FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance April 14, 2023

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

1. **Budget Update** – Senate Appropriations has posted their markup hearings starting Tuesday April 18th at 2:00 pm. Reminder this is where the Senate will agree with the Governor's recommendation, the House's recommendations, or propose their own. Anything different between the House and Senate will go to conference. We are exactly three weeks out from the appropriation bills being Truly Agreed to and Finally Passed (TAPF).

See below for dates and times. Tuesday, April 18 – 2:00 pm Wednesday, April 19 – 9:30 am Thursday, April 20 – 8:00 am Friday, April 21 – 8:00 am

2. Governor Parson Highlights New Website for Missouri 988
Suicide & Crisis Lifeline – Governor Mike Parson announced that
the Missouri 988 Suicide & Crisis Lifeline has launched a new
website: www.missouri988.org. The site provides information for
anyone who may be experiencing a mental health, suicide, or
substance use crisis.



"The 988 crisis call line created a more streamlined and effective resource for Missourians in behavioral health crisis," Governor Parson said. "We know that when individuals are experiencing crisis the sooner we can connect them to support and provide assistance the better. This website adds even more access to critical resources that will help save lives."

"The new website is another tool to advance crisis services and connect Missourians to the evidence-based, care continuum for behavioral health services statewide," said DMH Director Valerie Huhn. "Providing more ways to reach crisis care and support is integral to reducing the burden on law enforcement/emergency response and other public health services."

Need to talk or get immediate help in a crisis? Help is available. If you or someone you know needs support call or text 988 or chat 988lifeline.org.

3. **Bell Seal Awarded to Hawthorn Children's Psychiatric Hospital** – was notified by Mental Health America (MHA) that it has been awarded the Bell Seal for Workplace Mental Health. According to MHA, "The Bell Seal for Workplace Mental Health national certification program recognizes employers committed to creating mentally healthy workplaces. Led by Mental Health America's rich history in research and advocacy, the Bell Seal's holistic evaluation of employer practices considers the entire employee experience." Hawthorn's achievement extends their work to improve the hospital's culture as earlier this year the hospital was recognized by the Sanctuary Institute as having a trauma informed culture.

4. Peer Respite Contracts Awarded – The Division of Behavioral Health announces five awardees for competitively bid contracts for Peer Respite services. Peer Respite is a voluntary, short-term, overnight program that provides community-based, nonclinical crisis support to help people find new understanding and ways to move forward. It operates 24 hours per day in a homelike, trauma informed environment. Peer Respite uses a social recovery model in a peer-operated program using empowering and compassionate responses.

Peer Respite engages guests in mutual, trusting relationships with peer staff. Peer support involves a process of mutual helping based on the principles of respect and shared responsibility. Peer support includes interactions in which individuals help themselves and others through fostering relationships and engaging in advocacy to empower people to participate in their communities. Unhoused people sometimes need a place to stay and may not be appropriate to integrate directly into the current National Alliance for Recovery Residences accredited recovery homes. They may be awaiting a bed for treatment or other services. If someone relapses and is discharged from a program, they may need a place to go until they can be integrated back into the program or another program. The contract period is from the April 4, 2023 through June 30, 2025.

The contract awardees are:

