



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

5/11/23

**Guidance:
Self-Directed Supports CMS Appendix K Addendum Flexibilities**

In January 2020, the U.S. Department of Health and Human Services declared a COVID-19 Federal Public Health Emergency in response to the coronavirus pandemic.

To help individuals and families access and maintain appropriate levels of services and supports during the pandemic, the Federal Public Health Emergency declarations resulted in the Center for Medicare and Medicaid Services' (CMS) Appendix K Addendum, which granted flexibilities within the implementation and application of various waiver services, including the Self-Directed Supports service delivery option.

The flexibilities granted within the CMS Appendix K Addendum will expire six (6) months after the expiration of the Federal Public Health Emergency. The Federal Public Health Emergency expires May 11, 2023. Subsequently, the flexibilities granted within the CMS Appendix K Addendum **will expire November 11, 2023**.

The Self-Directed Supports Team has developed additional guidance in regards to the expiration of the flexibilities granted within the CMS Appendix K Addendum for stakeholders and individuals utilizing the Self-Directed Supports service delivery option. Please review the additional guidance [here](#).