

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

**October 1, 2021**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** –Below is the FY 2023 Department Request for community funding:

### **Supplemental Funding: (FY2022 to finish the current year)**

- **6,115,725 FED – ARPA Block Grant Authority Increase** - Federal authority related to the American Rescue Plan Act (ARPA) approved in March 2021 for SUD and MH block grant supplemental funding.
- **\$712,958 FED – ARPA Federal Grant Authority Increase** - Federal authority related to the American Rescue Plan Act (ARPA) approved in March 2021 for SUD and MH block grant supplemental funding for testing and mitigation efforts for COVID-19.

### **FY 2023 New Decision Items:**

- **\$280,783 GR** – Increased **Medication Costs**. This includes an inflationary increase of **5.4% for specialty medications**.
- **\$14,367,100 FED – CRRSA Block Grant Authority Increase** - Federal authority related to the Coronavirus Response and Relief supplement Appropriations Act (CRRSA) approved in December 2020 for SUD and MH block grant supplemental funding. Spending is occurring in FY 2022, federal authority received in FY 2022 but was coded as 1x, therefore authority needs requested again in FY 2023.
- **\$24,462,900 FED – ARPA Block Grant Authority Increase** - Federal authority related to the American Rescue Plan Act (ARPA) approved in March 2021 for SUD and MH block grant supplemental funding.
- **\$1,193,496 FED – ARPA Federal Grant Authority Increase** - Federal authority related to the American Rescue Plan Act (ARPA) approved in March 2021 for SUD and MH block grant supplemental funding for testing and mitigation efforts for COVID-19.
- **\$2M GR – New Housing Units Pre-Development and Construction Costs** - One time funding to address the lack of safe and affordable housing for individuals with SMI and SUD.
- **\$4,194,933 (\$1,411,176 GR, \$2,783,757 FED) – Utilization Increase**. (\$1,554,779 is ADA; \$2,640,153 is ACP) to fund increase in those Medicaid participants newly eligible for our services.
- **\$14,833,086 (\$3,529,533 GR, \$11,303,553 FED) – CCBHO Quality Incentive Payments** - This represents a 3% Quality Incentive Payment (QIP) to CCBHOs who meet specific performance standards. The federal CCBHO Demonstration, which the state is still operating under, requires the state to pay at least a 1% QIP or higher. DMH has provided a 5% QIP annually for years FY18-20.
- **\$9,100,580 (\$4,908,863 GR & \$4,191,717 FED) – Community Placements** - Request funding to increase community capacity for individuals with high symptom severity in supportive placements. There are currently limited community options and these individuals are not usually successful in traditional community

settings. This funding will provide residential treatment settings that are able to implement intense evidence-based practices and wrap-around supports. Includes start-up costs.

2. **Administrative Rules-Update** – The CSTAR amendment **9 CSR 30-3.150**, is effective in the *Code of State Regulations* <https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c30-3.pdf> (page 18).

3. **CIMOR Priority - Sliding Fee Scale for 2021/2022** –

### **CIMOR Priority!**

The 2021/2022 Sliding Fee Scale is attached and is also available on the DMH website:

<https://dmh.mo.gov/about/administration/reimbursements>. This scale is **effective October 1, 2021**. If your agency has branch offices that administer the SMT, please ensure that they are informed about the new Sliding Fee Scale.

If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link, found on the left side of the portal.

4. **Landmark Recovery Center** – The Jefferson City News Tribune did an article about the new Landmark Recovery Center in Jefferson City. **Landmark Recovery Center** is one of the four newly DBH funded Recovery Community Centers in Missouri. DBH received a Substance Abuse and Mental Health Services Administration (SAMSHA) Substance Abuse Prevention and Treatment Block Grant supplemental for the purpose of continuing access to integrated prevention, treatment, and recovery support services for individuals with substance use disorder throughout the state, including expansion of Recovery Community Centers. Each Recovery Community Center must provide a peer-based supportive community that builds hope and supports healthy behaviors for individuals with substance use disorders searching for recovery or maintaining recovery. Click on the link to read the story [Fledgling recovery center already](#)



[finding success \(newstribune.com\)](#)

5. **DEA Issues Alert on Counterfeit Pills Containing Fentanyl** –The US Drug Enforcement Administration on Monday issued a Public Safety Alert regarding an “alarming increase in the lethality and availability” of counterfeit prescription pills containing fentanyl and methamphetamine. It is the first Public Safety Alert issued by DEA in 6 years. [Read More](#)

6. **Important SNAP/Food Dates to Remember** – The Department of Social Services (DSS) is taking extra steps to keep SNAP/Food Stamp recipients aware of upcoming changes and to ease the return to regular SNAP program benefits and operation.

