intersection. Written by a panel of people with lived experience, the guide emphasizes transparency, trust, and diverse representation as key considerations to ensure that engagement processes are effective; focuses on building reciprocal partnerships; and advocates for fair compensation and meaningful participation at all decision-making levels. The accompanying checklist details practical steps for organizations to establish a lived experience advisory panel, zooming in on implementing one method of engagement.

- 9. New National Action Alliance for Suicide Prevention Releases New 988 Formative Research on Trusted Messengers On May 21, The National Action Alliance for Suicide Prevention released new critical research and communications tools for 988. These novel resources are focused on engaging the trusted messengers that people turn to for reliable, unbiased information and help when they're struggling with their mental health or in crisis. As part of the 988 Formative Research Project's ongoing efforts, a toolkit for culturally relevant communications is also available. This toolkit is a comprehensive guide for brands and mental health organizations that seek to effectively communicate about the 988 Suicide & Crisis Lifeline to trusted messengers of populations that are disproportionally impacted by suicide. This toolkit offers insights into key messaging values and principles, as well as specific messaging strategies tailored for different messenger cohorts.
- 10. New FDA Advisory Committee Rejects First MDMA Treatment for PTSD The US Food and Drug Administration's (FDA) Psychopharmacologic Drugs Advisory Committee (PDAC) voted against a midomafetamine (MDMA)-based therapy for the treatment of post-traumatic stress disorder (PTSD) in adults. Read More
- 11. New Helping Patients Navigate the Stimulant Shortage and Other Challenges in Adult ADHD Unprecedented demand, supply shortages, and production delays have resulted in an ongoing shortage of stimulant medications to treat adult attention-deficit/hyperactivity disorder (ADHD), placing both patients and providers in a frustrating situation. Read More
- 12. New A New Resource for Young Adults LifeLaunch Missouri, https://lifelaunchmo.org/, was created BY and FOR young people navigating the journey to adulthood as well as for those who are providing support along the way. It is a statewide resource hub with videos, resources, infographics, and messages of hope all centered around the common experiences transitioning from adolescence into adulthood. The project, Missouri Transition Age Youth-Local Engagement and Recovery (MO TAY-LER), was overseen by the Missouri Department of Mental Health (DMH) and sought to improve access to treatment and support services for transition age youth with serious mental health disorders. Under the direction of DMH, with oversight and coordination by BHN, MO TAY-LER brought together dynamic teams at BJC, Compass, and Places for People, notably involving numerous young adults, to create a centralized resource hub. This hub is dedicated to addressing and facilitating the essential aspects of this transformative journey to adulthood. The creation of the LifeLaunch Missouri website was funded through the Federal Health and Human Services Department (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA), grant number H79SM081978.
- 13. New FDA Approves First Liquid, Non-Stimulant for Pediatric ADHD The U.S. Food and Drug Administration (FDA) approved Tris Pharma, Inc.'s ONYDA™ XR (clonidine hydrochloride), a once-daily extended-release oral suspension medication, for the treatment of attention-deficit/hyperactivity disorder (ADHD) in patients 6 years and older. Read More

TRAINING OPPORTUNITIES

- Mental Health First Aid Mental Health First Aid teaches you to recognize signs and symptoms of mental health
 and substance use challenges. It will prepare you to help a family member, friend, co-worker, or neighbor. This
 interactive training is valued at \$170 per person, but is being brought to Missourians at no charge by Missouri's
 Department of Mental Health and other sponsors. Register
 - Thursday, July 18, 2024, 11:30am-5:00pm
- 2. Translating EDI Practice Into Action Series Successfully leading equity, diversity, and inclusion (EDI) initiatives in the workplace requires a deep understanding of the common challenges that affect organizational culture, as well as practices that build bridges and create a stronger community. This virtual learning series is designed for staff who are leading their organizations' EDI efforts and want to grow their understanding and application of key EDI concepts. Participants will be able to better address complex workplace dynamics and craft meantingful strategies for growth.

