

# FYI FRIDAYS

## DBH Updates, Notices, and Policy Guidance

March 5, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – (submitted by Vicki Schollmeyer) This week the House Appropriations Committee for Mental Health, Health and Social Services presented their recommended changes to the three budgets to the House Budget Committee. We are hearing rumors that House markups will be held after Spring Break.

### DBH Community COVID-19 Positives Data (as of March 5, 2021, at 4pm)

|           |       |
|-----------|-------|
| Consumers | 1,105 |
| Staff     | 801   |
| Providers | 55    |

15 consumer/staff deaths have been reported.

2. **DMH COVID Vaccination Update** – DMH continues to educate and vaccinate team members and patients/residents. To date over 4,520 staff members and patients/residents have received the first dose of the vaccine, and of that number nearly 4,000 have received a second dose. Clinics will continue.
3. **Mark Stringer to Testify Before House Appropriations Subcommittee on Labor – HHS** – On March 11 at 10am EST, **Mark Stringer** (SSA, MO), Director of the Missouri Department of Mental Health, as well as Immediate Past President of the NASADAD Board of Directors and Chair of NASADAD’s Public Policy Committee, will serve as a witness before the House of Representatives’ Appropriations Subcommittee on Labor, Health and Human Services (HHS), Education, and Related Agencies. The Subcommittee, led by Chairwoman Rosa DeLauro (D-CT) and Ranking Member Tom Cole (R-OK), oversees funding for programs within the Department of Health and Human Services, including the Substance Abuse and Mental Health Services Administration (SAMHSA). The title of the hearing is “COVID-19 and the Mental Health and Substance Use Crises.”

Other witnesses include:

- Lisa Amaya-Jackson, Co-Director, UCLA-Duke University National Center for Child Traumatic Stress
- Arthur Evans Jr., Chief Executive Officer and Executive Vice President, American Psychological Association
- Verna Foust, Chief Executive Officer, Red Rock Behavioral Health Sciences in Oklahoma

Mr. Stringer’s written testimony will be shared once it is available. The hearing, which will be held virtually, will be broadcast [here](#). We hope you’ll be able to tune in (Source: *NASADAD*).

4. **MO TAY-LER Training Series** – The Missouri Transition-Age Youth Local Engagement and Recovery (MO TAY-LER) grant was awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA) to DMH in 2019. Through this grant, DMH works collaboratively with multiple community providers to enhance outreach and provide effective engagement for young adults in St. Louis City, St. Louis County, and St. Charles. On March 1, MO TAY-LER kicked off a month-long virtual training series provided by Behavioral Health Network (BHN). These trainings support professionals across the state who work with youth and young adults experiencing serious mental illness. Nationally recognized speakers and experts within Missouri will address a variety of topics, such as trauma, behavioral health, developmental and intellectual disabilities, evidence based practices, support for families, and whole person care. For training details or questions, please contact Shannon Smith at [ssmith@bhnstl.org](mailto:ssmith@bhnstl.org). [Training Registration](#)

5. **2021 Mental Health Champions' – Nominations are Being Accepted Now** – The Missouri Mental Health Foundation is accepting nominations for the 2021 Missouri Mental Health Champions' Award. These awards recognize individuals living with a mental illness, developmental disability, or in recovery for substance use disorders, who make a positive contributions to their communities, exemplify commitment and vision, and whose actions have increased the potential for independence in others living with a mental health condition or disability. Annually, three individuals are selected to receive the Mental Health Champions' Award. The celebration is the Mental Health Champions' Banquet, which is scheduled for Tuesday, October 5, 2021, at the Capitol Plaza Hotel in Jefferson City. **The deadline to submit nominations is March 26.** Learn more about the nomination process on the [MMHF website](#).

6. **CIMOR Priority** – Fiscal staff have completed their financial analysis for FY 2021 community obligations/contracts. What will be allowed at this time is listed below.