Important SNAP Dates	
September	Regular SNAP benefits resume, plus Last month for temporary 15% SNAP increase
October	*Regular SNAP benefits resume with an increase (more information on increase below)

\*Starting October 1, 2021, regular SNAP benefit amounts will increase. The regular SNAP maximum benefit amount a family of four can receive in September (which includes the temporary 15 percent increase) is \$782 and starting October 1, that amount increases to \$835.

Maximum Monthly SNAP Benefit		
Household Size	Through September 30*	Starting October 1
1	\$234	\$250
2	\$430	\$459
3	\$616	\$658
4	\$782	\$835

### How to Apply for SNAP Benefits

For your ease, you can apply for SNAP benefits 24/7 online by visiting [MyDSS.mo.gov](http://MyDSS.mo.gov), or sending a completed application and verification documents by email to [FSD.Documents@dss.mo.gov](mailto:FSD.Documents@dss.mo.gov), or by fax to 573-526-9400.

### IMPORTANT REMINDERS

- It is important for you to report to the Family Support Division (FSD) if you now have an income above the maximum limit (contact information below).
- If you are an able-bodied adult without a dependent, you must report any change in your circumstances to FSD (contact information below).

### Questions

- Visit [myDSS.mo.gov](http://myDSS.mo.gov)
- Call the FSD Information Line at **855-FSD-INFO** or (855-373-4636) Monday through Friday, 6:00 a.m. to 6:00 p.m.

7. **One-Time Summer P-EBT Benefit** – If your family had a student approved for free or reduced priced meals during the previous 2020-2021 school year, you can apply for a one-time Summer Pandemic Electronic Benefit Transfer (Summer P-EBT) benefit of \$375 for that child. Congress extended P-EBT to cover the summer following the school year during the COVID-19 public health emergency. Completed and signed [Summer P-EBT application \(aplicación en Español\)](#) must be submitted by October 10, 2021.

Completed applications can be sent by email to [FSD.MOPEBT@dss.mo.gov](mailto:FSD.MOPEBT@dss.mo.gov) or by mail to:

Family Support Division, 615 E. 13th Street, Kansas City, MO 64106

**NOTE:** DSS will automatically review all P-EBT applications (not to be confused with Summer P-EBT applications) families submitted by August 20, including applications that were denied, for Summer P-EBT benefit eligibility. If the student is eligible for Summer P-EBT, the one-time benefit is loaded on an existing or new EBT card in the student's name.

**Questions-** Visit <http://myDSS.mo.gov> to start a chat and get immediate answers to basic questions that are not specific to your case 24 hours a day. Call the FSD Information Line at 855-FSD-INFO or (855-373-4636) Monday through Friday, 6:00 a.m. to 6:00 p.m. or TEXT 855-684-9242

### 8. COVID-19 Updates & Resources

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in [multiple languages](#). [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **The Wellness Guide to Overcoming Isolation during COVID-19** – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. [Learn More](#)

DBH Community COVID-19 Positives Data (as of Oct 1 at 8 am)	
Consumers	1,619
Staff	1,075
Providers	58
22 consumer/staff deaths have been reported.	

- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit <https://www.missouricit.org/first-responders> to find a provider.
- **DBH COVID Resources –**  
 DBH COVID-19 Guidance/Resources - [MoHelpNow](#)  
 DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>  
 State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>  
 MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>  
 COVID Grief Resource Guides -<https://www.covidgriefresources.com/> and <https://www.covidgriefresources.com/wp-content/uploads/2021/07/COVID-Internet-Resource-Guide-7-25-21.pdf>  
 CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## **FUNDING OPPORTUNITIES**

1. **New Public Health AmeriCorps Funding Opportunity** – AmeriCorps State & National published Public Health AmeriCorps funding opportunity on September 8. The program is a new partnership between AmeriCorps and the Centers for Disease Control and Prevention (CDC) to support the recruitment, training, and development of a new generation of public health leaders who will be ready to respond to the nation’s public health needs. Public Health AmeriCorps will help meet public health needs of local communities by providing needed surge capacity and support in state and local public health settings and provide pathways to public health-related careers through onsite experience and training, with a focus on recruiting AmeriCorps members that reflect the communities in which they will serve.  
  
