FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance September 22, 2023

Prior issues of FYI Fridays can be found at: <u>https://dmh.mo.gov/mental-illness/fyi-fridays</u>

1. New MCRSP Executive Director – The Missouri Coalition of Recovery Support Providers (MCRSP) is pleased to announce Ann McGruder as its new Executive Director (ED).

Ms. McGruder will report to and work closely with the MCRSP Board of Directors and be responsible for overseeing the day-to-day operations. She will also work on staff development and accountability. She will develop and execute the organization's strategic plan; work with the Department of Mental Health (DMH) to strengthen collaborations and initiatives surrounding MCRSP; and advocate with state and federal legislatures and private foundations to secure, expand and diversify funding. Ms. McGruder will be the principal spokesperson and liaison to the media and stakeholders including, but not limited to, DMH, the Department of Corrections, National Alliance for Recovery Residences (NARR), Alliance for Recovery Centered Organizations (ARCO), and Missouri State Legislators.



- 2. October is Youth Substance Use Prevention Month and Substance Misuse Prevention Month Prevention Month is dedicated to recognizing the role of prevention in the continuum, the value of prevention services, and the dangers associated with substance use and misuse. This year, the Substance Abuse and Mental Health Services Administration (SAMHSA) is celebrating the 10th year anniversary of <u>"Talk. They Hear You.®"</u> in observance of Prevention Month, as well as preparing for <u>SAMHSA's 20th Prevention Day</u> and <u>National Prevention Week</u>. SAMHSA created a <u>webpage</u> designated to Prevention Month featuring an updated Prevention Month Toolkit with social media shareables, virtual meeting backgrounds, and an email signature. Also featured on this site are opportunities to get involved in Prevention Month activities, prevention planning resources, and technical assistance related to prevention.
- MoHealthNet-Provider Update PRIOR AUTHORIZATION REQUIRED Prior authorization is required for TFC, Residential Treatment Level 2, Level 3, Level 4 and Above Level 4 Residential. Prior authorization is not required for Transition TFC or Residential Aftercare <u>Read More</u>
- 4. **Proposed Regulations** The following proposed regulations/amendments are published in the <u>September 15, 2023</u>, <u>Missouri Register</u> for a 30-day public comment period:

9 CSR 30-3.150 Comprehensive Substance Treatment and Rehabilitation (CSTAR) Program

9 CSR 30-3.151 Eligibility Determination, Assessment, and Treatment Planning in CSTAR Programs

9 CSR 30-3.152 Comprehensive Substance Treatment and Rehabilitation (CSTAR) Utilizing the ASAM Criteria

9 CSR 30-3.155 General Staff Requirements for CSTAR Programs

The final order of rulemaking for DBH Core Rule, **9 CSR 10-7.130** Procedures to Obtain Certification, is published in the <u>September 1, 2023, Missouri Register</u> and will be final thirty days after publication in the *Code of State Regulations*.

JOB ANNOUNCEMENTS

Research Manager

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Remote work may be available after successful probationary period. Application deadline is **October 3, 2023.** Learn More and Apply!

Forensic Case Monitor

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in the Western Region/Kansas City Area. Application deadline is **October 12, 2023.** Learn More and Apply!

FUNDING OPPORTUNITIES

- New NIH Launches Community-Led Research Program to Advance Health Equity The National Institutes of Health (NIH) is funding a first-of-its-kind community-led research program to study ways to address the underlying structural factors within communities that affect health, such as access to safe spaces, healthy food, employment opportunities, transportation, and quality health care. Through the NIH Common Fund Community Partnerships to Advance Science for Society (ComPASS) program, NIH made 26 awards to community organizations and a coordinating center, totaling approximately \$171 million over five years, pending the availability of funds. Learn More
- 2. NIH Established Maternal Health Research Centers of Excellence The National Institutes of Health (NIH) awarded \$24 million in first-year funding to establish Maternal Health Research Centers of Excellence as part of NIH's Implementing a Maternal Health and Pregnant Outcomes Vision for Everyone (IMPROVE) initiative. These maternal health research centers are designed to "...develop and evaluate innovative approaches to reduce pregnancy-related complications and deaths and promote maternal health equity." Depending on the availability of funds, these grants are expected to last seven years, with an estimated total of \$168 million. NIH's press release announcing the Maternal Health Research Centers of Excellence can be found <u>here</u>.
- 3. How to Receive Medications for Opioid Use Disorder (MOUD) Training Qualified disciplines can become eligible for the Loan Repayment Program Continuation Contract Award Enhancement.
- 4. NIDA Supports Research on Novel Approaches for Smoking Cessation The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. Application Due Date: Sunday, October 15, 2023. Learn More

