

# Missouri Eating Disorders Council Minutes

September 26, 2022

**Council Members Present:**

Annie Seal  
 Beth Harrell  
 Rikki Wright  
 Stephanie Bagby-Stone  
 Heidi Strickler  
 Del Camp  
 Rebekah Freese  
 Rebecca Lester  
 Marjorie Cole  
 Eric Martin  
 John Pruett  
 Denise Wilfley  
 Carla O'Connor

**Council Members Absent:**

Janet Clevenger  
 Rachel Jones  
 Kimberli McCallum  
 Ginny Ramseyer Winter  
 Senator Bill White  
 Paul Polychronis  
 Jenny Copeland

**Department of Mental Health Staff:**

Lori Franklin  
 Alex Withers

**Guests:**

Marie-Laure Firebaugh  
 Ellen Fitzsimmons-Craft

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION/FOLLOW-UP NEEDED</b>
<p><b>Welcome/Introductions</b></p> <p><b>Approval of Minutes</b></p> <p><b>Updates and Announcements</b></p>	<p>Annie Seal called the meeting to order.</p> <p>Annie Seal called for the approval of the July meeting minutes. Rikki Wright motioned to approve the minutes. Beth Harrell seconded. Minutes approved as written.</p> <p>Annie Seal announced that Carla O'Connor is moving off the council.</p> <p>Ellen Fitzsimmons-Craft announced that they submitted a grant proposal to the U.S. Department of Health &amp; Human Services, Office on Women's Health and awarded the grant. The focus is on improving early detection and prevention of eating disorders in adolescent girls. Denise Wilfley explained that they have not heard any details yet in terms of the defined scope of the work. A first step is to contact the three school districts that sent us letters of commitment to discuss the program and implementation and work with 3C Institute to build a platform for assessment and prevention in early intervention for eating disorders. We will also set up connections to refer the individuals who have either anorexia nervosa or do not improve symptoms when using the platform. Annie Seal mentioned they need help from the EDC members with some of the trainings and programs. Marie-Laure Firebaugh put a timeline together which may change based on the feedback they might receive back from the grant. The grant will</p>	

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<p><b>Budget</b></p> <p><b>Body U</b></p> <p><b>360 Training</b></p>	<p>start on September 30, 2022. They plan to hire a coordinator to take the lead on this project.</p> <p>Lori Franklin announced that the budget report had been sent to all the EDC members. Nobody had questions regarding the budget.</p> <p>Marie-Laure Firebaugh announced that they have reached out to all the colleges in August and have even met in-person. She attended an event at Missouri University of Science and Technology. They have a new counselor there that is taking over Body U and promoting the program. She is very passionate about body image and eating disorder prevention. She will be doing some tabling events with students and ambassadors to help reach more people on campus. Marie-Laure Firebaugh also attended a Mental Health fair at Southeast Missouri State University (SEMO), where they presented different programs in the community and on campus. She said that this was the most attendance that she has ever done at SEMO. She spoke with a lot of students and really got the word out about Body U. Mizzou and University of Central Missouri have engaged themselves in sending a student wide email this semester regarding Body U.</p> <p>Marie-Laure Firebaugh announced that they have two webinars scheduled for October 7<sup>th</sup>. Dr. Rachel Good from UMC will be doing a webinar on African American communities and EDs. The next webinar will be November 11<sup>th</sup>. Dr. Jocelyn Lebow will be presenting on eating disorder. The title of the presentation has not been released yet. It is going to focus on eating disorders and adolescent this year because of the grant they had received.</p> <p>Stephanie Bagby-Stone shared that the ED &amp; DE ECHO is successful and continues to meet two times per month.</p> <p>The EDC will continue to meet virtually in 2023. Annie Seal called for the meeting to be adjourned.</p>	

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<b>Next Meeting</b>	Next meeting will be November 28, 2022.	