

# FYI FRIDAYS

## **DBH Updates, Notices, and Policy Guidance**

**June 25, 2021**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **CSR relations-Providers** – please note that the following CSR relations will continue until the state emergency declaration expires, which is set for August 31, 2021.
  - 9 CSR 10-7.030(2)(B) – Service Delivery Process and Documentation, Admission Assessment (The admission assessment shall be completed within seventy-two (72) hours for individuals receiving residential support or within the first three (3) outpatient visits.)
  - 9 CSR 10-7.030(4)(A)5 – Service Delivery Process and Documentation, Individual Treatment Plan (Signature, title, and credential(s) of the service provider(s) completing the plan and signature of the individual and/or parents/legal guardians, as applicable. For situations when the individual does not sign the treatment plan, such as refusal, a brief explanation must be documented.)
  - 9 CSR 30-3.100(6)(A)2 – Service Delivery Process and Documentation, Assessment (The initial treatment plan for the individual must also be completed within this designated time period.)
  - 9 CSR 30-4.035(3) – Eligibility Determination, Assessment, and Treatment Planning in Community Psychiatric Rehabilitation Programs, Initial Comprehensive Assessment (Initial Comprehensive Assessment. A comprehensive assessment must be completed within thirty (30) days of eligibility determination.)
  - 9 CSR 30-4.035(5) - Eligibility Determination, Assessment, and Treatment Planning in Community Psychiatric Rehabilitation Programs, Initial Treatment Plan (Initial Treatment Plan. An individual treatment plan must be developed within forty-five (45) days of completion of eligibility determination for CPR services.)
2. **CEDI (Culture, Equity, Diversity, and Inclusion Committee) with the Missouri Behavioral Health Council (formerly Missouri Coalition for Behavioral Health)** – provides a monthly newsletter that provides information about what the committee is working on, upcoming events, resources, and tools that your agency can use to heal racial and social inequities and provide a more diverse and inclusive space at work AND within your communities. [Read More](#)

## **JOB ANNOUNCEMENTS**

### **Associate Research/Data Analyst**

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is June 28, 2021 [Learn More and Apply](#)

### 3. COVID-19 Updates & Resources

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in **multiple languages**. [Learn More](#)

- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>

- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.

- **DBH COVID Resources** –

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

#### DBH Community COVID-19 Positives Data (as of June 23 at 8 am)

Consumers	1,204
Staff	856
Providers	56
16 consumer/staff deaths have been reported.	

## COVID FACTS:

### Vaccine Question:

Refusing to get the COVID-19 vaccine only impacts me.

### Vaccine Truth/Fact:

Refusing the COVID-19 vaccine actually impacts a lot of people – yourself, your loved ones, even the country as a whole. Here are three facts to consider:

- The COVID-19 vaccines are not 100% effective, so even if your friends and family are vaccinated, but you are not, you can still carry and spread the virus to your loved ones.
- Not everyone who wants a vaccine can just get one. For example, some individuals receiving cancer chemotherapy cannot be vaccinated. They will rely on herd immunity to protect them.
- Individuals who choose not to get vaccinated can allow the virus to continue to replicate and create mutations. This could make the COVID-19 vaccines less effective and throw the country backward in this pandemic.

## FUNDING OPPORTUNITIES

1. **Morgan Stanley Alliance for Children's Mental Health Innovation Awards Program** – **Application Deadline: July 2, 2021** – aims to fund mental healthcare solutions for children and young adults across the United States. This program focuses on new or piloted projects from direct-service organizations that will help address the far-reaching challenge of stress, anxiety, depression or other mental health issues in children and young adults. Grants of up to \$100,000 will be awarded to each finalist. [Learn More](#)
2. **Community Mobility Design Challenge 2021 Grant Program** – **Application Deadline: July 12, 2021** – The Federal Transit Administration-funded National Center for Mobility Management (NCMM), is now accepting applications for its Community Mobility Design Challenge 2021 grant program. These grants, using the human-centered design process (aka "design thinking"), will support communities in creating innovative mobility solutions for community members who face transportation barriers in advancing their personal well-being. Grants of up to \$25,000 will be available as well as NCMM facilitation throughout the entire process. You can learn more about the grants and download the application [here](#).

