



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

5/27/21

National Core Indicators Data Highlight:
What Do NCI Data Tell Us About the BMI of People
with Intellectual and Developmental Disabilities?

National Core Indicators (NCI) has released a data highlight on obesity. According to the 2018-2019 In-Person Survey, over 60% of survey participants were "overweight" or "obese". The highlight looks at specific challenges to maintaining a healthy weight for people with I/DD. Also, questions are given to help states determine if they are supporting the wellness of people served. To view the full data highlight, click [here](#).

www.dmh.mo.gov/dd
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MISSOURI DEPARTMENT OF MENTAL HEALTH