INFO and RESOURCES

- New For Postpartum Mental Health, Parental Leave Might Lessen Depressive Symptoms Common postpartum mental health issues, including depressive symptoms, might be guarded against with parental leave policies in place. <u>Read More</u>
- 2. New Anxiety Blood Test Examining Biomarkers May Help Optimize Individual Treatment A blood test for anxiety examining specific biomarkers to determine individual anxiety development risk, severity, and optimized therapy options has been developed by a research team from the Indiana School of Medicine .<u>Read More</u>
- New Loneliness, Social Isolation, and Major Depressive Disorder While psychotherapy, psychosocial treatments, and psychopharmacology have been the standard treatment for major depressive disorder (MDD), social ties also play a significant role in determining whether or not patients can achieve remission. <u>Read More</u>
- 4. New 2022 CDC Clinical Practice Guideline for Prescribing Opioids for Pain CDC developed trainings to educate clinicians about the 2022 CDC Clinical Practice Guideline for Prescribing Opioids for Pain (2022 CDC Clinical Practice Guideline) and assist clinicians and other healthcare personnel to provide patient care. The trainings for healthcare professionals support clinicians providing pain care in outpatient settings, including those prescribing opioids for patients with acute, subacute, or chronic pain.
- 5. New Update on Prescribing via Telehealth: Potential Changes in the Drug Enforcement Administration's Guidelines Prescribing practices via telehealth are currently at a critical juncture, with many virtual providers waiting to hear what the new guidelines from the Drug Enforcement Administration (DEA) will be. <u>Read More</u>
- New Paternal Depression Increases Risk of Depression in Offspring Depression in fathers was associated with a 42% increased risk of depression in their children, according to results from a systematic review and meta-analysis. <u>Read More</u>
- 7. New RAISE-ing the Standard of Care for Schizophrenia: The Rapid Adoption of Coordinated Specialty Care in the United States The Recovery After an Initial Schizophrenia Episode research initiative, launched by the National Institute of Mental Health (NIMH) to test the effectiveness of coordinated specialty care to treat first-episode psychosis, has transformed the mental health landscape in the United States and helped thousands of people with schizophrenia achieve better outcomes. <u>Read More</u>
- 8. New Overdose Risk Self-Assessment: A Guide for Peer Specialists The National Council for Mental Wellbeing, in partnership with the Centers for Disease Control and Prevention (CDC), created this tool to support peer recovery support specialists (PRSS) within justice settings who provide overdose prevention and linkage-to-care as they engage in overdose risk reduction and safety planning. This overdose risk self-assessment is intended for people who use drugs (PWUD). Once complete, the PRSS and PWUD will discuss the results. The tool includes discussion points and resources to reduce overdose risk. Learn More
- 9. New CMS Releases New Medicaid Transportation Coverage Guide The Centers for Medicare & Medicaid Services (CMS) released a State Medicaid Director Letter which introduces the Medicaid Transportation Coverage Guide. This guidance serves as a consolidated and comprehensive compilation of Medicaid transportation policy, providing a one-stop transportation resource for states on federal requirements and state flexibilities. The Medicaid Transportation Coverage Guide largely highlights existing policies but also includes new policies to address scenarios for extended wait times and long-distance trips, and scenarios where non-Medicaid eligible parents, family members, or other caregivers may require transportation to participate in a Medicaid services and has a direct impact on health outcomes. CMS encourages states to use this guide as an aid when developing and updating appropriate policies and procedures that facilitate robust transportation programs. For more information and to view the Medicaid Transportation Coverage Guide, please see the letter to State Medicaid Directors here.

