

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

***April 22, 2022***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Budget Update from Vicki Schollmeyer** – This week the Senate held markups on all Departments appropriations bills. They were held on Tuesday and Wednesday of this week. HB 20, the ARPA bill with the CI projects will have Senate markups next week. Below is a summary of the action taken by the Senate and all of the below will go to Conference (meaning the House and Senate will have to come to some sort of compromise given their different recommendations in their budget recommendations that were voted out). (*GR = General Revenue*)
  - A 5.5% rate increase for FFS providers in both ADA and CPS (total of \$2.7M GR)
  - For the 988 Crisis NDI, the Senate went with the Governor’s position (the House did a fund switch, money stayed at the same amount)
  - A new item for promotion of the 988 number and services for \$2.5M GR
  - FQHC (Federally Qualified Health Center) Mental Health – a total of \$900K GR was added
  - FQHC SUD – Last year DBH was appropriated \$1M for this project but it was only approved as one time so it was reduced in the FY 2023 request. The Senate wishes to restore this item at the full \$1M and it will come from Opioid Settlement Funds.
  - A Children’s Division (CD) residential rate increase, to ensure our rate is the same as what CD pays - \$464K GR

Items unchanged by the Senate and will not go to conference are listed below:

*(“Authority” allows us to spend federal dollars)*

- Increased Medication Costs
- CCBHO Increased Federal Match
- Utilization Increase
- CCBHO Value Based Payments
- CRRSA Block Grant Authority – Finish out round 1
- ARPA Block Grant Authority – So we can start spending round 2
- Youth Behavioral Health Liaisons (4)
- Mobile Crisis Planning Grant Authority
- Opioid Settlement Funding – House increased by \$1.9M for a total of \$12M

As an FYI they put \$5M in DOC budget for MAT, source is Opioid Settlement Funds.

2. **April is Alcohol Awareness Month** – This month is Alcohol Awareness Month! In a new National Institute of Health (NIH) Director’s [Blog post](#), George F. Koob, Ph.D., Director of the National Institute on Alcohol Abuse and Alcoholism (NIAAA), discusses the impact of stigma on people who have a mental illness or an alcohol or other substance use disorder. In the article, Dr. Koob discusses a strategy for alleviating the stigma associated with alcohol-related conditions through consistent use of **non-pejorative, non-stigmatizing, person-first language** to describe such conditions and the people who are affected by them. Dr. Koob also provided recommended language for reducing alcohol-related stigma:

- Use alcohol use disorder, or AUD, instead of alcohol abuse, alcohol dependence, and alcoholism. In the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5), AUD replaces the older categories of alcohol abuse and alcohol dependence with the single disorder, AUD, which ranges from mild to severe.
- Use alcohol misuse instead of alcohol abuse when referring broadly to drinking in a manner, situation, amount, or frequency that could cause harm to the person who is engaging in drinking or to those around that person. For some individuals, any alcohol use constitutes alcohol misuse.
- Use person-first language to describe people with alcohol-related problems such as:
  - Person with alcohol use disorder instead of alcoholic or addict
  - Person in recovery or person in recovery from alcohol use disorder instead of recovering alcoholic
  - Person who misuses alcohol or person who engages in alcohol misuse instead of alcohol abuser and drunk
- Use alcohol-associated liver disease instead of alcoholic liver disease. Also use alcohol-associated hepatitis, alcohol-associated cirrhosis, and alcohol-associated pancreatitis instead of alcoholic hepatitis, alcoholic cirrhosis, and alcoholic pancreatitis. The use of “alcoholic” as an adjective may perpetuate stigma for people with alcohol-associated liver disease and other alcohol-related health conditions.

3. **988 Implementation Guidance Playbooks-National Association of State Mental Health Program Directors (NASMHPD)**

–SAMHSA & NASMHPD have finished developing several 988 playbooks and made them available for states to use to assess and improve operational readiness! Please take a look at these resources, we will be discussing these in upcoming meetings.

*SAMHSA, in co-sponsorship with NASMHPD, worked with partners across critical working sectors involved with 988 to develop 988 Implementation Guidance Playbooks (e.g. “playbooks”) for States, Territories, and Tribes; Mental Health and Substance Use Disorder Providers; Lifeline Contact Centers; and Public Safety Answering Points (PSAPs). The following are the links to these playbooks: [988 Implementation Guidance Playbooks | National Association of State Mental Health Program Directors \(nasmhpd.org\)](#)*

4. **2022 National Drug Control Strategy** –The Office of National Drug Control Policy (ONDCP) released the [2022 National Drug Control Strategy](#). The priorities identified include:

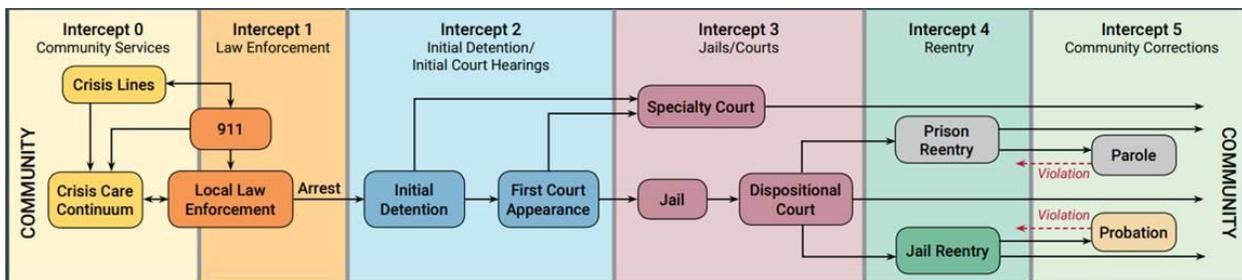
- Prevention and Early Intervention
- Harm Reduction
  - “Focus area: Expanding access to naloxone, an opioid overdose reversal medication, which could save tens of thousands of lives in a short period of time.”
- Substance Use Disorder Treatment
- “Focus area: Expanding access to high-quality treatment, including medications for opioid use disorder (MOUD), to prevent overdoses and put recovery within reach.”
- Building a Recovery-Ready Nation
- Reduce the Supply of Illicit Substances through Domestic Collaboration
- Reduce the Supply of Illicit Substances through International Engagement
  - “Focus area: Disrupting illicit finance networks to commercially disrupt drug trafficking operations and prevent illicit substance from reaching communities in the United States.”
- Criminal Justice and Public Safety
- Data and Research
  - “Focus area: Improving data collection, particularly for non-fatal overdoses, to obtain a full picture of overdoses in America and identify people who need substance use treatment.”

**To learn more, the 2022 National Drug Control Strategy is attached and available [here](#).**

5. **Renewal of Federal Emergency Declaration** – The federal emergency declaration has been extended for. Please use this link for more information: <https://www.phe.gov/emergency/news/healthactions/phe/Pages/default.aspx>

6. **Post Critical Incident Seminar** –DMH and the Missouri State Highway Patrol (MSHP) participated in the 5th Post Critical Incident Seminar (PCIS) held in Branson last week. The PCIS assists first responders (along with their spouses/significant others) in dealing with exposure to line-of-duty traumatic events. Twenty-two first responders and seven spouses/significant others/support persons participated in the three-day event. Lt Col. Lance MacLaughlin of the MSHP and DMH Division Director **Nora Bock** welcomed the attendees. DMH Division Deputy Director **Dr. Jeanette Simmons** served as the Clinical Director assisting MSHP PCIS Interim Director Lt. Kristin Coulson. **Angela Plunkett** served as a spouse peer support person, **Dr. William Enochs** (Burrell) offered education on trauma and medications utilized in the treatment of trauma, and **Dr. Cynthia Hackathorn** provided couples therapy. There were five Community Behavioral Health Liaisons (CBHLs) that provided mental health support and the **Missouri Behavioral Health Council** provided planning and on-site logistical support for the seminar. The next PCIS is scheduled in October.
7. **The Justice Reinvestment Initiative (JRI) Crisis Response Workgroup** –The Sequential Intercept Model (SIM) is a nationally recognized framework developed by Policy Research Associates, Inc. (PRA) as a conceptual model to inform community-based responses to the involvement of individuals with mental and substance use disorders in the criminal justice system. SIM is an effective community strategic planning tool to assess available resources, determine gaps in services, and plan for system improvements.

SIM identifies six key points (Intercepts) when intervention can divert an individual. The SIM Intercepts are: (0) Community Services; (1) Law Enforcement; (2) Initial Detention and Initial Court Hearings; (3) Jails and Courts; (4) Reentry; and (5) Community Corrections.



SIM has been used in other states as a plan for community change and includes a team of stakeholders that cross over multiple systems, including behavioral health, law enforcement, pretrial services, courts, jails, community corrections, housing, health, social services, people with lived experiences, family members, and many others.

The JRI Crisis Response Workgroup worked to develop a process to conduct SIM Mapping Workshops statewide to support diversion initiatives. A Statewide SIM Steering Committee was established in 2021 to coordinate SIM Mapping Workshops in each county, SIM Facilitator trainings were conducted, and \$623,689 in funding for statewide SIM Mapping Workshops was awarded April 12, 2022, by the Missouri Foundation for Health in a collaborative grant with the Missouri Behavioral Health Council, DMH, and the Office of State Courts Administrator. Funding will provide virtual training to add additional SIM facilitators, a SIM Coordinator to assist with judicial engagement, food and beverages for the 1 ½ day SIM Mapping Workshops, and a SIM Toolkit for each county which will provide training materials and supplies.

8. **Real Voices-Real Choices-2022 Conference-Building a Better Tomorrow** – The conference aims to unite, inform, and empower individuals and families living with mental illness, developmental and intellectual disabilities, and those in recovery for substance use disorders. August 28-30, 2022-Margaritaville Lake Resort.

**Scholarships**

<https://www.missourimhf.org/real-voices-real-choices-conference/scholarship/>

**Presentations**

<https://www.missourimhf.org/real-voices-real-choices-conference/present/>



April 19, 2022

Our schools and communities have weathered difficult times in adapting to the evolving and complex changes created by the COVID-19 pandemic and the evolving national landscape. As we continue to grapple with the difficulties of the pandemic, our school and college campuses are facing new challenges surrounding the mental health of our students. There have been many reports that our youth are experiencing increased stress, disruptive changes in schedules, and a constant stream of bad news on both the national and world stage.