[Press Release](#)  
[Notice of Funding Opportunity \(NOFO\)](#)
  - **Applications are due November 8.**
  - Eligible applicants include nonprofit, faith-based and community-based organizations; higher-education institutions; state, local and territorial government entities, such as cities or counties; and Indian Tribes. New organizations are encouraged to apply for these grants. Intermediaries may also apply for funding.
  - AmeriCorps members will serve primarily in state, local, Tribal, and territorial public health departments or *in service to* public health departments through partnerships with other eligible organizations.
  - It is strongly recommended that AmeriCorps members serve in *at least* teams of two. AmeriCorps has found that placing at least two members at a service site location provides economies of scale and aids in retention of members.
  - Information Session on **Wednesday, October 6, 2021; 3:00-4:00 p.m. ET** ([Zoom Registration](#)): During this live webinar, we will review critical components of the 2022 Public Health AmeriCorps Notice of Funding Opportunity (NOFO). We will provide an overview of AmeriCorps State and National, outline aspects of this grant competition, and answer any questions related to the application process.
  - Additional information, including funding priorities, technical assistance information, and regional contacts, is provided on the [NOFO \(Notice of Funding Opportunity\) web page](#).
2. **How to Develop a Competitive Grant Application** – SAMHSA will be conducting a webinar on how to develop a competitive grant application. Multiple dates available along with printable PDF document. **Thursday, October 28, 2021, 1pm CT.** [Register](#)

3. **HRSA Extends Application Deadline for Healthcare Workforce Resiliency Grants** –The Health Resources and Services Administration (HRSA) announced a deadline extension for several grant opportunities addressing resiliency among the healthcare workforce. HRSA is now accepting applications through September 20th for the Health and Public Safety Workforce Resiliency Training Program, Promoting Resilience and Mental Health Among Health Professional Workforce, and Health and Public Safety Workforce Resiliency Technical Assistance Center. The first program will provide approximately \$68 million for 30 grants and State or local governments are included as eligible applicants. The second program provides approximately \$29 million for 10 grants and entities providing health care are eligible to apply. The third program will provide approximately \$6 million for one grant and State or local governments are included as eligible applicants.

## JOB ANNOUNCEMENTS

### Director of Prevention and Mental Health Promotion

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is October 7, 2021. [Learn More and Apply](#)

### DB's Tech Tips

#### WebEx Meeting-Alternate Hosts

So you're the meeting host, but need to leave due to some unforeseen emergency. Worried about what will happen to the meeting as the host should be present at all times. The future of the meeting starts to look pretty grim at such times, doesn't it? Well, it doesn't have to. You can make someone else the meeting host in Webex in one fell swoop.

Open the 'Participants' panel and go to the attendee you want to make the new host. Right-click on their name and select 'Change Role To' from the menu. Then, select 'Host' from the sub-menu to make them the host.

## INFO and RESOURCES

1. **New Strategies for Complying New ONC Data Sharing Rules, Including Collaborative Documentation** – Providers are just beginning to grapple with new rules that shift the way the healthcare system shares data - moving from a system where healthcare organizations may share data under HIPAA to one where they must share data. New rules outlined in the 21st Century Cures Act (Act) and by the Office of the National Coordinator for Health Information Technology (ONC) at the Department of Health and Human Services took effect on April 5, 2021 that, among other things, allow patients to access information in their patient record, including clinical or medical notes prepared by the provider. Additional changes will take effect in 2022 and 2023. **Thursday, October 14, 2021, 12pm CT.** [Register](#)
2. **New Turning Pain into Purpose: The Role of Behavioral Health Specialists in Decreasing Police Brutality and Police Killings of Unarmed African Americans** – The mission of The Philonise and Keeta Floyd Institute for Social Change is to advance awareness, advocacy and promote stability within global communities to support the protection of human rights through a commitment to social justice, equity-focused reforms, and eradicating systemic racism. They have turned their pain into action. **Thursday, November 4, 2021, 1pm-4pm CT.** [Register](#)
3. **New Recovery Friendly Workplaces in Missouri-Celebrating Recovery** – The Missouri Recovery Friendly Workplace (RFW) initiative now has a website that has gone live. Please educate yourself on this initiative and spread the word amongst your community employers, peers, and your leadership. If you have worked with an employer who is recovery friendly please ask them if they would be interested in joining the initiative. [Recovery Friendly Missouri \(recoveryfriendlymo.com\)](http://recoveryfriendlymo.com)

