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ANNUAL STATUS REPORT ON MISSOURI'S SUBSTANCE USE AND MENTAL HEALTH

30TH EDITION -- 2024

**MISSOURI DEPARTMENT OF MENTAL HEALTH
DIVISION OF BEHAVIORAL HEALTH**

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30TH EDITION — 2024

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INTRODUCTION

One-fourth of Missouri adults experienced a mental illness during the past year. One-tenth of Missouri adolescents and one-fifth of Missouri adults had a substance use disorder. These alarming statistics come from recently-released Missouri estimates in a report from the National Survey on Drug Use and Health. The new report finds that approximately 943,000 Missouri residents have a substance use disorder and 1,248,000 adults have a mental illness. The report also estimates that one-fifth of Missouri adolescents and one-tenth of adults had a past-year major depressive episode. More than ever before, these issues are impacting our society and daily lives. The annual Status Report on Missouri's Substance Use and Mental Health has been compiling prevalence and behavioral health data since 1995, and this report marks the 30th edition.

Each edition of this report is a work-in-progress. Sets of data become available at different times of the year. The links in this report will be activated as the data become available and are published. Besides results from the National Survey, two other large Missouri prevalence surveys will be completed in 2024. The Missouri Student Survey (MSS) is conducted in even-numbered years and administered to students in grades 6-12. Nearly 90,000 Missouri students completed the 2022 survey. The Missouri Assessment of College Health Behaviors is administered annually to students at 24 Missouri colleges and universities. In 2023, more than 5,000 students participated in the survey.

Many thousands of unfortunate behavioral events stem from mental illness, substance use disorders, and other closely related conditions. Some of these events are displayed in multi-year trend charts and county-level profiles. The charts and tables provide data from health facilities, social services, law enforcement, and other agencies that encounter individuals and families with behavioral health issues.

The Division of Behavioral Health (DBH) manages programs that provide treatment and support services to more than 100,000 Missouri residents annually. Separate sections of this report provide county-level profiles quantifying the mental health and substance use disorder treatment services these programs are providing.

The Missouri Behavioral Health Data archive houses most of the data from past editions of this annual Status Report, as well as data from the Missouri Student Survey. To access this site, visit <https://seow.dmh.mo.gov/>.

Please direct inquiries, comments, and suggestions regarding this report and our other data products to DBHResearch@dmh.mo.gov.

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