- ARCA
- LIV Recovery Sober Living
- In2Action
- Simmering Center/Dynamic New Visions
- Ozark Recovery Housing
- Straight Street
- 5. Forensic Summit DMH–DBH hosted the annual Forensic Summit last week. One hundred and sixty-four individuals attended the summit, including DMH professionals, representatives of Probation and Parole, private practitioners, and community treatment providers. Guest speakers addressed the impact of the case Trueblood v. Department of Social and Health Services in Washington State. It relates to the impact of a nationwide crisis of high rates of court-ordered competency to proceed evaluations. Issues included insufficient hospital capacity and extensive waiting lists for those found incompetent to proceed; processes for prioritizing admissions for this population; and competency restoration. DMH staff addressed a range of pertinent issues including its competency restoration program at the Center for Behavioral Medicine; the impact of DMH's Forensic Mobile Team in the restoration of those who remain in a jail setting; the understanding of the Missouri Statute pertaining to guardianship for forensic clients, as well as complicating factors; a forensic conceptualization of sexual offending; and effectively managing hypersexuality/sexual preoccupation with both therapy and medications.
- 6. MoHealthNet-Provider Bulletin for Prior Authorization process for Residential and Treatment Foster Care PRIOR AUTHORIZATION PROCESS RESIDENTIAL TREATMENT AND TREATMENT FOSTER CARE https://dss.mo.gov/mhd/providers/pdf/bulletin-45-39.pdf
- 7. **CSTAR ASAM Regulations** DBH is accepting comments on proposed amendments to existing CSTAR regulations as well as new regulations related to service delivery practices utilizing The ASAM Criteria https://dmh.mo.gov/alcohol-drug/regulation-drafts. https://dmh.mo.gov/alcohol-drug/regulation-drafts
 - Comments and questions should be submitted to debbie.mcbaine@dmh.mo.gov or alison.bond@dmh.mo.gov by April 28, 2023.
- 8. **Update on Administrative Rules** DBH is accepting comments on proposed amendments to **9 CSR 30-3.134 Gambling Disorder Treatment, 9 CSR 30-3.201 Substance Awareness Traffic Offender Programs, and 9 CSR 30-3.206 SATOP Structure.**
 - The proposed amendments for Gambling Disorder Treatment, SATOP, and SATOP Structure have been posted on the Regulation Drafts page for comments https://dmh.mo.gov/alcohol-drug/regulation-drafts
 - Questions and comments should be submitted to alison.bond@dmh.mo.gov or debbie.mcbaine@dmh.mo.gov by May 3">May 3", 2023.

- 9. **Director's Creativity Showcase Virtual Gallery** Experience a virtual walk through of the DMH art gallery without moving anything but your fingertips. Select artwork is also available for sale with proceeds going to the artist. Creativity Showcase
- 10. 2023 Mental Health Champions Banquet Each year, the Missouri Mental Health Foundation receives exceptional nominations highlighting the resiliency and accomplishments of so many talented, inspiring individuals across the state of Missouri. These individuals exemplify courage, determination, and commitment personally and professionally in their everyday lives. The goal of the Champions' Banquet is to recognize these individuals' contributions and celebrate the lasting impact they have on their communities. Capitol Plaza Hotel, Jefferson City, MO May 9, 2023. Learn More About Our Honorees

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

JOB ANNOUNCEMENTS

Contract and Support Center Supervisor

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is *May 5, 2023. Learn More and Apply!*

FUNDING OPPORTUNITIES

- 1. New NHSC Loan Repayment Programs: One Application, Three Programs The Health Resources and Services
 Administration's (HRSA) Bureau of Health Workforce announced a new opportunity to apply for three loan
 repayment programs from the National Health Service Corps (NHSC) using just one application. In exchange for a
 commitment to serve at an NHSC-approved facility, practicing clinicians providing primary medical, dental, or mental
 health and substance use disorder (SUD) care services may qualify for a loan repayment of up to \$50,000 with the
 NHSC Loan Repayment Program, or up to \$75,000 for the NHSC Substance Use Disorder Workforce Loan Repayment
 Program. Additionally, practicing clinicians can qualify for up to \$100,000 for the NHSC Rural Community Loan
 Repayment Program, which works in coordination with Federal Office of Rural Health Policy FORHP's rural opioid
 response programming to provide evidence-based substance use disorder treatment. Application Due Date:
 Tuesday, April 25, 2023.
- SAMHSA Accepting Applications for Minority Fellowship Program The purpose of this program is to recruit, train, and support master's and doctoral level students in behavioral health care professions. Application Due Date:
 Tuesday, May 9, 2023. Learn More
- 3. Trauma Learning Community 2023–2024 The National Council is pleased to announce that we are accepting applications for the 2023–2024 Trauma-informed, Resilience-oriented, Equity-focused Systems (TIROES) National Learning Community. Since 2011, the National Council has worked with mental health and substance use treatment, social service and community organizations and state and local agencies to implement trauma-informed, resilience-oriented change. Application Due Date: Wednesday, May 10, 2023. Learn More

