FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance June 30, 2023

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

1. **GT Modifier Notification** – Effective July 1, 2023 procedure codes with the GT modifier (indicates Telehealth services) will no longer be available, with the exception of those that fall within the CCBHC Clinic Services billing service categories. Providers will need to choose Telehealth for the Service Location when entering billings by hand (CIMOR) or have the 02 (Telehealth services) Place of Service when submitting batch billings (CVS or CIMOR).

If you have any questions, please email the CIMOR DBH Support Center by Logging In and selecting the Help Ticket option found on the left side menu of the portal, https://portal.dmh.mo.gov.

2. MoHealthNet – Pharmacy Helpdesk Change of Business Hours – Starting July 17, 2023, MO HealthNet will change the Pharmacy Helpdesk hours for drug prior authorizations. The new hours will be Monday through Friday, 8:00 a.m. to 7:00 p.m. Central; weekend hours will remain the same 8:00 a.m. to 6:00 p.m. MO HealthNet is making these changes based on historical call and fax volume to the Pharmacy Helpdesk. This change will help MO HealthNet complete drug prior authorization reviews faster.

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

- Substance Use Disorder Treatment and Recovery Loan Repayment Program Eligible substance use disorder (SUD) treatment clinicians and community health workers can apply to the Substance Use Disorder Treatment and Recovery Loan Repayment Program (STAR LRP). Application Due Date: Thursday, July 13, 2023. Learn More
- Behavioral Health Workforce Education and Training-Children Adolescents and Transitional Aged Youth Program
 for Professionals The purpose of BHWET-CAY Program for Professionals is to increase the number of behavioral
 health providers prepared to address the needs of children, adolescents, and transitional aged youth in high need
 high demand areas. Application Due Date: Tuesday, August 1, 2023. Learn More
- 3. BJA Funding Opportunity: FY 2023 Residential Substance Abuse Treatment for State Prisoners Program The Bureau of Justice Assistance (BJA) recently announced a \$40.2 million funding opportunity for the FY 2023 Residential Substance Abuse Treatment for State Prisoners Program. The program intends to "...increase access to evidence-based prevention and treatment, reduce overdose deaths, and support increased access to evidence-

based substance use disorder (SUD) treatment and recovery support services, including medication-assisted treatment (MAT), to treat incarcerated individuals." This program aims to do so by assisting states with "...developing and implementing residential SUD treatment programs within state correctional facilities, as well as within local correctional and detention facilities, in which persons are incarcerated for a period of time sufficient to permit SUD treatment." The BJA will offer up to 56 awards of between \$160,000 and \$4,395,000 each. *Applications Due Date: August 7th, 2023.* Learn More

4. NIDA Supports Research on Novel Approaches for Smoking Cessation – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. Application Due Date: Sunday, October 15, 2023. Learn More

INFO and RESOURCES

- 3. New Drug Abuse Warning Network: Findings from Drug-Related Emergency Department Visits An analysis of the 2022 DAWN data presents: (1) nationally representative weighted estimates of all drug-related emergency department (ED) visits, (2) nationally representative weighted estimates of the top substances involved in drug-related ED visits, including rates by race and ethnicity; (3) nationally representative weighted estimates of opioid-related ED visits by type of opioid, (4) drugs involved in polysubstance ED visits, and (5) the identification of newly mentioned drugs in 2022. Read More
- 4. **New Examining Common Reasons for Hospitalization among Patients with Depression** Dr. Frank explains what we currently know about the relationship between depression and physical illness as well as the study methods used to determine the most common reasons for hospitalization among people with depression. Read More
- 5. **New Practical Guide for Implementing a Trauma-Informed Approach** This practical guide updates and expands the discussion presented in SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach Resource from 2014. The primary goal of this guide is to provide implementation strategies across multiple domains based on the original publication. <u>Learn More</u>
- 6. New Communication Tips for Prevention Watch Video
- 7. **New Link between Cannabis Use Disorder and Schizophrenia Highest among Young Men** A new study has found that young men with cannabis use disorder (CUD) are at an increased risk of developing schizophrenia. The study estimated that up to 30% of cases of schizophrenia among men aged 21-30 might have been prevented if CUD had been averted. Read More
- 8. New School-Based Services (SBS) Comprehensive Guide to Medicaid Services and Administrative Claiming
 Assistance CMS launched the SBS Technical Assistance (TA) Center. This center will continue to be developed in
 conjunction with the Department of Education (ED). CMS encourages stakeholders to use the TA Center to assist in
 implementing the flexibilities and requirements discussed in the SBS Guide and further enhancing or expanding their
 current SBS programs. The Center will continue to add resources and materials to support States and schools in
 implementing Medicaid SBS. Learn More

