

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance ***March 22, 2024***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New 2024 Mental Health Champions Banquet** – Each year three remarkable Missourians, who have overcome many challenges to make life better for themselves, others, and their communities, are selected to receive the Missouri Mental Health Champions’ award. This year’s champions are: Audrey Whittenberg, Clifford Atterberry, and Lilly Eikermann. This year’s banquet is **Tuesday, May 7, 2024** at the Capitol Plaza Hotel and Convention Center in Jefferson City. Registration just opened! [Register Now](#)
2. **New MHDC Community Programs Resource Webinar** – This webinar is for Missouri nonprofits and community organizations to learn more about available MHDC funding opportunities and resources for homelessness assistance programs. **Tuesday, April 9, 2024, 12pm-1pm CT** [Register](#)
3. **New Sequential Intercept Model (SIM) Mapping** is a statewide, but community-based project wherein SIM Mapping workshops are held in every county. SIM Mapping is a community strategic planning tool to assess available resources, determine gaps in services, and plan for community change. It is a partnership between DMH, OSCA, and the Missouri Behavioral Health Council. The priorities identified helps to impact policy recommendations to the Justice Reinvestment Initiative annual report to the Governor. Check to see if your county has gone through the workshop or if the event is on the calendar! [Missouri Behavioral Health Council | Statewide Sequential Intercept... \(mobhc.org\)](#)
4. **New Upstream Youth Mapping** is a community-based approach that leverages judicial resources, court leadership, child welfare agency partnership, along with state, local, and community stakeholder engagement. The goal is to develop a plan of action that strengthens communities; prevents child maltreatment and out-of-home placements; reduce court involvement; and, support safe and healthy families. [Missouri Behavioral Health Council | Upstream Youth Mapping... \(mobhc.org\)](#)
5. **New The Substance Abuse and Mental Health Services Administration (SAMHSA)** recently released a new resource video on the importance of 988. The video, [What is 988 and How Does it Work? | SAMHSA](#), is a comprehensive compilation featuring crisis counselors, professors, and peer specialists. The video allows the viewer to hear directly from the people working 988 as they collectively explain what people can expect when they call, text, or chat 988. The video features Tyler Hannsz from DeafLEAD, Missouri’s statewide 988 text and chat provider.
6. **Early Psychosis Care (EPC) Center’s introduces the Youth Advisory Council (YAC)** – EPC is proud to facilitate a youth advisory council! Youth and young adults aged 15-35 with lived experience with psychosis are invited to join our virtual meetings, where they can build connections, empower themselves and others, and influence changes. Meetings are held via Zoom on the **second Monday of the month at 6pm CT**. [Sign up here!](#) For more information, reach us at contact@epcmisouri.org.

7. **Update on Administrative Rules** – The following regulations are published in the February 29, 2024, issue of the [Code of State Regulations](#) and will be effective **March 30, 2024**:

9 CSR 30-3.192 Comprehensive Substance Treatment and Rehabilitation (CSTAR) Program for Adolescents (updates terminology and general requirements for adolescent CSTAR programs including age criteria, notification procedures for registered offenders and juvenile sex offenders, eligibility criteria, treatment principles, education, and services provided in schools)

9 CSR 40-4.001 Program and Staffing Requirements/IRTS/PISL (updates terminology, clarifies staff supervision requirements, and adds a provision to allow a LPN to provide nursing oversight and coordination)

9 CSR 40-6.001 Provider Requirements and Program Structure/Family Living Arrangements (adds dietary requirements)

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

JOB ANNOUNCEMENTS

Intermediate Accountant

The Division of Administrative Services Accountant Unit is a multi-faceted unit and provides growth and opportunities for development. **Must apply by March 31, 2024** [Learn More and Apply!](#)

Business Operations Apprentice

This position will be located at Central Office and Fulton State Hospital. As a Business Operations Apprentice for the State of Missouri, you will be an integral part of the Team! **Must apply by April 14, 2024** [Learn More and Apply!](#)

