

# DBH Updates, Notices, and Policy Guidance May 5, 2023

Prior issues of FYI Fridays can be found at: <a href="https://dmh.mo.gov/mental-illness/fyi-fridays">https://dmh.mo.gov/mental-illness/fyi-fridays</a>

- 1. **Budget Update** hold tight...things were still in flux!
- Administrative Rules-Sobering Centers The proposed regulation for Sobering Centers is published in the May 1, 2023, issue of the *Missouri Register* for a 30-day public comment period <a href="https://www.sos.mo.gov/adrules/moreg/moreg">https://www.sos.mo.gov/adrules/moreg/moreg</a>.
- 3. Mental Health Awareness Month Promotional Toolkit The 2023 Mental Health Awareness Month Promotional Toolkit: MU Extension, the Farm and Ranch Stress Alliance Network (FRSAN), and statewide partners join the national movement to raise awareness about mental health. Together, they work to fight stigma, provide support, educate the public, make referrals to teletherapy counseling, and advocate for polices that support the millions of Missourians affected by stress, anxiety, and mental illness.



MU Extension and FRSAN compiled a list of helpful resources to provide all Missourians in a free online publication called the "Mental Health Awareness Month Promotional Toolkit." The toolkit provides credible resources and reliable tools to promote and support the mental health and well-being of rural individuals, farmers, ranchers, and their families in agricultural communities. You can access the Mental Health Awareness Month Promotional Toolkit at,

https://extension.missouri.edu/media/wysiwyg/Extensiondata/Pro/MHFA/Docs/MentalHealthMonthToolkit2023.pdf

4. Emergency Room Enhancement (ERE) Fun Facts! – The Emergency Room Enhancement Project (ERE) is intended to increase behavioral health care access for citizens who use the emergency room seeking treatment for psychiatric conditions and/or substance use disorders. ERE began in 2013 with service to 7 regions and currently has 17 service regions across Missouri. Currently, ERE services are available in 111 of Missouri's 114 counties serving 98% of Missourians. The success of the ERE program is due to teamwork, partnership, and collaboration among multiple agencies, hospitals, law enforcement, outreach workers, case managers, and researchers. This holistic, wrap-around care model improves the health and wellbeing of individuals in the program while reducing ER visits.

#### How ERE works:

- Trained hospital staff identify patients as being high utilizers of ER services and notify ERE outreach workers
- Outreach workers determine eligibility and assess consumer needs
- Outreach workers make an appointment with a Community Mental Health Center (CMHC), providing transportation if needed
- Case manager evaluates needs and provides care coordination/ advocacy for needed services
- Result Individual achieves wellness and functional capability, reducing costly return visits to the ER

DMH recently received final outcome data from program evaluators at MIMH for Year 9 of ERE services (July 1, 2021 – June 30, 2022). Below are some key findings that demonstrate significant improvements across several identified indicators of program success:

#### Primary ERE Outcomes (FY2022 reported data):

- The number of ER visits decreased by 69% after 3 months and 76% after 6 months
- The number of hospitalizations decreased by 65% after 3 months and 72% after 6 months
- The rate of unhoused clients decreased by 55% after 3 months and 65% after 6 months
- The unemployment status of clients decreased by 58% after 3 months and 65% after 6 months
- Contact with law enforcement decreased by 71% after 3 months and 68% after 6 months

As of June 2022, when estimating improvements in outcomes across the life of the project, the number of ER visits has been reduced on average by 2.9 visits per 90 days per consumer served. This is a potential reduction of 21,599 visits to the emergency room just this year. Similarly, hospitalizations have been reduced, on average across project year and provider region, by 1.2 visits per 90 days – amounting to a potential 8,938 hospitalizations avoided during just this fiscal year.

