



Mental Health Mondays

Substance Use Disorders

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What do we know?

Approximately, 20.4 million people in the United States were diagnosed with substance use disorder (SUD) in the past year. Of that, only 10.3% of people received treatment. Nearly 92,000 individuals died of a drug involved overdose in 2020.



What is a Substance Use Disorder?

Substance use disorders occur when the repeated use of alcohol and/or drugs causes clinically significant impairment, including health problems, disability, and failure to meet major responsibilities at work, school, or home.

A substance use disorder is a complex, chronic, and **treatable** medical condition.

How can I access treatment services for substance use?

Help for Adults-Substance Use Treatment: Individualized services are available to provide Missourians with access to treatment and to assist them in achieving and maintaining recovery from substance(s).

Help for Women-Substance Use Treatment: There are programs around the state that serve women only. For those programs offering residential services, women can bring their young children into services with them.

Help for Opioid Dependence: These specialty medication-assisted treatment programs are designed for medically-supervised withdrawal from heroin and other opiate drugs, followed by ongoing treatment and rehabilitation for addiction and related life problems.

Help for Children-Substance Use Treatment: There are special programs to help children and youth between the ages of 12 and 17 who have a substance use disorder.

Want to learn more?



Scan the QR Code with your phone to learn more about substance use disorders and treatment.

Interested in a specific topic
or want to contribute to Mental Health Monday content?

Email: Rhiannon.Evans2@dmh.mo.gov

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