- Psychological Safety and Equity Thursday, June 20, 2024, 11am-1pm CT Register
- 3. Empowering Clients to Embrace Financial Wellness: A training for providers on financial wellness strategies for clients This specialized training program is designed to provide practical guidance, resources, and support tailored to the unique needs and challenges faced by people with disabilities in managing their finances. This two-day inperson training will provide an overview of financial wellness, highlight activities to incorporate within service delivery, including case management services, and identify resources and tools to help move individuals toward financial wellness. Register
 - Kansas City, MO, PACE KC *June 26-27, 2024, 9am-4pm CT*
- 4. Workforce Solutions Jam: Aligning Across Levers of Change Addressing the workforce crisis requires a comprehensive approach that aligns and "pulls" multiple levers of change in concert and over time to create meaningful impact. A combination of infrastructure development and the implementation of workforce strategies has shown promising results in one State via a collaborative and intentional approach to advancing workforce solutions. Tuesday, June 18, 2024, 12pm CT Register
- 5. Applied Suicide Intervention Skills Training (ASIST) ASIST is a two-day interactive workshop in suicide first aid. Participants learn to recognize when someone may be at risk of suicide and respond in ways that help increase their immediate safety and link them to help further. ASIST aims to enhance a caregiver's abilities to help a person at risk avoid suicide. *Tuesday-Wednesday, June 18-19, 2024* Register
- 6. Nourishing Growth: Uprooting Eating Disorders and Trauma Participants will develop the ability to identify characteristics of Eating Disorders outlined in the DSM. Delving deeper, they will gain valuable insights into understanding eating disorders as manifestations of trauma reenactment. Thursday, June 20, 2024, 12pm CT Register
- 7. New Reducing Suicide Ideation Through Mindfulness The CDC reports that 45,979 people died by suicide in the United States in 2020, which is 1 death every 11 minutes. The loss of life in this manner is heartbreaking, unnecessary and it impacts all of us collectively. While death by suicide is multi-dimensional, research shows that mindfulness interventions can contribute to the reduction of suicide ideation. Empowering individuals with skills to mitigate risk factors such as stress, sleep disruptions, unhealthy thought patterns, and self-critical judgment, is essential to cultivating awareness and self-understanding and creating lasting change. This, in conjunction with other clinical interventions, can increase the likelihood that individuals can successfully navigate difficult thoughts, emotions and experiences that may lead to suicide ideation. Thursday, June 20, 2024, 1-4pm CT Register
- 8. Social Justice Leadership Academy (SJLA) Learning Series This is a free, monthly virtual learning opportunity combining informational presentations, workshops and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year's sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
 - Supporting LGBTQ+ Communities With an Intersectional Lens Thursday, June 20, 2024, 11am-12pm CT
 - Promoting Social Equity for Underrepresented Individuals in the Workforce Thursday, July 18, 2024, 11am-12pm CT
 - Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities Wednesday, August 21, 2024, 11am-12pm CT
 - <u>Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities</u> **Wednesday, September 18, 2024, 11am-12pm CT**
- 9. Workforce Development Learning Community Choose to attend one or more of the following sessions. Register
 - Thursday, June 20, 2024, 2pm CT