While the overall suicide rate declined in 2020, it rose slightly in those under 24 and preliminary data suggests that the suicide rate increased in Missouri during 2021. Although it is too soon for formal reports on 2022 suicides, the Missouri Suicide Prevention Network has been made aware of a significant number of recent suicides among our youth and young adults. Based on these trends, Missouri Suicide Prevention Network's members decided as a community to be proactive and communicate resources for our partners in primary, secondary, and higher education. As we head into late April and early May, these resources become even more vital as Missouri typically experiences a peak in suicide behavior and deaths during these times as well as similar seasonal patterns in September. Although there are many reasons for these observed seasonal trends, we are certain that end of semester stress and re-entering school stress play a role in the May and September peaks. Given the recent reported rise in suicides and the pending seasonal peaks, we wanted to reach out to our educational partners in support of suicide prevention efforts and make known the resources and assistance available to all communities.

Primary and secondary education resources:

- [Ask Listen Refer Program – All other audiences](#)
- [Suicide in Schools: A Practitioner's Guide to Multi-level Prevention, Assessment, Intervention, and Postvention \(School-Based Practice in Action\)](#)
- [After a Suicide Toolkit for Schools](#)
- [Recommendations for School Based Suicide Screening](#)
- [Ask Suicide-Screening Questions \(ASQ\) Toolkit](#)

Higher education resources–

- [Partners in Prevention Suicide Prevention Toolkit](#)
- [Ask Listen Refer Program – Higher Education](#)
- [JED/HEMHA Postvention Guide](#)
- [JED Comprehensive Approach to Promoting Mental Health and Preventing Suicide](#)

If you are currently assisting a suicidal youth, contact the National Suicide Prevention Lifeline at **1-800-273-TALK**. All calls to the National Suicide Prevention Lifeline from Missouri are routed to the call center that covers your school or campus's area. There are also local crisis services offered through Missouri's Access Crisis Intervention providers. This information can be found at: <https://dmh.mo.gov/media/pdf/aci-hotline-numbers>.

The Crisis Text Line can be reached by **texting "MOSAFE" to 741741**. If you think a youth is at immediate risk of suicide, call 911 immediately for help. Please help ensure the entire school community is aware of these suicide prevention resources. **Attached are printable posters to display prominently in your schools. Feel free to use and distribute as needed.**

For additional information about suicide prevention or non-urgent needs visit [www.mospn.org](http://www.mospn.org) or contact [admin@mospn.org](mailto:admin@mospn.org).

Partners of MSPN: [Missouri Department of Mental Health](#), [Missouri Department of Elementary and Secondary Education](#), [Missouri Department of Social Services](#), [Missouri Behavioral Health Council](#), [Missouri Primary Care Association](#), [Missouri School-Based Health Alliance](#), [Missouri Department of Agriculture](#), [Missouri Institute of Mental Health](#), [Missouri Hospital Association](#), [Missouri CIT Council](#), [Missouri Foundation for Health](#), [University of Missouri St. Louis](#), [BJC Behavioral Health](#), [Community Partnership of the Ozarks](#), [Provident Behavioral Health](#), [Compass Health Network](#), [Community Counseling Center](#), [CommCARE](#), [Behavioral Health Response](#), [Brown School at Washington University St. Louis](#), [Ozark Center](#), [Burrell Behavioral Health](#), [Kids Under Twenty-One \(KUTO\)](#), [Partners in Prevention \(PIP\)](#), [CHADS](#).

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**MO CIT Council**

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What a difference 8 years has made in regards to Missouri Crisis Intervention Team (MO CIT) Expansion! #mocit



## FUNDING OPPORTUNITIES

- HHS Announces New MAT PDOA Grant Opportunity** – The purpose of this program is to provide resources to help expand/enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to increase the number of individuals with Opioid Use Disorder (OUD) receiving MOUD; and 2) decrease illicit opioid use and prescription opioid misuse. Application Deadline, **Friday, April 29, 2022**. [Read More](#)
- Funding Opportunity-Statewide Family Network Program** – The purpose of this program is to provide resources to enhance the capacity of statewide mental health family-controlled organizations to engage with family members/primary caregivers who are raising children, youth, and young adults with serious emotional disturbance (SED). Grant recipients are expected to be family-driven, trauma-informed, culturally relevant, holistic, and resiliency-oriented family-controlled organizations. SAMHSA expects this program to serve as a catalyst for transforming mental health and related systems in states by strengthening coalitions led by family organizations, and between family members, policy makers, and service providers. SAMHSA plans to issue up to 13 awards of up to \$120,000 per year for up to 3 years. Application Due Date-**Monday, May 2, 2022**. [Learn More](#)
- HHS Announces Nearly \$44 Million to Strengthen mental Health and Substance Use Services for Populations at Risk for or Living with HIV/AIDS** – The Department of Health and Human Services (HHS), through SAMHSA, announced three funding opportunities to strengthen mental health and substance use treatment services for individuals at risk for or living with HIV/AIDS. Totalling \$43.7 million dollars, the funding opportunities are a part of HHS's new Overdose Prevention Strategy. Funding will be awarded in the fall. Eligible applicants include domestic public and private non-profit entities, states, political subdivisions of states and federally recognized American Indian/Alaska Native tribes and tribal organizations. [Read More](#)
- DOJ Adult Drug Court Discretionary Grants** – The U.S. Department of Justice (DOJ) will make [45 awards of up to \\$2 million each](#) to integrate substance use treatment into judicially-supervised court settings through the Adult Drug Court (ADC) Discretionary Grant Program. As described in the funding opportunity announcement (FOA), drug courts integrate evidence-based substance use disorder treatment, mandatory drug testing, incentives and sanctions, and transitional services in judicially supervised criminal court settings in order to reduce recidivism. Priority consideration will be given to applications that provide resources to rural and tribal jurisdictions. The deadline to apply is **May 20, 2022**.

