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Behavioral Health and Intellectual/Developmental Disabilities (BHIDD)

Adaptive Strategies Video Series

Despite long-held beliefs that people with intellectual and/or developmental disabilities (I/DD) may not benefit from mental health treatment, people with I/DD *can* successfully utilize integrated medical, mental, and behavioral healthcare. The National Association of State Directors of Developmental Disabilities (NASDDDS) has announced the second installment of the Adaptive Strategies video series featuring specific interventions and treatments highlighting modifications and adaptations for people with I/DD.

People with I/DD experience behavioral and physical health issues at rates higher than the general population and can benefit from the same evidence-based interventions that are used for people without I/DD. This second installment in the video series, developed in collaboration with Louisiana's Office for Citizens with Developmental Disabilities and the Missouri Department of Mental Health, focuses on modifying Dialectical Behavior Therapy (DBT) for people with I/DD.

[Access the video series.](#)

