

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

***October 8, 2021***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Presentation to the House Subcommittee on Mental Health Policy Research** – On Wednesday, **Nora Bock** and **Mark Stringer** presented an overview of DBH to the House of Representative’s Mental Health Policy Research subcommittee, as well as other interested legislators. **Val Huhn** and **Becky Hughes** offered additional testimony during the hearing. For both state-operated inpatient psychiatric facilities and community-based behavioral health services, the following information was presented:

- a. Facilities/Providers and Locations
- b. Functions
- c. Patient Populations
- d. Admission and Discharge Processes
- e. Staffing/Workforce
- f. Funding
- g. Challenges

The information was well-received by the subcommittee and we engaged in active discussion for approximately three hours. Workforce challenges were a significant focus area. Additional hearings of this subcommittee are planned for:

- October 19
- November 3
- November 10

2. **Fiscal Update**

### **CIMOR/CVS PRIORITY!**

#### **Medicaid Expansion**

Medicaid Expansion became effective October 1, 2021. These new Medicaid eligible are identified with the Medicaid Eligibility (ME) code E2. Department of Social Services has an FAQ document on-line at <https://dss.mo.gov/mhd/faq/> to assist with questions you may have. DMH systems, CIMOR and CVS are prepared for the ME code E2 eligible to be updated when eligibility is received and process claims as the appropriate federal/state match rates. This eligibility may be backdated as far as July 1, 2021.

New Medicaid Expansion allocations have been set up in both systems. Claims for individuals with ME code E2 will go to one of the new allocations. [Providers will need to send in allocation transfer request forms to move allocation to the new Medicaid Expansion allocations.](#)

DMH will run a sweep in January and April 2022 to identify and reprocess claims for consumers that have been determined ME code E2 eligible and were originally processed differently. More information will be provided at that time.

3. **Latest Missouri Overdose Death Data** - This week, MIMH released the 2020 finalized drug overdose death data for Missouri. Please note, these finalized numbers differ slightly from the provisional data provided by the CDC (<https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>). The CDC is more likely to get all death data for MO residents, particularly out-of-state deaths, than the DHSS. The DHSS does receive most of the data for out-of-state deaths, so the differences between the data sources are minimal.

#### TAKEAWAY POINTS

- Overall, drug overdose deaths increased approximately 19% in 2020 compared to 2019.
  - Deaths among males increased 21%, compared to 14% among females
  - Deaths among Black people increased 32%, compared to 15% among White people
  - The Northwestern Region had the largest 2019-2020 percent increase in total drug overdose deaths (52%).
  - The Northeastern Region had the only 2019-2020 percent decrease in total drug overdose deaths (-16%).
  - The St. Louis Metro region accounted for approximately 55% of all drug overdose deaths in Missouri in 2019 and 2020.
  - The St. Louis Metro Region accounted for approximately 82% of all drug overdose deaths in Missouri among Black individuals.
  - Overdose deaths involving a combination of opioids and stimulants increased by approximately 57% statewide between 2019 and 2020.
  - Statewide 2020 increases in opioid-involved and stimulant-involved drug overdose deaths were similar, increasing by 26% and 28%, respectively.
  - Opioid-involved drug overdose deaths represent the majority of total drug overdose deaths in Missouri.
4. **SAMHSA CREATES OFFICE OF RECOVERY** –The Substance Abuse and Mental Health Services Administration (SAMHSA) announced September 30 that it has established an Office of Recovery. The establishment of this office marks an important milestone in the Recovery movement, one that has been years in the making at the hands of recovery advocates and organizations across the country. Establishing an office dedicated solely to recovery programming is a necessary step in assuring sustainable federal resources. In its recent appropriations bill, the House of Representatives recognized the need for a size-able increase in the amount appropriated for programming dedicated to SUD recovery services. This was an important step by SAMHSA in prioritizing programs for underserved populations, promoting health equity, and supporting community-based strategies, to not only increase recovery funding, but to support individuals in sustaining long-term recovery.
5. **Springfield Recovery Community Center** – The Springfield Recovery Cheld the annual Recovery Day at Hammons Field this month. It was attended by 476 people, based on ticket sales. They all wore “This is what RECOVERY looks like” t-shirts that were printed for the game. One of the representatives threw out the first pitch, and the video created for the Good Samaritan Bill played on the center field screen for everyone in the stadium to see and hear.
6. **Family Recovery Day On Saturday – Kansas City Recovery Coalition** held its annual Family Recovery Day September 18, 2021, with over 20 Addiction Recovery Support Agencies participating and providing resources, including Healing House of Kansas City. The event provided a welcoming and fun environment for families to enjoy free games & prizes, kid's activities & inflatables, live music & food, and bicycle raffles. Over 400 people took advantage of the beautiful day to celebrate recovery, reuniting with family and friends.



