FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance June 23, 2023

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

1. Administrative Rules - Update

9 CSR 30-7.010 Behavioral Health Crisis Centers is published in the May 31, 2023, issue of the *Code of State Regulations* https://www.sos.mo.gov/adrules/csr/csr. The rule will be effective on June 30, 2023.

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

- Substance Use Disorder Treatment and Recovery Loan Repayment Program Eligible substance use disorder (SUD) treatment clinicians and community health workers can apply to the Substance Use Disorder Treatment and Recovery Loan Repayment Program (STAR LRP). Application Due Date: Thursday, July 13, 2023. Learn More
- 2. Behavioral Health Workforce Education and Training-Children Adolescents and Transitional Aged Youth Program for Professionals The purpose of BHWET-CAY Program for Professionals is to increase the number of behavioral health providers prepared to address the needs of children, adolescents, and transitional aged youth in high need high demand areas. Application Due Date: *Tuesday, August 1, 2023.* Learn More
- 3. New BJA Funding Opportunity: FY 2023 Residential Substance Abuse Treatment for State Prisoners Program The Bureau of Justice Assistance (BJA) recently announced a \$40.2 million funding opportunity for the FY 2023 Residential Substance Abuse Treatment for State Prisoners Program. The program intends to "...increase access to evidence-based prevention and treatment, reduce overdose deaths, and support increased access to evidence-based substance use disorder (SUD) treatment and recovery support services, including medication-assisted treatment (MAT), to treat incarcerated individuals." This program aims to do so by assisting states with "...developing and implementing residential SUD treatment programs within state correctional facilities, as well as within local correctional and detention facilities, in which persons are incarcerated for a period of time sufficient to permit SUD treatment." The BJA will offer up to 56 awards of between \$160,000 and \$4,395,000 each. Applications Due Date: August 7th, 2023. Learn More

4. NIDA Supports Research on Novel Approaches for Smoking Cessation – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. Application Due Date: Sunday, October 15, 2023. Learn More

INFO and RESOURCES

- 1. **New Apply to Become an Anti-Stigma Pilot Site** Addiction is one of the most stigmatized health conditions on earth and prevents people who are struggling from reaching out for help and isolates families affected by the disease who fear being judged by their communities. Take part in the project to test and deploy interventions to help communities eradicate stigma. <u>Learn More</u>
- 2. **New FDA Approves New Treatment for Opioid Use Disorder** The treatment, under the brand name of Brixadi, is an extended-release injection under the skin. Buprenorphine, the active ingredient of the novel drug, is already used to safely and effectively treat opioid use disorder (OUD). <u>Read More</u>
- 3. New A New Nasal Spray to Reverse Fentanyl and Other Opioid Overdoses gets FDA Approval The US Food and Drug Administration has approved Brixadi extended-release injection for under the skin use as a treatment for moderate to severe opioid use disorder. Read More
- 4. **New MoHealthNet Pharmacy Helpdesk Change of Business Hours** Starting July 17, 2023, MO HealthNet will change the Pharmacy Helpdesk hours for drug prior authorizations. The new hours will be Monday through Friday, 8:00 a.m. to 7:00 p.m. Central; weekend hours will remain the same 8:00 a.m. to 6:00 p.m. MO HealthNet is making these changes based on historical call and fax volume to the Pharmacy Helpdesk. This change will help MO HealthNet complete drug prior authorization reviews faster.
- 5. **New Medicaid Unwinding Resources** Earlier this week, the Department of Health and Human Services (HHS), through the Centers for Medicare and Medicaid Services (CMS), released a series of resources on the resuming of Medicaid and Children's Health Insurance Program (CHIP) renewals to help address issues related to Medicaid unwinding. These resources provide important updates for partners and information on new flexibilities announced by HHS designed to help keep people covered as states restart routine Medicaid and CHIP renewals. CMS' press release announcing HHS' additional actions to keep people covered as States resume Medicaid and CHIP renewals can be found here. These new resources include:
 - HHS Secretary Letter to Governors on Medicaid Redeterminations
 - Available State Strategies to Prevent Procedural Terminations During Unwinding
 - All Hands-On-Deck: Keeping People Covered As States Restart Routine Medicaid Renewals Factsheet
 - All Hands-On-Deck: Partner Call to Action
- 6. New SAMHSA Releases New Data on Lesbian, Gay, and Bisexual Health On Tuesday, the Substance Abuse and Mental Health Services Administration (SAMHSA) released a new data report on Lesbian, Gay, and Bisexual Behavioral Health: Results from the 2021 and 2022 National Surveys on Drug Use and Health. The report reviews findings from the 2021 and 2022 National Surveys on Drug Use and Health around topics such as alcohol use, cigarette use, illicit drug use, stimulant use, drug use disorder, opioid use disorder, mental health, and more.

