# Missouri Eating Disorders Council Minutes

July 26<sup>th</sup>, 2021

## **Council Members Present:**

Annie Seal Beth Harrell Carla O'Connor Denise Wifley Heidi Strickler Jenny Copeland Majorie Cole Rachel Jones Rebecca Lester Stephanie Bagby-Stone Valerie Huhn

## Council Members Absent:

Eric Martin Paul Polychronis Senator Bill White Del Camp Ginny Ramseyer Winter Janet Clevenger Kimberli McCallum Stephanie Flynn

### Department of Mental Health Staff:

Lori Franklin Rosie Anderson-Harper Brett Hicks Connie Hardin

#### Guests:

ΤΟΡΙϹ	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions	A. Seal started the meeting by welcoming all. She introduced B. Hicks as the new DMH support staff for the EDC and recognized C. Hardin with thanks as she transitions to other DMH duties.	
Approval of Minutes	Members reviewed the May 24, 2021 minutes. B. Harrell motioned to approve meeting minutes as written and R. Lester seconded the motion. Members approved the minutes.	
Update 360 Training Initiative	J. Copeland gave the 360 Training Initiative update. She shared that four (4) webinar trainings on a variety of topics were provided in FY 2021, with an average attendance of 50 participants. One (1) training has been completed so far in FY 2022, with 48 participants in attendance. According to the post-survey 67% of people are interested in receiving additional information and resources. Plans are to offer at least one (1) training each month.	
Body U	A. Seal gave the Body U Program and 3C updates. She shared that to date, 72 screens have been completed throughout Missouri. M.L. Firebaugh will resume working with colleges and Body U will continue to be offered to all Missourians. We are finishing the process with the Stealth group in upgrading features and making the coach's chat more user friendly.	

ΤΟΡΙϹ	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Resources and Accessibility	<ul> <li>D. Wilfley asked about increased access to resources in rural areas. A. Seal said that tracking some of the specific services such as individual therapy, could be difficult but we could do some work to capture what is being offered by the integrated teams.</li> <li>Ozark Center has been working on ways to measure outcomes and creating metrics to see before and after in relation to the integrated care team.</li> </ul>	
	The Department of Social Services is allowing a Medicaid code for biopsychosocial treatment of child and adult obesity. D. Wilfley has been working with them to incorporate evaluations for eating disorders. Starting an ECHO with University of Missouri Columbia on pediatric obesity.	
	J. Copeland shared that treatment for kids is even trickier, due to accessibility difficulties and staffing challenges. The adult side is overwhelmed and do not know who they can send referrals to. Part of the issue lies in Medicaid coding, as a lot of obesity is coded under physical health, when it could fall into a range of physical or behavioral health. There is a need for education on the variety of causes and the overlap they can have. Some benefits are limited, such as dietitian services, as they are not covered unless it is for diabetes.	
	S. Bagby-Stone shared that an Eating Disorder ECHO is being finalized through the Missouri Telehealth Network at the University of Missouri Columbia and they will host a meeting in August.	
	D. Wilfley setting up a small group meeting to discuss avenues to achieve Medicaid funding for EDs. She can contact L. Franklin to get that meeting scheduled.	
Budget	A. Seal went over the FY 2022 EDC budget. Please see attachment.	
Next Meeting	The next meeting will be a conference call on Monday, September 27, 2021, from 11:00 am to 12:00 pm.	