- 5. **ASAM Testing** ASAM testing in CIMOR and/or CVS will be required for all providers planning to onboard after April 1, 2023. Providers will need to be able to successfully test all Billing Service Categories for all requested Levels of Care. A provider will not be approved to onboard at their requested date if they do not complete testing and the ASAM Billing Testing Checklist as part of their readiness checklist by the "DBH Approval Needed By Date" noted on the ASAM Onboarding Schedule, ASAM Onboarding Schedule with Readiness Checklist | dmh.mo.gov. To begin testing please reach out to Terra-Anne Erke, **Terra-Anne.Erke@dmh.mo.gov**, in order to coordinate system set up.
- 6. ASAM CSTAR Transition Please join us for the DBH weekly technical assistance call regarding the American Society of Addiction Medicine (ASAM) CSTAR transition. *Every Thursday 9a-10a*; Link below. Join from the meeting link <a href="https://stateofmo.webex.com/stateofmo/j.php?MTID=m4e6aee9562d6cc1a7e2c711cec3dacdc">https://stateofmo.webex.com/stateofmo/j.php?MTID=m4e6aee9562d6cc1a7e2c711cec3dacdc</a>
  Join by meeting number Meeting number (access code): 2450 451 5637 Meeting password: H8ByJiKYP48

Join by meeting number Meeting number (access code): 2450 451 5637 Meeting password: H8ByJiKYP48 Join from a mobile device (attendees only)

+1-650-479-3207, 24504515637## Call-in toll number (US/Canada)

+1-312-535-8110, 24504515637## United States Toll (Chicago)

## JOB ANNOUNCEMENTS

#### **Prevention Services Coordinator**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is *May 15, 2023. Learn More and Apply!* 

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

## **FUNDING OPPORTUNITIES**

SAMHSA Accepting Applications for Minority Fellowship Program – The purpose of this program is to recruit, train, and support masters and doctoral level students in behavioral health care professions. Application Due Date:
 Tuesday, May 9, 2023. Learn More

- 2. Trauma-Informed, Resilience-Oriented, Equity-Focused Systems (TIROES) National Learning Community The National Council for Mental Wellbeing is pleased to announce the 2023–2024 Trauma-informed, Resilience-oriented, Equity-focused Systems (TIROES) National Learning Community. Since 2011, the National Council has worked with mental health and substance use treatment, social service and community organizations and state and local agencies to implement trauma-informed, resilience-oriented change. This Learning Community will provide participating organizations, systems and communities with training, technical assistance and coaching to support your transformative change journey. This will enhance workforce resilience, safety and connection as well as address historical and contemporary inequities and disparities. Application Due Date: Wednesday, May 10, 2023. Learn More
- 3. **Trauma Learning Community 2023–2024** The National Council is pleased to announce that we are accepting applications for the 2023–2024 Trauma-informed, Resilience-oriented, Equity-focused Systems (TIROES) National Learning Community. Since 2011, the National Council has worked with mental health and substance use treatment, social service and community organizations and state and local agencies to implement trauma-informed, resilience-oriented change. **Application Due Date:** *Wednesday, May 10, 2023.* <u>Learn More</u>
- 4. NIDA Funding Opportunity: Substance Use Prevention Services in Primary Care Challenge The National Institute on Drug Abuse (NIDA) recently launched a new funding opportunity, "the Substance Use Prevention Services in Primary Care Challenge." For this funding challenge, NIDA is seeking "primary care-based substance use prevention models that address risk identification and provision of/referral to substance use prevention interventions. Responses should be aspirational, creative, and feasible, introducing new ideas for research and implementation." The Challenge will reward a total of \$100,000 across 4 awards of \$25,000 each. Submissions are due Friday, May 19, 2023.
- 5. Doctoral Grants We are supporting six outstanding doctoral students who are interested in evaluating the processes, outcomes and impacts of MHFA in the U.S. with <u>one-time \$5,000 grants</u>. Applications open on April 3, 2023 the deadline to apply is Sunday, May 21, 2023. <u>Learn More</u>
- 6. Minority AIDS Initiative: Substance Use Disorder Treatment for Racial/Ethnic Minority Populations at High Risk for HIV/AIDS is a \$20.9 million funding opportunity that is designed "...to increase engagement in care for racial and ethnic medically underserved individuals with substance use disorders (SUDs) and/or co-occurring SUDs and mental health conditions (COD) who are at risk for or living with HIV." This program will offer up to 42 awards of up to \$500,000 per year per award, for up to five years. Application Due Date: Monday, May 22, 2023. Learn More
- 7. Promoting the Integration of Primary and Behavioral Health Care The purpose of this program is to (1) promote full integration and collaboration in clinical practice between behavioral healthcare and primary physical healthcare, including for special populations; (2) support the improvement of integrated care models for behavioral healthcare and primary/physical healthcare to improve the overall wellness and physical health status of adults with a serious mental illness; adults who have co-occurring mental illness and physical health conditions or chronic disease; children and adolescents with a serious emotional disturbance who have a co-occurring physical health conditions or chronic disease; individuals with a substance use disorder; or individuals with co-occurring mental and substance use disorder; and (3) promote the implementation and improvement of bidirectional integrated care services, including evidence-based or evidence-informed screening, assessment, diagnosis, prevention, treatment, and recovery services for mental and substance use disorders, and co-occurring physical health conditions and chronic diseases. Application Due Date: *Monday, May 22, 2023*. Learn More
- 8. Rural Communities Opioid Response Program Child and Adolescent Behavioral Health The Health Resources and Services Administration (HRSA) announced a new \$9 million funding opportunity for the FY 2023 Rural Communities Opioid Response Program Child and Adolescent Behavioral Health (RCORP-CABH). This program is designed to establish and expand sustainable behavioral health care services for children and adolescents aged 5-17 years who live in rural communities, and to prevent substance misuse. Over the four-year period of performance, award recipients will "...use RCORP-CABH funding to establish and expand service delivery, provide training and peer

