

# Missouri Eating Disorders Council Minutes

January 24<sup>th</sup>, 2022

**Council Members Present:**

Senator Bill White  
 Annie Seal  
 Beth Harrell  
 Rikki Wright  
 Denise Wilfley  
 Rachel Jones  
 Stephanie Bagby-Stone  
 Heidi Strickler  
 Carla O'Connor  
 Del Camp  
 Janet Clevenger  
 Paul Polychronis  
 Rebekah Freese

**Council Members Absent:**

Kimberli McCallum  
 Eric Martin  
 Rebecca Lester  
 Marjorie Cole  
 Ginny Ramseyer Winter

**Department of Mental Health Staff:**

Lori Franklin  
 Rosie Anderson-Harper

**Guests:**

Marie-Laure Firebaugh  
 Ellen Fitzsimmons

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION/FOLLOW-UP NEEDED</b>
<p><b>Welcome/Introductions</b></p> <p><b>Updates and Announcements</b></p>	<p>A. Seal called the meeting to order.</p> <p>First ED ECHO starts tomorrow.</p> <p>Legislators are up and running. The EDC does have a bill regarding diet supplements being sold to minors. The bill does not currently have a sponsor. As a part of preparing for the bill to go in front of committee, A. Seal will start to prepare a group of experts to be able to testify to the committee if the bill does get a hearing.</p> <p>A. Seal talked about how this would provide a chance to talk to legislators regarding upcoming funding, and the ability to simply connect and build relationships with legislators.</p> <p>A youth training program has been absent from the EDC's training programs. This could be an opportunity to reach out to younger individuals, such as those in high school. E. Fitzsimmons brought up an issue of possible parental permission, and how offering this to youths may run into problems with permission. Schools have expressed interest in screenings and obtaining tools to assist with eating disorders.</p>	

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<p><b>Approval of Minutes</b></p> <p><b>Budget</b></p> <p><b>Body U</b></p>	<p>S. Bagby-Stone gave an ECHO update. Will have additional information and feedback at next meeting as a number of ECHOs will have occurred by that time. Have 139 individuals interested in the first ECHO. B. Harrell spoke about how supportive the ECHO has been of the hub group. S. Bagby-Stone will propose the EDC be a part of the ECHO didactic in the second six month span.</p> <p>A. Seal called for the approval of the November meeting minutes. B. Harrell motioned to approve the minutes. C. O'Connor seconded. Minutes approved as written.</p> <p>L. Franklin went over the budget.</p> <p>M.L. Firebaugh gave an update on Body U. Liaisons are excited to be a part of the ED ECHO. Counseling centers are overwhelmed, but is a proven tool to help students. M.L. Firebaugh reached out to schools for the start of the new semester on how to reach students with the COVID guidelines still in place. Trying to facilitate virtual meetings and events that can be successfully hosted remote, or using recorded messages in place of in person attendance to various events. Reach out to let students know Body U is open to all Missourians. A. Seal and M.L Firebaugh will work on getting a press release for additional saturation of Body U information.</p> <p>M.L. Firebaugh noted eating disorders are going to be added to a survey that is sent out by Partners in Prevention, and had sent sample questions to the Council for review.</p> <p>Body U platform has been launched and is live. An automated number is offered to help improve response times and reduce transition times.</p> <p>Discussions continue with MIMH to hold a virtual ED Conference in 2023. Information will be forthcoming about any needs for tables or presentations for this conference.</p> <p>A. Seal spoke about the 3 year plan, it is mostly finished but needs some amendments after today's meeting. Only thing currently in need of finishing is the FY23 and FY24 Budgets.</p> <p>ED 101 to be scheduled for onboarding new Council members and reviewing the purpose of the Council. Would like to schedule before the next meeting.</p>	

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<b>Next Meeting</b>	A. Seal called for the meeting to be adjourned.  Next meeting will be March 28 <sup>th</sup> , 2022.	