

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

July 8, 2022

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Allocation Letters** – are going out today!! Please contact Becky Wolken (becky.wolken@dmh.mo.gov) if you have any questions.
2. **Approval as Presumptive Eligibility Providers** – Hot off the press: CCBHC/CMHC/CSTAR providers may now become a Qualified Entity allowed to make MO HealthNet presumptive eligibility determinations! We will send a link out with details on the process in a future FYIF...**for now, look for an e-mail specifically regarding this opportunity** (or ask a supervisor if you don't receive it).
3. **Medicaid Manual for CSTAR Updated** - The Mo HealthNet provider manual for the CSTAR program has been updated and is available on the MHD website: http://manuals.momed.com/collections/collection_cst/print.pdf (page 165). A manual for ASAM is being developed and will be posted in the coming months.
4. **Behavioral Health Support AA Degree** - The Associate of Arts Degree in Behavioral Health Support was initially developed approximately five years ago in partnership with DMH, local community colleges, and the Missouri Behavioral Health Council. The goal was to improve preparedness for those interested in the Community Support Specialist role (for which there is a high need) and increase the available skilled workforce of community treatment providers for both mental health and substance use. Participating colleges may earn DMH designation by engaging in the process to evaluate curriculum, staffing, and quality of programming. Currently, five colleges report graduating cohorts, while three other colleges have committed plans for enrollment. Also, three additional colleges have been identified as potential partners for program development.
5. **Missouri Crisis System Analysis Report** - DMH and the Missouri Behavioral Health Council partnered with Solari, nationally recognized crisis system experts, to evaluate our current crisis response system and provide recommendations for:
 - implementation of 988 and mobile crisis response,
 - reduction of mental health disparities,
 - ensuring the highest quality of care is being provided across services, and
 - strengthen the continuum of behavioral health/crisis care in Missouri.

Solari conducted a thorough assessment of the Missouri crisis system through quantitative data review, qualitative meetings, interviews, and telephonic sessions with stakeholders and partners. Below are recommendations made within the report:

- Utilize existing crisis contact center model to connect to a continuum of services including mobile crisis response, behavioral health crisis centers, and other behavioral health services and community resources.
- Establish clear standards and requirements for onsite, face-to-face mobile crisis response while reserving facility-based care for acute crisis needs.
- Adopt a no-wrong-door approach for any Missourian in crisis.

- Identify alternative ways to locate staff that meet qualifications for crisis service positions.
- Enhance crisis services for individuals diagnosed with an intellectual and/or developmental disability.
- Ensure 988 centers can easily dispatch and coordinate with mobile crisis response for optimal response time.

DMH and stakeholders will utilize the recommendations and findings in the development and enhancement of services to ensure a more integrated, standardized, and comprehensive crisis response system for Missourians.

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

1. **OASH Announces Funding Opportunity for Reducing Maternal Deaths Due to Substance Use Disorder** – The Office of the Assistant Secretary for Health (OASH), the Health and Human Services (HHS) Office on Women's Health (OWH), recently [announced](#) a \$300,000 per project grant opportunity aimed at reducing maternal deaths due to substance use disorder (SUD). This grant addresses three HHS Priority areas - maternal health, mental health, and substance use disorder (SUD) - seeking projects designed to strengthen perinatal and postnatal support structures for patients with SUD and decrease deaths during the perinatal and postpartum period. An estimated total program funding of \$1,500,000 with five awards expected. Eligibility is limited to any public or private entity (profit or nonprofit) located in a State, community-based organizations, faith-based organizations, and American Indian/Alaska Native/Native American organizations. The notice of funding opportunity can be found [here](#). Application deadline is **Monday, July 11, 2022**.
2. **Funding Opportunity Announcement: Promoting Equitable Access to Language Services in Health and Human Services** – The Office of Minority Health (OMH) at the U.S. Department of Health and Human Services administers grant programs to support projects that implement innovative models to improve minority health and reduce health disparities. Application deadline is **Monday, July 15, 2022**. [Learn More](#)

