

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

July 14, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **BUDGET UPDATE - Veto items below for DBH:**

- Respite Housing - \$1.5M
 - Prevention & Early Intervention for at-risk youth - \$3.7M
 - Recovery Support Services 5.5% Rate Increase - \$215K
 - Engaging Patients in Coordinated Care (EPICC) - \$2M
 - EEG-Guided Transcranial Magnetic Stimulation (e-TMS) Pilot – Reduced by \$1.8M making the item now \$1.5M
 - Behavioral Health Crisis Centers Expansion - \$6,866,000
 - Public Administrator Liaison Positions - \$1,050,000
- Also, from HB 19 the below items were vetoed.

- CMHC in Barry County - \$1M
- CMHC in Lawrence County - \$500K

Questions about the veto items can be directed to Vicki Schollmeyer at vicki.schollmeyer@dmh.mo.gov

2. **Update on Administrative Rules** – Proposed amendments for the following regulations are published in the July 17, 2023, issue of the *Missouri Register* for a 30-day public comment period:

- 9 CSR 10-7.035 Behavioral Health Healthcare Home
- 9 CSR 30-6.010 Certified Community Behavioral Health Organization (CCBHO)

3. **New MoHealthNet Update** – The MO HealthNet Division recently moved all the forms a provider may need regarding MO HealthNet benefits to a new Provider Forms page. [Read more...](#)

4. **MoHealthNet Update** – MO HealthNet is required to complete an annual review of all drug coverage criteria per 13 CSR 70-20.200 Drug Prior Authorization Process. Web page: <https://dss.mo.gov/mhd/cs/pharmacy/pages/clinedit.htm>

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

[MO Careers - Department of Mental Health](#)

FUNDING OPPORTUNITIES

1. **New Peer Scholarships for the 2023 Missouri Behavioral Health Conference** – The *Missouri Behavioral Health Council* will provide several peer scholarships for the **2023 Missouri Behavioral Health Conference**, held on **September 19-22, 2023, in Kansas City, Missouri, at the Westin at Crown Center**. The conference cost (\$150) will be waived, and we would welcome you to attend the entire conference. Lunch will be provided each day, and breakfast on Thursday and Friday during the conference. **Hotel stays will not be included in the scholarship.** **Application:** <https://katiehorst.wufoo.com/forms/r1wp6pe216h0qp1/>
2. **Behavioral Health Workforce Education and Training-Children Adolescents and Transitional Aged Youth Program for Professionals** – The purpose of BHWET-CAY Program for Professionals is to increase the number of behavioral health providers prepared to address the needs of children, adolescents, and transitional aged youth in high need high demand areas. **Application Due Date: Tuesday, August 1, 2023.** [Learn More](#)
3. **BJA Funding Opportunity: FY 2023 Residential Substance Abuse Treatment for State Prisoners Program** – The Bureau of Justice Assistance (BJA) recently announced a \$40.2 million funding opportunity for the FY 2023 Residential Substance Abuse Treatment for State Prisoners Program. The program intends to “...increase access to evidence-based prevention and treatment, reduce overdose deaths, and support increased access to evidence-based substance use disorder (SUD) treatment and recovery support services, including medication-assisted treatment (MAT), to treat incarcerated individuals.” This program aims to do so by assisting states with “...developing and implementing residential SUD treatment programs within state correctional facilities, as well as within local correctional and detention facilities, in which persons are incarcerated for a period of time sufficient to permit SUD treatment.” The BJA will offer up to 56 awards of between \$160,000 and \$4,395,000 each. **Applications Due Date: August 7th, 2023.** [Learn More](#)
4. **NIDA Supports Research on Novel Approaches for Smoking Cessation** – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. **Application Due Date: Sunday, October 15, 2023.** [Learn More](#)

INFO and RESOURCES

1. **New Creating a Trauma-Informed System of Care: Addressing Individuals, Professionals, and Organizations** – The majority of adults have experienced at least one traumatic experience in their lifetime. Additionally, as we continue to navigate the aftermath of the COVID-19 pandemic, the traumatic effects of social and physical isolation, illness, and grief will continue to affect individuals' mental and physical health. For this reason, it is crucial that every health and human service provider have a basic understanding of trauma-informed care. That's why we're excited to release our newest e-book. [e-book](#).
2. **New NAMI-Parent's Guide to Mental Health** – This guide was developed by NAMI Missouri and Missouri Department of Mental Health and includes information on how to support your youth's mental health, crisis resources, tools for youth and more! This guide is attached to this email and is also available on our youth resources page. [Read More](#)

