

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

May 27, 2022

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – Staff are continuing to work on fiscal year end closeout and prep allocations for FY 2023.

2. **Harm Reduction MYTH-BUSTING -**

What is Harm Reduction?

Harm reduction is a proactive and evidence-based approach to reduce the negative personal and public health impacts of behavior associated with alcohol and other substance use at both the individual and community levels. (Source: <https://www.samhsa.gov/find-help/harm-reduction>)

Myth: Harm reduction is not prevention.

A comprehensive prevention strategy, harm reduction is part of the continuum of care. Harm reduction approaches have proven to prevent death, injury, disease, overdose, and prevent substance misuse or disorder. Harm reduction is an effective approach to addressing the public health epidemic involving substance use as well as infectious disease and other harms associated with drug use. (Source: <https://www.samhsa.gov/find-help/harm-reduction>)

Myth: Harm reduction normalizes, encourages or “enables” risky behavior.

Harm reduction is an important approach to addressing substance use disorders through prevention, treatment, and recovery where individuals who use substances set their own goals. Harm reduction organizations incorporate a spectrum of strategies that meet people “where they are” on their own terms, and may serve as a pathway to additional prevention, treatment, and recovery services. Harm reduction works by addressing broader health and social issues through improved policies, programs, and practices. (Source: <https://www.samhsa.gov/find-help/harm-reduction>)

Myth: Harm reduction only prevents or opposes recovery or complete cessation, simply replacing one addiction with another.

Incorporating harm reduction can reduce negative effects on health and social wellbeing due to use of alcohol, other drugs, and related behaviors. Harm reduction does not prevent nor oppose abstinence. Harm reduction activities include:

1. Reduce overdose deaths and other early deaths among people who use substances, including alcohol
2. Increase knowledge around safer substance use
3. Reduce sharing of substance use equipment
4. Improve physical health
5. Reduce the spread of infectious diseases
6. Reduce stigma and increase access to health services
7. Increase referrals to support programs and health and social services (including treatment and recovery support services)

(Source: <https://www.samhsa.gov/find-help/harm-reduction>)

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **Building Communities of Recovery** – The purpose of this program is to mobilize and connect a broad base of community-based resources to increase the prevalence and quality of long-term recovery support for persons with substance use disorders (SUD) and co-occurring substance use and mental disorders (COD). These grants are intended to support the development, enhancement, expansion, and delivery of recovery support services (RSS) as well as the promotion of and education about recovery. It is expected that these grant activities will be administered and implemented by individuals with lived experience who are in recovery from SUD and COD and reflect the needs and population of the community being served. Application Due Date: **Friday, June 3, 2022**. [More Information](#)
2. **NHSC New Site Application: Deadline Extended** – The deadline to submit your [NHSC New Site Application](#) is extended through **Tuesday, June 7 at 11 pm CT**. Benefits of becoming an NHSC-approved site include recruiting and retaining qualified providers using [NHSC](#) loan repayment program and attracting NHSC scholars who are ready to fulfill their service obligation at sites like yours. You may post vacancies to the [Health Workforce Connector](#) and participate in [HRSA Virtual Job Fairs](#) to connect with job-seeking primary care trainees and practicing clinicians. For more information: [State Primary Care Office \(PCO\)](#) staff and [NHSC State Leads](#) are available for questions about applying and other site-specific information.
3. **New COSSAP Site-Based Funding Opportunity** – BJA is seeking applications to respond to illicit substance use and misuse to reduce overdose deaths, promote public safety, and support access to treatment and recovery services in the criminal justice system. **Deadline is June 13, 2022, 7:59 CT**.

Step 1: Applicants will submit an **SF-424** and an **SF-LLL** in Grants.gov at <https://www.grants.gov/web/grants/register.html>.

Step 2: Applicants will submit the **full application**, including attachments, in JustGrants at [JustGrants.usdoj.gov](https://www.justgrants.usdoj.gov). To be considered timely, the full application must be submitted to JustGrants by the JustGrants application deadline.

