

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

October 29, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Final Orders of Rulemaking** – including comments received and DMH responses, are published in the November 1, 2021, *Missouri Register* <https://www.sos.mo.gov/CMSImages/AdRules/moreg/2021/v46n21Nov1/v46n21b.pdf> (page 2020) as follows:

9 CSR 30-3.032 Certification of Substance Use Disorder Prevention and Treatment Programs

9 CSR 30-3.100 General Requirements for Substance Use Disorder Treatment Programs

9 CSR 30-3.110 Service Definitions, Staff Qualifications, and Documentation Requirements for Substance Use Disorder Treatment Programs

9 CSR 30-3.132 Opioid Treatment Programs

9 CSR 30-3.155 General Staff Requirements for Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs

9 CSR 30-3.157 Community Support in Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs

9 CSR 30-3.195 Outpatient Substance Use Disorder Treatment Programs

NOTE: The rules will be effective in the *Code of State Regulations* on **December 31, 2021**.

2. **Fulton State Hospital (FSH)** – completed its triennial Joint Commission onsite survey. This visit ends the three-year survey cycle for all six state-operated psychiatric hospitals. Surveyors were complimentary of FSH's professionalism and patient-care, despite acute staffing shortages. They also highlighted the hospital's response to COVID and opening of the Nixon Forensic Center in 2019 as significant achievements since the last survey.
3. **Nominations for the 2022 Missouri Mental Health Champions - Please submit by Friday, November 12, 2021.** Missouri Mental Health Champions are individuals who make positive contributions to their community, exemplify commitment and vision, and whose actions have increased the potential for independence in others with similar mental health conditions.

[View the Nomination Form \(PDF\)](#)

[View the Nomination Form \(Digital\)](#)

If you have any questions regarding the Mental Health Champions Award, please contact the Missouri Mental Health Foundation at (573) 635-9201 or mmhf@missourimhf.org

4. **StrengtheningMOFamilies** – On Monday, will launch these videos that are now featured on the StrengtheningMOFamilies webpage - <https://dmh.mo.gov/trauma-informed-care/strengtheningmofamilies> and are in the process of developing associated flyers for each video and planning for additional episodes



5. **DMH Veterans Services** – Below are a few DMH Veterans Services projects and programs including:
The following can be found on the DMH Veterans Services webpage <https://dmh.mo.gov/veterans>

Provider Map Serving the Military Community. This web-based interactive map uses unique filters to help connect service members, Veterans and their families to over 420 Veterans Affairs, DMH contracted, and community behavioral health professionals.

S.A.V.E. a Free Online Suicide Prevention Training. Webpage offers PsychArmor’s SAVE suicide prevention training at no cost.

Missouri Veterans Suicide Prevention Team. Military-connected certified trainers provide no cost suicide prevention training in communities across the state. Click on “How can I attend suicide prevention training in my area?”

Student Veterans Center Guide. This guide helps prepare higher education institutions with meeting the needs of their military-connected students. Currently exploring ways to train institutions across the state on how to expand their supportive services and house it in a central location.
<https://dhewd.mo.gov/documents/VeteranCenterGuide.pdf>

Governor’s Challenge to Prevent Suicide among Service Members, Veterans and their Families. As co-lead of the state team (20 federal, state community partners), working on several strategies to reduce suicide among Missouri’s military-connected community.

Prevention Volunteers in Veteran Service Organizations. Exploring ways to create volunteer positions in American Legion and Veterans of Foreign Wars posts across Missouri that will raise awareness of behavioral health issues and promote local community resources to their membership.



6. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in multiple languages. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **The Wellness Guide to Overcoming Isolation during COVID-19** – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. [Learn More](#)
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit <https://www.missouricit.org/first-responders> to find a provider.

DBH Community COVID-19 Positives Data (as of Oct 29 at 8 am)	
Consumers	1,659
Staff	1,115
Providers	58
23 consumer/staff deaths have been reported.	