3. **New Examining Common Reasons for Hospitalization among Patients with Depression** – Depression and physical illness closely interact, but experts are still working to unravel the exact dynamic that occurs between the two. [Read More](#)
4. **FDA Approves Two New Products for Schizophrenia Treatment** – This video provides an overview of aripiprazole monohydrate and risperidone subcutaneous injectable and explains why providers will want these options available in their clinical toolboxes. [Read More](#)
5. **Behavioral Therapy Effective against Inattention in Adults with ADHD** – Behavioral therapy was found to be effective for helping inattentive symptoms in adults with attention-deficit/hyperactivity disorder (ADHD). [Read More](#)
6. **The DEA Relaxed Online Prescribing Rules During COVID-Now It Wants to Revisit Them** – Federal regulators want most patients to see a healthcare provider in person before receiving prescriptions for potentially addictive medicines through telehealth—something that hasn't been required in more than 3 years. During the COVID-19 public health emergency, the Drug Enforcement Administration allowed doctors and other healthcare providers to prescribe controlled medicine during telehealth appointments without examining the patient in person. The emergency declaration ended May 13, and in February, the agency proposed new rules that would require providers to see patients at least once in person before prescribing many of those drugs during telehealth visits. [Read More](#)
7. **The Increasing Prevalence of Fentanyl** – Fentanyl and its analogs are currently the primary drivers of deaths in the opioid overdose crisis and responsible for the third wave of the opioid epidemic. National Council's medical director, Joe Parks, M.D., joined the Psychiatric Services podcast last week to discuss the National Council Medical Director Institute's report, [Guidance on Handling the Increasing Prevalence of Drugs Adulterated or Laced with Fentanyl](#). Learn more by [listening to the podcast](#)!
8. **Communication Tips for Prevention** – [Watch Video](#)
9. **Recovery From Addiction is a Journey, There's No One-and-Done Solution** – At a time when drug use is among the nation's gravest public health crises, a visit to the Allen House offers key lessons: Addiction is a chronic illness requiring constant vigilance, there's no one-and-done solution, and relapses are part of the journey to recovery. Peer mentoring is an invaluable element of drug counseling, since people who have plodded the difficult path from dependence to sobriety understand the mindset of patients on a visceral level. And most importantly for those who feel despair in the grip of addiction, there is hope. [Read More](#)
10. **Making It Easier for Kids to Get Help for Addiction, and Prevent Overdoses** – Across the country, cities and states are looking for strategies to help kids survive the opioid crisis. At a school in Virginia, students are learning how to obtain and use the lifesaving overdose reversal nasal spray Narcan that was recently made available for sale over the counter. In California, where fentanyl is the cause of 1 in 5 deaths among youths, a pending bill could allow younger teens to seek drug treatment without parental consent. [Read More](#)

TRAINING OPPORTUNITIES

1. **Evidence-Informed Treatment of Compulsive Sexual Behavior Disorder** – Compulsive Sexual Behavior Disorder (CSBD) appears in the International Classification of Diseases – 11 (ICD-11) as an impulse control disorder and is characterized by a persistent pattern of failure to control intense, repetitive sexual impulses, urges, and behaviors. In this training, Drs Kingston and Marshall will present new data relevant to the assessment and treatment of CSBD among individuals convicted of sexual offending and offer new, evidence-informed treatment approaches. **Tuesday, July 18, 2023, 10am-2:30pm CT.** [Register](#)