FUNDING OPPORTUNITIES

1. **Financing Peer Recovery Support: Opportunities to Enhance the Substance Use Disorder Peer Workforce** – This webinar summarizes state-by-state peer recovery support services financing, from funding through federal grant programs to current Medicaid reimbursements. **Tuesday, March 26, 2024, 12pm CT** [Register](#)
2. **HRSA Funding Opportunity: Licensure Portability Grant Program** – The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the Licensure Portability Grant Program (LDGP). The LPGP seeks to support innovative multi-State collaborations to enable licensed health care professionals to provide physical health and mental health and substance use disorder (SUD) services through telehealth. Specifically, the LPGP’s objective is to: “...provide support for state professional licensing boards to carry out programs under which licensing boards of various states cooperate to develop and implement state laws and related policies that will reduce statutory and regulatory barriers to telehealth.” HRSA will provide Competing Continuation Awards of up to \$100,000 per award, per year for a 5-year period of performance or New Awards of up to \$150,000 per award. HRSA is also including a special consideration for multi-State licensure collaboratives focused on Licensed Clinical Social Workers. **Applications are due April 8, 2024**. Additional details on eligibility and how to apply can be found [here](#).

3. **New MHDC Community Programs Resource Webinar** – This webinar is for Missouri nonprofits and community organizations to learn more about available MHDC funding opportunities and resources for homelessness assistance programs. **Tuesday, April 9, 2024, 12pm-1pm CT** [Register](#)
4. **SAMHSA Funding Opportunity: Screening, Brief Intervention, and Referral to Treatment** – SAMHSA announced a new funding opportunity for the Screening, Brief Intervention, and Referral to Treatment (SBIRT) program. This program is designed to help States implement the SBIRT public health model for children, adolescents, and/or adults in primary care and community health settings and schools with a focus on underage drinking, opioid use, and other substance use. Ultimately, the program aims to support the expansion of clinically appropriate services for people at risk or diagnosed with substance use disorder (SUD) by promoting the adoption of SBIRT into routine healthcare for a system-level approach to reduce alcohol and other drug consumption. SAMHSA will provide up to 10 awards of up to \$995,000 per year, per award, for up to 5 years for total program funding of \$9,950,000. **Applications are due April 12, 2024.** Additional details on eligibility and how to apply can be found [here](#).
5. **SAMHSA Funding Opportunity: First Responders – Comprehensive Addiction and Recovery Act** – This grant program is designed to support first responders and members of other key community sectors on training, administering, and distributing naloxone and other FDA-approved overdose reversal medications or devices. **Applications are due Monday, April 15, 2024.** Additional details on eligibility and how to apply can be found [here](#). The Notice of Funding Opportunity (NOFO) for the First Responders – Comprehensive Addiction and Recovery Act program can be found [here](#).
6. **SAMHSA Funding Opportunity: Provider’s Clinical Support System – Universities** – This grant program aims to expand substance use disorder (SUD) education to ensure that graduate-level healthcare students receive training on how to identify and treat SUD in mainstream healthcare upon graduation. **Applications are due Monday, April 15, 2024.** Additional details on eligibility and how to apply can be found [here](#). The Notice of Funding Opportunity (NOFO) for the Provider’s Clinical Support System – Universities program be found [here](#).
7. **CDC Funding Opportunity: Drug-Free Communities (DFC) Support Program** – The Centers for Disease Control and Prevention (CDC) recently announced a new funding opportunity for the fiscal year (FY) 2024 Drug-Free Communities (DFC) Support Program - NEW (Year 1). The DFC Support Program is designed to strengthen collaboration among community coalitions working to prevent youth substance use and build safe, healthy, and drug-free communities. CDC will provide up to 100 awards of up to \$125,000 per award, per year for up to 10 years for total program funding of \$62,500,000. **Applications are due April 17, 2024.** Additional details on eligibility and how to apply can be found [here](#).
8. **SAMHSA Funding Opportunities: Prevention Technology Transfer Centers Cooperative Agreements** – SAMHSA announced a new funding opportunity for the Prevention Technology Transfer Centers (PTTC) Cooperative Agreements. The PTTC Cooperative Agreements program aims to maintain and enhance the PTTC Network to provide training and technical assistance services to the substance use prevention field. Recipients will work directly with SAMHSA and across the PTTC Network to improve the implementation and delivery of substance use prevention interventions with a focus on equity for underserved, under-reached populations. SAMHSA will provide up to 11 awards of up to \$739,529 per award, per year for up to 5 years for total program funding of \$8,134,816. Eligible applicants include domestic public and private non-profit entities. **Applications are due April 24, 2024.** The PTTC Cooperative Agreements Notice of Funding Opportunity (NOFO) can be found [here](#).