- Thursday, July 18, 2024, 2pm CT
- Thursday, August 15, 2024, 2pm CT
- 10. 2024 Missouri Crisis Conference The Missouri Department of Mental Health and Missouri Behavioral Health Council have partnered to bring together crisis providers and advocates to learn, network, and grow Missouri's crisis care continuum of services! Registration is free! *June 24-25, 2024* Register
- 11. Opioid Response Network Virtual Recovery Ambassador 3-day Training This training prepares individuals to advance public understanding and appropriate responses to SUD. Course material includes instruction in participation on advisory councils, recruiting volunteers, building messages, organizing community action, engaging policy makers, raising money and renewing team effort. *Tuesday-Thursday, June 25-27, 2024, 10a-3pm CT* Register
- 12. Opioid Response Network Virtual Learning Cohort: Exploring Multiple Pathways Recovery and healing are not "One Size Fits All." This virtual workshop will explore the abundance of pathways people find towards recovery. This training aims to change perspectives and help participants learn about the diverse ways that individuals can get into and maintain recovery. Wednesday, June 26, 2024, 1pm CT Register
- 13. Social Work Supervision: Overcoming Common Challenges As if practicing social work was not challenging enough, many find that providing social work supervision presents additional challenges. These challenges can include supervisee skill and development, agency issues, process and systemic issues and the licensing requirements. Thursday, June 27, 2024, 1-4pm CT Register
- 14. Diagnosis and Treatment of Eating Disorders Webinar This webinar will educate participants on the signs and symptoms of eating disorders and all the ways those symptoms can manifest in different patients. Participants will also grow in their confidence to interact with those suffering from eating disorders and know when to refer them to a specialist or a higher level of care. *Friday, June 28, 2024, 9am-12pm CT* Register
- 15. Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. Click to register for the collaborative

Learning Objectives:

- Understand what dual diagnosis means for people with BHIDD
- Have an understanding of how to assess mental illness in people with IDD
- Understand how to support physical health, wellness, and aging and prevent risk over time
- Learn how to adapt therapy for IDD clients

Virtual Session Details:

- Wednesday, July 17, 2024: Crisis Prevention and Intervention: Reducing Risk
- Wednesday, July 31, 2024: Wellness and Aging
- Tuesday, October 8, 2024: Substance Use Disorder and IDD
- Wednesday, October 23, 2024: Adapting Therapy with IDD Clients (including alternative therapies)
- 16. 2024 Missouri Suicide Prevention Conference If you have been touched by suicide or want to know more about suicide prevention, registration is open for the FREE Missouri Suicide Prevention Conference taking place on *July 24*, 2024, in Cape Girardeau. Attendees will learn about suicide risk factors and new evidence-based programs, hear from individuals with lived experience, and network with others across the state who are concerned about this topic. Register
- 17. Culturally Competent Community of Learning (CCCL) Information Exchange Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion,

and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: Register

- Thursday, July 25, 2024, 2pm CT
- Thursday, September 26, 2024, 2pm CT
- Thursday, November 28, 2024, 2pm CT
- 18. 2024 Annual Missouri EMS Conference and Expo The conference will bring together diverse industries and disciplines from the nation's Midwest around the evolving role of EMS in emergency and whole-person care through innovative and novel partnerships and care integration. The sessions, carefully curated to address the most pressing issues in healthcare, cover a wide range of topics, including emergency care, mobile integrated healthcare, primary care, behavioral health, substance use disorder, maternal health, and oral health. There is an early bird deadline of June 30, 2024! Monday-Thursday, August 5-8, 2024 Register
- 19. 2024 NASADAD National Prevention Network Conference Registration Now Open The NASADAD National Prevention Network (NPN) Conference highlights the latest research in the substance use prevention field. It provides a forum for prevention professionals, coalition leaders, researchers, and federal partners to share research, best practices and promising evaluation results for the purpose of integrating research into prevention practice.

 August 13-15 in Phoenix, AZ Register
- 20. **Zero Suicide Academy** The Zero Suicide Academy is a two-day training for leaders of health, behavioral health, and substance use treatment organizations seeking to reduce suicides among patients in their care. The training will take place in Columbia, Missouri, on *August 14-15, 2024, 8:30am-4:30pm* Apply
- 21. Real Voices Real Choices Conference This annual conference aims to unite, inform, and empower individuals and families living with mental illness, developmental and intellectual disabilities, and those in recovery for substance use disorders. Registration is OPEN and will close on July 1, 2024. Sunday-Tuesday, August 25-27, 2024, at Margaritaville Lake Resort Register
- 22. Advanced Peer Supervision Virtual Training The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: Thursday-Friday, August 29-30, 2024 (Virtual). Register
- 23. New Peer Summit Elevating Professionalism Together This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. Thursday-Friday, October 24-25, 2024 Register
- 24. **2024 Missouri Substance Use Prevention Conference** <u>Save the date</u> St. Charles Convention Center, Wednesday-Thursday, November 13-14, 2024.