Approximately 150 peers and providers joined to celebrate National Recovery Month. Representatives from the Office of the Mayor for the City of St. Louis, Department of Mental Health, Missouri Institute of Mental Health, and other area providers joined the event. The theme was "Fight to Unite, Unite for Life."

The event consisted of peers sharing their recovery story, Narcan administration training, recovery bible distribution, and a group activity called "Hands on Recovery". Each participant lightly dipped their hands in washable paint and placed their hands on a canvas to symbolize hands being permanently on recovery. Music, dancing, and great food fresh off the grill was enjoyed by all.

8. **Recovery Lighthouse – Recovery Lighthouse** celebrated National Recovery Month in Sedalia and Warrensburg on September 18. The purpose of the events was to promote recovery and reduce stigma. The Recovery Celebration in Pettis County included several recovery testimonies, food, games for children and families, and gifts distributed to individual and families from local donations.

*Photo: Pettis County Sheriff, Brad Anders, attended the event in support of those in recovery.*



9. **Missouri Medicaid Expansion** – As of October 1, Medicaid applications are being processed under the new expanded eligibility. The MO HealthNet Division (MHD) is excited and heartened to see our neighbors get access to the care they need, many for the first time. It also serves as motivation to continue to raise awareness about Medicaid expansion and get more Missourians enrolled. The Foundation just launched a radio and video advertising campaign during the month of October.

As trusted leaders in your community, you play a critical role in reaching the 275,000 Missourians who are now eligible. To support you in your efforts, MHD has developed a new [suite of materials](#) including:

- Flyers in English, Spanish, Bosnian, and Vietnamese
- Posters in English, Spanish, Bosnian, and Vietnamese
- Online videos covering the basics of Medicaid expansion

And don't forget about the [social media toolkit](#) (featuring NEW graphics and a video), which has content for Facebook, Twitter, and Instagram, and the [message guide](#) available in 15 languages.



**DOMESTIC VIOLENCE**  
**Awareness Month**  
**October 2021**  
**#DVAM2021 #NoMore**

October is Domestic Violence Awareness Month (DVAM).

Did you know that 41.8% of Missouri women and 35.2% of Missouri men experience intimate partner physical violence, intimate partner sexual violence and/or intimate partner stalking in their lifetimes? ([NCADV](#))

Traumatic violence can leave lasting impacts on individuals, families, employers and communities.

The [Missouri Justice Reinvestment Initiative](#) would like to raise awareness about this important health and safety issue for Missourians. Will you help us?

Here are some simple ways you can support DVAM throughout October.

- **Email:** Add a simple statement to your email signature during the month of October. "October is Domestic Violence Awareness Month. [Learn more](#) #DVAM2021 #NoMore #WeAreResilient."
- **Learn:** A new [Missouri Domestic Violence Law](#) was passed to support employees impacted by domestic violence.
- **Virtual Meeting Background:** Simply save the attached file to your computer and follow these instructions to change your virtual background in [Zoom](#) or [Webex](#).
- **Social Media:** Join the campaign to raise awareness through your social media accounts. Use hashtags #DVAM2021 and #NoMore and share [MO Coalition Against Domestic & Sexual Violence Resources](#).
- **Wear Purple:** 10/21 is [Purple Thursday](#) in solidarity to take a stand against domestic violence. Check out the other calls to action for that week as well.