mentorship, and develop community partnerships." HRSA will offer up to 9 awards of \$1 million each. **Application Due Date:** *Wednesday, May 24, 2023*.

- 9. HRSA Funding Opportunity: Screening and Treatment for Maternal Mental Health and Substance Use Disorders The Health Resources and Services Administration (HRSA) recently announced an \$8.75 million funding opportunity for Screening and Treatment for Maternal Mental Health and Substance Use Disorders. This grant program is open to States, Tribes, and Tribal organizations, and aims to "... expand health care providers' capacity to screen, assess, treat, and refer pregnant and postpartum people for maternal mental health and substance use disorders (SUD). This will be accomplished by establishing, improving, and/or maintaining statewide or regional1 networks that provide real-time psychiatric consultation, care coordination support services, and culturally and linguistically appropriate training to maternity care providers and clinical practices." This program will offer up to 14 awards of up to \$750 thousand per award. Application Due Date: Friday, June 2, 2023.
- 10. Strategic Prevention Framework Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. The program is intended to expand and strengthen the capacity of local community prevention providers to implement evidence-based prevention programs. Application Due Date: Monday, June 5, 2023. Learn More
- 11. **Request for Proposals-Opioid Crisis** The City of St. Louis Department of Health seeks proposals for activities to address the Opioid crisis in the City of St. Louis by improving access to substance use treatment and recovery, furthering overdose prevention and harm reduction efforts, and providing services for those at high risk for overdose. **Application Due Date**: *Tuesday, June 6, 2023*. <u>Learn More</u>
- 12. Minority AIDS Initiative: The Substance Use and Human Immunodeficiency Virus Prevention Navigator Program for Racial/Ethnic Minorities is a \$10.3 million funding opportunity that aims "...to provide substance use and HIV prevention services to racial and ethnic minority populations at high-risk for substance use disorders (SUDs) and HIV infection." This program will provide 34 awards, with at least two going to Tribes/Tribal organizations, of up to \$300,000 per award for up to five years. Application Due Date: Tuesday, June 20, 2023. Learn More