INFO & RESOURCES

1. **New Register for CMS Interoperability and Prior Authorization Education Session** – This session will include information on the provisions in the CMS Interoperability and Prior Authorization final rule and explain how the rule builds on current CMS policies. **Tuesday, March 26, 2024, 12pm-1pm CT** [Register](#)

2. **New National Council Releases Report on Advancing Measurement-Informed Care in Community Behavioral Health** – The report introduces the idea of measurement-informed care (MIC), an approach that uses a single curated set of measures selected to meet organizations’ clinical care and reporting needs to reduce confusion and misalignment. [Read More](#)
3. **New Naloxone in Public Housing: Success in St. Louis** – This webinar will discuss the responsive cross-sector partnership that arose from a tragic event, which is focused on increasing outreach efforts to public housing facilities in St. Louis and lowering barriers for people to access life-saving naloxone and other health resources. **Thursday, April 4, 2024, 1pm CT** [Register](#)
4. **New FDA Issues Warning Highlighting Risks of Ketamine for Psychiatric Disorder Treatment** – The FDA has recently addressed the growing interest in compounded ketamine products, including oral formulations, for the treatment of psychiatric disorders. [Read More](#)
5. **New Request for Contracted Service Proposals (RFP)** – The Missouri Foundation for Health (MFH) has announced two active Request for Contracted Service Proposals (RFP) for a convening focused on addressing the prevention of suicides among Black youth. The first RFP is open to qualified contractors proficient in event planning and logistics. The second RFP is open to qualified contractors to provide subject matter experience and facilitation services. Interested contractors may apply for both opportunities if they can demonstrate appropriate expertise and capacity to provide the requested services. The proposal deadline is **April 15, 2024**. For more information: [RFCSP-Black-Youth-Suicide-Convening-Logistics-and-Event-Planning.pdf \(mffh.org\)](#)
6. **New Demystifying Relapse: A Recurrence of Symptoms** – This publication explores the concept of symptom recurrence, emphasizing the need to redefine societal perceptions and expectations. In considering substance use as a chronic condition, it addresses the stigma that prevents individuals from seeking support. [Read More](#)
7. **New Demystifying Relapse: Rethinking Return to Treatment** – This publication examines the complexities faced by individuals returning to treatment after a recurrence in symptoms. It spotlights the obstacles and opportunities of reengagement while proposing strategies to improve the effectiveness of treatment methods and coordination of care. [Read More](#)
8. **Trauma-Informed Approaches and Practices to Steer Into and Through This School Year** – This program offers six learning opportunities through diverse and dynamic workshops, from **March 20 to April 24, 2024**. Click below to access registration for any of these:
 - [An expiration of Narrative Exposure Therapy](#)
 - [Trauma-informed school counseling practices for pre-service students and in-service providers](#)
 - [Partnering with families and caregivers for student mental health and wellness](#)
 - [Equity-centered coaching so that we as adults experience the support and care we hope to offer our students](#)

TRAINING OPPORTUNITIES

1. **Adaptive Strategies Video Series – CBT for ID Population** – Despite long-held beliefs that people with intellectual and/or developmental disabilities (I/DD) may not benefit from mental health treatment, we know that people with I/DD can successfully utilize integrated medical, mental, and behavioral healthcare. [Video link](#)
2. **Workforce Development Learning Community** – You can choose to attend one or more of the following sessions. [Register](#)
 - **Thursday, April 18, 2024, 2pm CT**
 - **Thursday, May 16, 2024, 2pm CT**
 - **Thursday, June 20, 2024, 2pm CT**