4. **New ARCR Marks National Recovery Month with focus on Youth, Women and Minorities** – The uniquely personal journey of recovery can be particularly challenging to adolescents, women, and members of sexual and racial/ethnic minority groups, whose needs may not be met by traditional recovery programs. During National Recovery Month, Alcohol Research Current Reviews (ARCR) examines the latest research on recovery among special populations and efforts to expand treatment options for:

[Youth](#)

[Women](#)

[Communities of color and other potentially marginalized groups](#)

For more information on recovery, check out ARCR's entire [topic series on Recovery From AUD](#), including articles on the body's remarkable ability to recover from alcohol-associated liver disease ([Natural Recovery by the Liver and Other Organs After Chronic Alcohol Use](#)), medication-assisted treatment ([Alcohol Use Disorder: The Role of Medication in Recovery](#)), and the role of the family in recovery ([The Role of the Family in Alcohol Use Disorder Recovery for Adults](#)).

5. **New Suicide-Related Encounters Increased among Youth during COVID-19 Pandemic** – New findings show an increase in suicide-related emergency department encounters in some months during the COVID-19 pandemic when compared with rates in 2019, according to results from a cross-sectional study published in JAMA Psychiatry. [Read More](#)
6. **New Half of Young Adults with ADHD Report Lifetime Substance Use Disorder** – Half of younger adults with attention-deficit/hyperactivity disorder (ADHD) report having experienced a substance use disorder in their lifetime, according to findings published in Alcohol and Alcoholism. [Learn More](#)
7. **New Schizophrenia Symptoms, Hospitalizations Reduced with Psychological Rehabilitation** – this video discuss the severity of functional deficits in schizophrenia and the importance of psychological rehabilitation, such as cognitive remediation and vocational rehabilitation. [Learn More](#)
8. **New Sharing Goals for Resiliency and Social Media as a Tool for Suicide Prevention** – Read more about the discussion on resiliency and connection to others to aide in suicide prevention. [Read More](#)
9. **New Study finds Telehealth Successful for Patients with Bipolar Disorder, PTSD** – This video discusses the five year study that found telepsychiatry in rural, federally qualified health centers to be successful for patients with bipolar disorder or post-traumatic stress disorder (PTSD). [Learn More](#)
10. **New Structuring Telepsychiatry Group Therapy Sessions** – This session covers group demographics and offers suggestions on the best ways to structure remote group therapy sessions. [Learn More](#)
11. **New Recovery Reader Newsletter** – New trainings and resources available in this Issue. [Read More](#)
12. **New Expanding Methadone Access in Missouri: Benefits, Barriers, and Big Ideas** – SOR Spotlight hosted an event with wonderful panelists who were able to share their experience working in, managing, and utilizing methadone as a recovery tool. They were able to help address several stigmas and misunderstanding around methadone access, as well as share their insights about how to help continue to improve access to care. If you were unable to the event, you can watch the recording [Watch Video](#)
13. **New Engage Family to Improve Outpatient Retention in Treatment** – Involving a patient's social circle in the treatment of substance use disorder can contribute to long-term sobriety and recovery, with a proximate impact on outpatient program retention in between. [Read More](#)

14. **New Show-Me Hope Missouri** – Show Me Hope is Missouri’s crisis counseling program (CCP) in response to a disaster or critical event. Counselors are based in the local community to teach coping and stress management skills to anyone dealing with the anxiety and uncertainty caused by the event. The CCP helps individuals and communities recover from natural and human-caused disasters through community outreach and access to resources including mental health services. [Learn More](#)
15. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at [jessica.bounds@dmh.mo.gov](mailto:jessica.bounds@dmh.mo.gov) and/or 573-751-4730.