- 10. New NASMHPD Releases Children's Workbooks for Emotional Expression, Processing and Regulation NASMHPD's Center for Innovation in Health Policy and Practice (CIHPP) presents their new Trauma-Informed Care Resources: Children's Workbooks for emotional expression, processing, and regulation! The workbooks can be used in schools, clinics, pediatrics, emergency rooms, crisis services, social services - anywhere a child could benefit from calming strategies provided in workbooks. Providing small crayon packs would be ideal accompaniment to the workbooks. Learn More
- 11. New NASADAD/National Council for Mental Wellbeing Releases Brief on Integrating Peer Support Services into Substance Use-Related Crisis Care – This brief highlights three state initiatives that have integrated peer recovery support services (PRSS) as part of their crisis response to help individuals experiencing substance use-related crises or overdoses. These examples illustrate how PRSS can be effectively integrated using a team-based approach to care and demonstrate how the personal experience and training of peers have shown positive results in referring and connecting individuals in crisis to needed care, preventing further crises and aiding individuals on their path to wellness. The brief can be found on NASADAD's website, <u>here</u>.
- 12. New DAWN Drug-Related Ed Visits Involving Suicide Attempts Short Report Released The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released the Drug Abuse Warning Network (DAWN) Drug-<u>Related Emergency Department (ED) Visits Involving Suicide Attempts Short Report</u>. The report examines national estimates of drug-related ED visits involving suicide attempts and the characteristics of those involved, as well as the top substance involved in suicide attempts.
- 13. New CDC Office on Smoking and Health Releases Resource on What Parents and Educators Can Do to Protect Youth from the Harms of Vaping – The Centers for Disease Control and Prevention's (CDC) Office on Smoking and Health (OSH) released a resource on What Parents and Educators Can Do to Protect Youth From the Harms of Vaping. This resource provides parents and educators with tips and resources to help educate and protect their youth from the harms of vaping. Specifically, the resource "...highlights e-cigarette use among youth, the health risks of vaping for youth, how nicotine can be a source of stress, and resources to help youth quit vaping." The resource is part of OSH's new Empower Vape-Free Youth Movement, which can be viewed <u>here</u>.
- 14. *New* Naloxone for Opioid Overdose: Considerations for Congress The Congressional Research Services (CRS) recently released a report on <u>Naloxone for Opioid Overdose: Considerations for Congress</u>. This new report covers the opioid overdose crisis and need for over-the-counter (OTC) naloxone, the history of opioid overdose reversal medications, and the federal regulation of OTC naloxone. The report also discusses various considerations for Congress regarding naloxone regulation and the regulation of other opioid overdose reversal medications in the future, including the distribution, cost, federal funding, education/training and accessibility, and legal and liability protections. More information on naloxone can be found on the Substance Abuse and Mental Health Services Administration's (SAMHSA) website, <u>here</u>.

TRAINING OPPORTUNITIES

1. New Adoption Competency Training for Licensed Health Practitioners – Adoption is a transformative journey for both children and families. It often comes with unique challenges and emotional complexities. The TAC program, completed by over 19,000 clinicians nationwide, empowers mental health practitioners like you to become adoption-competent professionals. By participating in TAC, you'll be better equipped to provide effective support, guidance, and healing to adoptive families, ultimately improving the lives of children and parents alike. If you meet the requirements and are passionate about making a difference in the lives of adoptive families, we encourage you to seize this opportunity. The program is made possible through the generous grant from Veterans United, allowing us to offer it to you free of charge. To apply for this transformative training, please email Carol Fischer at carol@mofosteradopt.com.