- **Thursday, July 18, 2024, 2pm CT**
 - **Thursday, August 15, 2024, 2pm CT**
- 3. Treating the Chemically Addicted Couple along the Whole Continuum of Care** – In early recovery from substance use disorder, couples often grapple with three key challenges. To address these struggles, various interventions are employed across residential, intensive outpatient (IOP), and outpatient services, aiming to provide comprehensive support for sustained sobriety. Upon completion of this webinar, attendees will identify three struggles couples face in early recovery from substance use disorder; introduce three interventions utilized in residential, IOP, and outpatient services to support ongoing sobriety; and practice interventions with another participant to facilitate learning objective. **Tuesday, March 26, 2024, 12pm-1pm CT** [Register](#)
 - 4. Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, March 27, 2024, 11am-3pm CT.** [Register](#)
 - 5. Motivational Interviewing** – MI is a conversational approach that empowers people to make meaningful change. **Wednesday, March 27, 2024, 11am-3pm CT** [Register](#)
 - 6. Explore Restorative Justice and Credible Messengers in Juvenile Justice** – This webinar brings together experts from the fields of restorative and juvenile justice to review the current state of research and use of restorative justice practices and credible messengers with youth who are involved in the juvenile justice system or at risk of becoming involved. **Wednesday, March 27, 2024, 1pm-2pm CT** [Register](#)
 - 7. Myth-busting and Skill-building for Treating Binge Eating Disorder** - Binge Eating Disorder (BED) is the most common eating disorder, affecting 3x the number of adults diagnosed with anorexia and bulimia combined! Despite its prevalence, the experiences of clients with BED and how to address them are all too often misunderstood. This 90-minute webinar will help clinicians better understand BED and how to properly treat clients who struggle. **Thursday, March 28, 2024, 9am CT** [Register](#)
 - 8. Coping with the Loss of a Client: Supporting Family Members** – Provides the knowledge and skills necessary to effectively support family members and caregivers who are grieving the loss of a loved one with SMI. **Friday, March 29, 2024, 1pm-3pm CT** [Register](#)
 - 9. Missouri Crisis Intervention Team Conference (10th Anniversary)** – The Missouri Crisis Intervention Team (MO CIT) Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The Missouri Behavioral Health Council has approved this program for behavioral health continuing education contact hours and POST hours. MBHC will be responsible for this program and maintain a record of your continuing education hours earned. **Margaritaville Lake Resort, Osage Beach, MO, Monday-Wednesday, April 1-3, 2024.** [Register](#)
 - 10. BHST/VIC Virtual Trainings** – The Office of Disaster Services will be hosting virtual trainings for the Behavioral Health Strike Team-Victim's Information Center volunteers throughout the start of 2024. Select dates you would like to attend. [Register](#)
 - **Caring for Children in Disasters** – **Monday, April 1, 2024 10am-11:30am CT**
 - **Addressing Grief** – **Tuesday, April 9, 2024 1pm-2:30pm CT**
 - 11. Words Matter Stigma and Language** – This webinar will explore how the words we use affect individuals in recovery. This session will focus on how to utilize our words to create greater inclusivity, apply strategies to de-stigmatize individuals with Substance Use Disorder, and perform language audits within your organization. **Wednesday, April 3, 2024, 1pm-2pm CT** [Register](#)