- 7. New NIH and FDA Leaders Call For More Research to Improve and Implement Drug-Testing Tools In a new publication in the New England Journal of Medicine, leaders at the National Institutes of Health (NIH) and the Food and Drug Administration (FDA) emphasize the importance of addressing gaps in the research, development, and implementation of fentanyl test strips and other drug-testing equipment to prevent overdose fatalities. The call to action "...encourages new collaborations among researchers and agencies to ensure the effectiveness of fentanyl test strips and promote the development of additional drug-checking technologies. It also encourages the reduction of barriers that inhibit use of these technologies where not prohibited by law." Further comments by the NIH on this call to action can be found here.
- 8. New NIH Research Finds Only 1 in 4 Adolescent Treatment Facilities Offer Buprenorphine For Opioid Use Disorder According to a new study funded by the National Institute of Health (NIH), "only 1 in 4 residential addiction treatment facilities caring for U.S. adolescents under 18 years old offer buprenorphine, a medication used to treat opioid use disorder" and "...only 1 in 8 offer buprenorphine for ongoing treatment." Buprenorphine is the only medication for opioid use disorder (OUD) that is approved by the Food and Drug Administration (FDA) for use in people aged 16-18. These findings emphasize a significant barrier in access to evidence-based OUD treatment for young people. To read more about this study, visit the NIH website here.
- 9. New NIDA Study Finds Men Died of Overdose at 2-3 Times Greater a Rate Than Women in The U.S. in 2020-2021 A group of researchers from the National Institute on Drug Abuse (NIDA) and the Icahn School of Medicine at Mount Sinai published a study in Neuropsychopharmacology that found that "men were significantly more vulnerable than women to overdose deaths involving opioid and stimulant drugs in 2020-2021." The study analyzed national data on death records of people aged 15-74 from 2020-2021 and reported that "...men had a 2-3 times greater rate of overdose mortality from opioids (like fentanyl and heroin) and psychostimulants (like methamphetamine and cocaine)." While men are known to use drugs at higher rates than women, the researchers concluded that "...biological, behavioral, and social factors combined to increase the mortality risk for men." NIDA's press release announcing the findings of the report can be found here.
- 10. **New HHS Issues Advisory on Mental Health Symptoms and Conditions Related to Long COVID** This advisory discusses the epidemiology of the mental health symptoms and conditions of Long COVID, provides evidence-based resources for the treatment of those conditions, and offers possible resources. Learn More
- 11. **New Young Adults' Use of Non-LSD Hallucinogens Increasing** Past-year use of non-LSD hallucinogens among young adults between the ages of 19 and 30 nearly doubled. <u>Read More</u>
- 12. Most U.S. Adults Remain Unaware of 988 Suicide and Crisis Lifeline Only 13% of adults in the U.S. have heard of the 988 Suicide and Crisis Lifeline and know its purpose nine months after its launch. Read More
- 13. Social Security Administration Releases New Online Tool for People Interested in Applying for Supplemental Security Income The Social Security Administration (SSA) has developed a new tool people can use to apply for Supplemental Security Income (SSI) and other benefits. The process takes only 5 10 minutes and asks for basic information about the person who wants to apply for SSI.

TRAINING OPPORTUNITIES

- 1. Show Me Resilience Increase awareness of Black mental health, including disparities in mental health and stigma. Tuesday, June 27, 2023, 11am CT. Register
- 2. Introductory/Refresher Virtual YSBIRT Training If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. *Tuesday, June 27, 2023, 1pm CT*. Register