3. **Substance Use Disorder Treatment and Recovery Loan Repayment Program** – **Application Deadline: July 22, 2021.** The focus of the program is on SUD treatment and recovery, though the list of eligible practitioners/eligible sites is quite broad. Applications for both individuals and sites are being accepted. [Learn More](#)

## **INFO and RESOURCES**

1. **New Fentanyl Test Strips Fact Sheet** – LAPPA provided fact sheet describes the technology behind test strips, research on the impact of utilizing fentanyl on the behavior of people using drugs, legal issues and more. [Read More](#)
2. **New Enhancing Workforce Capacity to Provide Clinical Supervision for Substance Use Disorders** – Mid-America ATTC is currently accepting applications for the CS-4-SUD intensive series. Participants of the series will receive support and develop skills needed to master the complexities of clinical supervision. The series is intended for clinical supervisors who provide supervision for substance use disorder treatment services in IA, KS, MO, or NE. Course must be completed 5 day prior to the virtual sessions. Wednesdays, July 21 to Sept 1, 2021, 1pm-2:30pm CT. [Register](#)
3. **New Essential Conversations-Season 2 Podcast Series** – This season will address stigma, highlight appropriate language, provide education on how to determine if substance use is becoming a challenge, and will address misconceptions of substance use. [Link](#)
4. **New Evidence-Based and Culturally Relevant Behavioral Health Interventions in Practice: Strategies and Lessons Learned from NNEDLearn** – This report provides findings from a qualitative analysis of evidence-based and culturally relevant behavioral health practices offered at NNEDLearn, a SAMHSA training, offered from 2011 to 2020. It includes an overview of NNEDLearn, case studies, strategies and lessons learned, and conclusion. [Read More](#)
5. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at [katie.andrews@dmh.mo.gov](mailto:katie.andrews@dmh.mo.gov) and/or 573-522-6163.

**July 9, 2021 – Western Region – 9:30-11:30-am**  
Location: Virtual

**August 11, 2021 – Southeast Region – 10-12pm**  
Location: Virtual

**August 24, 2021 – Eastern Region – 10-12 pm**  
Location: Virtual

## **TRAINING OPPORTUNITIES**

1. **New Helping People Change** – Dr. Lee video on What you can do to make or break the Therapeutic Alliance and Use Motivational Interviewing to Integrate Health, Addiction and Mental Health-[Watch Video](#)
2. **New Resources to Help Reduce Mental and Substance Use Disorders** – SAMHSA recently posted several webpages containing a variety of videos, factsheets, and broadcast-quality public service announcements to help individuals and their loved ones connect with and remain in treatment for mental and substance use disorders. Each page contains a brief overview of the topic, ways to obtain help, and additional References and Relevant Resources at the bottom of the page. Some of the resources are available in Spanish as well as English. [Read More](#)
3. **2021 MATCP Conference PowerPoints available** – Listed below are the 2021 Presentations from the April MATCP Conference.
  - Abraham Lincoln as a Treatment Courte Judge [Learn More](#)
  - Cognitive Models and Evidence-Based Practice for Offenders [Learn More](#)
  - Confidentiality and Sharing Information [Learn More](#)

- Drug Courts 101 The Promise [Learn More](#)
  - Family Centered Approach [Learn More](#)
  - Know your Role and What you Want to Share [Learn More](#)
  - Responsivity and Individualized Care [Learn More](#)
  - Why Won't my Horse Drink [Learn More](#)
4. **Crisis Response Lunch and Learn Series provided by Missouri Behavioral Health Council** – All Lunch and Learn sessions will occur on **Wednesdays at 12:00pm CT** and will be recorded if you cannot attend and/or if you want to share with other colleagues. You may attend all sessions or pick and choose which dates/topics work best for you. There is no registration and the same link below will be used for each session. Meeting ID: 838 0848 1830- Passcode:848093 **Join Zoom Mtg**
- <https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWp6WktHRjVBanFCUT09>
- June 30: **ReDiscover** Behavioral Health Urgent Care Clinic (BHUCC)
  - July 7: **Ozark Center** Urgent Behavioral Solutions (UBS)
5. **New Medication Assisted Treatment in Drug Courts, Virtual Learning Community: Medication for Opioid Use Disorder Toolkit** – This webinar will introduce the Medication for Opioid Use Disorder Toolkit, which was developed with funding from the Office of National Drug Control Policy. The Toolkit presents practical tools and resources for treatment court teams and will assist teams in their efforts to make critical connections with local jails and treatment providers. The emphasis of this webinar will be on fostering partnerships and developing agreements to ensure access to community-based treatment services and supports for drug court participants. **Tuesday, June 29, 2021, 1pm CT.** [Register](#)
6. **New Mindfulness Practices for Latinx Populations** – Mindfulness, which involves “bringing deliberate and non-judgmental awareness and attention to one’s present moment experience,” is a practice with roots in ancient Buddhist traditions, where it is viewed as a necessary component for the cessation of suffering. Mindfulness-Based Interventions (MBIs) have been shown to decrease stress and improve health outcomes in underrepresented populations, with research on mindfulness and Latinos showing reductions in smoking, depression, and anxiety, and greater psychological well-being. MBIs may be practiced at home, making them efficacious in both improving emotional well-being among Hispanics and engaging otherwise-excluded minorities such as Hispanic immigrants in community-based health promotion. **Wednesday, June 30, 2021, 12pm CT.** [Register](#)
7. **New Stigma and its Impact on People with Substance Use Disorders-Virtual Roundtable** –This discussion is designed to promote interactivity through an informal "round table" conversation. Attendees will be given the opportunity to speak directly with the presenter to ask questions and discuss issues. **Wednesday, June 30, 2021, 1pm CT.** [Register](#)
8. **How to Present Data to Leadership** – this webinar will help you apply creativity to presentations that will result in leaders understanding the value of – and opportunities in – data aggregation and analysis. Learn how to foster solutions that make data presentations more engaging and effective, while igniting leaders’ desire to dive deeper into more substantial reports. **Thursday, July 8, 2021, 1pm CT.** [Register](#)
9. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