INFO and RESOURCES

1. **New - ONDCP to Develop National Nonfatal Overdose Tracking System** - Dr. Rahul Gupta, Director of the Office of National Drug Control Policy (ONDCP), and David Holtgrave, Senior Policy Analyst at ONDCP, recently published a [Viewpoint in the Journal of the American Medical Association](#) (JAMA) announcing that ONDCP will develop a national nonfatal overdose tracking system. ONDCP has created a Drug Data Interagency Working Group to lead the development of the system in collaboration with federal agencies and will begin by reviewing all existing sources of data on nonfatal overdoses. The national tracking system aims to:
 - Estimate national incidence and prevalence of nonfatal overdoses;
 - Estimate unmet need for medical and social services;
 - Predict trends in fatality rates of overdoses to help public health systems respond more effectively;
 - Estimate success of overdose intervention programs; and,
 - Analyze emerging threats.
2. **New - COSSAP Report: How Courts and Jails are Partnering to Support Medication-Assisted Treatment** - The Bureau of Justice Assistance's (BJA) Comprehensive Opioid, Stimulant, and Substance Abuse Program (COSSAP) published a report on corrections agencies establishing community partnerships to create medication-assisted treatment (MAT) programs for individuals with opioid use disorder (OUD) who have been arrested or incarcerated. The report features case studies on partnerships between jails and courts that have increased access to MAT, their

strategies for launching programs, and the factors that make them successful. The report highlights the importance of stakeholder engagement across the justice system and how community education and flexibility among stakeholders can help jails and courts collaborate to better address OUD.

3. **New - FDA Publishes Timeline of Activities and Significant Events Addressing Opioid Use** - The Food and Drug Administration (FDA) has published a [timeline](#) tracing key developments the United States has made in addressing opioid use disorder (OUD) and the U.S. opioid overdose crisis. The timeline provides chronological information about FDA activities and other significant events to address OUD from 1911 to today. Additional actions and details about the events in the timeline can be found [here](#).
4. **Addressing your Loved One’s Early Substance Use** – If you’ve just discovered or have reason to believe your child is using substances, the first thing to do is take a deep breath. We know this can be scary, but you’re in the right place. [Watch Video](#)
5. **CDC Launches Tool to Check your Drinking and Create a Plan to Drink Less** – The Centers for Disease Control and Prevention (CDC) recently launched an [alcohol screening tool](#) for adults to anonymously check their drinking, identify barriers to drinking less, and create a personalized change plan to make healthier drinking choices. The free-to-use evidence-based tool was introduced as part of the [CDC’s new Drink Less, Be Your Best campaign](#) that highlights the harmful effects of alcohol and provides resources to help adults drink less. The tool is not intended for medical diagnosis or treatment.
6. **The Community Guide Updated: What Works to Prevent Excessive Alcohol Consumption** – [The Guide to Community Preventive Services](#), produced by the [Community Prevention Services Task Force](#) (CPSTF), recently updated the [What Works Fact Sheet: Preventing Excessive Alcohol Consumption](#). The two-page summary features a table of CPSTF’s findings and recommendations for ten evaluated community-based intervention approaches to preventing excessive alcohol consumption based on systematic reviews by experts from the Centers for Disease Control and Prevention (CDC).
7. **Stimulant Users Report High Rates of Driving Under the Influence** – Almost half of US adults who have used methamphetamine within the past year and more than a one-fifth of past-year cocaine users have driven under the influence, according to new research. [Read More](#)
8. **Longer MAT Engagement Linked with Better Outcomes for OUD Patients** – The longer individuals with opioid use disorder engage in medication-assisted treatment, the less likely they are to overdose, according to a new study of Medicaid beneficiaries. [Learn More](#)
9. **Heightened Risk of AUD Linked with Binge Consumption in Moderate Drinkers** – Moderate average drinkers with a pattern of engaging in binge drinking were found to be almost 5 times more likely to experience multiple alcohol-related problems, compared with individuals who drink the same amount overall but don’t binge. [Learn More](#)
10. **Pandemic-Related Buprenorphine Prescribing Changes Linked with Improved Outcomes** – Changes to buprenorphine prescribing guidelines, enacted in response to the COVID-19 pandemic, were found to have improved opioid use disorder (OUD) patient outcomes, according to researchers from Dornsife School of Public Health at Drexel University. [Learn More](#)
11. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov, and/or 573-751-4730.