Thank you for supporting this important cause, preventing violence and promoting a resilient Missouri!

10. **Independence Center News** – Congratulations to Patricia (Trish) Holmes was recently named Executive Director of **Independence Center**. Here are a few of her words. "I feel blessed that I've been able to find a career where my financial acumen meets my passion for helping others," said Trish. "I joined Independence Center because of the opportunity to give back, having remembered the helplessness I felt in losing family and friends to struggles with mental illness. My goal is to help Independence Center become a household name throughout the greater St. Louis community, as a leader of excellence within mental health rehabilitative services."

#### 11. **COVID-19 Updates & Resources**

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in [multiple languages](#). [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>

**DBH Community COVID-19 Positives Data**  
(as of Oct 7 at 8 am)

Consumers	1,635
Staff	1,084
Providers	58

22 consumer/staff deaths have been reported.

- **The Wellness Guide to Overcoming Isolation during COVID-19** – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. [Learn More](#)
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit <https://www.missouricit.org/first-responders> to find a provider.
- **DBH COVID Resources** –
  - DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
  - DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>
  - State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
  - MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>
  - COVID Grief Resource Guides -<https://www.covidgriefresources.com/> and <https://www.covidgriefresources.com/wp-content/uploads/2021/07/COVID-Internet-Resource-Guide-7-25-21.pdf>
  - CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

### DB's Tech Tips **Search Folders**

Search folders are a great way to access filtered mail with just one click. For example, you can create a search folder that shows all the unread mails. So, instead of filtering your inbox to see the unread mails, you can just click the search folder to immediately access unread mails. To do that, go to the "Search Folders" tab from the left menu bar, right-click it, and then click "New Search Folder". A prompt will appear from where you can choose the filter option of your choice and then click "OK". You can also set up a custom search folder by clicking the "Create a customer Search Folder" option and then setting up the parameters as per your requirements.

## **FUNDING OPPORTUNITIES**

1. **New COVID-19 Funding Opportunities** – Please find below the three (3) resource linkages shared to suggest you consider sharing with others within your state and communities as follows:

- <https://www.samhsa.gov/coronavirus>
- <https://pcssnow.org/resources/covid-19-resources/>
- <https://www.asam.org/Quality-Science/covid-19-coronavirus>

The active sharing and promotion of these resources are hopefully beneficial, particularly those experiencing significant challenges in the ongoing funding, maintenance, and support of vital SUD services with SABG funding.

2. **Public Health AmeriCorps Funding Opportunity** – AmeriCorps State & National published Public Health AmeriCorps funding opportunity on September 8. The program is a new partnership between AmeriCorps and the Centers for Disease Control and Prevention (CDC) to support the recruitment, training, and development of a new generation of public health leaders who will be ready to respond to the nation's public health needs. Public Health AmeriCorps will help meet public health needs of local communities by providing needed surge capacity and support in state and local public health settings and provide pathways to public health-related careers through onsite experience and training, with a focus on recruiting AmeriCorps members that reflect the communities in which they will serve.