JOB ANNOUNCEMENTS

Homelessness Services Coordinator

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is June 7, 2022

[Learn More and Apply!](#)

INFO and RESOURCES

1. **New Substance Use Disorder and Treatment Loan Repayment Program (STAR LRP) Coming Soon** – The Substance Use Disorder Treatment and Recovery Loan Repayment Program (STAR LRP) helps combat the nation's opioid crisis by giving eligible health professionals up to \$250,000 to pay off school loans in exchange for a six-year, full-time service commitment. [Learn More](#)

2. **New St. Louis University Addiction Medicine Fellowship** – The Addiction Medicine Fellowship is part of our St. Louis residency program—Integrated model of care in our residency continuity clinic at Family Care Health Center (an FQHC) that includes behavioral healthcare and addiction medicine—Community based training complements traditional training in academic health centers.
 - The residency is part of SLU’s Department of Family and Community Medicine—Teaching, research, service, and clinical practice in Addiction Medicine. For more information, please visit our website, Addiction Medicine Fellowship, <https://www.slu.edu/medicine/family-medicine/addiction-medicine.php>
3. **New Blueprint for Racial Justice Offers Guidance, Resources for Courts** – Courts across the country are taking steps to gain a better understanding of race as leaders work to identify and address inequities impacting racial justice. [Blueprint for Racial Justice](#)
4. **Assessing Community Suicide Prevention Needs – Stacey Williams**, the State Suicide Prevention Coordinator for the Division of Behavioral Health, collaborated with state leaders and staff of the National Suicide Prevention Resource Center to create a new resource titled *Assessing Community Suicide Prevention Needs: A Workbook for State Coordinators*. This tool serves as a guide for states and communities to determine their purpose for conducting a suicide prevention needs assessment, prepare for, design, and conduct this assessment, implement the findings, and determine next steps to improve state or local suicide prevention efforts.
5. **Early Interventions can break Generational Cycle of Drug Use** – Jane Sanville, MPH, a senior policy analyst for the Office of National Drug Control Policy, discusses the importance of drug use prevention initiatives for adolescents, as well as steps that schools and communities can take to address the substance use disorder epidemic. [Read More](#)
6. **Heart of the Matter** – Dr. Volkow sits down with *Heart of the Matter* host Elizabeth Vargas to discuss the growing complexities of fentanyl-laced drugs; the state of mental health in our nation; what the pandemic can teach us about allocating resources to communities in need; and her deeply personal story. [Listen to Podcast](#)
7. **Boosting the Power of Harm Reduction with Culturally Responsive Housing, Recovery Supports and Treatment** – Combining harm reduction with culturally responsive supportive housing, treatment access, and peer-delivered recovery supports can significantly improve how people with active SUDs envision a pathway to recovery. The potential of such a multifaceted response has yet to be fully realized, but many promising collaborations are beginning to change the story. [Learn More](#)
8. **SAMHSA Mental Health Month webinars** – The Substance Abuse and Mental Health Authority (SAMHSA), along with the Department of Housing and Urban Development (HUD) and HHS, is presenting a [series of free webinars](#) throughout May for Mental Health Awareness Month. The webinars will cover reducing stigma and addressing mental health issues in post-COVID America. To see all of the webinars being offered and to attend one, [click here](#).
9. **Recent References on Dual Diagnosis of MI/DD** – Dr. John Constantino provided the following resources. Please review and share appropriately.
 - [A systematic review of the behaviours associated with depression in people with severe–profound intellectual disability](#)
 - [Medication Use in the Management of Comorbidities Among Individuals With Autism Spectrum Disorder From a Large Nationwide Insurance Database](#)
10. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov, and/or 573-751-4730.