August 10 2022 – Western Region – 11am-1pm Location: Healing House Healing 112 North Elmwood, Kansas City, MO	August 23, 2022 – Eastern Region – 10-12 pm Location: Virtual
	Sept 2, 2022 – Southwest Region – 10am-12pm Location: Springfield Public Library 2535 North Kansas Expressway, Springfield, MO

TRAINING OPPORTUNITIES

1. **Understanding the 2022 Compliance Deadlines** – This webinar will explore the actors and the regulations, dive into their roles and the published compliance timelines, and investigate operationalizing these regulations. This initial webinar will explain and illustrate the new terms and acronyms from EHI, USCDI, API, RWT, and more. **Thursday, July 15, 2022, 12pm CT.** [Register](#)
2. **Supporting Resiliency in Housing and Health Professionals** – Join us for this webinar to learn about promoting self-care and resiliency among staff. Hear from subject matter experts on organizational well-being as they share tools and resources to support supervisors in engaging in their own self-care and encouraging it among supervisees. **Friday, July 15, 2022, 1pm CT.** [Register](#)
3. **Implementing Data-Informed Social Justice Change within Organizations** – This webinar will discuss the development of the SMART tool, as well as how individuals and organizations can apply the information discovered through utilizing SMART to create measurable progress in becoming anti-racist at all organizational levels. **Monday, July 18, 9:30-11pm CT.** [Register](#)
4. **Guardianship 101** – A guardian is responsible for decisions concerning health care and living arrangements for the person deemed incapacitated. A conservator is responsible with managing the person's income and assets and paying bills. This program will review the Guardianship and Conservatorship laws and the legal process, as well as address the impact of the 2018 legislation and teach attendees advocacy tips. [Register](#)
5. **2022 MO Suicide Prevention Conference** – This year's conference is brought to you by the Missouri Department of Mental Health, Missouri Behavioral Health Council and Community Counseling Center. This is a hybrid conference, which will be hosted in person at the Show Me Center in Cape Girardeau. The conference is free of charge, unless you are needing continuing education. Continuing Education (CE) will be \$20 per person. Visit us online at www.mospn.org/conference. **Thursday, July 21, 2022, 8am-5pm CT.** [Register](#)
6. **Addressing Serious Mental Illness** – **Thursday, July 21, 2022, 1pm CT.** [Register](#)
7. **Creating a Culture of Diversity** – The purpose of this diversity workshop is to increase cultural awareness, understand the difference between equity and inclusion, and reduce prejudices against underrepresented groups. **Thursday, July 21, 2022, 1pm CT.** [Register](#)
8. **Medication Awareness Recovery Specialist Training Starting Program** – The program starts with a 2 Hour Zoom meeting on Friday July 22nd. There is also a 2 Hour closing Zoom meeting on Friday October 28th, 2022 with the same time options. In addition, participants also work through 8 self-study modules that start Monday August 1st, 2022 and end Sunday October 23, 2022. These modules are completed at home within assigned time periods. **Friday, July 22, 2022 9-11 or 2-4 CT.** [Register](#)
9. **Supporting Resiliency in Housing and Health Professionals** – As a follow-up to the webinar on July 15, the presenters will host an Office Hours session to answer questions about promoting self-care and resiliency among staff. **Friday, July 22, 2022, 1pm CT.** [Register](#)
10. **Adverse Childhood Experiences: How Stress Shapes Our World** – Adverse Childhood Experiences (ACEs) have become a topic of considerable importance during the past 25 years. This workshop will include an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. **Thursday, July 14, 2022, 1pm-4pm CT.** [Register](#)