[Press Release](#)

[Notice of Funding Opportunity \(NOFO\)](#)

- **Applications are due November 8.**

- Eligible applicants include nonprofit, faith-based and community-based organizations; higher-education institutions; state, local and territorial government entities, such as cities or counties; and Indian Tribes. New organizations are encouraged to apply for these grants. Intermediaries may also apply for funding.
  - AmeriCorps members will serve primarily in state, local, Tribal, and territorial public health departments or *in service to* public health departments through partnerships with other eligible organizations.
  - It is strongly recommended that AmeriCorps members serve in *at least* teams of two. AmeriCorps has found that placing at least two members at a service site location provides economies of scale and aids in retention of members.
  - Additional information, including funding priorities, technical assistance information, and regional contacts, is provided on the [NOFO \(Notice of Funding Opportunity\) web page](#).
3. **How to Develop a Competitive Grant Application** – SAMHSA will be conducting a webinar on how to develop a competitive grant application. Multiple dates available along with printable PDF document. **Thursday, October 28, 2021, 1pm CT.** [Register](#)
  4. **HRSA Extends Application Deadline for Healthcare Workforce Resiliency Grants** –The Health Resources and Services Administration (HRSA) announced a deadline extension for several grant opportunities addressing resiliency among the healthcare workforce. HRSA is now accepting applications through September 20th for the Health and Public Safety Workforce Resiliency Training Program, Promoting Resilience and Mental Health Among Health Professional Workforce, and Health and Public Safety Workforce Resiliency Technical Assistance Center. The first program will provide approximately \$68 million for 30 grants and State or local governments are included as eligible applicants. The second program provides approximately \$29 million for 10 grants and entities providing health care are eligible to apply. The third program will provide approximately \$6 million for one grant and State or local governments are included as eligible applicants.

## **INFO and RESOURCES**

1. **New Clinical Topics in Depression: Diagnosis** – There are different classification systems designed to diagnose depression. Both DSM-5 and ICD-10 criteria are commonly used by clinicians to help in diagnosis and treatment of depression. [Learn More](#)
2. **New In Stable Schizophrenia, Lower Antipsychotic Doses offer Efficacy for Relapse Prevention** – Antipsychotic doses higher than about 5-mg/d risperidone equivalent had limited additional benefit for preventing relapse in patients with stable schizophrenia and were associated with more adverse events. Researchers published their findings in JAMA Psychiatry. [Read More](#)
3. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at [jessica.bounds@dmh.mo.gov](mailto:jessica.bounds@dmh.mo.gov) and/or 573-751-4730.