# **INFO and RESOURCES**

- 1. **New DEA Requirements for Prescribers** All DEA license holders will be required to take an 8-hour course on the treatment and management of patients with opioid or other substance use disorders. The first deadline is coming up on **June 27, 2023**. For full details, visit the SAMHSA website and DEA <u>Website</u>
- 2. New From Crisis to Care: Building from 988 and Beyond for Better mental Health Outcomes The 2022 compendium, From Crisis to Care: Building from 988 and Beyond for Better Mental Health Outcomes, is comprised of ten technical assistance papers. Written on behalf of SAMHSA and executed by NASMHPD, they cover critical and current topics to help leaders in behavioral health policy move the needle to improve systems of care. Read More
- 3. **New** The US Surgeon General's Framework for Workplace Mental Health and Wellbeing This document offers a framework to build workplaces that are engines of well-being, showing workers that they matter, that their work matters, and that they have the workplace resources and support necessary to flourish. Read More
- 4. **New Making Relatives: A Guide for Healing the Soul Wound** This workbook aims to promote prevention by connecting people in communities to help eliminate the sense of being alone, of being a burden, of not having someone who understands It is about connection and belonging. Read More

- 5. **New Stress First Aid for Healthcare Workers** Stress First Aid is a framework to improve recovery from stress reactions, both in oneself and in coworkers. The model aims to support and validate good friendship, mentorship and leadership actions through core actions that help to identify and address early signs of stress reactions. Read More
- 6. **New Triumph Over Trauma** Triumph over Trauma is a site that hosts trauma-informed community care resources, including a free package with information, guides, and resources. <u>Learn More</u>
- 7. Supporting Improved Responses to People with Intellectual and Developmental Disabilities Through a partnership with The Arc's National Center on Criminal Justice and Disability and The Council of State Governments Justice Center, four Justice and Mental Health Collaboration grant programs received technical assistance and support to improve their responses to people with intellectual and developmental disabilities (IDD). Based on this assistance, four overarching themes emerged that can be used to guide other programs in their efforts to enhance responses to this population. Learn More

## TRAINING OPPORTUNITIES

- 1. **New Advancing Harm Reduction Principles** In this training, participants will gain an understanding of commonsense practices on how to better serve under-acknowledged populations, learn how to apply the principles of harm reduction to your work with peers & educate community members in hopes to decrease and eventually eradicate the stigma against people who use drugs in our communities. **Tuesday, May 9, 2023, 1pm CT**. Register
- 2. Monthly Tobacco Use Disorder Integration Office Hours Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? *Tuesday, May 9, 2023, 1:30pm CT*. Register
- 3. **New** The Healing Power of Nutrition What's Missing from the Recovery Tool Box? The Biochemistry of Recovery. Learn powerful and practical nutrition approaches to heal and restore mind and body. **May 10-11, 2023, 5pm-8pm CT.** Register
- 4. Child Advocacy Center Virtual Training Opportunities The Predators in the Workplace program will empower professionals to diminish the likelihood children in their organization will be become a victim of child sexual abuse. Participants will learn predators exist in all workplaces where children are present, the statistics surrounding CSA in youth serving organizations, and common traits of a predator. An understanding of specific strategies to reduce CSA will be developed through a review of their role as mandated reporters and additional best practice recommendations. Youth serving organizations will be enabled to create or revise child protection policies, respond responsibly to address any observed boundary violations, and confidently make hotline reports. Wednesday, May 10, 2023, 11:30am-1pm CT. Register
- 5. **How to Identify and Develop New Leaders for Tomorrow's Challenges** It is vitally important to identify the key strategic goals you face, identify the competencies and skills needed to address them, and identify mentors and coaches within your organization to develop your emerging leaders for tomorrow. It is also important for your current leaders to learn new competencies as well. **Tuesday, May 11, 2023, 12pm CT**. Register
- 6. **New Understanding Autism and Emotional Regulation** This program is designed for parents and professionals who support neurodiverse individuals and are seeking an understanding of the root causes of emotional regulation and how the unique neurobiology of autism plays a role. Participants will be engaged in discussions, problemsolving, and simulation activities to help make the content relevant. Dr. Bruno will bring examples from across the life spectrum including children, teens, and individuals being coached on job locations. If you want some ideas for helping a person learn to regulate themselves or need more strategies for de-escalating and individual, then this workshop is for you. **Tuesday, May 11, 2023, 1pm-4pm CT**. Register