11. **Pulling Back the Curtain on Successful Prevention Campaigns** – The presentation will include direct insight into the inner workings of the “Talk. They Hear You” and the “Parents’ Night Out” campaigns, exploring app-based interventions, the art of roleplays, building prevention capacity, program development, and assessment of campaign content and marketing through extensive feasibility research. **Wednesday, August 21, 12pm CT.** [Register](#)
12. **Psychological First Aid Training** – Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. **Thursday, October 6, 2022, 9am-4pm.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Suicide Prevention Training** – This training is open to anyone interested in learning how to help someone who may be in a suicide crisis. No continuing education will be provided for this training. [Register](#)
 - Friday, August 12, 2022, 8:30am CT.
2. **Trauma Informed Outreach and Engagement** – This Learning Community will cover the fundamentals of trauma-informed care and best practices for outreach to and engagement with individuals experiencing homelessness who have a serious mental illness (SMI), serious emotional disturbance (SED), substance use disorder (SUD), or co-occurring disorders (COD).
 - **Making the Connection to the Homelessness Response System**, **Tuesday, July 12, 2022, 1:30 pm-3pm CT.** [Register](#)
 - **Providing Behavioral Health Care in Unsheltered Environments**, **Tuesday, August 2, 2022, 1:30pm-3pm CT.** [Register](#)
3. **Benefits and Work Made Simple** –The training plan will consist of three (3) training webinars for employment specialists, case managers and supervisors. The first session, “Benefits and Work Made Simple”, provides basic concepts about SSDI, SSI, Medicare and Medicaid (MO HealthNet) and how work affects them, so that participants can use the information to encourage people they serve who have benefit concerns to consider working or increasing their earnings. The session also informs participants how they can refer individuals to benefit specialists for intensive assistance regarding work and benefits. The second and third sessions will be live case studies featuring real individuals – one of whom receives SSDI benefits and one of whom receives SSI. The case studies will draw on concepts and fact sheets used during the Benefits and Work Made Simple training, and put them into practice with real people. All of the trainings will be virtual! All trainings are optional, you do not have to attend all of them to get CE's.
 - **Benefits and Work Made Simple**, **Tuesday, July 12, 2022, 2pm-3:30pm CT.** [Register](#)
 - **Live Case Study-SSDI**, **Tuesday, July 19, 2022, 2:30pm-4pm CT.** [Register](#)
 - **Live Case Study-SSDI**, **Monday, July 25, 2022, 2:00pm-3:30pm CT.** [Register](#)
4. **Suicide Prevention Training-Provider** – Department of Mental Health is offering free Question, Persuade, Refer (QPR) Gatekeeper Training for Substance Use Providers. This training is geared towards helping those who work with individuals with Substance Use Disorders. Continuing education will be given to those who attend the full training. [Register](#)
 - Friday, July 15, 2022, 8:30am CT.
 - Friday, August 4, 2022, 8:30am CT.
5. **CPS Specialty Trainings (MCB)** –
 - **What Peers Should Know about the New 988 Rollout**-**July 15, 2022, 9am-12pm CT.** [Register](#)
 - **Conflict Resolution/Work Relationships/Teams**-**August 19, 2022, 9am-12pm CT** [Register](#)
 - **Harm Reduction**-**September 16, 2022, 9am-12pm CT** [Register](#)
 - **Staying Motivated**-**October 14, 2022, 9am-12pm CT** [Register](#)
 - **Peers and DOC Supervision**-**December 16, 2022, 9am-12pm CT** [Register](#)

6. **Leadership Institute Community of Practice** – Through a collaborative effort, The Mid-America Addiction Technology Transfer Center (ATTC), Mid-America Mental Health Technology Transfer Center (MHTTC), and Mid-America Prevention Technology Transfer Center (PTTC) will hold space for current and emerging as leaders in these behavioral health disciplines who want to participate in dialogue and begin to create space for our industries leaders of tomorrow.
 - **Equity and Inclusion in the Workforce-July 21, 2022, 12pm CT.**
 - **Equity and Inclusion in the Workforce- August 18, 2022, 12pm CT.**
 - **Relationship Building-September 15, 2022, 12pm CT**
7. **Individual and Group Crisis Intervention Training** – This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. [Register](#)
 - **July 26-28, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CEO RM-Jefferson City, MO**
 - **Aug. 24-26, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CEO RM-Jefferson City, MO**
8. **2022 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. [Register](#)
 - **July 27-29, 2022, 8am-5pm CT, Location-Branson**
 - **September 28-30, 2022 8am-5pm CT, Location-Kansas City**
 - **October 3-5, 2022, 8am-5pm CT, Location-Sikeston**
 - **October 5-7, 2022, 8am-5pm CT, Location-St. Louis**
9. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
 - **Saturday, September 10, 2022, 8:30am-12:30pm CT. [Register](#)**
 - **Saturday, December 3, 2022, 8:30 am-12:30pm CT. [Register](#)**
10. **Clinical Supervision Trainings (MCB)** –
 - **September 28-29, 2022, 8am -2pm Ct. [Register](#)**
 - **October 20-21, 2022, 8am -2pm Ct. [Register](#)**
 - **December 8-9, 2022, 8am -2pm Ct. [Register](#)**
11. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
12. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training – [Register \(New Dates added\)](#)**
 - **Peer Specialist Supervisor Training – [Register](#)**

- **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

13. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- **Missouri Recovery Support Specialist Trainings** – [Register](#)
- **Ethics Trainings** – [Register](#)

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!