- Medicaid to Non-Medicaid transfers will be allowed
- Transfers of funding between agencies
- Transfers of funding between contracts within a single agency

At this time we will **not** be funding over allocation within CIMOR. However, we will review this again the first part of April. Be sure to enter all billings in case it is determined we can cover over allocation.

7. **MHD Public Notice** – The MO HealthNet Division has posted a public notice regarding the Gateway to Better Health Demonstration 1115 Project Phase-out Plan. Visit MO HealthNet's [Alerts & Public Notice](#) page to review the notice and how to submit comments.

8. **Developmental Disabilities (DD) Waiver Provider Manual** – The following updates have been made to the [DD Waiver Provider Manual](#). Questions and comments regarding any other issues should be directed to: [ask.MHD@dss.mo.gov](mailto:ask.MHD@dss.mo.gov) (Source: *MHD*).

- Counseling was removed as a service from the Comprehensive and Community Support waivers with dates of service on or after March 1, 2021.
- Person Centered Strategies Consultation was removed as a service from all DD waivers with dates of service on or after March 1, 2021.

9. **COVID-19 Updates & Resources** –

- **New COVID-19 Vaccine Education Initiative from the Ad Council** – The following links are videos from the Ad Council encouraging people to get the facts about the vaccine in order to feel comfortable about getting vaccinated: **How it Starts** (0:30) - [Watch Now](#) | **Worship** (1:00) - [Watch Now](#)
- **New Dolly Parton Gets Her COVID-19 Vaccine** – Dolly provides a funny and informative insight into the vaccine process. [Watch Now](#)
- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit [www.missouricit.org/frpn](http://www.missouricit.org/frpn) to find a provider.

- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities:  
<https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.

- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit:  
[health.mo.gov/communitytest](http://health.mo.gov/communitytest).

- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **March 10, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## COVID Vaccine: Get the Facts

**Vaccine Question: What do we know about the variants of the virus that causes COVID-19?**

**Vaccine Truth/Fact:** Scientists are quickly learning more about variants and how easily they spread, whether they could cause more severe illness, and whether the current vaccines will still protect people. So far, studies suggest that the current vaccines work against these variants. This continues to be closely studied.

Variants of the COVID-19 virus include:

- The United Kingdom (UK) variant called B.1.1.7,
- The South Africa variant called B.1.351, and
- The Brazil variant called P.1.

Learn more about variants on the [CDC website](#).



## FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:  
<https://dmh.mo.gov/covid-19-information>

1. **Rural Communities Opioid Response Program - Implementation** – **Application Deadline: March 12, 2021** – The Rural Communities Opioid Response Program (RCORP) is a multi-year initiative by HRSA aimed at reducing the morbidity and mortality of SUD, including opioid use disorder OUD, in high risk rural communities. [Learn More](#)
2. **New Rural Community Development Initiative (RCDI)** – **Application Deadline: March 22, 2021** – RCDI awards grants to help nonprofit housing and community development intermediary organizations support housing, community facilities, and community and economic development projects in rural areas. [Learn More](#)