5. **Building Communities of Recovery** – The purpose of this program is to mobilize and connect a broad base of community-based resources to increase the prevalence and quality of long-term recovery support for persons with substance use disorders (SUD) and co-occurring substance use and mental disorders (COD). These grants are intended to support the development, enhancement, expansion, and delivery of recovery support services (RSS) as well as the promotion of and education about recovery. It is expected that these grant activities will be administered and implemented by individuals with lived experience who are in recovery from SUD and COD and reflect the needs and population of the community being served. Application Due Date: **Friday, June 3, 2022**. [More Information](#)

## ***INFO and RESOURCES***

1. **New Tips from Program's Successful Collaboration with Law Enforcement during Mental Health Crises** – Margaret (Margie) E. Balfour, MD, PhD, and Sergeant Jason Winsky, BA, discuss collaborative approaches with law enforcement in responding to behavioral health emergencies. They explore how law enforcement fits into in the continuum of a crisis response model, law enforcement's integration with the Tucson, Arizona Crisis Response Center (CRC), crisis intervention and Mental Health First Aid training, and the successful patient-centered processes at the CRC. [Learn More](#)
2. **New PHI Releases New Resources on Telehealth and Privacy Resources** – The Center of Excellence for Protected Health Information (CoE-PHI) recently released new resources that contain steps for patients and providers to protect privacy while providing or receiving remote substance use disorder and mental health treatment. The resources include a [video](#) and [1-pager](#) for patients on how to keep their telehealth visits private and strengthens understanding of patient rights and responsibilities for protecting personal health information. The last resource is a collection of [Federal Guidance for SUD and Mental Health Treatment Providers](#).
3. **New Telehealth Continues to Play Major Role for Mental Health, SUD Care** – While use of telehealth services for most outpatient visits has dropped across most of healthcare after soaring during the early months of the COVID-19 pandemic, use of telehealth for mental health and substance use disorder (SUD) has remained strong, according to new data. [Learn More](#)
4. **New Repeated Ketamine Improves PTSD Symptoms, Comorbid Depression in Chronic PTSD** – Repeated ketamine infusions over 2 weeks were associated with large-magnitude improvement in post-traumatic stress disorder (PTSD) symptoms compared with a psychoactive placebo in individuals with chronic PTSD. [Read More](#)
5. **New 2022 Peer Recovery Support Services Mentoring Initiative (PRSSMI)** – The PRSSMI supports organizations or jurisdictions interested in sharing implementation expertise or incorporating peer recovery support services (PRSS) into their portfolio of substance use intervention and treatment strategies. This program is part of the training and technical assistance (TTA) resources available to local jurisdictions through BJA's Comprehensive Opioid, Stimulant, and Substance Abuse Program (COSSAP). [Learn More](#)
6. **Alcohol-related Deaths in the U.S. Spiked More Than 25% in the First Year of the Pandemic** – The number of deaths in the U.S. involving alcohol jumped 25.5% between 2019 and 2020, the first year of the COVID-19 pandemic, according to recent research published in the Journal of the American Medical Association. This is a sharp increase from prior years; the average annual percent increase in deaths involving alcohol was 2.2% between 1999 and 2017. There were 78,927 alcohol-related deaths in the U.S. in 2019 and 99,017 in 2020. The spike in alcohol-related deaths during the first year of the pandemic was seen across all age groups. [Read More](#)
7. **NIDA Inviting Input on Racial Equity Action Plan** – The National Institute on Drug Abuse (NIDA) is inviting feedback on its draft NIDA Racial Equity Initiative Action Plan. NIDA is developing its Racial Equity Initiative to organize and refocus the Institute's efforts around the goal of addressing the impact of structural racism on addiction science and to take action to promote racial equity in NIDA's workplace, workforce and research portfolio. To ensure full consideration, **responses must be received by April 30, 2022**. [Learn More](#)

8. **National Prevention Week and SAMHSA's Prevention Day 2022** – National Prevention Week (NPW) is a national public education platform bringing together communities and organizations to raise awareness about the importance of substance use prevention and positive mental health. **SAMHSA's Prevention Day will take place on Monday, May 9**, and it will be delivered virtually through an interactive online conference platform. Hear from prevention leaders; learn about the latest developments in the areas of mental illness and substance abuse prevention, treatment and recovery; network with other practitioners; and sharpen your skills. [Learn More](#)
9. **TI-ROSC Community Transformation Academy** – Implementing a trauma-informed, recovery-oriented system of care (TI-ROSC) framework can help communities better support individuals with substance use challenges and foster sustained recovery. Apply to our TI-ROSC Community Transformation Academy (CTA), presented in partnership with the American Academy of Addiction Psychiatry and the Opioid Response Network, to learn how to address opioid use and/or stimulant use more effectively in your community! CTA helps new and existing community coalitions create and implement a TI-ROSC to support and enhance substance use prevention, treatment and recovery. [Learn More](#)
10. **National Prescription Drug Take Back Day | Saturday, April 30 | 10 am - 2 pm**  
The drug overdose epidemic in the United States is a clear and present public health, public safety, and national security threat. Too often, unused prescription drugs find their way into the wrong hands. That's dangerous and often tragic. That's why it is so important for people across the country to clean out their medicine cabinets and turn in, safely and anonymously, their unused prescription medications.