12. **Implementing the 4Ms-Behavioral Health: Applying the 4Ms of an Age-Friendly Health System in Mental Health and Substance Use Services** – *Friday, April 5, 2024, 12pm CT* [Register](#)
13. **Virtual Training to Prescribe Medications for Opioid Use Disorder** – Visit the Providers Clinical Support System website to access free trainings on the treatment and management of patients with opioid or other substance use disorders. Trainings count towards the Drug Enforcement Administration’s (DEA) new eight-hour training requirement when applying for or renewing your DEA license. *Monday/Tuesday, April 8-9, 2024, 8am-5pm CT* [Register](#)
14. **CAPE-Youth Webinar: State Policies to Improve Mental Health and Employment of Youth with Marginalized Racial Identities** – The webinar will feature discussion on improving mental health access for youth with marginalized racial identities from speakers with the White House Domestic Policy Council and policymakers. *Tuesday, April 9, 2024, 12:30pm CT* [Register](#)
15. **Early Psychosis Conference** – The Early Psychosis Care (EPC) Center is hosting their second annual Early Psychosis Conference at the Courtyard by Marriot Blue Springs, Kansas City. Conference sessions are a combination of lectures and interactive workshops tailored to behavioral health providers, individuals with lived experience, their families/social supports, students, and researchers. *Wednesday/Thursday, April 10-11, 2024, 9am-5pm CT* [Register](#)
16. **2024 MO Association of Treatment Court Professionals Conference** – Registration for the 2024 MO Association of Treatment Court Professionals Conference is open. The 26th Annual Treatment Court Conference program can be found here: [MATCP-Registration-2.pdf \(motreatmentcourts.org\)](#) Electronic conference applications can be found here: [2024 MATCP Conference – Missouri Association of Treatment Court Professionals \(motreatmentcourts.org\). Conference Agenda](#) *Branson, MO, Wednesday-Friday, April 10-12, 2024.*
17. **Diagnosing Prolonged Grief Disorder** – For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. The presenter will discuss the criteria and differences among the disorders, current grief practices and theories, grieving styles, and communication strategies. *Friday, April 12, 2024, 9am-12pm CT* [Register](#)
18. **Center for Evidence-Based Youth Mental Health Psychological Services Clinic will be hosting some spring workshops.** [Register](#)
 - **Cognitive-Behavioral Therapy for Insomnia (CBT-i) Among Youths** – *Friday, April 12, 2024, 1:30-4:30pm*
 - **Transdiagnostic Dialectical Behavior Therapy Skills Training for Adolescents and Adults** – *Friday, April 19, 2024, 1:30-4:30pm CT*
 - **Applications of Motivational Interviewing (MI) and Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Substance Use Concerns in Adolescents and Adults** – *Friday, April 26, 2024, 1:30-4:30 pm CT*
 - **Exposure Plus Response Prevention for Pediatric Obsessive-Compulsive Disorder** – *Friday, May 17, 2024, 1-4pm CT*
 - **Cognitive-Behavioral Therapy for Substance Use Disorders** – *Friday, May 24, 2024, 1-4pm CT*
19. **NatCon24** – This is THE event in mental health and substance use treatment. NatCon24 is more than a conference! NatCon24 connects you with the most in-demand audiences in our field – from influencers and decision-makers to advocates and executives. *St. Louis, MO, Monday-Wednesday, April 15-17, 2024* [Register](#)

20. **Hardwired for Fear and Connection: The Intersection of Brain Science and Equity** – Our brains are designed to keep us safe, constantly monitoring our surroundings and putting up “fight or flight” barriers when we experience things that are new or different. Yet, we are also social beings, craving connection and belonging. What happens in our brains and in our bodies when we experience diversity, bias, and racism? And how do we apply brain-based strategies to ensure we don’t let fear and discomfort hinder our ability to build relationships? Three-part virtual learning opportunity. **Tuesdays, April 16 and May 7, 2024, 12pm-3pm CT** [Register](#)
21. **A Beginner’s Guide to Learning or Teaching the DSM** – This presentation will benefit learners with a wide range of experience related to using the DSM. The goal is for beginners and those who are supervising, teaching, or mentoring individuals new to the mental health field to have a starting point for their discussions. **Thursday, April 18, 2024, 1:00pm-4:00pm CT** [Register](#)
22. **Missouri Children’s Trauma Network Training Summit – April 23-24, 2024** At the Holiday Inn and Expo Center in Columbia, MO [See Agenda](#) [Register](#)
23. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you are a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, April 24, 2024, 11am-3pm CT** [Register](#)
24. **Addressing the Impact of Social Media on Youth** – As our world becomes increasingly digital, policy considerations such as enhancing content and privacy regulations on social media platforms, collaborating with tech companies to bolster safety features, and investing in mental health support related to social media are essential steps for protecting youth online. **Wednesday, April 24, 2024, 3-4pm CT** [Register](#)
25. **Missouri Association of Infant and Early Childhood Mental Health Spring Training** – Topics include: Countering Bias, including family and community by Vetta L. Sanders Thompson, PhD; Two Generational Perspectives on addressing trauma and parenting to support IMH by Dr. Melissa Johnson-Reid; Reflective Supervision Panel Discussion. **Friday, April 26, 2024, 10am-3pm CT** [Register](#)
26. **New Implementing Best Practices with an Eye on Ethics** – This webinar provides an understanding and overview of common ethical principles. It will define Vicarious Liability and discuss the variety of ways that professionals and clinicians can be held accountable for Vicarious Liability or “imputed negligence,” as well as discussing ethical dilemmas regarding practice and options for managing the dilemmas. **Friday, May 3, 2024, 9am-12pm CT** [Register](#)
27. **Tobacco Treatment Specialist (TTS) Certification Training** - The program consists of both online learning and a 3-day live virtual training (see times below) focusing on the skills needed to effectively treat tobacco dependence. The training will prepare professionals to provide individuals with effective, evidence-based interventions for tobacco dependence. Professionals who work in the field of health academics, policy, and education will benefit from the up-to-date research/information presented. **Register by May 6, 2024** [Learn More](#)
28. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, May 9-10, 2024 (VIRTUAL) and Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)