- 7. **Boots on the Ground** Boots on the Ground will, through a Black Community lens, explore the power of innovative, community-based approaches to help people with opioid use disorder. **Friday, May 12, 2023, 8:30am-4pm.** Register
- 8. **Steroid Misuse in the Fitness and Athletic Community** Addressing issues revolving steroid/anabolic misuse among individuals involved in fitness and sports. Will discuss mental, emotional, and physical side-effects (both positive and negative) on the use of anabolic drugs for fitness and athletic community. **Friday, May 12, 2023, 9am-12pm** Register
- 9. Providing Recovery Support Services for Pregnant and Parenting Families (PPF) Training and Credential The overall goal of this training is to better prepare Behavioral Health professionals to meet the diverse needs of pregnant and parenting families in early recovery. Recovery and parenting both occur in the context of relationships and this training is designed to help participants build skills to support/strengthen families as they grow and develop in their roles as nurturing parents. May 15-17, 2023. Register
- 10. Medication Therapies Education to Increase Support of Birthing Persons with Opioid/Substance Use Disorder DEA-approved prescribers willing to serve birthing persons across the perinatal spectrum with opioid/substance use disorder, including physicians, physician assistants, and advanced practice registered nurses. *Tuesday, May 16, 2023, 8am-11:30am CT*. Register
- 11. **New Exploring Pathways to Recovery** Recovery and healing are not One Size Fits All. This virtual workshop will explore the abundance of pathways people find toward recovery. This training aims to change perspectives and help participants learn about the diverse ways that individuals can get into and maintain recovery. Learning community participants will discuss the three pathways to recovery: clinical pathways, non-clinical pathways, and self-management. **Tuesday, May 16, 2023, 1pm CT**. Register
- 12. New Enhancing Harm Reduction Services in Health Departments: Fentanyl Test Strips and Other Drug checking Equipment The proliferation of fentanyl and other adulterants in the national illicit drug supply puts people who use drugs (PWUD) at greater risk of overdose. With evidence-based practices, including fentanyl test strips and advanced drug checking equipment that exist to prevent and respond to overdose, lowering the high rates of overdose among PWUD is possible. Tuesday, May 16, 2023, 2pm CT. Register
- 13. New Our Stories Have Power: Recovery Messaging Our Stories Have Power: Recovery Messaging is a training that promotes the use of groundbreaking messaging to advance the field of recovery. There is no more potent weapon against stigma than the thousands of people that have been trained using the recovery messaging tools. They are sharpening their skills as recovery communicators, learning how to tell their stories with a purpose. This multi-day Recovery Community Messaging Training is the signature conceptual framework of Faces & Voices of Recovery. The training contains core strategies around recovery messaging from a diverse, equitable, and inclusive lens. May 17-18, 2023, 9am-2pm CT. Register
- 14. **Responsible Gambling Information Centers** A Review of Key Scientific Research Findings, Discussion of Best Practices and the GameSense Program. *Thursday, May 18, 2023, 1pm CT*. Register
- 15. Treating Maladaptive Perfectionism, Loneliness, Social Anxiety and Restrictive Eating: A Brief Introduction to Radically Open Dialectical Behavior Therapy (RO DBT) This 90-minute live webinar gives mental health practitioners (e.g. psychology, psychiatry, social work, mental health nursing) who are not yet familiar with RO DBT an overview of the treatment and the clinical population it is designed to treat. There will also be time for questions. Thursday, May 18, 2023, 4pm CT. Register
- 16. **New Guiding Principles of Recovery** This webinar will explore definitions of recovery and the 10 guiding principles, drawing on research, practice, and personal experience of recovering individuals. Participants will advance their understanding of the four major dimensions that support a life in recovery: home, health, purpose, and community. Understanding the guiding principles will help advance recovery opportunities and apply these concepts for use by peers, families, funders, providers, and others. **Tuesday, May 23, 2023, 1pm CT**. Register