3. **New Training and Services to End Violence Against Women with Disabilities – Application Deadline: March 25, 2021** – The Education, Training, and Enhanced Services to End Violence Against and Abuse of Women with Disabilities grant program offers grants to supporting collaborative teams that offer services and support to individuals with disabilities and deaf individuals who have been victims of sexual assault, domestic violence, dating violence, and stalking. [Learn More](#)
4. **Mentoring for Youth Affected by the Opioid Crisis and Drug Addiction – Application Deadline: March 30, 2021** – The purpose of the program is to support the implementation and delivery of mentoring services to youth who are misusing substances, youth at risk for SUD, and youth with family members who currently use substances or have a SUD. Eligible applicants for the first category, Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include nonprofit and for-profit organizations that currently have mentoring programs. Eligible applicants for the second category, Statewide and Regional Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include national organizations and States. The anticipated total amount to be awarded under the solicitation is \$16,250,000 over a 36-month period of performance. [Learn More](#)
5. **New Comprehensive Addiction and Recovery Act (CARA) Local Drug Crises Grants – Application Deadline: April 1, 2021** – The purpose of this program is to prevent and reduce the abuse of opioids or methamphetamines and the abuse of prescription drugs among youth ages 12-18 in communities throughout the United States. [Learn More](#)
6. **Rural Health Care Program – Application Deadline: April 1, 2021** – This program provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. [Learn More](#)
7. **Emerging Issues in Maternal and Child Health – Application Deadline: April 9, 2021** – The purpose of this program is to strengthen the capacities of state- and/or local-level organizations to respond to emerging public health issues affecting maternal and child health populations. [Learn More](#)
8. **Behavioral Health Workforce Education and Training Program for Paraprofessionals – Application Deadline: April 12, 2021** – HRSA is accepting applications for the Behavioral Health Workforce Education and Training (BHWET) Program for Paraprofessionals. This program will develop and expand community-based experiential training, such as field placements and internships, for students preparing to become peer support specialists and other behavioral health-related paraprofessionals. A special focus is placed on the knowledge and understanding of the specific concerns of children, adolescents, and transitional-aged youth in high need and high demand areas at risk for behavioral health disorders. HRSA expects approximately \$24.3 million to be available in FY 2021 to fund 43 grantees. [Learn More](#)
9. **New AARP Community Challenge – Application Deadline: April 14, 2021** – The AARP Community Challenge provides grants for projects that work to improve livability for all residents of a community. The 2021 application cycle will focus on public spaces, housing, transportation, civic engagement, coronavirus recovery, diversity, and inclusion. Applications from rural communities are encouraged. [Learn More](#)
10. **Rural Communities Opioid Response Program-Psychostimulant Support (RCORP-PS) – Application Deadline: April 21, 2021** – The overall goal of this program is to strengthening and expand prevention, treatment, and recovery services for rural individuals who misuse psychostimulants to enhance their ability to access treatment and move towards recovery. Over the course of a three-year period of performance, RCORP-PS award recipients will implement a set of core psychostimulant use disorder prevention, treatment, and recovery activities. [Learn More](#)
11. **New Newman's Own Awards – Application Deadline: April 22, 2021** – Newman's Own Awards are given to organizations that are working to improve quality of life for military members and their families, including programs for job training, housing, caregiver support, and mental health. [Learn More](#)

12. **New Second Chance Act Community-Based Reentry Program** – **Application Deadline: April 27, 2021** – Bureau of Justice Assistance is seeking applications to implement or expand on reentry programs that demonstrate strong partnerships with corrections, parole, probation, and other reentry service providers. [Learn More](#)
13. **New Rural Health and Safety Education Competitive Grants Program (RHSE)** – **Application Deadline: April 29, 2021** – RHSE funds community-based outreach, education, and extension programs at land-grant colleges and universities that provide individuals and families in rural areas with information on health, wellness, and prevention. [Learn More](#)
14. **New Hope Depot Community Impact Grants Program** – **Application Deadline: Ongoing until December 31, 2021** – The Home Depot Foundation Community Impact Grants provide funding for nonprofit organizations and public agencies in the United States that are using volunteers to improve communities, with a focus on veterans and diverse, underserved communities. Grants are given in the form of gift cards for the purchase of tools, materials, and services. [Learn More](#)