A common goal we are all committed to is making our communities safer and healthier. **National Prescription Drug Take Back Day is coming up on Saturday, April 30, 10 am to 2 pm.** Take Back Day aims to provide a safe, convenient, and responsible means of disposing of unused and unwanted prescription drugs, while also educating the general public about the potential for abuse of medications. DEA's National Prescription Drug Take Back Day reflects a commitment to Americans' safety and health, encouraging the public to turn in unneeded and unwanted medications as a measure of preventing medication misuse and opioid addiction from ever starting. **To find a collection site near you, click [HERE](#).**

11. **Guidance on Opioid Use Disorder and the Americans with Disabilities Act issued by Justice Department** – The Department of Justice published guidance today on opioid use disorder (OUD) and the Americans with Disabilities Act (ADA). The document, entitled "[The Americans with Disabilities Act and the Opioid Crisis: Combating Discrimination Against People in Treatment or Recovery,](#)" explains the protections available to people with OUD under the ADA and provides guidance to entities covered by the ADA about how to comply with the law. The guidance discusses a range of topics, including when OUD is considered a disability, the protections available to individuals taking legally prescribed medication to treat their OUD, and how to file a complaint should individuals believe that they have been discriminated against because of their OUD. To find out more about the ADA, visit [ada.gov](http://ada.gov) or call the Justice Department's toll-free ADA information line at 1-800-514-0301 or 1-800-514-0383 (TTY).
12. **Campaign for Disability Employment Launches Workplace Mental Health PSA** – The Campaign for Disability Employment (CDE) has launched its latest public education campaign. Built around a public service announcement (PSA) called "[Mental Health at Work: What Can I Do?](#)" the campaign explores the roles we all can play in promoting a mental-health friendly workplace culture.  
Funded by the U.S. Department of Labor's Office of Disability Employment Policy, the CDE is a collaborative of several disability and business organizations that showcases supportive, inclusive workplaces for all workers. "Mental Health at Work: What Can I Do?" is the campaign's fifth in a series of PSAs, each of which has a suite of accompanying materials, such as [posters](#), [behind-the-scenes videos](#), and a [companion guide](#). The CDE also offers badges that organizations can display on their own websites and blogs to show support for the campaign.

13. **Overdose Prevention Across the Continuum of Care: Strategies from the Field** – Evidence-based practices exist across a continuum of care for people at risk of overdose and evidence suggests that many people with substance use disorders benefit from the provision of mental health services; however, they often face significant challenges accessing life-saving services and navigating systems of care. To support policymakers, providers, and organizations in their efforts to prevent overdose, attendees of this SAMHSA-sponsored webinar learned about a range of evidence-based strategies that have been successfully implemented across the continuum of care to prevent overdose and improve the health of people who use drugs and people with substance use disorders, including people with co-occurring serious mental illness. [Part One Recording](#) and [Part Two Recording](#)
14. **Crisis Services and Diversion: How State and Local Partnerships Can Make A Difference** – Most efforts to reduce incarceration of people with psychiatric disabilities have occurred at the county level due to county control over correctional and law enforcement systems. Since Medicaid is the primary payer of community mental health services, however, states have an important role to play in planning for expansions of services necessary to reduce incarceration of people with psychiatric disabilities. Part one of this webinar explored how states can collaborate with counties to expand availability of community services and housing, including crisis services, needed to reduce incarceration and to comply with the ADA's integration mandate. Part two of the webinar was a deeper discussion of the barriers to, and opportunities of, these collaborations. [Part One Recording](#) and [Part Two Recording](#)
15. **SMI Adviser** – Visit the [SMI Adviser](#) website for evidence-based education, consultation, and resources on serious mental illness (SMI). Request a free clinician-to-clinician [consultation](#). Access [dozens of online courses](#) and earn free continuing education credits. Learn about the [My Mental Health Crisis Plan app](#). See [data on serious mental illness](#) in the U.S. Find resources on [COVID-19](#), [clozapine](#), and [long-acting injectables](#).
16. **EPINET** – Is a national [learning](#) health care system from the National Institutes of Mental Health (NIMH) that links early psychosis clinics through standard clinical measures, uniform data collection methods, data sharing agreements, and integration of client-level data across service users and clinics. Clients and their families, clinicians, [health care](#) administrators, and scientific experts now have the opportunity to partner within EPINET to improve early psychosis care and conduct large-scale, practice-based research. [Learn more about EPINET](#). [Download a shareable flyer about EPINET](#).
17. **Updated DSM-5 Text Revision Reflects Culture, Race and Recent Research** – On March 18, 2022, the revised *Diagnostic and Statistical Manual of Mental Disorders, 5th edition, Text Revision* (DSM-5-TR) was released by the American Psychiatric Association (APA). The revision includes updates and clarifying modifications to the criteria sets for more than 70 disorders and updates to the descriptive text. It also examines the impact of racism and discrimination on the diagnosis and manifestations of mental disorders. [Learn More](#)
18. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at [jessica.bounds@dmh.mo.gov](mailto:jessica.bounds@dmh.mo.gov), and/or 573-751-4730.