- 3. **New Mapping the Crisis System of Care: Alternative to Emergency Departments** Join the presenters in mapping out best practice crisis care pathways to discover alternatives to emergency departments that also address issues of safety, choice, and personal freedom. **Tuesday, June 27, 2023, 1:30pm CT**. Register
- 4. Open Science in Gambling Research Open Science (OS) is the movement to make scientific research, data and their dissemination available to any member of an inquiring society, from professionals to citizens. OS is especially important in cases of gambling industry-funded research on gambling disorder and responsible gambling to ensure that the research process is ethical, transparent, and unbiased. *Tuesday, June 27, 2023, 1pm-2:30pm CT*. Register
- Criminal Justice Diversion-Reimagining Appropriate Pathways to Care Wednesday, June 28, 2023, 12pm CT.
 Register
- 6. **New Meadowlark-Building a Team-Based Approach to Perinatal Care** This model recognizes that pregnancy and postpartum are complex and dynamic periods that require a holistic approach to health care. **Wednesday, June 28, 2023, 12pm CT**. Register
- 7. **ASAM Treatment of Alcohol Use Disorder Course** According to the 2021 National Survey of Drug Use and Health, 29.5 million people ages 12 and older had Alcohol Use Disorder in the past year. Alcohol Use Disorder is a chronic and complex disease that affects thousands of patients every year. There are evidence-based approaches to treatment, including non-pharmacological interventions and medications. Understanding these options and misconceptions about treatment alternatives can help improve outcomes for patients. **Wednesday, June 28, 2023 1pm-4:15pm CT**. Register
- 8. Introductory/Refresher Virtual SBIRT Training If you are an administrator or clinician who is new to SBIRT or looking for a refresher, this three-hour training is just for you. *Thursday, June 29, 2023, 1pm CT.* Register
- 9. **Group and Family Based Cognitive Behavior Therapy for Psychosis Training** This two-day training (with an optional third day) will provide mental health clinicians the skills and knowledge to deliver group and individual Cognitive Behavioral Therapy (CBT) interventions for youth and young adults at clinical high risk (CHR) of developing psychosis and those experiencing First Episode Psychosis (FEP). An optional add-on one-day training in CBT Skills for Families will give providers the skills and knowledge to deliver a family-based intervention, which integrates teaching family members CBT and communication skills to support youth's acquisition of CBT skills and promote a positive family environment. If you have any questions regarding the training, please contact Rachel Kryah at Rachel.Kryah@mimh.edu July 5-6, 2023.
- New Cancer and Mental Wellbeing-A Psychosocial Collaborative Care Approach Dive into how a team-based approach to psychosocial cancer care can support individuals struggling with MH/SU challenges. Thursday, July 6, 2023, 2pm CT. Register
- 11. **DBT with Adolescents: Helping Teens Build a Life Worth Living** In this training, you will receive an overview of the underlying theories and procedures of Prolonged Exposure, identify individuals who may benefit from the treatment, and debunk myths about exposure treatment for PTSD. **Wednesday, July 12, 2023, 9am-5pm CT**.

 Register
- 12. **New** Recovery Housing for Families Living The webinar will feature presentations from Chrysalis House in Lexington, Kentucky, and Odyssey House of Utah in Salt Lake City. Presentations will provide an overview of program implementation, services offered, housing structure and staffing, and lessons learned when providing recovery housing and supportive services for families. **Wednesday, July 12, 2023, 1pm CT.** Register
- 13. Improve Diagnosis and Treatment of Patients with Mental Illness This Zoom webinar will present information on Precision Medicine and how using genetic testing can improve diagnosis and medical treatment of patients with mental illness. *Friday, July 14, 2023, 10am CT*. Register