- 9. **New Incorporating Peer Support into Substance Use Disorder Treatment Services** This TIP supports learning about the key aspects, functions, and uses of Peer Support Services (PSS) in recovery from problematic substance use, which will help providers, supervisors, and administrators in SUD treatment programs better understand and respond to these changes. Learn More
- 10. **New Xylazine Intensifies Illicit Opioids' Effects in Study** Xylazine, a veterinary sedative that is not approved for human use, has been found to potentially worsen the life-threatening effects of opioids, according to a study in rats that was released by the National Institutes of Health June 21. The study's findings, which were published in the journal Psychopharmacology, imply that when used in combination with opioids such as fentanyl and heroin, xylazine could impair the brain's ability to receive oxygen and potentially lead to death. Read More
- 11. New Recovery From Addiction is a Journey, There's No One-and-Done Solution At a time when drug use is among the nation's gravest public health crises, a visit to the Allen House offers key lessons: Addiction is a chronic illness requiring constant vigilance, there's no one-and-done solution, and relapses are part of the journey to recovery. Peer mentoring is an invaluable element of drug counseling, since people who have plodded the difficult path from dependence to sobriety understand the mindset of patients on a visceral level. And most importantly for those who feel despair in the grip of addiction, there is hope. Read More
- 12. **New US Files First-Ever Changes against Chinese Fentanyl Manufactures** The US Justice Department on June 23 filed criminal charges against four Chinese chemical manufacturing companies and eight individuals over allegations they illegally trafficked the chemicals used to make fentanyl—a highly addictive painkiller that has fueled the opioid crisis in the United States. The indictments mark the first time the US has sought to prosecute any of the Chinese companies responsible for manufacturing precursor chemicals used to make the painkiller. Read More
- 13. **New Making It Easier for Kids to Get Help for Addiction, and Prevent Overdoses** Across the country, cities and states are looking for strategies to help kids survive the opioid crisis. At a school in Virginia, students are learning how to obtain and use the lifesaving overdose reversal nasal spray Narcan that was recently made available for sale over the counter. In California, where fentanyl is the cause of 1 in 5 deaths among youths, a pending bill could allow younger teens to seek drug treatment without parental consent. Read More
- 14. **New Anxiety, Depression Tied to Housing Insecurity in Childhood, Adulthood** –Housing insecurity was linked with anxiety and depression occurrence in childhood and depression occurrence in adulthood. Read More

TRAINING OPPORTUNITIES

- 1. Group and Family Based Cognitive Behavior Therapy for Psychosis Training This two-day training (with an optional third day) will provide mental health clinicians the skills and knowledge to deliver group and individual Cognitive Behavioral Therapy (CBT) interventions for youth and young adults at clinical high risk (CHR) of developing psychosis and those experiencing First Episode Psychosis (FEP). An optional add-on one-day training in CBT Skills for Families will give providers the skills and knowledge to deliver a family-based intervention, which integrates teaching family members CBT and communication skills to support youth's acquisition of CBT skills and promote a positive family environment. If you have any questions regarding the training, please contact Rachel Kryah at Rachel.Kryah@mimh.edu July 5-6, 2023.
- Cancer and Mental Wellbeing-A Psychosocial Collaborative Care Approach Dive into how a team-based approach
 to psychosocial cancer care can support individuals struggling with MH/SU challenges. *Thursday, July 6, 2023, 2pm*CT. Register
- 3. **New The Struggle of Combatting Gambling Addictions** Addressing the Rise of Gambling Struggles Since COVID-19 and the Role of Policy and Wellness Institutions. **Monday, July 10, 2023, 11:30am-2pm CT**. Register

