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supports and services
THAT FOSTER self-determination.

Mo Division of Developmental Disabilities (DD) Health Risk
Screen Tool (HRST) Process

Support Coordination Agencies



Health Risk Screening Tool (HRST)

What is the HRST?

-  The Health Risk Screening Tool (HRST) is a tool used to provide early detection of health risks and destabilization.



MO DD HRST Process

Who does the MO DD HRST process apply to?

-  The process applies to individuals receiving 1915 (c) Home and Community Based Waiver services?

MO DD HRST Process

Why is the Division of Developmental Disabilities initiating the process?

-  The process is designed to serve as a support to ensure individual waiver participant health and welfare.
-  Information entered into the MO HRST system will be accessible electronically to all identified team members, providing a more efficient and effective system for interdisciplinary team member communication and direct accessibility to identified health risk, planning, and service information.

MO DD HRST Process

When will the Division of DD be initiating the process?

-  The Division is working directly with residential and support coordination provider agencies that have requested to initiate implementation of the MO DD HRST process.
-  Residential and support coordination provider participation is ***encouraged*** during this phase of implementation.
-  Participation at this time will support final process enhancements prior to full statewide implementation scheduled to align with the ConneXion Go-Live date in Calendar Year **2023**.

MO DD HRST Process

How does a support coordination agency initiate the process ?

-  Agencies interested in initiating participation prior to statewide implementation should submit their request and any questions pertaining to the MO DD HRST process to

MODDHRSTProject@dmh.mo.gov

MO DD HRST Process

- 📍 **When should all MO DD Waiver participants have their initial Health Risk Screen completed by?**
- 👤 The targeted timeline to have all DMH DD waiver participants receiving their *initial* HRST screen is **May 2024**.

MO DD HRST Process

When should the HRST be completed?

-  The HRST is to be completed during the same month every year as when the ISP meeting is conducted.
-  The process also requires that the HRST be updated throughout the ISP year when changes in status are identified that change any of the 22 HRST rating item scores.

MO DD HRST Process

- 📍 **How long does it take (on average) to enter the information for a Health Risk Screen?**
 - 👤 On average, the Health Risk Screen takes 30 -45 minutes to enter the information for the person.
 - 👤 Initial screens and screens for individuals who may have complex health needs may take longer.



MO DD HRST Process

- 👤 **Who enters the Health Risk Screen information for the person?**
 - 👤 The designated HRST rater is responsible to enter the Health Risk Screen information for the person.
 - 👤 The rater is responsible throughout the ISP year to keep the HRST updated as it pertains to changes in the person's health status in accordance with the rater training.

MO DD HRST Process

Who is the designated HRST Rater?

-  The designated HRST rater is the assigned Residential RN for individuals receiving Home and Community Based waiver residential services.
-  The designated HRST rater is the assigned Support Coordinator for individuals receiving Home and Community Based waiver non-residential services.

MO DD HRST Process

- 👤 **Who should be present to assist the rater with information to conduct the HRST process?**
 - 👤 The person for whom the Health Risk Screen applies,
 - 👤 Anyone that the person request to participate to assist with information pertaining to their health needs. This should include at least one direct support professional that knows the person (when the person is receiving residential services) and any caregivers that know and support the person (i.e. paid or non paid supports, family members etc...)

MO DD HRST System Access

- 📍 **How does an agency receive access to the MO DD HRST system?**
 - 👤 Each Division contracted provider (Service or TCM) will be required to have at least one identified Gatekeeper.

MO DD HRST System Access

How long is the Gatekeeper training ?

 The Gatekeeper training is on average 30 minutes to complete.

Support Coordinator Rater Role

- 👤 **How long is the training for the role of Support Coordinator Rater ?**
 - 👤 The HRST online rater training and additional MO HRST training tutorials can take on average for Support Coordinator (Non-Residential service) raters 4-6 hours (total) to complete.
 - 👤 The trainings are assigned and require completion upon the team members **initial (first time)** request to access the system for the specific assigned role.
 - 👤 The training is structured so that the team member can work at their own pace to complete the training requirements.
 - 👤 The training tutorials, upon completion, will also be available online to the team member for additional review anytime throughout the process.

Note: Upon initial (first time) request to access the system, the identified and assigned Support Coordinators will complete the Support Coordinator Rater Training to meet their training requirements for persons receiving residential or non-residential services.

What will the identified Support Coordinator Rater role provide access to?

 Upon completion of their required trainings the team member will have ***full edit and view*** access which will include the following information for person(s) that they provide support coordination to and are assigned in the system:

-  Health Risk Screen information
-  Applicable Health Risk Support Plan information
-  Medication and Diagnosis information

Note: Identified Support Coordinators assigned to ***persons receiving residential services*** will have ***edit*** access in the Residential RN Oversight Monthly Documentation module and HRSP module to provide their monthly signature.