- 14. **New Bridging HIV and SUD; Innovations in the Field** The role of overdose prevention centers in responding to the oversdose and infectious disease crises in the United States. **Friday, July 14, 2023, 11am CT.** Register
- 15. NAMI Homefront Teacher Training This training is for individuals who have taken a NAMI Homefront Course as a participant and are interested in becoming a course teacher. Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/ veterans with mental health conditions. *July 15-16, 2023*. Register
- 16. Evidence-Informed Treatment of Compulsive Sexual Behavior Disorder Compulsive Sexual Behavior Disorder (CSBD) appears in the International Classification of Diseases 11 (ICD-11) as an impulse control disorder and is characterized by a persistent pattern of failure to control intense, repetitive sexual impulses, urges, and behaviors. In this training, Drs Kingston and Marshall will present new data relevant to the assessment and treatment of CSBD among individuals convicted of sexual offending and offer new, evidence-informed treatment approaches. *Tuesday, July 18, 2023, 10am-2:30pm CT*. Register
- 17. Missouri Suicide Prevention Conference-Virtual July 19-20, 2023. Register
- 18. Foundations of Trauma-Informed Care (TIC) Trauma-informed systems understand the impact trauma can have on clients, staff, and others in the system. Trauma Informed Care (TIC) works to ensure that practices and policies within systems create a safe environment for all. This training provides participants with an understanding of the principles of TIC. Participants will be able to apply these principles to their own practice settings. Thursday, July 20, 2023, 9am-12pm CT. Register
- 19. The Communities Project and D-Degree Coaching and Training Working with The Communities Project and D-Degree Coaching & Training, we are excited to invite you to apply to a leadership cohort for 20 peers across Missouri. In the Transformational Leadership Cohort, experienced and emerging peer leaders will participate as a group in five workshops and five executive one-on-one coaching sessions First Session is *Friday, July 21, 2023*. Register
- 20. Preventing and Treating Adolescent Violence and Delinquent Behavior This training provides insight into how and why some adolescents engage in violence and other delinquent behavior. It describes empirically based pathways to offending and examines its sociocultural context, specifically addressing how individual development unfolds within an ecological niche and how this affects behaviors such as juvenile delinquency and violence. Tuesday, July 25, 2023, 10am-2:30pm CT. Register
- 21. Compassion without Fatigue Participants will first review the differences between compassion fatigue, secondary trauma, and burnout, including paths to healing. Then, participants will explore a variety of protective practices including mindfulness, intrapersonal boundaries, and tools to intentionally support personal and professional vitality. Friday, July 28, 2023, 9:30am-12:30pm CT. Register
- 22. Harm Reduction Conference This conference will provide two days of harm reduction- focused learning, collaboration, and capacity building. *August 2-3, 2023*. Register
- 23. Psychosis 101 Training Provide 1.5 hours virtual training that will include a screener and discussion of the screening process. Assist providers in learning how to talk to clients and families about possible psychosis symptoms as well as understand the importance of early intervention and treatment. Provide a brief overview of diagnostic criteria, describe the threshold for attenuated versus full psychosis, and discuss role of culture and trauma, the importance of good therapeutic rapport, and emphasize educating referral sources. Virtual format, recorded, and made available online. Tuesday, August 8, 2023, 10am-11:30am CT. Register

- 24. **New NAMI-Holding Hope Presenter Training** Holding Hope is NAMI Missouri's Family Speakers Bureau program. Presenters share their personal stories as family members of loved ones with mental illness. Must attend both sessions. **Thursday, August 10, 2023 and Thursday, August 23, 2023, 6pm-8pm CT**. Register
- 25. **New Missouri Zero Suicide Academy (Virtual)** This two-day Academy is intended to support health and behavioral healthcare organizations by incorporating best practices in suicide prevention into care for those at risk for suicide. **August 29-30, 2023**. Register
- 26. **New NAMI FaithNet Presenter Training** Bridges of Hope is the presentation component of FaithNet. Its purpose is to educate faith communities about mental illness so they can create stronger safety nets and more welcoming communities of faith for people affected by mental illness. **Thursday, September 14, 2023 6pm-8pm CT or September 15, 2023, 10am-12pm CT.** Register

RECURRING TRAINING OPPORTUNITIES

- 1. 2023 OUD ECHO (Opioid Use Disorder) WebEx Discussion Series Register
- Addiction Treatment 101 On-Demand This course provides an introduction to substance use disorder treatment, including the different types of medications used to treat opioid use disorder, and how these medications work.
 Participants will also hear from patients about their experiences with substance use disorder treatment and how treatment medications played a significant role in their recovery. Register
- 3. **Understanding MAT** On-Demand. This course provides an introduction to medications to treat opioid use disorder (OUD). Participants will also hear from patients about their experiences with treatment and how medications played a significant role in their recovery. Register
- 4. Peer Supervision Training CONVERTED TO ALL Online Self Study Course We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 5. **2023 Motivational Interviewing Training** The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org Register
- 6. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 7. **2023 Peer Specialist Trainings** Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register