## ***INFO and RESOURCES***

1. **New The Many Hats of Recovery Housing Materials** – This webinar, presented on February 26, discussed how SOR-partner recovery homes manage meeting peoples' immediate needs while maintaining stability in the home, all while needing to make ends meet financially. Partners also discussed their work in light of the COVID-19 pandemic, efforts to address racial inequities in recovery housing services, and facilitators and barriers to their work (Source: *MIMH*). [Watch Now](#) | [Notes and Webinar Slides](#)
2. **New Rural Physicians Report Higher Rates of Bias Against OUD Patients** – A study conducted by two professors at Ohio University in Athens, Ohio, found that physician bias and stigma toward people who misuse opioids was greater among rural practitioners vs. those in urban settings (Source: *Addiction Professional*). [Read More](#)
3. **New Early Data Show Promise in Telephone Counseling for Opioid-Use Disorder** – Initially, the transition from in-person to virtual care was daunting for 46-year-old Jocelyn Tavarez, who has been receiving MAT and other services at CODAC Behavioral Healthcare — the largest non-profit outpatient provider for opioid treatment in Rhode Island — for about two years. Once she warmed up to the technology and connecting with her care team and peers in a different way, she hasn't looked back. Maintaining the routine and connection — albeit virtually — has been essential to her ongoing success. And she isn't alone, according to a study with Brown University (Source: *MedPage Today*). [Read More](#)
4. **New Childhood ADHD May Increase Risk of Subsequent Psychotic Disorders** – Children and adolescents with attention-deficit/hyperactivity disorder (ADHD) may have an increased risk of a subsequent psychotic disorder (PD), according to a meta-analysis recently published online in *JAMA Psychiatry* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
5. **New Mental Health Promotion Activity for Youth** – Teens are no strangers to stress. The good news is that they can learn to use healthy coping strategies to help build resilience in response to challenging circumstances and events. In preparation for **National Drug and Alcohol Facts Week**<sup>®</sup> (NDAFW), NIDA created an activity to help students support their mental health and find strategies to cope with stress. The activity includes ideas that teens can practice right away to enhance their emotional wellbeing and is designed to be delivered virtually, although it can be adapted for in-person classes (Source: *NIDA*). [Explore the Activity](#)
6. **New SAMHSA's New Publications: College Drinking Prevention Resources** – SAMHSA recently released the following college drinking prevention resources (Source: SAMHSA):
  - **Embracing Culture and Context to Prevent Underage Drinking** – This video shows how HBCUs, as well as other institutions that primarily serve students from a distinct background, region, or culture, can create prevention strategies to meet the unique needs of those students. [Watch Now](#)

- **Embracing Culture and Context to Prevent Underage Drinking Discussion Guide** – This discussion guide is a companion to the video of the same name that shows how HBCUs, as well as other institutions that primarily serve students from a distinct background, region, or culture, can create prevention strategies to meet the unique needs of those students. [Download Now](#)
  - **Lessons Learned at Frostburg State University** – This video shows the actions taken by Frostburg State University to reduce campus underage and harmful drinking. [Watch Now](#)
  - **Lessons Learned at Frostburg State University Discussion Guide** – This guide highlights steps taken by the Frostburg State University community to reduce underage and high-risk drinking among the student population and discusses how these strategies were implemented. [Download Now](#)
7. **New A Learning Series on Rapid Rehousing & Housing Problem-Solving** – Technical Assistance Collaborative (TAC) has been helping communities improve their implementation of rapid rehousing (RRH) and housing problem-solving (HPS) practices, offering two TAC-developed learning series that provide a foundational understanding of RRH core components and explaining how to promote community buy-in. Series sessions provide communities with practical ways to implement RRH core components effectively, along with strategies to continuously improve on their practice. The learning series give direct service providers skills they can use to help people avoid homelessness altogether. As COVID-19 continues to create more uncertainty for people struggling with housing instability and homelessness, TAC is working alongside communities to face the challenges together and serve our most vulnerable neighbors across the United States. If you are interested in bringing the RRH and HPS learning series to your community, contact TAC via [info@tacinc.org](mailto:info@tacinc.org), with “RRH/HPS Series” in the subject line (Source: TAC). [Learn More](#)
  8. **New Addressing Technology Burnout in Mental Health Clinicians** – Utilizing technology for telehealth treatment and being unable to meet with patients in person has led many mental health clinicians to experience burnout, causing some of them to stop applying best practices and self-care techniques, Steven Chan, MD, MBA, said at a Psych Congress Regionals session on telepsychiatry (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
  9. **New March is Problem Gambling Awareness Month** – About 2-3% of Americans suffer from gambling disorder, and many more evidence subclinical problems. As with all addictions, the disorder effects not just the individual diagnosed with the disorder but families and communities as well. The prevalence of gambling disorder is elevated (~15%) in individuals diagnosed with SUD and is slightly higher in OUD treatment settings (~18%). The National Council on Problem Gambling has good information and toolkits (including screening information) (Source: *Dr. Weinstock, St. Louis University*). [Explore the Resources](#)
  10. **New Clinicians’ Language Choice Can Impact Care of Patients with Suicidal Ideation** – Jill Harkavy-Friedman, PhD, Vice President of Research at the American Foundation for Suicide Prevention, New York, New York, discussed a critical shift in language and how clinicians frame their discussions with patients with suicidal ideation at a *Psych Congress Regionals* session on suicide prevention (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
  11. **New How the Human Brain Can Derail or Bolster DEI** – Critics often question whether leaders really have the commitment and stamina required to change embedded corporate norms, policies, and behaviors originally designed during an era of patriarchy and segregation to exclude women and minorities and preserve societal inequities. Yet, what if the Achilles heel of DEI is actually the human brain (Source: *Mindful Leader*)? [Read More](#)
  12. **SAMHSA Launches National African American Behavioral Health Center of Excellence** – SAMHSA announced the launch of their National African American Behavioral Health Center of Excellence (AABH-COE). As described in the announcement, the purpose of the Center is to create and provide training, written resources, and technical assistance to service providers in mental health and substance use disorder fields. In addition, there will be