2. **New Trauma Strategies for Peer Support Using Self Care** – Peer professionals provide an array of recovery-oriented supports and person-centered care that includes empathetic engagement with survivors of trauma circumstances. This work at times can increase the peer’s vulnerability to vicarious trauma or secondary stress. Potentially it can result in the loss of ability to objectively help others find their recovery pathways and can affect the peer’s mental and emotional wellbeing. This two-hour interactive workshop will review how trauma situations may present, signs to recognize and cues alerting as to when to step away from a trauma inducing situation. Content will also offer practical strategies for self-care including ways to build resiliency. **Wednesday, July 19, 2023, 9am-11pm CT.** [Register](#)
3. **Property Management in Supportive Housing** – As a property manager working with tenants, you need a nuanced understanding of trauma-informed practices and knowledge of common mental health challenges. Through this webinar, you will learn the core concepts of trauma-informed approaches and mental illness. You will also learn how to communicate and coordinate effectively with services staff through a trauma-informed lens. **Wednesday, July 19, 2023, 10am-12pm CT.** [Register](#)
4. **Practical Steps to Understanding and Advancing Allyship** – In this webinar there will be discussion on exploring the concept of allyship and how those seeking to advance DEIB within their workplace can improve their allyship efforts. **Wednesday, July 19, 2023, 12pm CT.** [Register](#)
5. **Building Trauma-Responsive Networks of Care** – During this session, hear from experts about key components and lessons learned from their work building trauma-responsive Networks of Care in their communities. **Wednesday, July 19, 2023, 1pm CT.** [Register](#)
6. **New Consequences of Cultural Denial-Culturally Responsive Integrated Care Among Black, Indigenous and People of Color** – Engage in a conversation with health equity experts who will discuss outcomes and solutions for providing culturally responsive integrated care and contributing positively to health outcomes of BIPOC communities. **Wednesday, July 19, 2023, 2pm CT.** [Register](#)
7. **New Redefining Black Masculinities: Clinical Considerations in the Emergence of 988** – This Webinar will address holistic approaches and collaborative strategies to improve mental health resources, reduce barriers to access and address mental health needs for these individuals, specifically in crisis situations. **Wednesday, July 19, 2023, 3pm CT.** [Register](#)
8. **Missouri Suicide Prevention Conference-Virtual** – *July 19-20, 2023.* [Register](#)
9. **New Leveraging Paraprofessionals to Enhance the Integrated Care Workforce** – Leveraging Paraprofessionals to Enhance the Integrated Care Workforce, where participants from last year’s Workforce in Integrated Care Learning Collaborative share their knowledge and tips for best practices in leveraging Paraprofessionals to enhance the integrated care workforce. **Thursday, July 20, 2023, 10am CT.** [Register](#)
10. **Foundations of Trauma-Informed Care (TIC)** – Trauma-informed systems understand the impact trauma can have on clients, staff, and others in the system. Trauma Informed Care (TIC) works to ensure that practices and policies within systems create a safe environment for all. This training provides participants with an understanding of the principles of TIC. Participants will be able to apply these principles to their own practice settings. **Thursday, July 20, 2023, 9am-12pm CT.** [Register](#)
11. **New Leveraging Paraprofessionals to Enhance the Integrated Care Workforce** – Optimizing the expertise of paraprofessionals in health care settings can strengthen the integrated care workforce while improving equitable person-centered care. Paraprofessionals within health care settings – such as support staff, interns, community health workers and peer support specialists – play a vital role in team-based care. They work collaboratively with clinicians to provide direct care, as they also contribute their unique skills, lived experience and innovative ideas to enhance integrated care settings and improve client experiences. **Thursday, July 20, 2023, 10am CT.** [Register](#)