- 4. New RCO Bootcamp Fundamentals matter. RCO Bootcamp is a leadership development program for new and emerging Recovery Community Organization (RCO) directors, program managers, and board members. The Boot Camp covers all the basics to help establish policies and procedures to build the capacity of small non-profit organizations. Breakout sessions focus on governance, sustainability, ethics, strategic planning, and staff development. July 11-13, 2023, 10am-4pm CT. Register
- 5. DBT with Adolescents: Helping Teens Build a Life worth Living In this training, you will receive an overview of the underlying theories and procedures of Prolonged Exposure, identify individuals who may benefit from the treatment, and debunk myths about exposure treatment for PTSD. Wednesday, July 12, 2023, 9am-5pm CT.
 Register
- 6. Recovery Housing for Families The webinar will feature presentations from Chrysalis House in Lexington, Kentucky, and Odyssey House of Utah in Salt Lake City. Presentations will provide an overview of program implementation, services offered, housing structure and staffing, and lessons learned when providing recovery housing and supportive services for families. Wednesday, July 12, 2023, 1pm CT. Register
- 7. New Telehealth Implementation of Trauma Focused Treatment The webinar will explore: (1) ways to increase equity in access to telehealth services for child trauma and treatment, (2) implementation and dissemination efforts for providing training and technical assistance for trauma-focused telehealth programs in low resourced contexts, and (3) clinical perspectives of implementing telehealth with trauma-exposed youth. Wednesday, July 12, 2023, 2pm CT. Register
- 8. Improve Diagnosis and Treatment of Patients with Mental Illness This Zoom webinar will present information on Precision Medicine and how using genetic testing can improve diagnosis and medical treatment of patients with mental illness. *Friday, July 14, 2023, 10am CT*. Register
- 9. **Bridging HIV and SUD; Innovations in the Field** The role of overdose prevention centers in responding to the oversdose and infectious disease crises in the United States. *Friday, July 14, 2023, 11am CT.* Register
- 10. NAMI Homefront Teacher Training This training is for individuals who have taken a NAMI Homefront Course as a participant and are interested in becoming a course teacher. Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/ veterans with mental health conditions. *July 15-16, 2023*. Register
- 11. New Bridging the Gap: Linking Individuals to Recovery Support Services This webinar will provide an overview of recovery support services and how to leverage them to support people with mental and substance use disorders who are involved in the criminal justice system. Our speakers will cover what assessment tools exist in the field to identify an individual's unique strengths and needs and how to leverage that information to connect individuals with the most appropriate recovery services. Approaches for creating relationships and partnering with recovery support providers in the community will also be discussed. Monday, July 17, 2023, 2pm-3:30pm CT. Register
- 12. Evidence-Informed Treatment of Compulsive Sexual Behavior Disorder Compulsive Sexual Behavior Disorder (CSBD) appears in the International Classification of Diseases 11 (ICD-11) as an impulse control disorder and is characterized by a persistent pattern of failure to control intense, repetitive sexual impulses, urges, and behaviors. In this training, Drs Kingston and Marshall will present new data relevant to the assessment and treatment of CSBD among individuals convicted of sexual offending and offer new, evidence-informed treatment approaches. Tuesday, July 18, 2023, 10am-2:30pm CT. Register
- 13. Missouri Suicide Prevention Conference-Virtual July 19-20, 2023. Register