information and tools for community partners, families, peer supporters, and individuals living with mental health and/or substance use disorders. Dr. Dawn Tyus, Principal Investigator for the Center, noted that the AABH-COE will work to name and understand the disparities faced by African American individuals and prepare the field to correct the disparities and address their effects. NASADAD will serve as a National Partner to the Center (Source: SAMHSA). [Press Release](#) | [AABH-COE website](#)

13. **Directory of DEI Resources** – To support organizations in addressing racial inequality and the associated stigmas that lead to health disparities and to ensure organizations have resources to support patients and providers, the National Council has created an online directory of tools, resources and learning materials for reference and implementation. This site will be updated regularly to better serve individuals and their organization (Source: *National Council for Behavioral Health*). [Learn More](#)
14. **DEI Framework** – The following table summarizes best current practices in each of the key performance areas in diversity, equity, and inclusion. While no organization has implemented all practices in every area, this model enables organizations to evaluate their current state and plan improvement strategies (Source: *National Council for Behavioral Health*). [Learn More](#)
15. **Racial Equity Toolkit** – This toolkit, published by the Government Alliance on Race and Equity, is designed to integrate explicit consideration of racial equity in decisions, including policies, practices, programs, and budgets. It is both a product and a process. Use of a racial equity tool can help to develop strategies and actions that reduce racial inequities and improve success for all groups (Source: *National Council for Behavioral Health*). [Toolkit](#)
16. **Black History Month Social Media and Outreach Toolkit** – HHS' Office of Minority Health has developed a new Black History Month Social Media and Outreach Toolkit Webpage! This Toolkit Webpage includes graphics and messaging that will help promote and highlight Black History Month, and the impacts COVID-19 has on African Americans with underlying health issues such as uncontrolled high blood pressure (hypertension). [Toolkit Webpage](#)
17. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
18. **Equity and Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#) | [Learn More about MHEIA](#)
19. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at [katie.andrews@dmh.mo.gov](mailto:katie.andrews@dmh.mo.gov) and/or 573-522-6163.