- Mental Health Care Seeking Behaviors, Disparities, and Implications This webinar will discuss health care seeking behaviors and other key factors contributing to mental health disparities. *Thursday, October 5, 2023, 12pm CT*. <u>Register</u>
- 3. *New* Value-Based Care in the World of Recovery The session is designed to help state administrators, insurers, mental health providers, and Medicaid administrators understand how the Value-Based Care approach is helping the recovery industry deliver the best possible patient outcomes while optimizing financial resources. *Thursday, October 5, 2023, 12pm CT.* Register
- 4. NAMI Connection Recovery Support Group Facilitator Training This training is for individuals living with mental illness who would like to become certified to facilitate NAMI Connection Recovery Support Groups. The training is provided at no cost with expenses covered using a grant issued by the US Department of Health and Human Services through SAMHSA. Prerequisite: Must have attended a NAMI Connection Support Group as a participant. October 6-8, 2023, 10am-4pm CT. Register
- 5. NARR Best Practices Summit, Dearborn, Michigan The NARR Summit is your chance to learn from leading experts and researchers, build on the latest in recovery housing best practices, and come together as a community to learn from each other's stories. Your story has the power to change the world. How can sharing recovery experiences make for more effective advocacy, foster community partnerships, and increase access to quality recovery housing? October 9-11, 2023, Register
- Radically Open Dialectical Behavior Therapy Blended Learning Course-Level 3 The goal of this in-person workshop is to consolidate your learning from Levels 1 and 2, to deepen your knowledge and to practice, practice, practice! October 11-14, 2023, 10:30am-4pm CT. <u>Register</u>
- New Motivational Interviewing For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. *Thursday, October 12, 2023, 11am-3pm CT.* <u>Register</u>
- What is Keeping us up at Night? A Behavioral Approach to Sleep This webinar will go beyond the biological drive for sleep and explore sleep as a behavior including bedtime procrastination, emotion regulation, and cultural influences. *Thursday, October 12, 2023, 12pm CT.* <u>Register</u>
- Obesity Management Through Health Behavior Change This webinar will review the role of social determinants of health in obesity-related disparities, behavioral treatment for obesity including in the context of pharmacological and surgical treatment, limitations of obesity metrics and weight stigma as well as discuss future directions. *Thursday, October 19, 2023, 12pm CT*. <u>Register</u>
- Substance Use Disorder Professional Ethics The training will provide an understanding for different approaches to care and how they are based in different ethical principles. The training will also cover real-life scenarios and their relationship to ethical standards. From theory to practical application, this training will highlight the integration of ethical practice in clinical care. *Friday, October 20, 2023, 9am-4pm CT*. <u>Register</u>
- 11. MHA's Annual Convention Our system of health care is similar. Where most effective, it is interconnected. It builds on the upstream influence of prevention, wellness and access, feeding in greater strength as it builds toward the deep and wide expertise of our hospital-based care environment. *November 1-3, 2023.* <u>Register</u>

- 12. NAMI In Our Own Voice Presenter Training After successful completion of the training, presenters will be certified to deliver In Our Own Voice (IOOV) Presentations in-person or virtually. IOOV is NAMI's personal presentation program, where speakers share their personal lived experience stories to change attitudes, assumptions and ideas about people with mental health conditions. These free presentations provide a personal perspective of mental health conditions, as leaders with lived experience talk openly about what it's like to have a mental health condition. *November 4-5, 2023, 10am-2pm CT*. Register
- 13. Infant and Early Childhood Mental Health Consultation: Equity from the Start The SAMHSA-funded Center of Excellence for Infant & Early Childhood Mental Health Consultation (IECMHC) invites you to join an upcoming free virtual conference specifically geared towards IECMHC consultants, supervisors, managers, consultees, parents, leadership, and funders, but all are invited to attend. Join to access a range of presentations related to implementing infant & early childhood mental health consultation and promoting justice, equity, diversity, and inclusion for infants, children, families, and the workforce. November 6-8, 2023. Register
- 14. *New* Missouri Rural Health Association Conference Our expected audiences consist of hospitals, clinicians, physicians, FQHC's, health departments, in-home & community front line workers, community & social agencies, policy makers, CEO's, CFO's, transportation & ambulance professionals, insurance & investment brokers, health law attorneys, among other professionals in attendance. *November 7-8, 2023*. <u>Register</u>
- 15. New MOADD Summit Missouri Alliance for Dual Diagnosis (MOADD) Summit Supporting Individuals with Behavioral Health and IDD (CHIDD) needs. Overview and application of guidelines to promote best practices with individuals who have dual intellectual/developmental disabilities and behavioral health disorders in Missouri. Thursday, November 9, 2023, 9am-4pm CT. Register
- 16. Resolving and Avoiding Ethical Dilemmas Everyone faces ethical dilemmas throughout their career. Being able to appropriately navigate these potential land minds is critical to the successful practice of social work. This training will cover ethical issues commonly faced by social workers during their career and offers strategies to effectively deal with them, as well as, to lessen the changes of such concerns arising in the future. Friday, November 10, 2023, 1pm-4pm CT. Register
- 17. NAMI Peer-to-Peer Teacher Training This is a 2-day virtual training. When complete, participants will be certified to teach the NAMI Signature Education Program, Peer-to-Peer (P2P). Once certified, teachers will lead a course, which generally includes one 2.5 hour session each week for 8 weeks. (Virtual courses can be taught in weekly 2-hour sessions.) Newly certified teachers should be able to commit to teaching one 8-week course per year. Prerequisite: Must have taken a NAMI Peer-to-Peer Course as a participant. December 2-3, 2023, 9am-5pm CT. Register
- 18. New PSBCBT Learning Collaborative The University of Oklahoma Health Sciences Center, Problematic Sexual Behavior Cognitive-Behavioral Therapy[™] Training Program in collaboration with the Missouri Behavioral Health Council invites you SAVE THE DATES for a Learning Collaborative for Problematic Sexual Behavior Cognitive-Behavioral Therapy[™] for school aged children ages 7-12, their victims, and their caregivers. Requirements-Teams consist of at least 2 clinicians (family modality) or 4 clinicians (group modality), 1 clinical supervisor and 1 senior leader. Information call January 12, 2023, 12pm CT. Register