29. **MBC Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. Please note: This training is required for new supervisors to become a MCB Qualified Supervisor. **Monday/Tuesday, May 13-14, 2024, 8am-2pm CT** [Register](#)
30. **Harm Reduction Specialist (HRS) Training – Missouri Credentialing Board** – Objectives of this training include increasing knowledge around Harm Reduction and how it can be used in recovery processes; applying skills within a harm reduction framework to current practice; identifying obstacles in applying harm reduction and developing strategies to overcome these obstacles; and more. Total Number of Continuing Education Hours: 21 Hours, 3 of which are Ethics training hours. **May 13, 14, 15, 2024, 9am-5pm CT** [Register](#)
31. **H.E.R. for Youth | Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. **Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT** [Register](#)
32. **H.E.A.T for Youth | Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. **Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT** [Register](#)
33. **Spring Training Institute** – The Institute brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to the populations served. **Thursday/Friday, May 16-17, 2024** [Register](#)
34. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, May 22, 2024, 11am-3pm CT** [Register](#)
35. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is "*Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities.*" **Omaha, NE, Wednesday/Thursday, May 29-30, 2024.** [Learn More and Register](#)
36. **2024 Crisis Conference (Save the Date)** – **Holiday Inn Executive Center, Columbia, MO, June 24-25, 2024.**

RECURRING TRAINING OPPORTUNITIES

1. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org

2. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients’ cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
3. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
4. **Harm Reduction Trainings** – Harm Reduction Trainings – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. **Registration is open for training dates in March and April**, including some evening and weekend options, and organizations looking for additional opportunities can request training via our new training request form. [Learn more and register here for any of the trainings offered.](#) Training offerings include:
 - **Foundations of Harm Reduction**
 - **Harm Reduction In Practice**
 - **Overdose Education and Naloxone Distribution (OEND)**
 - **Intramuscular (IM) Naloxone Use**
 - **Stimulant Education: Harm Reduction & Overamping**
 - **Fentanyl Test Strips 101**
 - **Specialty Peer Integration Training (online, self-paced)**
 - **Wound Care for Non-Clinicians (online, self-paced)**
5. **2024 Spring Zoom Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
 - **March 29, 2024, 9am-12pm CT**
 - **March 29, 2024, 1pm-4pm CT**
 - **April 19, 2024, 9m-12pm CT**
 - **April 26, 2024, 1pm-4pm CT**
6. **2024 Regional WRAP Training** – **WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
 - **April 25-26, 2024** - Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
 - **May 2-3, 2024** – New MBHC temporary location, 2401 East McCarty, Jefferson City, MO 65109
7. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **April 22-24, 2024 8am-5pm** - Location: Splitlog Baptist Church 3670 Splitlog Rd, Goodman, MO
 - **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO
 - **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO

- **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
8. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**
- **Wednesday, March 27, 2024, 3pm-4:30pm PT** – Challenging Oppression in Healing Work [Register Session 2](#)
 - **Wednesday, April 24, 2024, 3pm-4:30pm PT** – Uplifting Culturally Sustaining Practices in Substance Use Prevention [Register Session 3](#)
 - **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)
9. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
- **March 28, 2024, 2pm CT**
 - **May 30, 2024, 2pm CT**
 - **July 25, 2024, 2pm CT**
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
10. **Behavioral Health and Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The Behavioral Health and Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. CEs are included. [Register](#)
- **April 18, 2024:** Using the DM-ID, 2 as a Clinical Resource
 - **April 25, 2024:** IDD and chronic health conditions, physical health care advocacy: sharing information with providers
 - **July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
 - **July 31, 2024:** Wellness and Aging
 - **October 8, 2024:** SUD and IDD
 - **October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
11. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)
12. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
13. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)

14. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
15. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
16. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
17. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
18. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
19. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)