12. **Clinical and Operational Insights: How to Get Them and What to Do with Them** – In this webinar, hear about best practices and recommendations to consider for simple reporting and deeper analysis of data, as well as what can be learned from the data. *Thursday, July 20, 2023, 11:30am CT.* [Register](#)
13. **New Mobile Crisis Webinar, What happens after the mobile crisis visit to stabilize and connect care** – 988 is the first step in reimagining our mobile crisis response, but there's more work to do after the visit to ensure care connections are made, and the person in crisis feels stable to move through the follow-up process. *Thursday, July 20, 2023, 12pm CT.* [Register](#)
14. **Compassion Fatigue for Behavioral Health Workers** – This course is intended for behavioral health workers who wish to learn more about how experiencing traumatic events, either directly or indirectly, as a first responder reacting to an emergency or crisis situation may impact their professional and personal wellbeing. *Thursday, July 20, 2023, 1pm-3pm CT.* [Register](#)
15. **New The Struggle of Combatting Gambling Addictions** – This symposium seeks to address the connection between gambling addiction and mental health, as well as highlight gaps in policy around this issue. This webinar will also address how COVID-19 impacted a rise in gambling addiction and how that looks post-pandemic. *Monday, July 24, 2023,* [Register](#)
16. **Missouri Benefits Planning Tiered System Training** – Missouri is launching an updated statewide model to help thousands of people with disabilities get the benefit information they need to go to work or increase their earnings. Tiered benefits planning will enable your staff to provide guidance about work and benefits at a level appropriate to their role – from beginners to Benefit Planners. This training is appropriate for: Benefit professionals, managers/decision makers of employment service agencies that serve workers with disabilities, and professionals who provide (or refer people to) employment services. *Tuesday, July 25, 2023, 9:30am-12:30pm CT.* [Register](#)
17. **Preventing and Treating Adolescent Violence and Delinquent Behavior** – This training provides insight into how and why some adolescents engage in violence and other delinquent behavior. It describes empirically based pathways to offending and examines its sociocultural context, specifically addressing how individual development unfolds within an ecological niche and how this affects behaviors such as juvenile delinquency and violence. *Tuesday, July 25, 2023, 10am-2:30pm CT.* [Register](#)
18. **Motivational Interviewing** – In this training, participants will gain an understanding of common-sense practices on how to better serve under-acknowledged populations, learn how to apply the principles of harm reduction to your work with peers & educate community members in hopes to decrease and eventually eradicate the stigma against people who use drugs in our communities. *Wednesday, July 26, 2023, 1pm CT.* [Register](#)
19. **Compassion without Fatigue** – Participants will first review the differences between compassion fatigue, secondary trauma, and burnout, including paths to healing. Then, participants will explore a variety of protective practices including mindfulness, intrapersonal boundaries, and tools to intentionally support personal and professional vitality. *Friday, July 28, 2023, 9:30am-12:30pm CT.* [Register](#)
20. **Mobile Integrated Healthcare (MIH) Summit** – The Mobile Integrated Healthcare (MIH) Summit and MIH Track at Missouri's EMS Conference & Expo is for healthcare and EMS professionals representing diverse disciplines working to improve healthcare outcomes for all. *August 1-3, 2023,* [Register](#)
21. **Harm Reduction Conference** – This conference will provide two days of harm reduction- focused learning, collaboration, and capacity building. *August 2-3, 2023.* [Register](#)
22. **Psychosis 101 Training** – Provide 1.5 hours virtual training that will include a screener and discussion of the screening process. Assist providers in learning how to talk to clients and families about possible psychosis symptoms as well as understand the importance of early intervention and treatment. Provide a brief overview of diagnostic criteria, describe the threshold for attenuated versus full psychosis, and discuss role of culture and trauma, the

importance of good therapeutic rapport, and emphasize educating referral sources. Virtual format, recorded, and made available online. **Tuesday, August 8, 2023, 10am-11:30am CT.** [Register](#)

