

# Missouri Eating Disorders Council Minutes

July 24, 2023

**Council Members Present:**

Stephanie Robbins  
 Heidi Strickler  
 Annie Seal  
 Paul Polychronis  
 Del Camp  
 Jenny Copeland  
 Rikki Wright  
 Rebecca Lester  
 Beth Harrell  
 Denise Wilfley  
 Beth Monson

**Council Members Absent:**

Janet Clevenger  
 Kimberli McCallum  
 Ginny Ramseyer Winter  
 Rachel Jones  
 Rebekah Freese  
 Eric Martin  
 Stephanie Bagby-Stone  
 Marjorie Cole  
 John Pruet

**Department of Mental Health Staff:**

Lori Franklin  
 Rosie Anderson-Harper

**Guests:**

Marie-Laure Firebaugh  
 Heather Weaver  
 Amy Jones

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<b>Welcome/Introductions</b>	Annie Seal called the meeting to order.	
	Annie welcomed Stephanie Robbins as new member to the EDC. Stephanie shared that she works for Burrell in Springfield. She has been working behind the scene for years on eating disorders. They currently have an outpatient program that has been running for 3 years.	
<b>Approval of Minutes</b>	Annie Seal called for the approval of the May minutes. Beth Harrell motioned to approve the minutes. Rebecca Lester seconded. Minutes approved as written.	
<b>Updates and Announcements</b>	Annie shared that Paul Polychronis is moving off the council, this will be his last meeting but he has found a replacement for his spot, which will be Dr. Liz Cassidy who works for a community mental health center in Warrensburg, Missouri and Rebekah Freese is also moving off the council.	
<b>Budget</b>	Annie Seal shared they did a reconciliation with DMH as they were off a little on the budget but that money has been allocated for 2024. Marie-Laure went through the 2024 budget with the EDC members and an email of the 2024 budget summary was emailed out to members. Annie Seal called a motion to approve the 2024 budget. Rebecca Lester motion to approve budget. Beth Harrell seconded. The 2024 budget approved as written.	

<i>TOPIC</i>	<i>DISCUSSION</i>	<i>ACTION/FOLLOW-UP NEEDED</i>
<p><b>Body U</b></p> <p><b>360 Training</b></p> <p><b>Next Meeting</b></p>	<p>Marie-Laure Firebaugh gave an update on the Office of Women’s Health Grant. She shared that they are in the 3<sup>rd</sup> quarter of the grant. They are working with the Columbia school district and hoping to launch in September. They will revisit with Clayton and Rockwood school district to launch in 2024. They also have 46 additional school districts that are interested in partnering with them. In terms of training, we screen students but also train professionals in Missouri to treat eating disorders. They are putting together a workshop for school nurses around eating disorder and language to use around body image. An exciting note that this is the 10<sup>th</sup> year for Body U. They are working on 2 module updates, a social media and social wellness for teams and will have more updates regarding that at the next EDC meeting.</p> <p>Marie-Laure Firebaugh gave an update on 360 trainings. She shared that they met last Monday on what they wanted to do for trainings this year. Something they have never done is have a 101 intro to eating disorders training which would be a webinar offered and then they would go back to evidence based treatments such as Family Based Treatments. Another training offered will be behavioral therapy.</p> <p>The EDC will continue to meet virtually in 2023.</p> <p>Annie Seal called for the meeting to be adjourned.</p> <p>Next meeting will be September 25, 2023.</p>	