Missouri Eating Disorders Council Minutes

November 22nd, 2021

Council Members Present:

Annie Seal
Beth Harrell
Carla O'Connor
Denise Wilfley
Heidi Strickler
Jenny Copeland
Rebekah Freese
Stephanie Bagby-Stone
Rikki Wright
Eric Martin
Paul Polychronis
Senator Bill White

Council Members Absent:

Marjorie Cole
Ginny Ramseyer Winter
Janet Clevenger
Kimberli McCallum
Stephanie Flynn
Rachel Jones
Del Camp
Rebecca Lester

Department of Mental Health Staff:

Lori Franklin Brett Hicks

Guests:

Marie-Laure Firebaugh Ellen Fitzsimmons Jillian Shah

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions	A. Seal called meeting to order.	
Approval of Minutes	A. Seal called for approval of minutes. B. Harrell motioned to approve minutes. J. Copeland seconded. Minutes approved as written.	
	Rikki Wright introduced herself as DMH Acting Deputy Director and new EDC member.	
	A. Seal started a conversation about stopping the sale of diet aids and other similar products to minors. There is legislation in other states that accomplish the same thing. Senator White offered to draft bill and proposed it. ED Coalition is helping other states with this type of legislation.	
	M.L. Firebaugh. Scheduling the ED 101 learning session has been difficult to find a time that works with everyone. Will try to meet after the January meeting.	
	In person meetings still on hold for time being.	
Budge Update	L. Franklin gave budget update.	

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
	B. Harrell shared dietitian communication. Wanted to know if there was an option to reach out to others as attendance at the meeting was low. Senator White added that the Medicaid committee is recommending coverage for post pregnancy women to be extended for one year.	
Body U	M.L. Firebaugh gave Body U update. Fall semester is coming to an end, Mizzou combined counseling and health center into one and they are keeping Body U as a resource. She gave presentation to counselors about Body U, referrals and other resources. Working on sending out campus wide email next spring. Since the start of the program, there have been over 12,000 screenings. Recent event at Missouri S&T and working with SEMO to plan event there. Reaching out to other institutions. Platform updates, transiting to 3C this December. Requested budget for online coaching feature. Self-help program through Lantern, has been transitioned into a free self-served website. Data shows 70% have high risk of ED.	
Update 360 Training Initiative	M.L. Firebaugh gave 360 Training update. Completed 2021 fall trainings, 6 total 2 from Ozark Center. Very well attended and received, about 75 people registered for each webinar. Upcoming trainings for 1st half of 2022. Working with MIMH to do conference in spring 2023 for ED.	
ECHO Update	S. Bagby-Stone gave DE and ED ECHO update. Spent a long time preparing for first session in January, with a large and diverse team of experts and individuals with lived experiences. Will be having ECHO's for the first 6 months of the year, then a break and back in the fall. So far 35 people signed up to participate.	
	A Seal talked about the 3 year plan. Still has some big holes in it, but are working to finalize it. Have identified 5 areas of focus for the Council; Body U, training healthcare providers on 360, reclassification of eating disorders as a serious mental illness, increased awareness for eating disorders, and expand partnerships with key, strategic stakeholders.	
Next Meeting	A Seal ended meeting. Next meeting will be held virtually on January 24th, 2022	