- 4. NIDA Funding Opportunity: Substance Use Prevention Services in Primary Care Challenge The National Institute on Drug Abuse (NIDA) recently launched a new funding opportunity, "the Substance Use Prevention Services in Primary Care Challenge." For this funding challenge, NIDA is seeking "primary care-based substance use prevention models that address risk identification and provision of/referral to substance use prevention interventions. Responses should be aspirational, creative, and feasible, introducing new ideas for research and implementation." The Challenge will reward a total of \$100,000 across 4 awards of \$25,000 each. Submissions are due Friday, May 19, 2023.
- 5. Promoting the Integration of Primary and Behavioral Health Care The purpose of this program is to (1) promote full integration and collaboration in clinical practice between behavioral healthcare and primary physical healthcare, including for special populations; (2) support the improvement of integrated care models for behavioral healthcare and primary/physical healthcare to improve the overall wellness and physical health status of adults with a serious mental illness; adults who have co-occurring mental illness and physical health conditions or chronic disease; children and adolescents with a serious emotional disturbance who have a co-occurring physical health conditions or chronic disease; individuals with a substance use disorder; or individuals with co-occurring mental and substance use disorder; and (3) promote the implementation and improvement of bidirectional integrated care services, including evidence-based or evidence-informed screening, assessment, diagnosis, prevention, treatment, and recovery services for mental and substance use disorders, and co-occurring physical health conditions and chronic diseases. Application Due Date: *Monday, May 22, 2023.* Learn More
- 6. Strategic Prevention Framework Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. The program is intended to expand and strengthen the capacity of local community prevention providers to implement evidence-based prevention programs. Application Due Date: Monday, June 5, 2023. Learn More

INFO and RESOURCES

1. **New** Provider Hot Tip Posted

- Updates have been made to the MO HealthNet Provider <u>Rehabilitation Manual</u>.
- Medication Therapy Management and Direct Care Providers The MO HealthNet Division (MHD) is adding
 additional Pharmacist Provider Services (PPS). PPS allows pharmacist providers to receive reimbursement for
 services that fall within their scope of practice as defined by the Missouri Board of Pharmacy. These separately
 reimbursable services are beyond the scope of dispensing medication to participants covered under 13 CSR
 70-20.060 Professional Dispensing Fee Read more...
- Outpatient Hospital Services- Reminder: Effective for dates of service beginning July 20, 2021, all outpatient hospital services are reimbursed based on the Outpatient Simplified Fee Schedule (OSFS). Payment under the OSFS methodology is final, without cost settlement. Hospitals must report all outpatient services and associated charges at the claim line level using Current Procedural Terminology (CPT)/Healthcare Common Procedure Coding System (HCPCS) procedure codes and the number of units appropriate to the services rendered. Complete fee schedules of outpatient hospital procedure codes with the MO HealthNet allowed amount under the OSFS methodology can be found at the following link: Read more...
- Behavioral Health Services Request for Precertification Effective immediately, providers should begin using the
 updated Behavioral Health Services Request for Precertification form for psychotherapy/counseling services
 that require precertification. This form was updated slightly with no significant content changes. Any outdated
 form submitted as of May 5, 2023 will be returned with a request to submit using the new form. Questions
 may be directed to (866) 771-3350. As a reminder, an approved precertification approves only the medical
 necessity of the service and does not guarantee payment.

