



Improving lives THROUGH  
supports and services  
THAT FOSTER self-determination.

10/31/23

## Mental Health Monthly

Happy Mental Health Monthly! This week learn about [training opportunities](#) offered by the Department of Mental Health and the Missouri Behavioral Health Council. To view previous highlights, visit the [Director's Office page](#).

[www.dmh.mo.gov/dd](http://www.dmh.mo.gov/dd)  
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MISSOURI DEPARTMENT OF MENTAL HEALTH