DBH COVID Resources –

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

DB's Tech Tips

Sharing Calendar

With [shared calendars in Outlook](#), go into your calendar settings and select people you would like to share, such as colleagues or friends. You can color-code different teams and manage permissions to let the people you're sharing with view only, edit, or manage your calendar (with delegate). Moreover, you can also choose what details you share deciding between All, Only Titles and Locations, or Only When I'm Busy.

FUNDING OPPORTUNITIES

1. **Public Health AmeriCorps Funding Opportunity** – AmeriCorps State & National published Public Health AmeriCorps funding opportunity on September 8. The program is a new partnership between AmeriCorps and the Centers for Disease Control and Prevention (CDC) to support the recruitment, training, and development of a new generation of public health leaders who will be ready to respond to the nation's public health needs. Public Health AmeriCorps will help meet public health needs of local communities by providing needed surge capacity and support in state and local public health settings and provide pathways to public health-related careers through onsite experience and training, with a focus on recruiting AmeriCorps members that reflect the communities in which they will serve.

[Press Release](#)

[Notice of Funding Opportunity \(NOFO\)](#)

- **Applications are due November 8.**
 - Eligible applicants include nonprofit, faith-based and community-based organizations; higher-education institutions; state, local and territorial government entities, such as cities or counties; and Indian Tribes. New organizations are encouraged to apply for these grants. Intermediaries may also apply for funding.
 - AmeriCorps members will serve primarily in state, local, Tribal, and territorial public health departments or *in service to* public health departments through partnerships with other eligible organizations.
 - It is strongly recommended that AmeriCorps members serve in *at least* teams of two. AmeriCorps has found that placing at least two members at a service site location provides economies of scale and aids in retention of members.
 - Additional information, including funding priorities, technical assistance information, and regional contacts, is provided on the [NOFO \(Notice of Funding Opportunity\) web page](#).
2. **HRSA Extends Application Deadline for Healthcare Workforce Resiliency Grants** – The Health Resources and Services Administration (HRSA) announced a deadline extension for several grant opportunities addressing resiliency among the healthcare workforce. HRSA is now accepting applications through September 20th for the Health and Public Safety Workforce Resiliency Training Program, Promoting Resilience and Mental Health Among Health Professional Workforce, and Health and Public Safety Workforce Resiliency Technical Assistance Center. The first

program will provide approximately \$68 million for 30 grants and State or local governments are included as eligible applicants. The second program provides approximately \$29 million for 10 grants and entities providing health care are eligible to apply. The third program will provide approximately \$6 million for one grant and State or local governments are included as eligible applicants.