June 3, 2022 – Southwest Region – 11-1 pm Location: Springfield Public Library 2535 North Kansas Expressway, Springfield	June 23, 2022 – Northeast Region – 10-2pm Location: Virtual
June 24, 2022 – Southeast Region – 9-10 am Location: Virtual	

TRAINING OPPORTUNITIES

1. **Trauma-Informed Application of Cognitive Behavioral Therapy** – Mental Health and Social Service Professionals need to be able to recognize and respond to client stress responses to successfully implement Cognitive Behavioral Therapy (CBT). This interactive training is designed for social workers, therapists, case managers and other professionals in the social service field to enhance their delivery of trauma-informed cognitive behavioral treatment and strategies. **Wednesday, June 1, 2022, 1pm-4pm CT.** [Register](#)
2. **Stress First Aid Training** – Stress First Aid (SFA) is a framework to improve recovery from stress reactions, both in oneself and in coworkers. The model aims to support and validate good friendship, mentorship and leadership actions through core actions that help to identify and address early signs of stress reactions in an ongoing way (not just after "critical incidents"). **Thursday, June 2, 2022, 2pm-5pm CT.** [Register](#)
3. **Understanding Social Security Disability: Guide on Processes and Approval** – This webinar will benefit the community, healthcare professionals, and mental health professionals. **Tuesday, June 7, 2022, 2:30pm CT.** [Register](#)
4. **Supervising Peer Specialists** – Many peer specialists are supervised by clinicians who do not identify as having the lived experience of recovery. This webinar will describe best practices for supervisors of peer specialists and introduce tools to help peer specialists and supervisors remain on track in their work together. There will be time for discussion. The webinar will be of interest to supervisors and peer specialists, but all are welcome. **Tuesday, June 7, 2022, 12pm CT.** [Register](#)
5. **2022 MHA Annual Mental health Substance Use Recovery Conference** – Join health care professionals and executives from around the state for the inaugural convening of the Mental Health Substance Use Recovery Conference. Hear from practitioners, experts and state agencies who are advising, leading, and shaping mental health and substance use initiatives that impact health care across the state. Cost is \$395.00. **June 7-9, 2022,** [Register](#)
6. **National Conference on Gambling Addiction and Responsible Gambling** – Annual conference on problem gambling and responsible gambling brings together people from all facets of healthcare, research, government and the many segments of the gambling industry. The conference provides both detailed in-depth knowledge and cross-training opportunities. **June 8 and 9, 2022** [Register](#)
7. **Recovery Support Specialist Training (MRSS)** – The purpose of the Recovery Support Specialist Training is to train, and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. **June 9 through 11, 2022, 8am-5pm CT.** [Register](#)
8. **Engagement and Innovation Strategies for Youth Substance Use Prevention Messaging** – At one time or another, most of us have had a conversation with a young person that didn't quite go as planned. Maybe the topic was uncomfortable, perhaps the young person didn't say much, or you just weren't sure how to make your message resonate. **Tuesday, June 14, 2022, 12:30pm CT** [Register](#)
9. **On the Road to the Ideal Crisis System** – As the official launch date of 988 approaches this July, and with the rapidly changing landscape of Crisis Response services, it is important that communities and organizations have a good understanding of the current state of the Crisis Care Continuum and what they can do to continue to enhance these services for those in need. **Tuesday, June 14, 2022, 1pm CT.** [Register](#)
10. **NAMIcon 2022**– The pandemic and global events of the past two years have had a profound effect on the mental health of all of us across the country. It is more essential than ever to bring our community Together for Mental Health to learn about new research, resources and solutions and to facilitate networking with peers and colleagues from around the country and the globe. **June 14-16, 2022** [Register](#)
11. **Missouri Rural Behavioral Health Summit** – This event will be in person only. This is a summit in partnership with the Missouri Rural Health Association and The Missouri Behavioral Health Council. This summit is designed to bring

the rural communities together to discuss behavioral health topics to provide training, tools, and engagement in different areas. This includes, but is not limited to suicide prevention, trauma informed practices, substance use prevention and addressing the issues with access and workforce in the rural communities. **Wednesday, June 15, 2022, 8am-3pm CT.** [Register](#)