Interdisciplinary Team Member Role



- 📍 **What is the requested role for identified Support Coordination agency team members ?**
- 👤 The role for identified Support Coordination agency team members is titled: **Interdisciplinary Team Member.**

Interdisciplinary Team Member Role



🕒 How long is the training for the role of Interdisciplinary Team Member?

- 🕒 This training can take on average 1-2 hours to complete.
- 🕒 Information regarding the HRST, including a 7-minute video, will be provided.
- 🕒 Additional online training tutorials will be provided to the identified team members.
- 🕒 The trainings are assigned and require completion upon the team members **initial (first time)** request to access the system for the specific assigned role.
- 🕒 The training is structured so that the team member can work at their own pace to complete the training requirements.
- 🕒 The training tutorials, upon completion, will also be available online to the team member for additional review anytime throughout the process.

Interdisciplinary Team Member Role



- 👤 **What will the identified Interdisciplinary Team Member role provide access to?**

- 👤 Upon completion of their required trainings the team member will have **view** access which will include the following information for person(s) that they provide DMH DD Waiver services and supports to and are assigned in the system:
 - 👤 Health Risk Screen information
 - 👤 Applicable Health Risk Support Plan information
 - 👤 Monthly Residential RN Oversight documentation (for persons receiving waiver residential services)

Note: Identified and assigned Support Coordinators for persons receiving residential services will have **edit** access in the Residential RN Oversight Monthly Documentation module to provide their monthly signature and edit access in the HRSP module to provide their signature.

What is a Health Risk Support Plan (HRSP)?

-  The MO HRST process includes designed standardized electronic Health Risk Support Plan (HRSP) templates in the IntellectAbility system which will support the team with identification of implementation strategies to mitigate risk and improve health outcomes.
-  The completion of the HRST and any applicable HRSPs will align with the individual's annual Individualized Support Plan (ISP) meeting.

When is a HRSP completed?

-  The HRST, upon completion, assigns scores to 22 health and behavior related rating items.
-  Each rating item scoring a 3 or higher will trigger the need for the team to complete the applicable HRSP template for that rating item.
-  The individual and their team have the option to access and complete a specific HRSP template for any HRST rating item scoring below 3.
-  The completed HRSP will include the incorporation of service and training considerations identified by the HRST to mitigate identified areas of health/behavioral risk.
-  The completed HRSP will serve as an attached component of the Healthy Living section of the ISP and are to be utilized as an educational resource for interdisciplinary team members providing direct supports and services to the individual.
-  The completion of the HRST and any applicable HRSPs will align with the individual's annual Individualized Support Plan (ISP) meeting.

Who completes and participates in the HRSP process?

-  The designated HRST rater is responsible to enter the HRSP information for the person.
-  The person for whom the HRSPs applies and anyone that the person request to participate to assist with information pertaining to their identified areas of health risk should be present to assist with the completion of the HRSPs.
-  This should include at least one direct support professional that knows the person (when the person is receiving residential services) and any caregivers that know and support the person (i.e. paid or non paid supports, family members).

What is the HRST Clinical Review Process?

-  When the Health Risk Screen information for a person has an identified Healthcare Level of 3 or above, this requires a HRST Clinical Review.
-  The HRST is final (completed) once the HRST Clinical Reviewer has reviewed and agrees with the completed screen.

Note: The process to reach fully rated (agreed upon) status may require communication between the assigned HRST Rater and HRST Clinical Reviewer.

Who conducts the HRST Clinical Review Process?

-  Assigned Regional Office Quality Program (QE) RNs will fulfill the role of clinical reviewer for individuals receiving residential services.
-  IntellectAbility clinical team members will fulfill the role of clinical reviewer for individuals receiving non-residential services.

Residential RN Monthly Oversight Documentation



- 📍 **What is the Residential RN Monthly Oversight Documentation module?**
 - 👤 This module provides the **current** Residential RN Oversight documentation requirements in an electronic format.
 - 👤 The assigned Residential RN (rater) in the system will be required to initiate and complete ongoing monthly documentation in the module the month following the completion of identified HRSPs.
 - 👤 If no HRSPs are identified upon completion of the HRST, the assigned Residential RN (rater) in the system will be required to initiate and complete ongoing monthly documentation in the module the month following the completion of the HRST.

MO DD HRST Process

- 📍 **Where should I submit agency interest in participation?**
- 👤 Support Coordination agencies should submit their request and any questions pertaining to the MO DD HRST process to:
MODDHRSTProject@dmh.mo.gov



MO DD HRST Process

Thank You for joining today's webinar. Additional information pertaining to the MO DD HRST Process may be accessed at:

<https://dmh.mo.gov/dev-disabilities/hrst-project>