RECURRING TRAINING OPPORTUNITIES

- 1. Certified Peer Specialist-In Person Training The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. <u>Register</u>
 - East-October 2-6, 2023, St. Louis

- 2. Housing and Behavioral Health Webcast Series Join us on a journey through Microsoft's recently released Cloud for Healthcare and Microsoft's Cloud for Nonprofit, highlighting how healthcare nonprofits can utilize these tools to support a patient through their health crisis and, after a successful outcome, re-engage with this patient as a volunteer and financial supporter. Register
 - October 3, 2023, 1pm CT.
- 3. Housing Trainings DMH Housing Training Program with Corporation for Supportive Housing
 - Wednesday, October 4, 2023, MO DMH Training Housing First and Substance Use Disorders registration
 link: https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N
 - *Wednesday, November 15, 2023*, MO DMH Training Harm Reduction Approaches in Service Delivery registration link: <u>https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT</u>
 - *Wednesday, December 6, 2023*, MO DMH Training Partnering with Landlords registration link: <u>https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc</u>
- 4. Social Current: Building a Resilient Workforce Webinar Series In our upcoming learning series, "Building a Resilient Workforce," Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. <u>Register</u>
 - Foster Candidness through Psychological Safety-Thursday, October 5, 2023, 1pm CT.
 - Create Culture around Shared Values-Thursday, November 9, 2023, 1pm CT.
 - Integrated Connection and Community-Tuesday, December 12, 2022, 1pm CT.
- 5. PREPaRE PREPaRE trains school-employed mental health professionals and other educators how to best fill the roles and responsibilities generated by their membership on school crisis response teams. PREPaRE is the only comprehensive, nationally available training curriculum developed by educators (each of whom have firsthand school crisis response experience and formal training) for educators. Specifically, the PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: To Register, email <u>YSTraining@BurrellCenter.com</u> the dates you wish to attend.
 - P—Prevent and prepare for crises
 - R-Reaffirm physical health & welfare, and perceptions of safety & security
 - E—Evaluate psychological trauma risk
 - P-Provide interventions
 - a—and
 - R-Respond to mental health needs
 - E-Examine the effectiveness of crisis preparedness
 - October 10 and 11, 2023 Jefferson City
 - November 28 and 29, 2023 Kirksville
 - January 10 and 11, 2024 Joplin
 - February 5 and 6, 2024 Kansas City
- 6. Conversations for Suicide Safer Homes: a CALM Informed Training Firearms are the most lethal means used in a suicide attempt. In fact, 90% of people who attempt suicide with a firearm will perish and two out of every three firearm-related deaths in the United States is suicide. In an effort to prevent the tragedy of suicide the Safer Homes Collaborative presents Conversations for Suicide Safer Homes a suicide prevention training developed for all audiences. CSSH informs participants of the role they can play in preventing suicide by reducing access to lethal means, particularly firearms. Conversations for Suicide Safer homes teaches participants to identify the warning signs and risk factors for suicide and how to put time and distance between the person at risk and lethal means. Safe, responsible, and legal options for reducing access to lethal means as a way to prevent tragedy are also presented. Participants who've attended previous versions of this training found it offers respectful and practical tips that focus on increasing safety, and are not anti-gun, but rather anti-suicide. Multiple days available. <u>Register</u>
 - Tuesday, October 10, 2023, 11am-12pm CT.