- 2. **New Psychotherapy Associated with Improved Self-Esteem** Psychotherapy for depression was shown to improve adult patients' self-esteem, according to a systematic review and meta-analysis. <u>Read More</u>
- 3. Recreational Cannabis is Now Legal In Missouri-Here's How to Talk to Your Kids About It Talking about drugs and alcohol with your kids is never fun, but it's truly one of the most important conversations you can have. As we head toward a new reality in Missouri one where adult-use recreational cannabis will become part of our community's fabric it's time to develop your family's narrative on cannabis. PreventEd hopes to prepare families for what's to come: lots of flashy advertisements about cannabis scattered around the city, endless news stories, the development of dispensaries in our neighborhoods, and more and more young people attempting to access cannabis. Read More
- 4. **Exposure to Family Members with Major Depression Ups Depression Risk** The risk of major depression in both men and women increases with the number of family members with major depression, as well as with exposure to major depression during formative years (1-18). Read More
- 5. Conversations on Diversity, Equity and Inclusion with the Medical Director Institute Join us for a new episode of our video series as John Santopietro, M.D., sits down with his colleague Javeed Sukhera, M.D., Ph.D., for a candid conversation about medical trauma, self-disclosure and sharing power in both a clinical and leadership role. <u>Learn More</u>
- 6. Treating Bipolar Disorder as a Comorbidity of SUD Comorbidities such as bipolar disorder, depression, or anxiety occurring in patients with substance use disorder (SUD) can be common. How do clinicians approach this treatment? What should be prioritized? Read More
- 7. Pharmacodynamic Drug Interactions In Bipolar Disorder Treatment Pharmacodynamic drug interactions can be a potential hindrance to clinicians and patients in treatment with 2 or more medications, altering drug effects and efficacy. Read More
- 8. Improving Care Transitions for Justice-Involved Populations More than 600,000 people are released from prison and nine million return to their communities from jails each year. Individuals released from incarceration face a greater burden of physical and behavioral health conditions and are at heightened risk of death when compared to the general population. This population also faces many challenges accessing health care services, including social barriers like racism and homelessness. Learn More
- 9. Older Adults in Crisis: Call Center Resources The introduction of the new 988 Suicide & Crisis Lifeline allows for a number that is easy to remember and easy to dial. As such, it is expected that calls will continue to increase, including calls by older adults and their family caregivers. Thus, call center staff must be prepared to understand and meet the needs of older adult callers. Learn More
- 10. Mobile Response for Children, Youth, and Families: Best Practice Data Elements and Quality Improvement Approaches – Many states are enhancing their capacity to support youth and families experiencing a behavioral health crisis by implementing the Mobile Response and Stabilization Services (MRSS) best practice model. MRSS is a crisis intervention model that provides behavioral health responses to youth, young adults, and families in their homes, schools, and communities. <u>Learn More</u>
- 11. Supporting Improved Responses to people with Intellectual and Developmental Disabilities Through a partnership with The Arc's National Center on Criminal Justice and Disability and The Council of State Governments Justice Center, four Justice and Mental Health Collaboration grant programs received technical assistance and support to improve their responses to people with intellectual and developmental disabilities (IDD). Based on this assistance, four overarching themes emerged that can be used to guide other programs in their efforts to enhance responses to this population. Learn More

- 12. **Vision Care Guide for Veterans** Support is available to blind and low-vision veterans who need assistance with day-to-day functioning. The Veterans' Association's Office of Blind Rehabilitation Services works with more than a million blind and low-vision vets. <u>Learn More</u>
- 13. Redesigning Public Safety: Mental Health Emergency Response The FY 2024 President's Budget includes a total of \$10.8 billion. As the primary Federal agency responsible for leading public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes, SAMHSA takes seriously our responsibility to ensure that the best evidence-based care reaches the millions of people in communities across America who are affected by mental illness and substance use disorders. Read More
- 14. Filling the Gaps in the Behavioral Health Workforce The United States faces a growing shortage of licensed behavioral health care specialists—psychiatrists, psychologists, and clinical social workers—and that shortage comes at a time when rates of mental illness and substance use disorder (SUD) are high and rising. The shortage has severely limited access to treatment, particularly among underserved communities.1, 2 To help address the access gap, federal policymakers should take steps to foster a behavioral health workforce that extends beyond licensed professionals. Filling the Gaps in the Behavioral Health Workforce
- 15. **Pediatric Mental Health Hospitalizations at Acute Care Hospitals** Mental health diagnoses, including attempted suicide and self-injury, accounted for an increasing number and proportion of pediatric acute care hospitalizations between 2009 and 2019. <u>Learn More</u>
- 16. **The Importance of Wellness in Peer Support** Peer support workers are a vital resource for individuals with mental and substance use disorders working to achieve and maintain recovery. Peers serve as advocates, build community and relationships, share information and connections, and support people as they make big life transitions and small steps toward recovery. <u>Learn More</u>
- 17. County Funding Opportunities to Support Community Members Experiencing a Behavioral Health Crisis To inform local decision making, the National Association of Counties (NACo) and the National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD) developed a chart of funding opportunities across federal, state and county governments and non-government sectors. Counties can blend and braid these resources to build a robust, accessible and sustainable behavioral health crisis continuum of care. Learn More
- 18. Pharmacotherapy for Alcohol Use Disorder Associated with Lower Odds of Liver Disease In people with alcohol use disorder, medical addiction pharmacotherapy is linked with reduced incidence and progression of alcoholassociated liver disease. Read More