**AVAILABLE TRAINING DATES:**

*July 9-10, 10-2pm each day*

*October 1-2, 10-2pm each day*

10. **Technology, Working with Law Enforcement and Remaining Innovative to Address Challenges** – The Harris Center for Mental Health and IDD – a 2021 National Council Awards of Excellence recipient – used technology to enable greater extension and reach of mental health collaboration with law enforcement, increasing the safety of consumers and first-responders and decreasing and preventing unnecessary transports to hospitals and jails. **Wednesday, July 14, 2021, 1pm CT.** [Register](#)
11. **Technology, Working with Law Enforcement and Remaining Innovative to Address Challenges** –on how organizations can continue a path of innovative excellence. Learn how the Harris Center used technology to enable greater extension and reach of mental health collaboration with law enforcement, increasing the safety of consumers and first responders while decreasing and preventing unnecessary transports to hospitals and jails. Join the discussion to get an understanding of lessons learned continuing on a path of innovation and how organizations can continue to find innovative solutions to unique challenges. **Wednesday, July 14, 2021, 1pm CT.** [Register](#)
12. **Combating Workforce Shortages with Innovation** – Learn how the National Council member optimized their organizational efficiency to combat workforce shortages through Metricovery, reducing wait times and increasing favorable clinical outcomes. And discover how Mind Springs Health continues to find innovative ways to address challenges throughout their organization. **Tuesday, July 20, 2021, 2pm CT.** [Register](#)
13. **New Employer Role in Employee Mental Health and Wellness** Employers are a driving force in the healthcare system, with nearly half of Americans receiving their benefits through employer-sponsored health plans. One in five adults experiences a mental illness in any given year, and high rates of depression, which can lead to disability and unemployment, and are common in the workplace. The need to increase employee retention while decreasing presenteeism and absenteeism provides employers with incentive to support employee mental health and wellness. Incorporating a healthy workplace culture, accessible insurance benefits, and the mental health and wellness programs are fundamental to fostering a workplace supportive of mental health. **Wednesday, July 21, 2021, 11am CT.** [Register](#)
14. **CAMS training provided by Missouri Hospital Assoc. MO Department of Mental Health and Mo Behavioral Health Council** – This day-long online role play training builds upon the information in the CAMS book (Jobes, 2016) and online CAMS-care video course. It offers participants the chance to see CAMS procedures demonstrated live by a CAMS-care Consultant (Dr. Melinda Moore) in an unplanned/unpracticed way with a participant in attendance. Participants will also have the opportunity to practice each form with another clinician in attendance and get immediate feedback. At the end of this training, all attendees should have necessary skills and confidence to apply the CAMS philosophy and procedures with patients. Particular emphasis will be placed on the Collaborative Assessment and Management of Suicidality (CAMS) framework and the unique role it may play in hospitals. Suggested hospital staff includes physicians, nurses, social workers, counselors. **Thursday, July 22, 2021, 8:30am – 430pm CT.** [Register](#)
15. **2021 Missouri Suicide Prevention Conference** – The Missouri Suicide Prevention Network invites you to join them for their annual conference! This year’s conference is brought to you by the Missouri Department of Mental Health, Missouri Behavioral Health Council and Community Counseling Center. The virtual conference will be on **July 28, 2021** and is free of charge, unless you are needing continuing education. Continuing Education (CE) will be \$10 per person. Register at [www.mospn.org/conference](http://www.mospn.org/conference)