- 17. **New Let's Talk About Sex(ual) Abuse** This training will cover the areas of child abuse and neglect prevention, mandated reporting, obtaining cursory statements, how to handle a child's disclosure, the multi-disciplinary team approach and also forensic interviewing. **Thursday, May 25, 2023, 11:30am-1pm CT.** Register
- 18. **New Recovery Oriented Systems of Care** This powerful training session will dive into the significance of personal experience in a recovery-oriented care system. Participants will learn how the power of sharing our experiences can ensure sustainability, help us build stronger communities, and help us work toward a recovery-ready ecosystem model. **Tuesday, May 30, 2023, 1pm CT**. Register
- 19. **New The Impacts of Opioid Addiction on the Rural Workforce** According to the American Farm Bureau Federation, 45% of rural adults say they have been impacted by the opioid epidemic, and 74% of farmers and farmworkers have been directly affected. Rural communities encounter unique challenges when combating substance misuse in the community and the workplace. Rural areas typically have a high poverty rate, are sparsely located, and lack access to healthcare, mental health, and recovery services. To tackle opioid misuse, strong community partnerships, quality programs to connect people in recovery to employers, and supportive services are central to ensuring a productive and strong workforce and community. **Wednesday, May 31, 1pm CT**. Register
- 20. **Recovery Leadership Summit 2023** The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. *June 4-7, 2023*. Register
- 21. Stewards of Children Stewards of Children® is an evidence-informed, award-winning two-hour training that teaches adults to prevent, recognize, and react responsibly to child sexual abuse. Through interviews with child sexual abuse survivors, experts, and treatment providers, Stewards of Children® teaches adults practical actions they can take to reduce instances of child sexual abuse in their organizations, families, and communities. *Monday, June* 5, 2023, 11am-1pm CT. Register
- 22. **New Love Is Not Supposed to Hurt: The Effects of Domestic Violence on Children** This session will provide information on the dynamics of domestic violence, the effects it has on children, and the resources that are out there to help those in domestic violence situation. **Monday, June 12, 2023, 1pm CT**. Register
- 23. What is SCEC (Commercial Sexual Exploitation of Children) and What Does it Look Like in My Community The definition of Commercial Sexual Exploitation of Children. What CSEC looks like in my community; including overview of a case study. Victims of child exploitation or trafficking cases do not self-identify and the process of disclosure. Female offenders and familial ties exist and may be difficult to detect, Identify resources for child exploitation cases. Wednesday, June 21, 2023, 9am-11am CT. Register
- 24. **ASAM Skill Building Course** This 8-hour virtual live course expands on the content discussed within the ASAM Criteria One-Day Foundations course and provides an in-depth understanding of developing individualized treatment plans, evaluating initial reviews and continued stay reviews, and determining when it is appropriate to initiate transfer or discharge of a patient from treatment. *Friday, June 23, 2023, 8:30am-5:30pm CT*. Register
- 25. **New Diagnosis and Treatment of Eating Disorders Webinar** This Zoom webinar will educate participants on the signs and symptoms of eating disorders and all the ways those symptoms can manifest in different patients. Participants will also grow in their confidence to interact with those suffering from eating disorders and know when to refer them to a specialist or a higher level of care. **Friday, June 23, 2023, 9am-12pm CT.** Register
- 26. **New NAMI Homefront Teacher Training** This training is for individuals who have taken a NAMI Homefront Course as a participant and are interested in becoming a course teacher. Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/ veterans with mental health conditions. **July 15-16, 2023.** Register