INFO and RESOURCES

1. **New Deflection and Pre-arrest Diversion to Prevent Opioid Overdose** – Communities across the country have implemented deflection and pre-arrest diversion (DPAD) initiatives to link people who use drugs to evidence-based care and services instead of incarceration. [Read More](#)
2. **New HHS Secretary Becerra Announces New Overdose Prevention Strategy** – Health and Human Services Secretary Xavier Becerra today announced the release of the new HHS Overdose Prevention Strategy, designed to increase access to the full range of care and services for individuals who use substances that cause overdose, and their families. This new strategy focuses on the multiple substances involved in overdose and the diverse treatment approaches for substance use disorder. [Read More](#)
3. **Study Highlights need for Addiction Treatment in Emergency Departments** – Researchers from the University of California San Francisco have found that the number of emergency department visits and hospitalizations by patients with alcohol and other substance use disorders has increased in recent years, highlighting a need for hospitals to develop better ways to identify and treat those patients. [Read More](#)
4. **Web-Based Guide to Connecting Communities for Youth Mental Wellbeing** – Youth of all races, identities and abilities deserve equitable access to mental health supports that are inclusive and responsive to their lived experiences. By sharing power with youth in decision-making, community-based organizations can empower young people to channel their voices of lived experience and create new, more inclusive approaches to improving youth wellbeing. [Learn More](#)
5. **Understand the unique needs of Black, Indigenous and People of Color (BIPOC) communities** – To identify the extent of public safety-led overdose prevention efforts and corollary training for public safety personnel that are tailored for BIPOC communities, the National Council for Mental Wellbeing, with support from the CDC, conducted an environmental scan consisting of a literature review, 11 key informant interviews, and two roundtable discussions with a diverse group of individuals with experience in overdose prevention, harm reduction, or public safety. [Learn More](#)
6. **Mental Health and Substance Use Treatment Workforce Shortages** – The COVID-19 pandemic continues to accelerate demand for mental health and substance use treatment, while organizations providing care face major staffing hurdles that limit the delivery of service. [Read More](#)
7. **Fentanyl Driving Increase in Cocaine-Involved Deaths** – Deaths associated with psychostimulant drug use are on the rise across the United States, and understanding what is driving shifts in the choice of drugs people are being exposed to is crucial for preventing them. [Learn More](#)
8. **Quinones: P2P Methamphetamine Creating Complex Challenges** – The rise of phenyl-2-propanone (P2P) methamphetamine over the past decade has devastated communities, damaged the minds of users, driven up homelessness, and confounded addiction treatment providers. [Learn More](#)
9. **Study Finds Seasonal, Regional Factors Influence Alcohol Consumption** – A new study from Millennium Health suggests that alcohol use is influenced by multiple factors, including time of year and geography, and the COVID-19 pandemic has fueled a “small, but significant” increase in consumption. [Read More](#)

10. **Self-Reported Buprenorphine Misuse Continues Declining** – Newly published research from the National Institute on Drug Abuse shows that misuse of buprenorphine continues to drop even as the number of patients receiving the medication to treat opioid use disorder continues to rise. [Learn More](#)
11. **LGBT History Month** – Is an annual month-long observance of lesbian, gay bisexual, and transgender history, and the history of the gay rights and related civil rights movements. DID YOU KNOW? It was founded in 1994 by a Missouri high school teacher, Rodney Wilson, who believed a month should be dedicated to the celebration and teaching of gay and lesbian history!
Home | LGBTHistoryMonth.com
The Trevor Project: <https://www.thetrevorproject.org/resources/>
On-demand Course: https://healthknowledge.org/course/search.php?q=affirming&areaid=core_course-course.
12. **Incorporating Racial Equity into Trauma-Informed Care** – The Center for Health Care Strategies and the Robert Wood Johnson Foundation has put together a brief to offer practical considerations to help health systems and provider practices incorporate a focus on racial equity to enhance trauma-informed care efforts. To view and download the brief: <https://www.chcs.org/resource/incorporating-racial-equity-into-trauma-informed-care/>
13. **Understanding Overdose Risk and the Science of Medications to treat Opioid Addiction** – this course is developed to help educate participants on the effectiveness of medications for addiction treatment for people involved with the criminal justice system. [Learn More](#)
14. **Approximately 1 in 13 People with ADHD may have Comorbid Bipolar Disorder** – Approximately 1 in 13 adults with attention-deficit/hyperactivity disorder (ADHD) has comorbid bipolar disorder, while nearly 1 in 6 adults with bipolar disorder has comorbid ADHD, according to a study in the journal Neuroscience & Biobehavioral Reviews. [Read More](#)
15. **A Conversation on Race and Research** – Our nation's growing diversity is driving societal and cultural shifts and creating a new conversation about race and ethnicity. It is also highlighting the way race intersects with research in a range of fields, from public opinion polling to medicine to economics. **Thursday, November 4, 2021, 11am CT.** [Register](#)
16. **REIMAGINE: A week of Action to Reimagine Our National Response to People in Crisis** – REIMAGINE will bring together leading organizations to elevate crisis response and coordinate federal and state advocacy efforts to establish and fully fund our country's crisis response systems before a new three-digit number for mental health, substance use and suicidal crises, 9-8-8, goes live nationwide by July 2022. **November 15-19, 2021.** [Register](#)
17. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov and/or 573-751-4730.