**November 19, 2021 – Southeast Region – 10-12 pm**

Location: Virtual

**December 3, 2021 – Southwest Region – 10-12 pm**

Location: Virtual

**January 11, 2022 – North Central Region – 10-12 pm**

Location: Virtual

**January 25, 2022 – Eastern Region – 10-12 pm**

Location: Virtual

## ***TRAINING OPPORTUNITIES***

1. **New Hispanic Heritage Month** – This webinar will provide perspectives on important cultural considerations for gambling addiction and responsible gambling services in the Hispanic community. **Tuesday, October 5, 2021, 12pm CT.** [Register](#)
2. **Mental Health First Aid Training** – Mental Health First Aid helps you assist someone experiencing a mental health or substance use-related crisis. In the Mental Health First Aid course, you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. **Wednesday, October 6, 2021, 9am-4pm CT.** [Register](#)
3. **Cognitive Behavior Therapy for Insomnia** – Cognitive Behavior Therapy for Insomnia (CBTI) is the psychological treatment of choice for insomnia. Research studies support the efficacy of CBTI, with many studies finding that it is as effective or more effective than sleep medications. This webinar will introduce the essential theory and techniques of CBTI along with a framework for implementing sleep education, and discussion on the incorporation of a sleep log during treatment. **Wednesday, October 6, 2021, 2pm-3:30pm CT.** [Register](#)
4. **New Ethics in the Clinical Relationship** – In this presentation, you will learn: Principle that guides ethical decision making in the clinical relationship; the iatrogenic effect and ethical dilemmas; the impact of counselor "unfinished business" and ethical dilemmas; how to establish healthy boundaries in the clinical relationship; how pandemics like COVID 19 impact boundaries and ethics; boundaries of physical touch and verbal communication; transference, countertransference, and ethical dilemmas; Ethics and termination. **Thursday, October 7, 2021, 1pm-4pm CT.** [Register](#)
5. **The Role of Peer Recovery Services: Best Practices from a Community Center** – This webinar will discuss Anchor Recovery Community Center, and all it has to offer the recovery community, including peer support groups, events, one-on-one meetings with a peer specialist, and a training program. **Thursday, October 7, 2021, 12pm CT.** [Register](#)
6. **New Evaluation and management of the Behavioral and Psychological Symptoms of Major and Mild Neurological Disorders in Older Adults** – This webinar will provide guidance to understand how to assess and treat symptoms of

both mild and major neurological disorders. Learn about current trends, practices, and the management of neurological disorders in older adults. **Wednesday, October 13, 2021, 1pm CT.** [Register](#)

7. **Perspectives of Schizophrenia Treatment Guidelines** – The webinar will provide perspectives of schizophrenia guidelines development, with a focus on key similarities and differences. **Wednesday, October 13, 2021, 11am CT.** [Register](#)
8. **Let's Talk: Shaping Our Future Through Inclusion and Innovation** – Join **ReDiscover** for their 2021 virtual Fearon Institute. This day of learning focused on mental health; resilience; and diversity, equity, inclusion and belonging. The event will feature a state legislative update, two panel discussions entitled, "Under Construction: How to launch DEI in behavioral health workspaces" (featuring CEDI members) and "Innovations in mental health," as well as a keynote presentation from Mindy Corporon, thought leader, podcast host and author of "Healing a Shattered Soul-My Faithful Journey of Courageous Kindness after the Trauma and Grief of Domestic Terrorism." Registration is \$40 per attendee and includes 5 CEUs, as well as a copy of Mindy's book. Registration deadline is October 12, 2021. **Thursday, October 14, 2021, 9am-3:30pm CT.** [Register](#)
9. **Strengthening Care Delivery for Persons with Disabilities who are LGBTQ+** – This webinar seeks to provide insights on establishing affirming relationships among individuals, within communities, and between clients and providers are key to achieve affirming, inclusive care for these populations. **Thursday, October 14, 2021, 3pm CT.** [Register](#)
10. **New Effective Message Framing: How to Build Trust and Rapport with a Young Person** – In this webinar, attendees will learn how to frame conversations and deliver substance use prevention messages to youth and recognize the role of building rapport and trust with youth in delivering messages and discussing health related behaviors. **Friday, October 15, 2021, 1:30pm CT.** [Register](#)
11. **The Role of the Pharmacist in the Treatment of Depression** – Depression is one of the most common psychiatric illnesses affecting approximately 8% of American adults in a given year. Despite the high prevalence of depression, it is often not adequately managed. Pharmacists are well placed to have a role in depression management across practice settings, complementing the role of general practitioners and psychiatric providers. **Tuesday, October 19, 2021, 11am CT.** [Register](#)
12. **New The Convergence of Video Games and Gambling** – This webinar will focus on how loot boxes are items in video games that may be bought for real-world money, but which contain randomized content. Over the past three years, as nascent literature has emerged which attempts to model the impact of this phenomenon on society. Our lab has been at the heart of this evidence-generation process. **Thursday, October 21, 2021, 11am CT.** [Register](#)
13. **New Loss Chasing in Gambling Disorder-Clinical, Behavioral and Data Science Perspectives** – This webinar will summarize three lines of research characterizing loss chasing on laboratory tasks, in authentic slot machines, and in online behavioral tracking data, in order to better establish the psychological underpinnings of this symptom. **Thursday, October 28, 2021, 1pm CT.** [Register](#)
14. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop. **November 2, 9 and 16, 2021, 11am-3pm CT.** [Register](#)
15. **New Medication Awareness Recovery Specialist Training** – This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. **Friday, November 5, 2021, 9am-11am or 2pm-4pm CT.** [Register](#)