23. **Innovations in Recovery Leadership** – Our 3-day training is for emergent and seasoned leaders working or volunteering in a setting that prioritizes recovery support services. Those connected to Recovery Community Organizations or Centers, Collegiate Recovery Communities, Recovery High Schools, government agencies supporting recovery services statewide, family support organizations, recovery house managers, or a variety of other settings utilizing recovery supports, are encouraged to reach out to our training team to discuss the advantages of this unique curriculum. **August 8-10, 2023, 10am-3pm CT.** [Register](#)
24. **Compassion Fatigue** – As Recovery Support Service Providers, we are not immune to the effects of stress and secondary trauma. This exceptional session will provide an overview of the skills necessary to maintain your ability to respond to peers with empathy and compassion, create healthy boundaries, develop a concrete self-care plan & learn valuable warning signs of STS and Compassion Fatigue. **Wednesday, August 9, 2023, 12pm CT.** [Register](#)
25. **New Recovery Friendly Workplaces Conference** – Businesses across the state are facing challenges recruiting and retaining workers. At the same time, Missouri also continues to experience high incidents of people of working age who are facing addiction and substance use issues, and ultimately leads to fewer people participating in Missouri’s workforce. Recovery Friendly Workplaces are one way that businesses and communities across Missouri can start to tackle these intersecting issues. **Thursday, August 10, 2023, 8:30am-3:30pm CT.** [Register](#)
26. **De-Escalation: Techniques for Assisting Tenants in Crisis** – Knowing how to best support an individual who is experiencing mental distress can be challenging. This webinar is an introduction to de-escalation techniques that can be used to support and engage individuals in distress. Trainers will explore engagement strategies that are trauma-informed, provide examples of how to apply de-escalation techniques, and help learners understand the importance of maintaining professional boundaries that keep all parties safe in challenging situations. **Wednesday, August 16, 2023, 1pm-3pm CT.** [Register](#)
27. **She’s Not There: Dissociation in Young Children with Trauma** – In this training, participants will learn about child development and the impact of early adversities on development, risk factors and signs of dissociation, and how to scaffold treatment to best meet the child where they are. Case studies will be used to illustrate different presentations of dissociation and how to meet the needs of that child and their family. This training will also focus on using play therapy to best engage these young dissociative children in a respectful, playful, and relationally-rich manner. **Thursday, August 17, 2023, 1pm-4pm CT.** [Register](#)
28. **NAMI-Holding Hope Presenter Training** – Holding Hope is NAMI Missouri’s Family Speakers Bureau program. Presenters share their personal stories as family members of loved ones with mental illness. Must attend both sessions. **Thursday, August 10, 2023 and Thursday, August 23, 2023, 6pm-8pm CT.** [Register](#)
29. **Missouri Zero Suicide Academy (Virtual)** – This two-day Academy is intended to support health and behavioral healthcare organizations by incorporating best practices in suicide prevention into care for those at risk for suicide. **August 29-30, 2023.** [Register](#)
30. **Personal Safety and De-Escalation for Helping Professionals** – The personal safety of social workers is a vital part of our practice. This workshop will empower social workers to develop situational awareness and consider best practices for safety in the office and in the field. Case studies will highlight the importance of safety considerations and provide learners with the opportunity to critically analyze their personal and agency safety protocols. De-escalation strategies will be presented as a first line intervention to defusing challenging situations. **Thursday, August 31, 2023, 1pm-4pm CT.** [Register](#)

31. **NAMI FaithNet Presenter Training** – Bridges of Hope is the presentation component of FaithNet. Its purpose is to educate faith communities about mental illness so they can create stronger safety nets and more welcoming communities of faith for people affected by mental illness. **Thursday, September 14, 2023 6pm-8pm CT or September 15, 2023, 10am-12pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **New NAMI-Parents supporting Parents Group-Pepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
2. **New NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
3. **New Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. **The next training will be July 24-26, 2023.** [Register](#)
4. **Youth Peer Support** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
5. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
6. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
7. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
8. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

- **Thursday, August 24, 2023, 2pm-3:30pm CT** – Virtual [Register](#)

15. **Our Safe Haven: Online Support Sessions for Professionals Working with Individuals Who Have Sexually Abused or Have Survived Abuse** – New, one-hour support group sessions for professionals working with individuals who have sexually abused. Because spots are limited, we are asking that you please only register for one of the three sessions. [Register](#)

- **Thursday, July 27, 2023**

16. **Family Coaching Workshops-Missouri Tiered Supports** – Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.

- **Avoid Coercion-Thursday, July 27, 2023**-Learn more about common coercions we all have used. [Join Webex](#)
- **Stay Close-Thursday, August 10, 2023**-Cool, Random, and Routine-August 10, 2023, Learn, practice, and get feedback about core relationship skills that also build trust. [Join Webex](#)
- **Positive Consequences-Thursday, August 24, 2023**-Learn to identify opportunities, types, relative value, and worth of positive consequences. [Join Webex](#)
- **Pivot-Thursday, September 14, 2023**-Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc.) often repeat despite our focus on wanting them to stop. [Join Webex](#)
- **Stay Close-HOT-Thursday, September 28, 2023**-Learn, practice and receive feedback about the skills you can use to de-escalate difficult situations. [Join Webex](#)
- **Set Expectations-Thursday, October 12, 2023**-Practice developing expectations that increase the behaviors you want to see. [Join Webex](#)
- **Family Matrix-Thursday, October 23, 2023**-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. [Join Webex](#)

17. **New You Can't Stop What you Don't Know** – This workshop will provide attendees with the ability, knowledge, and confidence to help them prevent drug and/or alcohol misuse. Attendees will also be taught certain identifiers, logos and terms that are commonly related to drug (illegal and over the counter) and alcohol, marijuana and drug concealment on school, home and work property.