November 19, 2021 – Southeast Region – 10-12 pm

Location: Virtual

December 3, 2021 – Southwest Region – 10-12 pm

Location: Virtual

January 11, 2022 – North Central Region – 10-12 pm

Location: Virtual

January 25, 2022 – Eastern Region – 10-12 pm

Location: Virtual

TRAINING OPPORTUNITIES

1. **New Integrative and Lifestyle Interventions for the Treatment of SUD** – Substance Use Disorder is a complex chronic disease process which impacts the physical, mental, emotional and spiritual health of those affected. As we are learning with other chronic illnesses such as cardiovascular disease, diabetes, and even some cancers, a patient-centered, complementary, and integrative approach to treatment addresses the complete person, rather than simply targeting symptoms or specific disease processes. An integrative approach to the treatment of SUD is worth exploration and discussion, and there is growing evidence that complementary approaches can be helpful in the treatment of humans with this difficult diagnosis. Tuesday, November 16, 2021, 12pm CT. [Register](#)
2. **Pushing through Organizational Change-Even when it's Hard** – Organizational change is hard, especially when the stakes are high. But it is possible, and whether we like it or not, change is necessary. **Tuesday, November 2, 2021, 12pm CT.** [Register](#)
3. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop. **November 2, 9 and 16, 2021, 11am-3pm CT.** [Register](#)
4. **NAMI Missouri Connection Support Group Facilitator Training** – This training is for individuals living with mental illness who would like to become certified to facilitate NAMI Connection Recovery Support Groups. The training is provided at no cost with expenses covered using a grant issued by the US Department of Health and Human Services through SAMHSA. Contact information: alice@namimissouri.org or call 573-634-7727. **November 3-5, 2021, 10am-4pm CT.** [Register](#)
5. **Thinking Skills for Work (TSW): An Evidence Based Practice to Improve Cognitive and Work Functioning** – Thinking Skills for Work (TSW) teaches individuals cognitive strategies to improve attention, memory, and problem solving so they can improve their abilities around work life. Through this two-hour webinar you will learn more about this practice and if it could be right for your community support and employment staff to deliver. **Thursday, November 4, 2021, 1pm-3pm CT.** [Register](#)
6. **Medication Awareness Recovery Specialist Training** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. **Friday, November 5, 2021, 9am-11am or 2pm-4pm CT.** [Register](#)
7. **New MAT Waiver Training** – Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.

Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training.

- **Saturday, November 6, 2021, 8:30 am - 12:30 pm** | Presenter: Dr. Evan Schwarz [Register](#)
- **Wednesday, December 8, 2021, 7:30 am – 11:45 am.** | Presenter: Dr. Fred Rottnek [Register](#)

