



# Mental Health Mondays

Training Opportunities  
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**While the Behavioral Health and Intellectual Developmental Disability (BHIDD) Learning Collaborative is set to begin in January 2024, check out some current training opportunities below:**

## **Missouri Behavioral Health Conference**

September 19-22, 2023 - Westin at Crown Center - Kansas City, MO

The Missouri Behavioral Health Council is hosting its 10th annual conference. There are several Pre-Conferences to choose from this year, including **Behavioral Health and Intellectual/Developmental Disability (BHIDD)**, that will be held on **September 20 from 1:00 - 4:00 pm**. International speaker **Russell Lehmann** will talk about **Bringing Visibility to Invisible Disabilities**. There will also be opportunities to connect with other providers and leadership in your state area. Additional information, including registration, is available on the [conference webpage](#).

## **2023 Missouri Tiered Supports Summit: Building Systems That Last**

September 26 & 27, 2023 - Stoney Creek Hotel - Columbia, MO

The Summit will include presentations from change agents across the country sharing experiences, resources, and implementation strategies. **Registration is FREE**; the first 250 registrants will receive a Tiered Supports tote bag upon arrival. **Sessions will highlight the community-level impact of Multi-Tiered Systems of Support and strategies to maximize the implementation of evidence-based practices across environments**. Additional information, including [registration](#), is available on the [conference webpage](#).

The Center for Mental Health Services **Health Equity Toolkit** is now available.

**How are you advancing health equity in your organization this Minority Mental Health Awareness Month?** To help your organization address inequities and stigmas that lead to mental health and substance use treatment disparities, **access the free, interactive toolkit, [Access for Everyone: Addressing Health Equity and Racial Justice within Integrated Care Settings](#)**.

## **Addressing Workforce Needs on Retention and Recruitment Learning Collaborative**

Attendees will learn strategies for building a representative workforce; collaborating with schools of preparation; supporting and enhancing Peer Specialists/Recovery Coaches; fostering a resilient workforce as a retention strategy; among other relevant topics. Wednesday, **September 13, 2023, 2 pm-4:30 pm CT. [Register](#)**

## **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School**

Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen, or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college-bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#) for the group meeting held the second Tuesday of each month at 6:30 pm to 8:00 pm.

Get involved in developing content and providing feedback by emailing [revans@mobhc.org](mailto:revans@mobhc.org)  
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