- 14. Foundations of Trauma-Informed Care (TIC) Trauma-informed systems understand the impact trauma can have on clients, staff, and others in the system. Trauma Informed Care (TIC) works to ensure that practices and policies within systems create a safe environment for all. This training provides participants with an understanding of the principles of TIC. Participants will be able to apply these principles to their own practice settings. Thursday, July 20, 2023, 9am-12pm CT. Register
- 15. The Communities Project and D-Degree Coaching and Training Working with The Communities Project and D-Degree Coaching & Training, we are excited to invite you to apply to a leadership cohort for 20 peers across Missouri. In the Transformational Leadership Cohort, experienced and emerging peer leaders will participate as a group in five workshops and five executive one-on-one coaching sessions First Session is Friday, July 21, 2023. Register
- 16. **New Missouri Benefits Planning Tiered System Training** Missouri is launching an updated statewide model to help thousands of people with disabilities get the benefit information they need to go to work or increase their earnings. Tiered benefits planning will enable your staff to provide guidance about work and benefits at a level appropriate to their role from beginners to Benefit Planners. This training is appropriate for: Benefit professionals, managers/decision makers of employment service agencies that serve workers with disabilities, and professionals who provide (or refer people to) employment services. **Tuesday, July 25, 2023, 9:30am-12:30pm CT.** Register
- 17. Preventing and Treating Adolescent Violence and Delinquent Behavior This training provides insight into how and why some adolescents engage in violence and other delinquent behavior. It describes empirically based pathways to offending and examines its sociocultural context, specifically addressing how individual development unfolds within an ecological niche and how this affects behaviors such as juvenile delinquency and violence. Tuesday, July 25, 2023, 10am-2:30pm CT. Register
- 18. Compassion without Fatigue Participants will first review the differences between compassion fatigue, secondary trauma, and burnout, including paths to healing. Then, participants will explore a variety of protective practices including mindfulness, intrapersonal boundaries, and tools to intentionally support personal and professional vitality. Friday, July 28, 2023, 9:30am-12:30pm CT. Register
- 19. Mobile Integrated Healthcare (MIH) Summit The Mobile Integrated Healthcare (MIH) Summit and MIH Track at Missouri's EMS Conference & Expo is for healthcare and EMS professionals representing diverse disciplines working to improve healthcare outcomes for all. *August 1-3, 2023*, Register
- 20. Harm Reduction Conference This conference will provide two days of harm reduction- focused learning, collaboration, and capacity building. August 2-3, 2023. Register
- 21. Psychosis 101 Training Provide 1.5 hours virtual training that will include a screener and discussion of the screening process. Assist providers in learning how to talk to clients and families about possible psychosis symptoms as well as understand the importance of early intervention and treatment. Provide a brief overview of diagnostic criteria, describe the threshold for attenuated versus full psychosis, and discuss role of culture and trauma, the importance of good therapeutic rapport, and emphasize educating referral sources. Virtual format, recorded, and made available online. Tuesday, August 8, 2023, 10am-11:30am CT. Register
- 22. NAMI-Holding Hope Presenter Training Holding Hope is NAMI Missouri's Family Speakers Bureau program. Presenters share their personal stories as family members of loved ones with mental illness. Must attend both sessions. Thursday, August 10, 2023 and Thursday, August 23, 2023, 6pm-8pm CT. Register
- 23. Missouri Zero Suicide Academy (Virtual) This two-day Academy is intended to support health and behavioral healthcare organizations by incorporating best practices in suicide prevention into care for those at risk for suicide. *August 29-30, 2023*. Register

- 24. **New Personal Safety and De-Escalation for Helping Professionals** The personal safety of social workers is a vital part of our practice. This workshop will empower social workers to develop situational awareness and consider best practices for safety in the office and in the field. Case studies will highlight the importance of safety considerations and provide learners with the opportunity to critically analyze their personal and agency safety protocols. Deescalation strategies will be presented as a first line intervention to defusing challenging situations. **Thursday**, **August 31, 2023, 1pm-4pm CT**. Register
- 25. NAMI FaithNet Presenter Training Bridges of Hope is the presentation component of FaithNet. Its purpose is to educate faith communities about mental illness so they can create stronger safety nets and more welcoming communities of faith for people affected by mental illness. *Thursday, September 14, 2023 6pm-8pm CT or September 15, 2023, 10am-12pm CT*. Register

RECURRING TRAINING OPPORTUNITIES

- 1. 2023 OUD ECHO (Opioid Use Disorder) WebEx Discussion Series Register
- 2. Addiction Treatment 101 On-Demand This course provides an introduction to substance use disorder treatment, including the different types of medications used to treat opioid use disorder, and how these medications work. Participants will also hear from patients about their experiences with substance use disorder treatment and how treatment medications played a significant role in their recovery. Register
- 3. **Understanding MAT** On-Demand. This course provides an introduction to medications to treat opioid use disorder (OUD). Participants will also hear from patients about their experiences with treatment and how medications played a significant role in their recovery. Register
- 4. **New Family Support Provider Training** A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. Register
- 5. **New Youth Peer Support** A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. <u>Register</u>
- 6. Peer Supervision Training CONVERTED TO ALL Online Self Study Course We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 7. 2023 Motivational Interviewing Training The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org Register
- 8. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register