8. **Overdose Prevention Leadership Summit** – This summit will provide session on, innovative strategies and novel approaches to overdose prevention, justice, and treatment. Best practices for implementing strategy, building multi-sector partnerships, and leveraging local resources. Inspiring talks and hear how leaders are making a difference in their community and build your professional network through a dedicated networking event. **November 9-10, 2021. 10am-5:30pm CT.** [Register](#)
9. **The Role of Medical Support on Eating Disorder Treatment Teams in Community Mental Health Centers** – This presentation will review the practical aspects and clinical wisdom for nursing or medical staff providing services to clients with eating disorders in CMHCs. This will include vital care coordination across providers, suggested assessment and monitoring protocols, and the client relationship. The Reconnect Team will share valuable resources, clinical examples, and personal reflections to highlight the essential role of Medical Support. **Friday, November 12, 2021, 11:30am-1pm CT.** [Register](#)
10. **Missouri Substance Use Prevention Conference** – This event is in partnership with the Missouri Department of Mental Health, Missouri Behavioral Health Council and the Missouri Prevention Resource Center Network. **November 15-16, 2021.** [Register](#)
11. **Understanding Integration, Identifying top Models and knowing the Future of its Role in Health and Human Services** – In this webinar, we will discuss trends of medical behavioral integration strategies on the health plan side of things. We will then discuss OPEN MINDS' identification of ten integration models that are emerging in the U.S. health and human services field. **November 17, 2021, 11am CT.** [Register](#)
12. **The New Epidemic: Treating Emergent Mental Health Needs in the Age of COVID-19** – This two-part series will provide guidance for responding to novel mental health needs in the age of the COVID-19 pandemic.
 - **Supporting Health Care Professionals Through and After COVID-19, Friday, November 19, 2021, 12 pm CT.** [Register](#)
 - **Helping our Communities Thrive in the Face of COVID-19, Friday, January 21, 2021, 12pm CT.** [Register](#)
13. **New Cognitive Processing Therapy (CPT) for PTSD in SMI** – Cognitive processing therapy (CPT) for PTSD in SMI is a specific type of cognitive behavioral therapy that has been effective in reducing symptoms of PTSD that have developed after experiencing a variety of traumatic events CPT is generally delivered over 12 sessions and helps individuals learn how to challenge and modify unhelpful beliefs related to the trauma. In so doing, the patient creates a new understanding and conceptualization of the traumatic event so that it reduces its ongoing negative effects on current life. TWO DAY EVENT!, **December 2-3, 2021, 9 am – 4pm CT.** [Register](#)
14. **New 5th Annual Saint Louis University Addiction Medicine Day: Caring for our Communities and Ourselves**
 - **PCSS MAT Course** – The first 4 hours of the PCSS MAT Course--required to obtain X-waiver for buprenorphine prescribing. **Wednesday, December 8, 2021, 7:30 am CT** [Register](#)
 - **Addiction Medicine Day #5, Afternoon Program** – **Wednesday, December 8, 2021, 12 pm CT** [Register](#)
15. **First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. **Wednesday, December 8, 2021, 11am CT.** [Register](#)
16. **MCB Clinical Supervision Training** – This training is a comprehensive 30 hour national training model for clinical supervision. The first 14 hours are completed online and this is followed by a 2 day, 8 hour total Zoom training to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. **December 16-17, 2021, 9am-1pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

- 2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.
 - November Ethics Trainings-[Register](#)
- Crisis Response Lunch and Learn Series** – The DMH, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri's crisis responsesystem. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09>
 - Pretrial Services – **Wednesday, November 3, 2021**
 - Prosecution Diversion Initiatives – **Wednesday, November 17, 2021**
 - Treatment Court Programs – **Wednesday, December 1, 2021**
- Introductory/Refresher Virtual Motivational Interviewing Training** – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Tuesday, November 9, 2021, 11am-3pm CT. [Register](#)**
- 2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
 - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT. [Register](#)**
 - **Housing/Employment/PATH/SOAR** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOAR programs. **Friday, December 3, 201, 9am-12pm CT. [Register](#)**
- 2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again. [Register](#)**
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. [Register](#)

New DBH Employees

Lindsay Thomas has accepted the Senior Accountant Assistant position. She comes from the Division of Elementary and Secondary Education and begins with DBH on November 1, 2021. Lindsay will be auditing and processing grant invoices, tracking grant expenditures, running grant reports, assisting with grant applications, serving as a backup for the DBH Grant Manager, and assisting in other areas as necessary. Lindsay brings with her a background in processing and approving applications, amendments, and payment requests for several grant programs, monitoring program allocations, section budgets, and appropriations, as well as a strong computer background.

Amber Servey-Please join me in welcoming Amber Servey to her new role as the State Opioid Response Project Coordinator effective November 1st, 2021. Amber most recently served as the Accessibility Coordinator at Columbia College and was a part of the Diversity, Equity, and Inclusion Committee. In past roles, Amber served as the Shelter Coordinator at True North and as a Review and Program Specialist and Adult Protective and Community Worker with the Missouri Department of Health and Senior Services. Amber also has experience in community support work and case management. She holds a Bachelor of Science in Sociology and is earning a Master of Arts in Human Services.

Look for new information and resources coming next Friday!