TRAINING OPPORTUNITIES

1. **New ASAM CSTAR Transition** Please join us for the DBH weekly technical assistance call regarding the American Society of Addiction Medicine (ASAM) CSTAR transition. **Every Thursday 9a-10a**; Link below. **Join from the meeting link** https://stateofmo.webex.com/stateofmo/j.php?MTID=m4e6aee9562d6cc1a7e2c711cec3dacdc

Join by meeting number Meeting number (access code): 2450 451 5637 Meeting password: H8ByJiKYP48 Join from a mobile device (attendees only)

- +1-650-479-3207, 24504515637## Call-in toll number (US/Canada)
- +1-312-535-8110, 24504515637## United States Toll (Chicago)
- 2. **Minimizing or Maximizing My Ethical Values** This training will challenge participants to look at ethics not from an absolute right and wrong perspective but from a continuum perspective that demonstrates how to maximize ethical behavior in a number of foundational ethical principles. The training will include the concepts of Positive Ethics verse Minimal Ethics, understanding not just the what of ethics codes but the why and how ethics code can interact and

conflict with personal codes of ethics. Participants will be able to review real life ethical cases and see how the concept of Positive Ethics can be applied to these cases. *Thursday, April 20, 2023, 1pm-4pm CT*. Register

- 3. The Brain-Body Initiative Please join us for our Phase 1 live and interactive webinar: Introducing the Concepts of Somatic & Sensory Trauma Interventions. Attendance is a prerequisite for all 4 phases. Advances in neuroscience have opened the door to new forms of body-based interventions. The Adverse Childhood Experiences study not only highlighted the social and emotional impacts from trauma, but also revealed the connection to physical health including impact on the functioning of our immune systems. Our state of mind is directly related to the health of our body, and vice versa. It makes sense that interventions should consider the brain-body connection and offer interventions that reflect this relationship. We see the impact on the body which leads to such issues as headaches, gastric problems, muscle tension and fatigue and know that individuals with early and complex trauma have a higher rates of health conditions such as ischemic heart disease, cancer, chronic pulmonary diseases, liver disease and skeletal fractures. *Friday, April 21, 2023, 10am-12pm CT*. Register
- 4. Suicide Research Symposium We envision this being a place where you have the opportunity to, Present and discuss recent research findings, Stay informed on recent developments in suicide research and network, connect, and find a community with other suicide researchers. *April 26-28, 2023.* Register
- 5. **New Empower Change Using Motivational Interviewing** Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **April 27, 2023, 11am-3pm.** Register
- 6. Missouri Children's Trauma Network Training Summit The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. Recognizing that many Missouri children experience abuse and neglect that often has life-long adverse consequences, the Network works to promote the healing of children. May 2-3, 2023. Register
- 7. Exploring Safe and Smart De-Escalation Strategies This workshop will summarize the key factors that lead to escalation in people and review crisis intervention protocols. Learners will discover methods to successfully deescalate other people in a safe manner. Case studies and video clips will explain the value of approaching deescalation in a responsible manner. Wednesday, May 3, 2023 10am-12pm CT. Register
- 8. **Steroid Misuse in the Fitness and Athletic Community** Addressing issues revolving steroid/anabolic misuse among individuals involved in fitness and sports. Will discuss mental, emotional, and physical side-effects (both positive and negative) on the use of anabolic drugs for fitness and athletic community. **Friday, May 12, 2023, 9am-12pm** Register
- 9. **Responsible Gambling Information Centers** A Review of Key Scientific Research Findings, Discussion of Best Practices and the GameSense Program. *Thursday, May 18, 2023, 1pm CT*. Register
- 10. Treating Maladaptive Perfectionism, Loneliness, Social Anxiety and Restrictive Eating: A Brief Introduction to Radically Open Dialectical Behavior Therapy (RO DBT) – This 90-minute live webinar gives mental health practitioners (e.g. psychology, psychiatry, social work, mental health nursing) who are not yet familiar with RO DBT an overview of the treatment and the clinical population it is designed to treat. There will also be time for questions. Thursday, May 18, 2023, 4pm CT. Register
- 11. Recovery Leadership Summit 2023 The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. *June 4-7, 2023*. Register