RECURRING TRAINING OPPORTUNITIES

1. Addiction Science Team Summer Schedule of Harm Reduction Training is Here! – The Addiction Science Team's summer schedule of harm reduction training is here! All trainings are free and virtual, and registration is now open for dates in May, June and July. Anyone is welcome to join - including professionals, community members, program participants and students.

Training offerings include topics like Foundations of Harm Reduction, Overdose Education, Stimulant Harm Reduction and more! <u>Learn more about the trainings and register here</u>. We also offer organization-specific training for staff and/or participants - you can fill out a <u>request form online also</u>.

- Advanced Buprenorphine Education: Interactive Patient Cases The set of five patient case scenarios offers
 learners a chance to apply their knowledge in real clinical situations. These cases present contextual situations that
 facilitate understanding and application of best practices in utilizing buprenorphine for treating opioid use disorder.
 Register Download the resource guideline here
- 3. **ASAM Fundamentals of Addiction Medicine** The ASAM Fundamentals of Addiction Medicine is an 8-hour, ondemand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. Register
- 4. **ASAM Treatment of Opioid Use Disorder Course** This 8-hour online course covers treating opioid use disorder by using interactive, case-based learning to teach evidence-based practices and also provides the education needed to prescribe buprenorphine. Register
- 5. The ASAM Pain & Addiction: Essentials This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. Register
- 6. **ASAM Motivational Interviewing Mini Courses** ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. Register
- 7. **Health Disparities in Substance Use Disorder** This module focuses on health disparities in substance use and causes therein, with a special emphasis on racially oppressive values that are harmful to racial and ethnic minoritized populations. Register
- 8. Striking a Balance: Understanding Pain and Opioids 2024 This course is designed to meet the FDA's Opioid Analgesic REMS and will cover the latest science and best practices surrounding the prescription of opioids for pain.

 Register
- 9. Culturally and Linguistically Appropriate Services Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
- 10. HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals —
 These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. Learn more and register here
- 11. Monthly Tobacco Use Disorder Integration Office Hours Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights

and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** Register

12. Harm Reduction Trainings – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. Registration is open for training dates in May-July. Anyone is welcome to join - including professionals, community members, program participants and students. Addiction Science also offers organization-specific training for staff and/or participants by request. Register for or request organization training here.

Training offerings include:

- Foundations of Harm Reduction
- Harm Reduction In Practice
- Overdose Education and Naloxone Distribution (OEND)
- Intramuscular (IM) Naloxone Use
- Stimulant Education: Harm Reduction & Overamping
- Fentanyl Test Strips 101
- Specialty Peer Integration Training (online, self-paced)
- Wound Care for Non-Clinicians (online, self-paced)
- 13. 2024 Missouri Recovery Support Specialist Training The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. Register for any of these trainings
 - June 19-21, 2024 8am-5pm Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - July 22-24, 2024 8am-5pm Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
 - August 12-14, 2024 8am-5pm Location: Healing House 4505 St John Ave, Kansas City, MO
 - August 27-29, 2024 8am-5pm Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - September 17-19, 2024 8am-5pm Location: Mission Missouri 509 Ruth St, Sikeston, MO
- 14. Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice You can choose to attend one or more of the following Thursday sessions. Register
 - July 25, 2024, 2pm CT
 - September 26, 2024, 2pm CT
 - November 28, 2024, 2pm CT
- 15. Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. Watch the Video Series Now
- 16. NAMI-Parents Supporting Parents Group Prepping Mental Health for School Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. Register
- 17. NAMI Basics NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions.

Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. Register

- 18. Family Support Provider Training A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. Register
- 19. Youth Peer Specialist (YPS) The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.

 Register
- 20. Peer Supervision Training ALL ONLINE Self Study Course Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 21. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 22. 2024 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training <u>Register</u>
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS
 or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being
 offered during the current quarter. Register
- 23. 2024 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register