<b>April 26, 2022 – Eastern Region – 10-12 pm</b> Location: Virtual	<b>May 11, 2022 – Western Region – 11-1 pm</b> Location: TBD
<b>June 3, 2022 – Southwest Region – 11-1 pm</b> Location: Springfield Public Library 2535 North Kansas Expressway, Springfield	<b>June 23, 2022 – North Central Region – 10-2pm</b> Location: Virtual
<b>June 24, 2022 – Southeast Region – 9-10 am</b> Location: Virtual	

## **TRAINING OPPORTUNITIES**

1. **New Social Justice Leadership Academy Learning Series** – Join us for the first SJLA Learning Series event as we discuss empowering healthcare professionals to better understand their own role in facilitating change and supporting the advancement of health equity within a broader context of community diversity, inclusion, and social justice. **Monday, April 25, 2022, 12:30 pm CT**. [Register](#)

2. **New Introducing the Comprehensive Health Integration Framework** – People of all ages with co-occurring physical health, mental health and substance use challenges, as well as social determinants of health needs have higher health costs, yet experience poorer health outcomes, according to recent research. Racial, ethnic and economic challenges create significant inequities within physical and behavioral health settings. **Wednesday, April 27, 2022, 11am CT.** [Register](#)
  
3. **Forensic Webinar Series-Virtual** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to bring this training opportunity to you virtually. The Summit will host many versatile speakers from around the state to provide the most current information on Forensic Mental Health. Click here for the speaker lineup, agenda, and times. [Register](#)  
**April 27, 2022, 1pm-3pm CT – Methamphetamine-Is it Still a Big Deal?**
  
4. **Treating Substance Use Disorders in Older Adults** – This workshop will provide participants with the knowledge and skills they need to begin treating older adults who have substance use disorders. **Wednesday, April 27, 2022, 11am-12:30pm CT.** [Register](#)
  
5. **Establishing Peer Support Services for Overdose Response Toolkit** – This webinar will discuss strategies to successfully implement culturally centered peer support services **Wednesday, April 27, 2022, 2pm CT.** [Register](#)
  
6. **Kaleidoscope for Multicultural Providers and Supervisors** – The webinars will focus on the diversity of mental health providers from their race, age, sex, gender, sexual orientation, class, and other "-isms" that break the community apart. It will offer a lens of compassion and understanding, and challenging our socially conditioned approaches to our practices with our clients and fellow professionals.
  - **Staff Kaleidoscope for Providers** –April 27, 2022, 2pm CT [Register](#)
  - **Leader Kaleidoscope for Supervisors**–April 27, 2022, 4pm CT [Register](#)
  
7. **The Nonprofit Leadership Dilemma: How to Identify and Develop New Leaders for Tomorrow's Challenges** – Registration for this webinar has reached maximum capacity. If you would like to receive a copy of the recording, please complete the form at this link: <https://forms.gle/SYj75wkSoN59HPR99> . **Thursday, April 28, 2022 12pm CT.**
  
8. **New Optimizing Treatment for your Community: Utilizing Culturally Adapted Evidence-based Treatments and Practices** – This webinar will begin with a presentation on steps towards modifying EBPs to increase cultural responsiveness. **Friday, April 29, 2022, 11:30 am CT.** [Register](#)
  
9. **Supervisors Across the Generations: Intergenerationally Understanding and Effectively Supervising Multiple Generations** – Each generation is unique, with its own strengths and assets. However, when generations combine in the workplace, there can be conflict, uneasiness, and uncertainty on all sides. This workshop will address meeting the supervisory needs of different generations, managing potential generational conflicts, and helping all employees to work successfully together. **Friday, April 29 2022, 1pm-4pm CT.** [Register](#)
  
10. **The Role of a Peer within a Clinical Team** – Peer specialists are not clinicians, yet work as members of clinical teams. What are the role responsibilities that colleagues can expect peer specialists to fulfill? What are signs of drift from the role of peer specialist and what does assimilation into clinical look like? This webinar will be relevant to not just peer specialists but to all members of the clinical team. **Tuesday, May 3, 2022, 12pm CT.** [Register](#)
  
11. **Filling Gaps in Traditional Addiction Treatment with App-based Virtual Supports** – This Webinar explore the rapidly expanding frontier of digital health for addiction. From virtual peer support services to tech-enabled referral management, to remote substance testing, the integrations and capabilities of app-based recovery support are evolving at light speed. Join us as we take a closer look at the inner workings of these app-based programs, diving into not only the potential limitations, but also the present benefits and future possibilities of recovery supports reimaged. **Wednesday, May 4, 2022, 12pm CT.** [Register](#)