- 8. **New Foundations of Harm Reduction** The Addiction Science team at UMSL-MIMH is offering a new, free training to help clinicians, peers, community health workers and others in the SUD field to build a foundation of Harm Reduction. No specific information related to types of mental health or substance use diagnosis is needed. The skills you will be learning are applicable to working with individuals in many settings and with diverse backgrounds. The overarching idea is to broaden how we think about working with people who use drugs, and move away from the notion that if an individual is not interested in treatment there is nothing that we can offer them.
 - Tuesday, June 27, 2023, 12pm-1:30pm CT. Virtual Register
 - Monday, July 10, 2023, 12pm-1:30pm CT at UMSL Register
 - Wednesday, July 26, 2023, 2:30pm-4:00pm CT Virtual Register
 - Tuesday, August 8, 2023, 12pm-1:30pm CT at UMSL Register
 - Thursday, August 24, 2023, 2pm-3:30pm CT Virtual Register
- Our Safe Haven: Online Support Sessions for Professionals Working with Individuals Who Have Sexually Abused or Have Survived Abuse – New, one-hour support group sessions for professionals working with individuals who have sexually abused. Because spots are limited, we are asking that you please only register for one of the three sessions.
 Register
 - Wednesday, June 28, 2023
 - Monday, July 10, 2023
 - Thursday, July 27, 2023
- 10. **Certified Peer Specialist-In Person Training** The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. <u>Register</u>
 - Southeast-*July 10-14, 2023*, Cape Girardeau
 - East-*October 2-6, 2023*, St. Louis
- 11. **New Family Coaching Workshops-Missouri Tiered Supports** Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.
 - About Behavior-Thursday, July 13, 2023-Learn more about behavior in the context of the environment. <u>Join</u>
 Webex
 - Avoid Coercion-Thursday, July 27, 2023-Learn more about common coercions we all have used. <u>Join Webex</u>
 - Stay Close-Thursday, August 10, 2023-Cool, Random, and Routine-August 10, 2023, Learn, practive, and get feedback about core relationship skills that also build trust. <u>Join Webex</u>
 - Positive Consequences-*Thursday, August 24, 2023*-Learn to identify opportunities, types, relative value, and worth of positive consequences. <u>Join Webex</u>
 - Pivot-*Thursday, September 14, 2023*-Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc.) often repeat despite our focus on wanting them to stop. <u>Join Webex</u>
 - Stay Close-HOT-Thursday, September 28, 2023-Learn, practice and receive feedback about the skills you can
 use to de-escalate difficult situations. <u>Join Webex</u>
 - Set Expectations-*Thursday, October 12, 2023*-Practice developing expectations that increase the behaviors you want to see. <u>Join Webex</u>
 - Family Matrix-*Thursday, October 23, 2023*-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. <u>Join Webex</u>
- 12. Workshop for Service Providers in Rural Communities The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.
 - Tuesday, July 25, 2023, 11am-2:30pm CT. Register
- 13. **New Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions** These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It's an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.

- Session 7-Communication Strategies-Tuesday, July 23, 2023, 10am CT. Register
- Session 8-New to Treatment Court-Tuesday, August 29, 2023, 10am CT. Register
- Session 9-Treatment Challenges-Tuesday, September 26, 2023, 10am CT. Register
- Session10-Latest Trends on Working in a Treatment Court- Tuesday, October 31, 2023, 10am CT. Register
- Session 11-Treatment Court 101-Tuesday, November 28, 2023, 10am CT. Register
- Session 12-Communication Strategies-Tuesday, December 19, 2023, 10am CT. Register

14. Peer Supervision Trainings -

This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

- Thursday, August 17, 2023 Register
- Thursday, October 19, 2023 Register
- Friday, December 15, 2023 Register
- 15. 2023 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register
- 16. Housing Trainings DMH Housing Training Program with Corporation for Supportive Housing
 - Wednesday, July 19, 2023, MO DMH Training Property Management in Supportive Housing registration link: https://csh-org.zoom.us/meeting/register/tZllfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV
 - **Wednesday, August 16, 2023**, MO DMH Training De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tzErce-qpjMsE9TdXAk7PXVcfNKmlm ahhVT
 - *Wednesday, September 20, 2023*, MO DMH Training Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
 - Wednesday, October 4, 2023, MO DMH Training Housing First and Substance Use Disorders registration link: https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N
 - Wednesday, November 15, 2023, MO DMH Training Harm Reduction Approaches in Service Delivery registration link: https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT
 - Wednesday, December 6, 2023, MO DMH Training Partnering with Landlords registration link: https://csh-org.zoom.us/meeting/register/tZ0udOuggiMqHdCDqfLVPhnaKfdnZUJHzDsc
- 17. Social Current: Building a Resilient Workforce Webinar Series In our upcoming learning series, "Building a Resilient Workforce," Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. Register
 - Embed Brain Science-Tuesday, September 19, 2023, 1pm CT.
 - Foster Candidness through Psychological Safety-Thursday, October 5, 2023, 1pm CT.
 - Create Culture around Shared Values-Thursday, November 9, 2023, 1pm CT.
 - Integrated Connection and Community-Tuesday, December 12, 2022, 1pm CT.
- 18. **NEW ON DEMAND** Free Agricultural Mental Health Training Opportunity- We still have space to attend this training. This is a free virtual training that you can complete at your own pace. We would like to get our rural behavioral health providers trained in this free training. Below is a pre-survey to gauge interest in the training. Please fill out the form below by **June 30, 2023** we would greatly appreciate it. We will get the registration link and discount code by the first week of July. Training Form: https://katiehorst.wufoo.com/forms/ru8hkp60qg2tzp/