- Tuesday, October 24, 2023, 6pm-7pm CT.
- Tuesday, November 14, 2023, 11am-12pm CT.
- Tuesday, November 28, 2023, 6pm-7pm CT.
- Tuesday, December 12, 2023, 11am-12pm CT.
- Tuesday, December 12, 2023, 6pm-7pm CT.
- New Training for Early Care Educators in Missouri-Developmental Ages and Stages Questionnaire (ASQ 3) Development: This screening tool assesses developmental milestones - gross motor, fine motor, communication, problem solving, and personal-social skills for children 2 months - 66 months. <u>Register</u>
 - Wednesday, October 11, 2023-9am-12pm
 - Thursday, November 2, 2023, 1pm-4pm
- 8. Family Coaching Workshops-Missouri Tiered Supports Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.
 - Set Expectations-*Thursday, October 12, 2023*-Practice developing expectations that increase the behaviors you want to see. Join Webex
 - Family Matrix-*Thursday, October 23, 2023*-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. Join Webex
- 9. The Power of Nutrition in Recovery Learn the critical role that nutrition (or lack of) plays in recovery.
 - October 18 & 19, 2023, 4-7pm CT. <u>Register</u>
 - November 7-8, 202310am-1:30pm CT. Register
- 10. *New* Training for Early Care Educators in Missouri-Social Emotional– Ages and Stages Questionnaire (ASQ 3) Development: This screening tool assesses developmental milestones gross motor, fine motor, communication, problem solving, and personal-social skills for children 2 months 66 months. <u>Register</u>
 - Tuesday, October 24, 2023-9am-12pm
 - Tuesday, November 14, 2023, 1pm-4pm
- 11. NOVA Crisis Response Training (CRT) NOVA's Basic CRT training consist of twenty-four hours of techniques and protocols for providing crisis intervention to traumatized individuals. The training focuses on the fundamentals of crisis and trauma, and how to adapt to basic techniques to individuals and groups in this area also known as psychological first aid. Thousands who confront human crisis victim advocates, law enforcement officer and others have completed the course and recommend it to others.
 - October 24-26, 2023-Kansas City Register
 - October 31-November 2, 2023-St Louis Register
- 12. Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It's an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.
 - Session10-Latest Trends on Working in a Treatment Court- *Tuesday, October 31, 2023, 10am CT*. Register
 - Session 11-Treatment Court 101-Tuesday, November 28, 2023, 10am CT. Register
 - Session 12-Communication Strategies-Tuesday, December 19, 2023, 10am CT. Register
- 13. Advanced Peer Supervision Trainings This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. It will be provided in virtual format (Zoom) and also in person. When you register, please ensure you select the correct training format that you want to attend.

- November 9-10, 2023-Virtual. Register
- 14. **2024 Regional WRAP Training WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. <u>Register</u>
 - February 8-9, 2024-Places for People Location TBD, St. Louis, Missouri
 - March 14-15, 2024- Recovery Center, Springfield, MO | 1925 East Bennett Suite J, Springfield, MO 65804
 - April 25-26, 2024-Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
 - May 2-3, 2024-MBHC Office, 221 Metro Drive, Jefferson City, MO 65109
- 15. NAMI-Parents Supporting Parents Group Prepping Mental Health for School Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. <u>Register</u>
- 16. NAMI Basics NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. <u>Register</u>
- 17. Family Support Provider Training A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. <u>Register</u>
- 18. Youth Peer Support A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. <u>Register</u>
- 19. Peer Supervision Training converted to ALL ONLINE Self Study Course Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 20. 2023 Motivational Interviewing Training The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to <u>events@mobhc.org Register</u>
- 21. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. <u>Register</u>

22. 2023 Peer Specialist Trainings – Please see the peer specialist trainings provided by the MCB below.

- Certified Peer Specialist Basic Training <u>Register</u>
- Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. <u>Register</u>
- 23. 2023 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings <u>Register</u>
 - Ethics Trainings <u>Register</u>
- New ON-DEMAND The Cultural Intersection of Depression, Trauma, and Suicide Risk among Veterans and Service Members – An in-depth review of key issues around trauma, SMI, suicide risk, and important mental health needs of service members and veterans. <u>Register</u>
- 25. *New ON-DEMAND* Addressing Suicide From the Person-in-Environment and Social Justice Perspectives Explore how contextual and social justice issues may intersect with suicide ideation and actions. <u>Register</u>
- 26. *New ON-DEMAND* Lethal Means Counseling for Suicide Prevention Gain a deeper understanding on the use of lethal means counseling (LMC) with high-risk individuals, including practical guidance and suggestions to navigate these conversations. <u>Register</u>
- 27. *New ON-DEMAND* Suicide Assessment and Prevention in Early Psychosis Learn skills to manage mental health crises and higher-level escalations, such as how to avoid power struggles, on-the-spot situation assessments, safety concerns, and debriefing techniques. <u>Register</u>