- **Thursday, August 10, 2023-St. Peters** [Register](#)
- **Wednesday, November 15, 2023-Kansas City** [Register](#)

18. **Peer Supervision Trainings** –

This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

- **Thursday, August 17, 2023** [Register](#)
- **Thursday, October 19, 2023** [Register](#)
- **Friday, December 15, 2023** [Register](#)

19. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)

20. **Social Current: Building a Resilient Workforce Webinar Series** – In our upcoming learning series, “Building a Resilient Workforce,” Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. [Register](#)

- Embed Brain Science-**Tuesday, September 19, 2023, 1pm CT.**
- Foster Candidness through Psychological Safety-**Thursday, October 5, 2023, 1pm CT.**
- Create Culture around Shared Values-**Thursday, November 9, 2023, 1pm CT.**
- Integrated Connection and Community-**Tuesday, December 12, 2022, 1pm CT.**

21. **Certified Peer Specialist-In Person Training** – The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. [Register](#)
 - East-**October 2-6, 2023**, St. Louis
22. **ON DEMAND Free Agricultural Mental Health Training Opportunity**- We still have space to attend this training. This is a free virtual training that you can complete at your own pace. We would like to get our rural behavioral health providers trained in this free training. Below is a pre-survey to gauge interest in the training. Please fill out the form below by **June 30, 2023** we would greatly appreciate it. We will get the registration link and discount code by the first week of July. Training Form: <https://katiehorst.wufoo.com/forms/ru8hkp60gg2tzp/>
23. **ON DEMAND First Responder Deflection: A Warm Handoff to Services in the Community** – This seminal eCourse from JCOIN introduces deflection as a collaborative, problem-solving approach for law enforcement and other first responders, substance use treatment providers, and community partners. [Register](#)
24. **ON DEMAND Overdose Prevention and Response in Community Corrections; Self-Paced Courses** –The National Council for Mental Wellbeing, with support from the Centers for Disease Control and Prevention (CDC), has created a series of free, self-paced courses on overdose prevention and response for community corrections. All courses were reviewed and narrated by subject matter experts currently working in the community corrections field. [Register](#)
25. **ON DEMAND Opioid Use Disorder Treatment and Recovery in BIPOC Communities Webinar Series** – To assist providers in better addressing these racial disparities, the National Council for Mental Wellbeing, with support from the Providers Clinical Support System (PCSS), developed a three-part webinar series addressing OUD treatment and recovery in BIPOC communities. This webinar series provides historical context and highlights the work of four experts from the field as they present culturally centered approaches to increase engagement in and access to treatment and recovery for Black, Hispanic/Latino and Native populations. [Register](#)
26. **ON DEMAND An Introduction to Affirmative Practices for Transgender and Nonbinary Clients with Serious Mental Illness** – This webinar will provide an overview of Serious Mental Illness (SMI) and implications for working affirmatively with transgender and nonbinary clients who have SMI. Background and prevalence of SMI diagnoses among transgender and nonbinary populations will be discussed, including relationships between the experience of gender dysphoria and other mental health symptoms. Common problems and harmful practices will be addressed, along with a case study with suggestions to improve practitioners' support for TNB clients. [Register](#)
27. **ON DEMAND An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client** – This webinar's goal is to discuss care of transgender and gender-non-conforming and nonbinary clients in the course of psychiatry, diagnostic criteria for gender dysphoria, multidisciplinary care of these clients according to WPATH guidelines. [Register](#)
28. **ON DEMAND Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services** – This session will include case presentations and describe treatment planning for clients in this vulnerable population, including considerations related to implementing services and models that are culturally mindful and promote community engagement. Information also will highlight coordinated care related to social determinants of physical and mental health, including the impact of stigma, poverty, healthcare access, and exposure to trauma. [Register](#)
29. **ON DEMAND Deconstructing the Gender Binary in Mental Health Services** – This presentation focuses on concepts of non-binary gender and the context for mental health services among gender non-binary and transgender individuals. Whole health and wellness include living a fulfilled life, which encompasses gender identity and

expression. These personal choices are essential components of well-being and self-determination. There are, however, barriers preventing individuals from expressing their gender identity in safe, inclusive mental health settings. [Register](#)

30. ***ON DEMAND* Integrating Equity and Diversity in Digital Mental Health Interventions for Depression** – This presentation will describe the challenges and needs in developing interventions for underserved populations with an emphasis on Spanish speaking patients in a public sector setting. The presentation will describe a text messaging CBT intervention to increase engagement and improve quality of care among Spanish speaking patients with depression. [Register](#)