**November 19, 2021 – Southeast Region – 10-12 pm**  
Location: Virtual

**December 3, 2021 – Southwest Region – 10-12 pm**  
Location: Virtual

**January 11, 2022 – North Central Region – 10-12 pm**  
Location: Virtual

**January 25, 2022 – Eastern Region – 10-12 pm**  
Location: Virtual

## TRAINING OPPORTUNITIES

1. **New 2021 Missouri Reentry Conference** – Presented by Area Resources for Community and Human Services (ARCHS), the Missouri Departments of Corrections and Social Services, and Family and Community Trust (FACT), we invite you to attend the 16th annual Missouri Reentry Conference. This year's conference theme is "The Lemon Year" and will highlight organizations and individuals that are paving the way in the areas of Leadership, Education, Motivation, Opportunity, and Negotiation. For additional conference information, to stay in the loop regarding any updates, and to learn more about our speakers, check out our conference mobile app and website - <https://app.socio.events/MTE0MDk%3D/overview>. There will be four sessions, **Oct 12, 14, 19 and 21, 2021, 9am to 11:15am CT. [Register](#)**
2. **Evaluation and management of the Behavioral and Psychological Symptoms of Major and Mild Neurological Disorders in Older Adults** –This webinar will provide guidance to understand how to assess and treat symptoms of both mild and major neurological disorders. Learn about current trends, practices, and the management of neurological disorders in older adults. **Wednesday, October 13, 2021, 1pm CT. [Register](#)**
3. **Perspectives of Schizophrenia Treatment Guidelines** – The webinar will provide perspectives of schizophrenia guidelines development, with a focus on key similarities and differences. **Wednesday, October 13, 2021, 11am CT. [Register](#)**
4. **Let's Talk: Shaping Our Future Through Inclusion and Innovation** – Join **ReDiscover** for their 2021 virtual Fearon Institute. This day of learning focused on mental health; resilience; and diversity, equity, inclusion and belonging. The event will feature a state legislative update, two panel discussions entitled, "Under Construction: How to launch DEI in behavioral health workspaces" (featuring CEDI members) and "Innovations in mental health," as well as a keynote presentation from Mindy Corporon, thought leader, podcast host and author of "Healing a Shattered Soul- My Faithful Journey of Courageous Kindness after the Trauma and Grief of Domestic Terrorism." Registration is \$40 per attendee and includes 5 CEUs, as well as a copy of Mindy's book. Registration deadline is October 12, 2021. **Thursday, October 14, 2021, 9am-3:30pm CT. [Register](#)**
5. **New Clinical Navigation through DSM-5: A Primer for Clinicians** – This Presentation will provide an overview of the DSM-5 and assist the clinician in navigating their way through to assess and diagnose. Changes and revisions will be explored along with application of the DSM-5 to clinical populations. **Thursday, October 14, 2021, 1pm-4pm CT. [Register](#)**
6. **Strengthening Care Delivery for Persons with Disabilities who are LGBTQ+** – This webinar seeks to provide insights on establishing affirming relationships among individuals, within communities, and between clients and providers are key to achieve affirming, inclusive care for these populations. **Thursday, October 14, 2021, 3pm CT. [Register](#)**
7. **Effective Message Framing: How to Build Trust and Rapport with a Young Person** – In this webinar, attendees will learn how to frame conversations and deliver substance use prevention messages to youth and recognize the role of building rapport and trust with youth in delivering messages and discussing health related behaviors. **Friday, October 15, 2021, 1:30pm CT. [Register](#)**
8. **New Supporting the Wellbeing of LGBTQ+ Clients and Staff** – Join us for a conversation with health equity and racial justice experts on the systemic challenges LGBTQ+ persons with intersecting identities face in health care and as staff in health care organizations. Experts will also discuss strategies to provide affirming supports for clients and staff who identify as LGBTQ+ in addition to their intersecting identities. **Tuesday, October 19, 2021, 1pm CT. [Register](#)**
9. **The Role of the Pharmacist in the Treatment of Depression** – Depression is one of the most common psychiatric illnesses affecting approximately 8% of American adults in a given year. Despite the high prevalence of depression, it is often not adequately managed. Pharmacists are well placed to have a role in depression management across

practice settings, complementing the role of general practitioners and psychiatric providers. **Tuesday, October 19, 2021, 11am CT.** [Register](#)