12. **Midwest Conference on Problem Gambling and Substance Abuse (Virtual)** – The Mid-America Addiction Technology Transfer Center (Mid-America ATTC) is pleased to promote the Midwest Conference on Problem Gambling and Substance Abuse (MCPGSA). This is the premier regional conference for problem gambling and substance abuse counselors in the Midwest. **June 15-16, 2022.** [Register](#)
13. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Thursday, June 16, 2022, 11am CT.** [Register](#)
14. **2022 Mo Suicide Prevention Conference** – This year's conference is brought to you by the Missouri Department of Mental Health, Missouri Behavioral Health Council and Community Counseling Center. This is a hybrid conference, which will be hosted in person at the Show Me Center in Cape Girardeau. The conference is free of charge, unless you are needing continuing education. Continuing Education (CE) will be \$20 per person. Visit us online at www.mospn.org/conference. **Thursday, July 21, 2022, 8am-5pm CT.** [Register](#)
15. **Medication Awareness Recovery Specialist Training Starting Program** – The program starts with a 2 Hour Zoom meeting on Friday July 22nd. There is also a 2 Hour closing Zoom meeting on Friday October 28th, 2022 with the same time options. In addition, participants also work through 8 self-study modules that start Monday August 1st, 2022 and end Sunday October 23, 2022. These modules are completed at home within assigned time periods. **Friday, July 22, 2022 9-11 or 2-4 CT.** [Register](#)
16. **New Exploring Responsible Gambling Options for Harm Minimization in Field of Online Lottery** – This session will cover the first phase of a research project exploring responsible gambling options for harm minimization in the field of online lottery. Through reviews of peer-reviewed literature and key lottery jurisdictions from around the world, a synthesis of evidence-informed options and industry adoption was produced. **Tuesday, June 28, 2022, 1pm CT.** [Register](#)
17. **Psychological First Aid Training** – Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response., **Thursday, October 6, 2022, 9am-4pm.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **2022 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc.
 - June 6-8, 2022, 8am-5pm CT, **Location-Sikeston**
 - June 8-10, 2022, 8am-5pm CT, **Location-St. Louis**
 - June 9-11, 2022, 8am-5pm CT, **Location-Goodman**
 - June 14-16, 2022, 8am-5pm CT, **Location-St. Joseph**
 - June 28-30, 2022, 8am-5pm CT, **Location-Kansas City area**
 - July 27-29, 2022, 8am-5pm CT, **Location-Branson**
 - September 28-30, 2022 8am-5pm CT, **Location-Kansas City**