12. **Trauma Informed Training** – The training will assist participants in learning how to recognize the signs and symptoms of trauma in patients, families, professionals, and a community. *Wednesday, May 4, 2022, 2pm CT.* [Zoom Link](#)
13. **Domestic and Intimate Partner Violence in America: Promoting Protection, Social Change, and Services for All Victims and Survivors** – Fifteen percent of the violent crimes in the United States are intimate partner violence (National Coalition Against Domestic Violence). Furthermore, one in four women and one in nine men experience domestic violence within their lifetime (NCDV). Approximately 20 people per minute are physically abused by an intimate partner in the United States (NCADV). When reading this fact, most of the general population thinks of a woman being abused by a man. However, domestic abuse is far more than just heterosexual women and physical abuse. *Monday, May 9, 2022, 9:30 am CT.* [Register](#)
14. **Postpartum Depression and Maternal Mental Health: How Caregivers Can Help** – Participants will learn how to recognize the impact of infertility and pregnancy loss on mental health, identify signs of postpartum depression and available treatment options, and provide practical support to a loved one. *Tuesday, May 10, 2022, 6pm-8:30pm CT.* [Register](#)
15. **NTTAC System of Care Strategy Virtual Summit-A Journey Together: Redefining Our Approach to a System of Care** – The System of Care Strategy Summit is an opportunity for all children’s mental health partners to come together to renew and re-energize their efforts to support children and young people with behavioral health needs, as well as their caregivers. Please join us to collaboratively envision the future of mental health care for children, youth, and their families. *May 10-11, 2022.* [Register](#)
16. **EMDR Training** – The Missouri Behavioral Health Council is excited to announce additional EMDR training opportunities. This training is free! Please note, that it will show a price when registering, but if you select check payment they will bill us directly and not you. At the billing address section, you can include your agency mailing address or the Councils. Either way it will be billed to us. Questions regarding the registration link, please contact [registrations@emdrconsulting.com](mailto:registrations@emdrconsulting.com) or call 724-957-9082 ext 2. *Part 1: May 11-13, 2022 and Part 2: June 1-3, 2022* [Register](#)
17. **The Impact of Technology on Services to Individuals with Intellectual and Developmental Disabilities** – This webinar will help to gain an evidenced-based understanding of the impact and outcomes of technology on program quality, quality of life for individuals with IDD, and the support of staffing and workforce. The webinar will also highlight widely available technology that you may be able to incorporate into your program, services, and reimbursement and billable hours. *Thursday, May 12, 2022, 2pm CT.* [Register](#)
18. **Older Adult Mental Health Awareness Day Symposium** – Mental health is critical to well-being at every age. Join a free virtual event on May 16 that will empower professionals with the latest tools to improve the lives of older adults in their communities. The all-day symposium is sponsored by the National Council on Aging, U.S. Administration for Community Living, Substance Abuse and Mental Health Services Administration, Health Resources and Services Administration, and E4 Center of Excellence for Behavioral Health Disparities in Aging. *May 16, 2022.* [Register](#)
19. **New Regional Prevention Leadership Conference** – *Tuesday, May 17, 2022, 9am-3pm CT.* [Register](#)
20. **Evaluating Your Board’s Committee Structures and the Importance of the Governance Committee** – *Wednesday, May 18, 2022, 12pm CT.* [Register](#)
21. **New Can Motivational Messages Engage Individuals At-Risk for Gambling Disorder in an Online Assessment?** – This presentation will focus on translating the psychological science around motivation into practical strategies for how to increase the likelihood that individuals at risk for experiencing gambling-related problems will avail themselves of helping resources. Relevant prior research, a recently published ICRG-funded experiment and implications for the future of gambling-harm prevention will be discussed. *Thursday, May 19, 2022, 1pm-2:30pm CT.* [Register](#)

22. **Spring Training Institute - Virtual** – The Missouri Department of Mental Health provides the Spring Training Institute (STI) for staff, providers, and consumers of behavioral health services and supports. STI attracts staff from the Division of Behavioral Health, Division of Developmental Disabilities, Department of Corrections, Department of Youth Services, Department of Family Services, other statewide organizations, and individuals in private practice. STI historically brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to populations served. This year STI will continue to bring you two full days of presentations and workshops. STI will be available online with sessions that will broaden knowledge and enhance understanding of critical behavioral health services. Sessions will be grouped into subject matter tracks. **May 19-20, 2022** [Register](#)
23. **National Conference on Gambling Addiction and Responsible Gambling** – Annual conference on problem gambling and responsible gambling brings together people from all facets of healthcare, research, government and the many segments of the gambling industry. The conference provides both detailed in-depth knowledge and cross-training opportunities. **June 8 and 9, 2022** [Register](#)
24. **Recovery Support Specialist Training (MRSS)** – The purpose of the Recovery Support Specialist Training is to train, and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. **June 9 through 11, 2022, 8am-5pm CT.** [Register](#)
25. **NAMIcon 2022** – The pandemic and global events of the past two years have had a profound effect on the mental health of all of us across the country. It is more essential than ever to bring our community Together for Mental Health to learn about new research, resources and solutions and to facilitate networking with peers and colleagues from around the country and the globe. **June 14-16, 2022** [Register](#)
26. **New Missouri Rural Behavioral Health Summit** – This event will be in person only. This is a summit in partnership with the Missouri Rural Health Association and The Missouri Behavioral Health Council. This summit is designed to bring the rural communities together to discuss behavioral health topics to provide training, tools, and engagement in different areas. This includes, but is not limited to suicide prevention, trauma informed practices, substance use prevention and addressing the issues with access and workforce in the rural communities. **Wednesday, June 15, 2022, 8am-3pm CT.** [Register](#)
27. **Vulnerable Adult Hotlines and Investigations Interagency Training (Virtual/Free)** – Leaders from the Secretary of State, Adult Protective Services, Department of Mental Health, Attorney General’s Office and Department of Insurance, will offer instruction and guidance on how their agencies handle hotline calls and investigations involving vulnerable adults. \*PLEASE NOTE Persons needing special accommodations under the Americans with Disabilities Act should notify MOPS at catherine.vannier@prosecutors.mo.gov or (573) 644-2409 on or before June 10, 2022. **This is a two-part series.**
  - **Friday, June 17, 2022, 9am-11:30am CT** – Missouri Securities Division, Dept. of Health and Senior Services, Dept. of Mental Health-[Register](#)
  - **Friday, June 24, 2022, 9am-11:30am CT** – AGO Medicaid Fraud Unit, AGO Consumer Protection Div, Dept. of Commerce and Insurance. [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

