DBH
Division of Behavioral Health

THURSDAY THOUGHTS

on Behavioral Health & Intellectual/Developmental Disabilities (I/DD)

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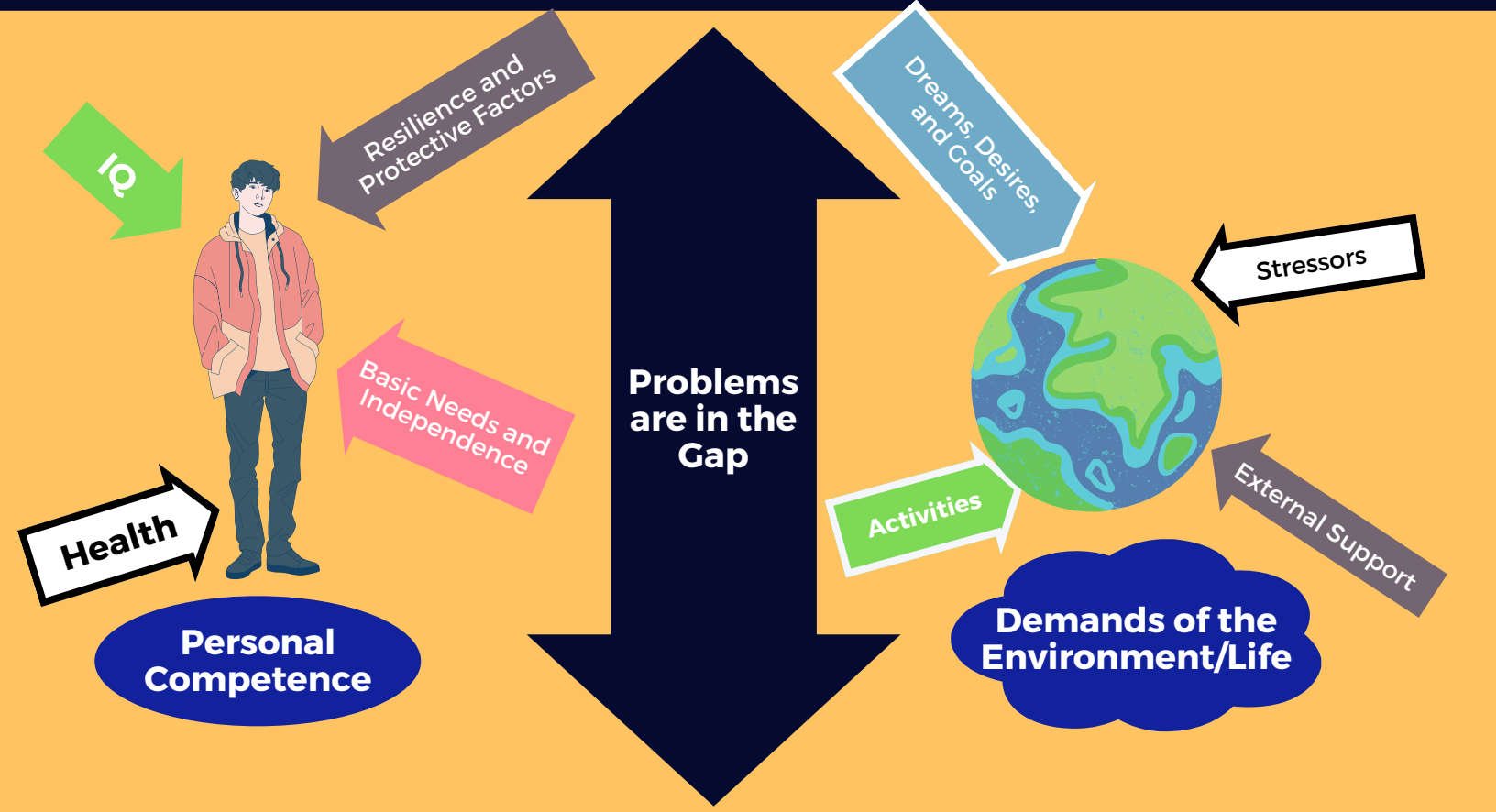
Problems with the Gap

A person's social and personal competence are a set of skills to include self-awareness, self-management, social awareness, relationship skills and responsible decision making. The gap is where challenges or concerns arise because individual's personal competence does NOT meet the demands of their environment.

How can professionals help?

Complete a comprehensive needs assessment, looking at the individual's history, skill set and environment. Understand that skills will need to be **tailored** to the individual as well as the method in which those skills are taught.



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Click the link to be taken to the DMH Missouri Alliance for Dually Diagnosed (MOADD) website.

Missouri Department of MENTAL HEALTH