- 9. 2023 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 10. Foundations of Harm Reduction The Addiction Science team at UMSL-MIMH is offering a new, free training to help clinicians, peers, community health workers and others in the SUD field to build a foundation of Harm Reduction. No specific information related to types of mental health or substance use diagnosis is needed. The skills you will be learning are applicable to working with individuals in many settings and with diverse backgrounds. The overarching idea is to broaden how we think about working with people who use drugs, and move away from the notion that if an individual is not interested in treatment there is nothing that we can offer them.
 - Monday, July 10, 2023, 12pm-1:30pm CT at UMSL Register
 - Wednesday, July 26, 2023, 2:30pm-4:00pm CT Virtual Register
 - Tuesday, August 8, 2023, 12pm-1:30pm CT at UMSL Register
 - Thursday, August 24, 2023, 2pm-3:30pm CT Virtual Register
- 11. Our Safe Haven: Online Support Sessions for Professionals Working with Individuals Who Have Sexually Abused or Have Survived Abuse New, one-hour support group sessions for professionals working with individuals who have sexually abused. Because spots are limited, we are asking that you please only register for one of the three sessions. Register
 - Monday, July 10, 2023
 - Thursday, July 27, 2023
- 12. **Certified Peer Specialist-In Person Training** The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. **Register**
 - Southeast-July 10-14, 2023, Cape Girardeau
 - East-*October 2-6, 2023*, St. Louis
- 13. Family Coaching Workshops-Missouri Tiered Supports Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.
 - About Behavior-Thursday, July 13, 2023-Learn more about behavior in the context of the environment. <u>Join</u>
 Webex
 - Avoid Coercion-Thursday, July 27, 2023-Learn more about common coercions we all have used. <u>Join Webex</u>
 - Stay Close-*Thursday, August 10, 2023*-Cool, Random, and Routine-August 10, 2023, Learn, practive, and get feedback about core relationship skills that also build trust. Join Webex
 - Positive Consequences-*Thursday, August 24, 2023*-Learn to identify opportunities, types, relative value, and worth of positive consequences. Join Webex
 - Pivot-Thursday, September 14, 2023-Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc.) often repeat despite our focus on wanting them to stop. <u>Join Webex</u>
 - Stay Close-HOT-*Thursday, September 28, 2023*-Learn, practice and receive feedback about the skills you can use to de-escalate difficult situations. Join Webex
 - Set Expectations-*Thursday, October 12, 2023*-Practice developing expectations that increase the behaviors you want to see. <u>Join Webex</u>
 - Family Matrix-*Thursday, October 23, 2023*-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. <u>Join Webex</u>
- 14. Workshop for Service Providers in Rural Communities The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.
 - Tuesday, July 25, 2023, 11am-2:30pm CT. Register

- 15. Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It's an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.
 - Session 7-Communication Strategies-Tuesday, July 23, 2023, 10am CT. Register
 - Session 8-New to Treatment Court-*Tuesday, August 29, 2023, 10am CT*. Register
 - Session 9-Treatment Challenges-Tuesday, September 26, 2023, 10am CT. Register
 - Session10-Latest Trends on Working in a Treatment Court- Tuesday, October 31, 2023, 10am CT. Register
 - Session 11-Treatment Court 101-Tuesday, November 28, 2023, 10am CT. Register
 - Session 12-Communication Strategies-Tuesday, December 19, 2023, 10am CT. Register

16. Peer Supervision Trainings -

This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

- Thursday, August 17, 2023 Register
- Thursday, October 19, 2023 Register
- Friday, December 15, 2023 Register
- 17. 2023 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register
- 18. Housing Trainings DMH Housing Training Program with Corporation for Supportive Housing
 - Wednesday, July 19, 2023, MO DMH Training Property Management in Supportive Housing registration link: https://csh-org.zoom.us/meeting/register/tzllfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV
 - Wednesday, August 16, 2023, MO DMH Training De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tzErce-qpjMsE9TdXAk7PXVcfNKmlm_ahhVT
 - Wednesday, September 20, 2023, MO DMH Training Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
 - Wednesday, October 4, 2023, MO DMH Training Housing First and Substance Use Disorders registration link: https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N
 - Wednesday, November 15, 2023, MO DMH Training Harm Reduction Approaches in Service Delivery registration link: https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT
 - Wednesday, December 6, 2023, MO DMH Training Partnering with Landlords registration link: https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc
- 19. Social Current: Building a Resilient Workforce Webinar Series In our upcoming learning series, "Building a Resilient Workforce," Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. Register
 - Embed Brain Science-Tuesday, September 19, 2023, 1pm CT.
 - Foster Candidness through Psychological Safety-Thursday, October 5, 2023, 1pm CT.
 - Create Culture around Shared Values-Thursday, November 9, 2023, 1pm CT.
 - Integrated Connection and Community-Tuesday, December 12, 2022, 1pm CT.