10. **New Equity in Action: Utilizing Culturally Responsive and Racially Equitable Evaluation** – This workshop focuses on how to conduct a culturally responsive and racially equitable evaluation (CRREE). CRREE can be utilized to undo racism and oppression previously upheld by researchers, evaluators, institutions, and symptoms Resource Link. [Resources](#) **October 19-20, 2021, 12pm-4pm CT.**
11. **The Convergence of Video Games and Gambling** – This webinar will focus on how loot boxes are items in video games that may be bought for real-world money, but which contain randomized content. Over the past three years, as nascent literature has emerged which attempts to model the impact of this phenomenon on society. Our lab has been at the heart of this evidence-generation process. **Thursday, October 21, 2021, 11am CT.** [Register](#)
12. **New Compassion Resilience Strategies for Integrated Care Settings** – As the COVID-19 pandemic persists, uncertainty and complexity in the workforce remain high, and self-compassion and kindness during these times of volatility is exceptionally difficult. Join the Center of Excellence (CoE) to learn more about compassion resilience strategies in integrated care settings and how to promote staff wellbeing. **Tuesday, October 26, 2021, 2pm CT** [Register](#)
13. **New Compassion Resilience for Integrated Care Settings** – Did you attend the Compassion Resilience Strategies webinar on October 26th? Further your understanding – and get live answers to pressing questions about compassion resilience in integrated care settings – during our follow-up CoE Office Hour with integrated care experts, we can explore additional strategies. **Thursday, October 28, 2021, 12pm CT.** [Register](#)
14. **Loss Chasing in Gambling Disorder-Clinical, Behavioral and Data Science Perspectives** – This webinar will summarize three lines of research characterizing loss chasing on laboratory tasks, in authentic slot machines, and in online behavioral tracking data, in order to better establish the psychological underpinnings of this symptom. **Thursday, October 28, 2021, 1pm CT.** [Register](#)
15. **New Driving Integrated Health at your Organization: Quality Improvement and Foundational Factors that Lead to Success** – Want to learn how to create and maintain a successful integrated health practice? Join experts in the integrated health field for a discussion on how to successfully navigate quality improvement measures, overcome state-level policy barriers and jump through patient health information “hoops.” **Friday, October 29, 2021, 1pm CT.** [Register](#)
16. **New Pushing through Organizational Change-Even when it’s Hard** – Organizational change is hard, especially when the stakes are high. But it is possible, and whether we like it or not, change is necessary. **Tuesday, November 2, 2021, 12pm CT.** [Register](#)
17. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop. **November 2, 9 and 16, 2021, 11am-3pm CT.** [Register](#)
18. **New NAMI Missouri Connection Support Group Facilitator Training** – This training is for individuals living with mental illness who would like to become certified to facilitate NAMI Connection Recovery Support Groups. The training is provided at no cost with expenses covered using a grant issued by the US Department of Health and Human Services through SAMHSA. Contact information: [alice@namimissouri.org](mailto:alice@namimissouri.org) or call 573-634-7727. **November 3-5, 2021, 10am-4pm CT.** [Register](#)

19. **Medication Awareness Recovery Specialist Training** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. **Friday, November 5, 2021, 9am-11am or 2pm-4pm CT.** [Register](#)
20. **New Overdose Prevention Leadership Summit** – This summit will provide session on, innovative strategies and novel approaches to overdose prevention, justice, and treatment. Best practices for implementing strategy, building multi-sector partnerships, and leveraging local resources. Inspiring talks and hear how leaders are making a difference in their community and build your professional network though a dedicated networking event. **November 9-10, 2021. 10am-5:30pm CT.** [Register](#)
21. **First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. **Wednesday, December 8, 2021, 11am CT.** [Register](#)
22. **MCB Clinical Supervision Training** – This training is a comprehensive 30 hour national training model for clinical supervision. The first 14 hours are completed online and this is followed by a 2 day, 8 hour total Zoom training to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. **December 16-17, 2021, 9am-1pm CT.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).
  - October Ethics Trainings-[Register](#)
  - November Ethics Trainings-[Register](#)
2. **Crisis Response Lunch and Learn Series** – The DMH, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri’s crisis responsesystem. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09>
  - Juvenile Diversion Initiatives – **Wednesday, October 20, 2021**
  - Courage2Report Alive and Well – **Wednesday, October 27, 2021**
  - Pretrial Services – **Wednesday, November 3, 2021**
  - Prosecution Diversion Initiatives – **Wednesday, November 17, 2021**
  - Treatment Court Programs – **Wednesday, December 1, 2021**
3. **Preventing Suicide in Persons Impacted by Intimate Partner Violence and Trauma** – state-based trainings on suicide prevention for mental health professionals, DV/IPV advocates, and others working with survivors of violence and trauma working within Missouri. Since suicide risk among domestic violence survivors is higher than the average population, it is important for professionals to feel confident and informed about how to identify and triage risk. **Wednesday, October 20, 2021, 9am-12pm CT.** [Register](#)
4. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community

and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.

5. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
  - **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
  - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)
  - **Housing/Employment/PATH/SOAR** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOAR programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)
6. **Introductory/Refresher Virtual Motivational Interviewing Training** – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)
7. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
  - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

***Look for new information and resources coming next Friday!***