- 19. <u>ON DEMAND</u> First Responder Deflection: A Warm Handoff to Services in the Community This seminal eCourse from JCOIN introduces deflectionas a collaborative, problem-solving approach for law enforcement and other first responders, substance use treatment providers, and community partners. <u>Register</u>
- 20. <u>ON DEMAND</u> Overdose Prevention and Response in Community Corrections; Self-Paced Courses The National Council for Mental Wellbeing, with support from the Centers for Disease Control and Prevention (CDC), has created a series of free, self-paced courses on overdose prevention and response for community corrections. All courses were reviewed and narrated by subject matter experts currently working in the community corrections field.
 Register
- 21. <u>ON DEMAND</u> Opioid Use Disorder Treatment and Recovery in BIPOC Communities Webinar Series To assist providers in better addressing these racial disparities, the National Council for Mental Wellbeing, with support from the Providers Clinical Support System (PCSS), developed a three-part webinar series addressing OUD treatment and recovery in BIPOC communities. This webinar series provides historical context and highlights the work of four experts from the field as they present culturally centered approaches to increase engagement in and access to treatment and recovery for Black, Hispanic/Latino and Native populations. <u>Register</u>
- 22. <u>ON DEMAND</u> An Introduction to Affirmative Practices for Transgender and Nonbinary Clients with Serious Mental Illness This webinar will provide an overview of Serious Mental Illness (SMI) and implications for working affirmatively with transgender and nonbinary clients who have SMI. Background and prevalence of SMI diagnoses among transgender and nonbinary populations will be discussed, including relationships between the experience of gender dysphoria and other mental health symptoms. Common problems and harmful practices will be addressed, along with a case study with suggestions to improve practitioners' support for TNB clients. <u>Register</u>
- 23. <u>ON DEMAND</u> An Affirming Psychopharmacological Approach to the Transgender and Nonbinary Client This webinar's goal is to discuss care of transgender and gender-non-conforming and nonbinary clients in the course of psychiatry, diagnostic criteria for gender dysphoria, multidisciplinary care of these clients according to WPATH guidelines. <u>Register</u>
- 24. <u>ON DEMAND</u> Inclusive Evidence-Based Practices in Gender Non-Binary Mental Health Services This session will include case presentations and describe treatment planning for clients in this vulnerable population, including considerations related to implementing services and models that are culturally mindful and promote community engagement. Information also will highlight coordinated care related to social determinants of physical and mental health, including the impact of stigma, poverty, healthcare access, and exposure to trauma. <u>Register</u>
- 25. <u>ON DEMAND</u> Deconstructing the Gender Binary in Mental Health Services This presentation focuses on concepts of non-binary gender and the context for mental health services among gender non-binary and transgender individuals. Whole health and wellness include living a fulfilled life, which encompasses gender identity and expression. These personal choices are essential components of well-being and self-determination. There are, however, barriers preventing individuals from expressing their gender identity in safe, inclusive mental health settings. <u>Register</u>
- 26. <u>ON DEMAND</u> Integrating Equity and Diversity in Digital Mental Health Interventions for Depression This presentation will describe the challenges and needs in developing interventions for underserved populations with an emphasis on Spanish speaking patients in a public sector setting. The presentation will describe a text messaging CBT intervention to increase engagement and improve quality of care among Spanish speaking patients with depression. Register