- 20. <u>ON DEMAND</u> Free Agricultural Mental Health Training Opportunity- We still have space to attend this training. This is a free virtual training that you can complete at your own pace. We would like to get our rural behavioral health providers trained in this free training. Below is a pre-survey to gauge interest in the training. Please fill out the form below by *June 30, 2023* we would greatly appreciate it. We will get the registration link and discount code by the first week of July. Training Form: https://katiehorst.wufoo.com/forms/ru8hkp60gg2tzp/
- 21. <u>ON DEMAND</u> First Responder Deflection: A Warm Handoff to Services in the Community This seminal eCourse from JCOIN introduces deflectionas a collaborative, problem-solving approach for law enforcement and other first responders, substance use treatment providers, and community partners. Register
- 22. <u>ON DEMAND</u> Overdose Prevention and Response in Community Corrections; Self-Paced Courses The National Council for Mental Wellbeing, with support from the Centers for Disease Control and Prevention (CDC), has created a series of free, self-paced courses on overdose prevention and response for community corrections. All courses were reviewed and narrated by subject matter experts currently working in the community corrections field.

 Register
- 23. <u>ON DEMAND</u> Opioid Use Disorder Treatment and Recovery in BIPOC Communities Webinar Series To assist providers in better addressing these racial disparities, the National Council for Mental Wellbeing, with support from the Providers Clinical Support System (PCSS), developed a three-part webinar series addressing OUD treatment and recovery in BIPOC communities. This webinar series provides historical context and highlights the work of four experts from the field as they present culturally centered approaches to increase engagement in and access to treatment and recovery for Black, Hispanic/Latino and Native populations. Register
- 24. <u>ON DEMAND</u> An Introduction to Affirmative Practices for Transgender and Nonbinary Clients with Serious Mental Illness This webinar will provide an overview of Serious Mental Illness (SMI) and implications for working affirmatively with transgender and nonbinary clients who have SMI. Background and prevalence of SMI diagnoses among transgender and nonbinary populations will be discussed, including relationships between the experience of gender dysphoria and other mental health symptoms. Common problems and harmful practices will be addressed, along with a case study with suggestions to improve practitioners' support for TNB clients. <u>Register</u>
- 25. <u>ON DEMAND</u> An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client This webinar's goal is to discuss care of transgender and gender-non-conforming and nonbinary clients in the course of psychiatry, diagnostic criteria for gender dysphoria, multidisciplinary care of these clients according to WPATH guidelines. <u>Register</u>
- 26. <u>ON DEMAND</u> Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services This session will include case presentations and describe treatment planning for clients in this vulnerable population, including considerations related to implementing services and models that are culturally mindful and promote community engagement. Information also will highlight coordinated care related to social determinants of physical and mental health, including the impact of stigma, poverty, healthcare access, and exposure to trauma. <u>Register</u>
- 27. <u>ON DEMAND</u> Deconstructing the Gender Binary in Mental Health Services This presentation focuses on concepts of non-binary gender and the context for mental health services among gender non-binary and transgender individuals. Whole health and wellness include living a fulfilled life, which encompasses gender identity and expression. These personal choices are essential components of well-being and self-determination. There are, however, barriers preventing individuals from expressing their gender identity in safe, inclusive mental health settings. <u>Register</u>
- 28. <u>ON DEMAND</u> Integrating Equity and Diversity in Digital Mental Health Interventions for Depression This presentation will describe the challenges and needs in developing interventions for underserved populations with an emphasis on Spanish speaking patients in a public sector setting. The presentation will describe a text messaging CBT intervention to increase engagement and improve quality of care among Spanish speaking patients with depression. <u>Register</u>