28. **NOAV CRT Training** – Thanks to our partners through the Substance Abuse and Mental Health Services Administration (SAMHSA), we are pleased to announce another great training opportunity to receive FREE National Organization for Victim Assistance (NOVA) Crisis Response Team Training. Basic and Advanced Courses, in person or virtually, will be offered throughout the months of **April-August, 2022.** [Register](#)

29. **Problem Gambling Certification 30-Hour Basic Training** – Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. [Register](#)
- Friday, May 6, 2022, 8:30am-4:30pm CT.
  - Friday, May 13, 2022, 8:30am-4:30pm CT.
30. **HUD/SAMHSA: National Mental Health Awareness Month** – This webinar series will take place each Wednesday in May and will feature leading mental health and housing professionals from SAMHSA and HUD, as well as practitioners from their respective communities. This collaboration will focus on mental health issues that our nation is facing in the post-pandemic world, plus issues specific to HUD’s communities. The target audience for these webinars is HUD staff, HUD grantees, partners, and stakeholders, as well as HUD residents. After the presentations, there will be time for questions and answers with the speakers.
- **Overview of Mental Health Issues in the Modern World** – introduction and general overview of mental health issues post COVID-19. **May 4, 2022, 12pm-1pm CT. Access Code: 4670871#** [Register](#)
  - **988 Is not a Joke-National Suicide Prevention Hotline Launch** –new Suicide Prevention Hotline (988). The webinar will also address suicide prevention for youth and the BIPOC community, in addition to touching on substance use. **May 11, 2022, 12pm-1pm CT. Access Code: 8477433#** [Register](#)
  - **Get Help-Reducing Stigma Associated with Mental Health** –focus on reducing stigma associated with mental health, to encourage those with potential mental health issues to seek professional help. This webinar will also concentrate on the BIPOC community, addressing stigma specific to these populations. **May 18, 2022, 12pm-1pm CT. Access Code: 5955873#** [Register](#)
  - **Now What?-Mental Health Issues in Post-COVID America** –how to handle and move past multiple co-occurring pandemics, using a mental health focus on substance use disorder, housing, work, education, and transportation among other relevant topics. **May 25, 2022, 12pm-1pm CT. Access Code: 6268721#** [Register](#)
31. **Suicide Prevention Training** – This training is open to anyone interested in learning how to help someone who may be in a suicide crisis. No continuing education will be provided for this training. [Register](#)
- Friday, May 6, 2022, 8:30am CT.
  - Friday, June 10, 2022, 8:30am CT.
  - Friday, July 8, 2022, 8:30am CT.
  - Friday, August 12, 2022, 8:30am CT.
32. **Individual and Group Crisis Intervention Training** – This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. [Register](#)
- May 11-13, 2022, 8am-5pm CT.-**Location-Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**
  - June 15-17, 2022, 8am-5pm CT.-**Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**
  - July 26-28, 2022, 8am-5pm CT.-**Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO**
33. **Suicide Prevention Training-Provider** – Department of Mental Health is offering free Question, Persuade, Refer (QPR) Gatekeeper Training for Substance Use Providers. This training is geared towards helping those who work with individuals with Substance Use Disorders. Continuing education will be given to those who attend the full training. [Register](#)
- Friday, May 13, 2022, 8:30am CT.
  - Friday, June 17, 2022, 8:30am CT.
  - Friday, July 15, 2022, 8:30am CT.
  - Friday, August 4, 2022, 8:30am CT.

34. **Wellness Webinars** – The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.

- **Wellness Strategies to Manage Stress** – This wellness webinar is designed for behavioral health care providers who want to build their own wellness tools for personal and professional practice. Healthcare professionals experience at times, the wear and tear that results from support and compassion provided to others. **Friday, May 13, 2022, 1pm-2:30 pm CT.** [Register](#)

35. **Motivational Interviewing**

- **Intermediate Motivational Interviewing** – **Thursday, May 19, 2022, 11am-3pm CT.** [Register](#)
- **Introductory/Refresher Motivational Interviewing Training** – **Thursday, June 16, 2022, 11am-3pm CT.** [Register](#)
- **MAT Waiver Course** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
  - **Saturday, June 18, 2022, 8:30am-12:30p.m CT.** [Register](#)
  - **Saturday, September 10, 2022, 8:30am-12:30pm CT.** [Register](#)
  - **Saturday, December 3, 2022, 8:30 am-12:30pm CT.** [Register](#)
- **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
- **2022 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – [Register](#)
  - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
- **2022 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
  - **Missouri Recovery Support Specialist Trainings** – [Register](#)
  - **Ethics Trainings** – [Register](#)

#### **Important Information about Ethics Training**

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

***Look for new information and resources coming next Friday!***