27. The Communities Project and D-Degree Coaching and Training – Working with The Communities Project and D-Degree Coaching & Training, we are excited to invite you to apply to a leadership cohort for 20 peers across Missouri. In the Transformational Leadership Cohort, experienced and emerging peer leaders will participate as a group in five workshops and five executive one-on-one coaching sessions First Session is Friday, July 21, 2023. Register

# RECURRING TRAINING OPPORTUNITIES

- 1. Peer Supervision Training CONVERTED TO ALL Online Self Study Course We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 2. 2023 Motivational Interviewing Training The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org Register
- 3. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 4. 2023 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training Register
  - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. <u>Register</u>
- 5. **Family Support Provider Trainings** A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
  - *May 9-11, 2023* St. Louis (TBD) Register
- 6. **QPR Train the Trainer** The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: Register
  - May 22, 2023-MBHC-Jefferson City, MO
  - June 9, 2023-MBHC-Jefferson City, MO

- 7. Workshop for Service Providers in Rural Communities The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.
  - May 23, 2023, 11am-2:30pm CT. Register
  - July 25, 2023, 11am-2:30pm CT. Register
- 8. **AMSR SUD Training** AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. Register
  - May 30, 2023-Burrell Behavioral Health-Springfield, MO
  - June 13, 2023-Compass-Warrensburg, MO
  - June 14, 2023-Tri- County- Kansas City, MO
  - June 15, 2023-Compass-Clinton, MO
- 9. **Peer Supervision Trainings** This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
  - June 15, 2023 <u>Register</u>
  - August 17, 2023 Register
  - August 17, 2023 Register
  - October 19, 2023 Register
  - December 15, 2023 Register
- 10. 2023 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
  - Missouri Recovery Support Specialist Trainings Register
  - Ethics Trainings Register
- 11. Housing Trainings DMH Housing Training Program with Corporation for Supportive Housing
  - May 17, 2023, MO DMH Training Supportive Services and Property Management Coordination registration link: https://csh-org.zoom.us/meeting/register/tZAvduiqqD0rG9Ys6Clmynn4Zk2rGr-BSyl8
  - June 20, 2023, MO DMH Training Fair Housing registration link: <a href="https://csh-org.zoom.us/meeting/register/tZEsduiprj8rH9TTqac5lxMo6O2m306z3ilH">https://csh-org.zoom.us/meeting/register/tZEsduiprj8rH9TTqac5lxMo6O2m306z3ilH</a>
  - July 19, 2023, MO DMH Training Property Management in Supportive Housing registration link: <a href="https://csh-org.zoom.us/meeting/register/tZllfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV">https://csh-org.zoom.us/meeting/register/tZllfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV</a>
  - August 16, 2023, MO DMH Training De-escalation: Techniques for Assisting Tenants in Crisis registration link: <a href="https://csh-org.zoom.us/meeting/register/tzErce-qpjMsE9TdXAk7PXVcfNKmlm">https://csh-org.zoom.us/meeting/register/tzErce-qpjMsE9TdXAk7PXVcfNKmlm</a> ahhVT
  - **September 20, 2023**, MO DMH Training Building Community Support registration link: <a href="https://cshorg.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT\_So2wUCPwSovInxoSmz">https://cshorg.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT\_So2wUCPwSovInxoSmz</a>
  - October 4, 2023, MO DMH Training Housing First and Substance Use Disorders registration link: <a href="https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N">https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N</a>
  - November 15, 2023, MO DMH Training Harm Reduction Approaches in Service Delivery registration link: https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT
  - **December 6, 2023**, MO DMH Training Partnering with Landlords registration link: <a href="https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc">https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc</a>