## **RECURRING TRAINING OPPORTUNITIES**

### **1. Motivational Interviewing Training Opportunities-National Council for Behavioral Health**

**Introductory/Refresher Virtual Motivational Interviewing Training** – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

- **Tuesday, August 3, 2021, 11am-3pm CT.** [Register](#)
- **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)

- **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)

**Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

- **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)

2. **Advancing Equity, Diversity, and Inclusion for a More Perfect Union** – This is a three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop.

- **July 15, 22 and 29, 2021, 11am-3pm CT.** [Register](#)

- **November 2, 9 and 16, 2021 11am-3pm CT.** [Register](#)

3. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)

4. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.

5. **Monthly Call Sessions for Peers & Peer Supervisors** – Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.

#### Topics for Peer Supervisors

- Recruiting and Retaining Peer Staff – **Wednesday, July 28, 2021, 1pm CT.** [Register](#)

6. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

#### **OEND AVAILABLE TRAINING DATES:**

**Wednesday, July 21, 1-3pm** [Register](#)

**Tuesday, August 17, 9-11am** [Register](#)

#### **OEND TOT AVAILABLE TRAINING DATES:**

**Wednesday, July 7, 2-4pm** [Register](#)

**Wednesday, August 18, 10-12pm** [Register](#)

7. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that

work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)

8. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in June, and October. For more information and to register, click the links: [June](#) | [October](#).
9. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
  - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)
10. **New Missouri Recovery Support Specialist (MRSS) Trainings** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.
  - **Southeast Training** – Sikeston, **July 12-14, 2021, 8am – 5pm CT.** - [Register](#)
  - **Southwest Training** – Branson, **August 11-13, 2021, 8am – 5pm CT.** - [Register](#)
  - **East Training** – St. Peters, **September 8-10, 2021 8am – 5pm CT.** - [Register](#)
11. **2021 MCB Certified Peer Specialist Training Series** – The MCB will be offering the following training series for those holding the Certified Peer Specialist (CPS) credential. These trainings will be held on Friday mornings from 9:00-12:00 through the Zoom platform. The cost of each training is \$20.00. Those holding the CPS can sign up using the registration links below:
  - **Motivation and Recovery** – This training will take a look at the concept of motivation and how motivation is used throughout the recovery process. Concepts discussed will include a motivational timeline, static vs. dynamic motivation and how motivation works within each stage of change/stage of recovery. **Friday, July 23, 2021, 9am-12pm CT.** [Register](#)
  - **Harm Reduction** – This training will explore the concepts of harm reduction. Questions will be answered such as what is harm reduction, is harm reduction effective and is harm reduction legal? Myths regarding harm reduction techniques will be analyzed and discussed. **Friday, August 27, 2021, 9am-12pm CT.** [Register](#)
  - **Post Incarceration Syndrome** – This training will provide information regarding Post Incarceration Syndrome. How does incarceration impact a person and how does the trauma of incarceration impact an individual long after leaving prison. The training will discuss effective strategies to help individuals navigate the transition back into the community. **Friday, September 10, 201, 9am-12pm CT.** [Register](#)
  - **Peer Ethics** – This training will cover the MCB CPS Ethics Code. There will be open discussions about real life ethical issues that are faced by those holding the CPS including how boundaries are established, how to navigate work and personal recovery and how to work within a multidisciplinary team of professionals. **Friday, October 22, 201, 9am-12pm CT.** [Register](#)
  - **CPS Tools** – Were you originally trained as a CMPS? Would you like to be trained in the new material in the Certified Peer Specialist training? Would you like to learn practical tools/interventions that you can utilize with your peers? This training will focus on tools/interventions that can help peers with Spirituality, Stages of Change Interventions & Effective Listening. The training will be interactive and allow you to practice the tools/interventions. Peer Specialists who were originally trained as a MRSS-P and would like a refresher are also welcome. **Friday, November 12, 201, 9am-12pm CT.** [Register](#)

- **Housing/Employment/PATH/SOARS** –This training will be conducted by experts from the Department of Mental Health. They will be discussing resources CPS can use with peers to help find housing and employment. Information will be provided on the specific PATH and SOARS programs. **Friday, December 3, 201, 9am-12pm CT.** [Register](#)

***Look for new information and resources coming next Friday!***