

6/29/23

Extreme Heat Resources

Summer is here and so are high temperatures across Missouri which increases the risk for Heat-Related Illnesses such as heat stroke and heat exhaustion. People with Intellectual/Developmental Disabilities have an increased risk for heat related illness due to many factors. If untreated, heat related illness can lead to permanent damage to the brain and other vital organs that can result in death.

For more information on how to observe for signs and symptoms, decide on what common risk factors you or someone you are caring for may have, and act to prevent heat related illness, click on the below links.

- [ODA for Preventing Heat-related Illness](#)
- [ODA for Burn Prevention and Safety](#)
- [DHSS Information on Hyperthermia](#)
- [Extreme Heat information and National Weather Service Information](#)