

Missouri Eating Disorders Council Minutes

May 22, 2023

Council Members Present:

Stephanie Bagby-Stone
 Eric Martin
 Heidi Strickler
 Annie Seal
 Paul Polychronis
 Del Camp
 Jenny Copeland
 Rikki Wright
 Marjorie Cole
 John Pruet
 Rebecca Lester
 Beth Harrell

Council Members Absent:

Janet Clevenger
 Kimberli McCallum
 Ginny Ramseyer Winter
 Rachel Jones
 Denise Wilfley
 Rebekah Freese
 Beth Monson

Department of Mental Health Staff:

Lori Franklin
 Rosie Anderson-Harper

Guests:

Ellen Fitzsimmons-Craft

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions	Annie Seal called the meeting to order.	
Approval of Minutes	Annie Seal called for the approval of the March minutes. Rikki Wright motioned to approve the minutes. Rebecca Lester seconded. Minutes approved as written.	
Updates and Announcements	Annie Seal announced that the EDC had a booth at the Spring Training Institute. Del Camp reported that they had a ton of interest and it was a very successful set up.	
Budget	Lori Franklin announced that the budget report summary had been emailed to the EDC members. This budget will end June 30, 2023. The balance is currently is \$55,693.85 and just a reminder to submit all the invoices by June 15 th . The FY24 proposed budget will be reviewed at the next meeting.	
Body U	Ellen Fitzsimmons-Craft gave an update on the Office of Women's Health Grant. Connie Flachs will work full-time on this at the beginning of June. They have been working on continuing to solidify partnerships with three (3) initial school districts, which is Rockwood, Clayton and Columbia, with plans to work to implement the screen	

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<p>360 Training</p> <p>Next Meeting</p>	<p>process starting in August with those districts. They are working now to develop personalized implementation plans and working on finalizing the content for the team versions of the program and working with 3C to get that programmed on their platform. They are looking for teenagers that are passionate about body image, eating disorders and wellness to review the new content and offer feedback. The most exciting Body U update is that the Institute is ready to launch the new platform messaging feature on June 5th, we really think this is going to enhance user’s engagement with their coaches.</p> <p>Ellen Fitzsimmons-Craft gave an update on 360 trainings. They have hosted 4-week series and exposure therapy for the treatment of eating disorders. They had 238 registrants, which 57 registered officially for the continuing education credits. They had positive feedback from the training. They have an additional training on the co-occurrence of eating disorders and substance use. On June 2nd they have a training on Health At Every Size 101 – the importance of weight inclusivity care.</p> <p>The EDC will continue to meet virtually in 2023.</p> <p>Annie Seal called for the meeting to be adjourned.</p> <p>Next meeting will be July 24, 2023.</p>	