- October 3-5, 2022, 8am-5pm CT, **Location-Sikeston**
 - October 5-7, 2022, 8am-5pm CT, **Location-St. Louis**
2. **Trauma Informed Outreach and Engagement** – This Learning Community will cover the fundamentals of trauma-informed care and best practices for outreach to and engagement with individuals experiencing homelessness who have a serious mental illness (SMI), serious emotional disturbance (SED), substance use disorder (SUD), or co-occurring disorders (COD).
 - Trauma-Informed Care: Responding to the Trauma of Homelessness, *Tuesday, June 7, 2022, 1:30pm-3pm CT.* [Register](#)
 - Best Practices for Person-Centered Outreach, *Tuesday, June 21, 2022, 1:30pm-3pm CT.* [Register](#)
 - Making the Connection to the Homelessness Response System, *Tuesday, July 12, 2022, 1:30 pm-3pm CT.* [Register](#)
 - Providing Behavioral Health Care in Unsheltered Environments, *Tuesday, August 2, 2022, 1:30pm-3pm CT.* [Register](#)
 3. **Suicide Prevention Training** – This training is open to anyone interested in learning how to help someone who may be in a suicide crisis. No continuing education will be provided for this training. [Register](#)
 - Friday, June 10, 2022, 8:30am CT.
 - Friday, July 8, 2022, 8:30am CT.
 - Friday, August 12, 2022, 8:30am CT.
 4. **Individual and Group Crisis Intervention Training** – This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. [Register](#)
 - June 15-17, 2022, 8am-5pm CT.-**Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**
 - July 26-28, 2022, 8am-5pm CT.-**Location- Missouri Behavioral Health Council-CEO RM-Jefferson City, MO**
 - Aug. 24-26, 2022, 8am-5pm CT.-**Location- Missouri Behavioral Health Council-CEO RM-Jefferson City, MO**
 5. **New Leadership Institute Community of Practice** – Through a collaborative effort, The Mid-America Addiction Technology Transfer Center (ATTC), Mid-America Mental Health Technology Transfer Center (MHTTC), and Mid-America Prevention Technology Transfer Center (PTTC) will hold space for current and emerging as leaders in these behavioral health disciplines who want to participate in dialogue and begin to create space for our industries leaders of tomorrow.
 - Workforce and Business Models-*Thursday, June 16: 2022, 12pm CT*
 - Equity and Inclusion in the Workforce-*July 21, 2022, 12pm CT.*
 - Equity and Inclusion in the Workforce- *August 18, 2022, 12pm CT.*
 - Relationship Building-*September 15, 2022, 12pm CT*
 6. **Vulnerable Adult Hotlines and Investigations Interagency Training (Virtual/Free)** – Leaders from the Secretary of State, Adult Protective Services, Department of Mental Health, Attorney General’s Office and Department of Insurance, will offer instruction and guidance on how their agencies handle hotline calls and investigations involving vulnerable adults. *PLEASE NOTE Persons needing special accommodations under the Americans with Disabilities Act should notify MOPS at catherine.vannier@prosecutors.mo.gov or (573) 644-2409 on or before June 10, 2022.This is a **two-part** series.
 - Missouri Securities Division, Dept. of Health and Senior Services, Dept. of Mental Health, *Friday, June 17, 2022, 9am-11:30am CT.* [Register](#)
 - AGO Medicaid Fraud Unit, AGO Consumer Protection Div., Dept. of Commerce and Insurance, *Friday, June 24, 2022, 9am-11:30am CT.* [Register](#)

7. **Suicide Prevention Training-Provider** – Department of Mental Health is offering free Question, Persuade, Refer (QPR) Gatekeeper Training for Substance Use Providers. This training is geared towards helping those who work with individuals with Substance Use Disorders. Continuing education will be given to those who attend the full training. [Register](#)
 - Friday, June 17, 2022, 8:30am CT.
 - Friday, July 15, 2022, 8:30am CT.
 - Friday, August 4, 2022, 8:30am CT.
8. **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
 - Saturday, June 18, 2022, 8:30am-12:30p.m CT. [Register](#)
 - Saturday, September 10, 2022, 8:30am-12:30pm CT. [Register](#)
 - Saturday, December 3, 2022, 8:30 am-12:30pm CT. [Register](#)
9. **Perinatal Health Webinar Series** – The Center of Excellence for Integrated Health Solutions (CoE-IHS) launches a four-part webinar series discussing the importance of advancing perinatal integrated care services.
 - Perinatal Health Part 3: Addressing Serious Mental Illness-**Thursday, June 23, 2022, 1pm CT.** [Register](#)
 - Perinatal Health Part 4: Sustainable Approaches for Promising Practices-**Thursday, July 21, 2022, 1 pm CT.** [Register](#)
10. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also **be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.** [Register](#)
11. **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register \(New Dates added\)](#)
 - Peer Specialist Supervisor Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
12. **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

New Employee

Please welcome Amanda Bogatzke to the Division of Behavioral Health. Amanda started as an Associate Research/Data Analyst with the Research Unit. Previously, Amanda worked in Human Resources at the Department of Labor and Industrial Relations and Department of Corrections.

Look for new information and resources coming next Friday!