16. **First Episode Psychosis: Focus on US Hispanic Population** – This presentation will review concepts of First Episode Psychosis (FEP) and Coordinated Specialty Care (CSC) while focusing on the cultural considerations for treatment, outcomes, and research for the US Hispanic FEP patient population. **Wednesday, December 8, 2021, 11am CT.** [Register](#)
17. **New MCB Clinical Supervision Training** – This training is a comprehensive 30 hour national training model for clinical supervision. The first 14 hours are completed online and this is followed by a 2 day, 8 hour total Zoom training to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. **December 16-17, 2021, 9am-1pm CT.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **Overdose Prevention and Naloxone Trainings** – PreventEd has multiple training options available at different dates and times. To view the trainings go to their website or contact Stacie Zellin -Community Education Coordinator at szellin@prevented.org [Learn More](#)
2. **2021 MCB Summer and Fall Ethics Trainings** – The following are multiple dates and times for Zoom and/or Live Ethics Training Opportunities. If you have any questions, please feel free to contact our office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).
  - October Ethics Trainings-[Register](#)
  - November Ethics Trainings-[Register](#)
3. **Crisis Response Lunch and Learn Series** – The DMH, MO Behavioral Health Council (MBHC), and the JRI Crisis Response Workgroup are excited to announce a Lunch & Learn series to explore a variety of programs throughout the state which are aimed at improving and enhancing Missouri’s crisis responsesystem. No registration is needed. The same link below will be used for each session in the series and will all be at 12pm CT. Join Zoom Meeting, Meeting ID: 838 0848 1830, Passcode: 848093, Phone: +1 312 626 6799 <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09>
  - Jail Screenings – **Wednesday, October 6, 2021**
  - Juvenile Diversion Initiatives – **Wednesday, October 20, 2021**
  - Courage2Report Alive and Well – **Wednesday, October 27, 2021**
  - Pretrial Services – **Wednesday, November 3, 2021**
  - Prosecution Diversion Initiatives – **Wednesday, November 17, 2021**
  - Treatment Court Programs – **Wednesday, December 1, 2021**
4. **Motivational Interviewing Training Opportunities-National Council for Behavioral Health**

**Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

  - **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)

**Introductory/Refresher Virtual Motivational Interviewing Training** – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

  - **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)
5. **Preventing Suicide in Persons Impacted by Intimate Partner Violence and Trauma** – state-based trainings on suicide prevention for mental health professionals, DV/IPV advocates, and others working with survivors of violence

and trauma working within Missouri. Since suicide risk among domestic violence survivors is higher than the average population, it is important for professionals to feel confident and informed about how to identify and triage risk.

- **Wednesday, October 20, 2021, 9am-12pm CT.** [Register](#)

6. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
7. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
  - **Peer Ethics** –This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
  - **CPS Tools** –Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)
  - **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)
8. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
  - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

***Look for new information and resources coming next Friday!***