

ADAPTING EVIDENCE-BASED PRACTICES FOR UNDER-RESOURCED POPULATIONS

Adapting evidence-based practices (EBPs) to the cultural, social, gender, and other socio-demographic contexts of individuals served yields positive outcomes. Adaptation of an EBP involves making changes to better fit the needs of the population being served without negatively removing or changing core elements. Communities and individuals benefit when they receive behavioral health services that are clinically proven effective, equitable, and culturally appropriate.



UNDER-RESOURCED COMMUNITIES

The complete guide is available from SAMHSA:
https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/PEP22-06-02-004.pdf.

Under-resourced communities are defined population groups that experience greater obstacles to health, based on characteristics such as race, ethnicity, religion, income, geography, gender identity, sexual orientation, and disability. The guide details the adaptation process so that practitioners can tailor interventions and implement the tailored interventions in their individual programs. This guide provides information for practitioners within the mental health and substance use disorder fields.

Seven Steps in the Process of Adapting an EBP



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