RECURRING TRAINING OPPORTUNITIES

- 1. Peer Supervision Training CONVERTED TO ALL Online Self Study Course We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 2. 2023 Motivational Interviewing Training The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org Register
- 3. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 2023 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register
 - Peer Specialist Supervisor Training Register
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 5. Rural Affordable Housing: Equity and Resiliency Learn about initial steps your agency and community can make to have a resiliency commitment when building and rebuilding affordable housing. Vulnerable populations will continue to be disproportionally impacted by disasters and recovery efforts unless new and different approaches are considered. Gain an understanding of current and past systemic inequities that impact housing development and learn how doing a natural hazard risk assessment can help in your housing planning. Tuesday, April 11, 2023, 2pm CT. Register
- 6. AMSR SUD Training AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. Register
 - April 20, 2023-Family Counseling Center-Kennett, MO
 - May 30, 2023-Burrell Behavioral Health-Springfield, MO
 - June 13, 2023-Compass-Warrensburg, MO
 - June 14, 2023-Tri- County- Kansas City, MO
 - June 15, 2023-Compass-Clinton, MO
- 7. **Peer Supervision Trainings** This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom

meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

- April 20, 2023 <u>Register</u>
- June 15, 2023 Register
- August 17, 2023 Register
- August 17, 2023 Register
- October 19, 2023 Register
- December 15, 2023 Register
- 8. Certified Peer Specialty Training All Specialty Trainings are virtual
 - Practical Motivational Interviewing April 21, 2023, 9am-12pm CT. Register
 - Peer Service Documentation May 12, 2023, 9m-12 CT. Register
 - Peer Tools and Role Play June 23, 2023, 9am-2pm CT. Register
 - Compassion Fatigue August 18, 2023, 9am-12pm CT. Register
 - Peer Tools and Role Play November 17, 2023, 9am-12pm CT. Register
 - Co-Occurring Disorders December 15, 2023, 9am-12 pm CT. Register
- 9. **Family Support Provider Trainings** A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
 - April 24-26, 2023 428 E. Capital, Lower Level; Jefferson City, MO 65101 Register
 - *May 9-11, 2023* St. Louis (TBD) Register
- 10. **QPR Train the Trainer** The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: Register
 - April 28, 2023-MBHC-Jefferson City, MO
 - May 22, 2023-MBHC-Jefferson City, MO
 - June 9, 2023-MBHC-Jefferson City, MO
- 11. 2023 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register
- 12. Workshop for Service Providers in Rural Communities The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.
 - May 23, 2023, 11am-2:30pm CT. Register
 - July 25, 2023, 11am-2:30pm CT. Register
- 13. Housing Trainings DMH Housing Training Program with Corporation for Supportive Housing
 - *April 19, 2023*, MO DMH Training Recruiting Landlords Training registration link: https://csh-org.zoom.us/meeting/register/tZ0ucuqupjsuHNPkur6QmUJqt6bmuOrz8CrL
 - *May 17, 2023*, MO DMH Training Supportive Services and Property Management Coordination registration link: https://csh-org.zoom.us/meeting/register/tZAvduiqqD0rG9Ys6Clmynn4Zk2rGr-BSyl8
 - June 20, 2023, MO DMH Training Fair Housing registration link: https://csh-org.zoom.us/meeting/register/tZEsduiprj8rH9TTqac5lxMo6O2m306z3ilH
 - *July 19, 2023*, MO DMH Training Property Management in Supportive Housing registration link: https://cshorg.zoom.us/meeting/register/tzllfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV

- August 16, 2023, MO DMH Training De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tZErce-qpjMsE9TdXAk7PXVcfNKmlm ahhVT
- **September 20, 2023**, MO DMH Training Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
- *October 4, 2023*, MO DMH Training Housing First and Substance Use Disorders registration link: https://cshorg.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N
- **November 15, 2023**, MO DMH Training Harm Reduction Approaches in Service Delivery registration link: https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT
- **December 6, 2023**, MO DMH Training Partnering with Landlords registration link: https://csh-org.zoom.us/meeting/register/tZ0udOuggjMqHdCDqfLVPhnaKfdnZUJHzDsc