**March 16 – Northeast Region** (Districts: 3, 11, 16, 17, 18, 26, & 38) – **10-12pm**  
Location: Virtual

**April 6, 2021 – Eastern Region** – **10-12pm**  
Location: Virtual

**April 9, 2021 – Western Region** – **10-12pm**  
Location: Virtual

**April 14, 2021 – Southeast Region** – **10-12pm**  
Location: Virtual

**May 11, 2021 – North Central Region** – **10-12pm**  
Location: Virtual

## TRAINING OPPORTUNITIES

1. **New Gambling during a Digital Revolution** – Pandemic lockdowns and restrictions have impacted the provision of treatment for people with gambling problems. In the gambling area, there is an existing evidence-base for the efficacy of telephone and online interventions. This presentation will review the state of the field, and provide helpful guidance to clinicians. **Tuesday, March 9, 2021, 11-12pm CT.** [Register](#)
2. **Trauma and Its Impact** – Understanding trauma and its impact is crucial for providing effective care and services for people living with mental health challenges who are also likely to have histories of trauma exposure. This session will provide an overview of definitions, sources, types and the prevalence of trauma and explore its bio-psycho-social-spiritual-communal impact. We will also identify practical ways to make our services more trauma-informed. **Wednesday, March 10, 2021, 1:30-2:45pm CT.** [Register](#)
3. **Eating Disorders Webinar Series** – Over 30 million people in the US struggle with disordered eating. Many minority groups including males, people of color, and individuals in larger bodies remain undiagnosed and do not receive the clinical care they need. It is important that clinical providers and community leaders be able to recognize the signs and symptoms of eating disorders to get more individuals the support they need and help reduce the stigma around eating disorders. [Flyer](#)
  - **Part 3 – Breaking through Shame – How Faith Communities Can Remove Mental Health Stigma and Support those with Eating Disorders** – **Thursday, March 11, 2021, 10-11am CT.** [Register](#)
4. **New Rural Health Challenges during COVID-19** – Rural America has suffered from a severe shortage in behavioral health providers for decades, and the COVID-19 pandemic has highlighted this inequity more than ever. In this session, panelists will share strategies they've used to provide culturally competent and equitable services in under-resourced areas through telehealth and mobile health innovations. We also hope to learn more about your community's needs and opportunities, so please join us to have your voice heard! **Thursday, March 11, 2021, 1-2pm CT.** [Register](#)
5. **New Mental Health First Aid (MHFA) Virtual Training Course**– This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use challenge and help connect them to the appropriate care. [Register](#)
  - **Adult MHFA** – **Friday, March 12, 2021, 8:30-3:30pm**
  - **Youth MHFA** – **Friday, March 19, 2021, 8:30-1:30pm**
6. **Equitable and Culturally Responsive Suicide Prevention** – The St. Louis Regional Suicide Prevention Coalition in coordination with the Missouri Coalition for Community Behavioral Healthcare is offering this session. CEUs available to healthcare professionals. [Register](#)
  - **Cultural Responsiveness and Equity in Preventing Suicide in our Schools** – This session will explore equity in suicide prevention efforts in schools. **Friday, March 12, 2021, 12-1:30pm CT.**
7. **New Achieving Health Equity, Eliminate a Major Barrier: Language** – Today, one of the greatest impediments to equal-access healthcare, effective treatment and patient literacy is...LANGUAGE! A leading cause of misdiagnosis and mistreatment in healthcare today is the inability of providers to communicate with limited-English speaking and deaf patients to accurately understand their symptoms. Join this FREE, live webinar to learn about: risk of not having ready access to interpreting, ability to prevent language discordance during COVID, legal responsibilities under ADA and ACA, easiest way to comply with HIPAA regulations, and options for securing modern interpreting solutions. The webinar includes a live demonstration of the latest Mobile Video Interpreting (MoVI) technology. **Wednesday, March 17, 2021, 12-1pm CT.** [Register](#)



8. **New Clinical and Ethical Issues: Managing Suicide Risk with Individuals Using Substances** – During this webinar attendees will learn how to: identify risk and protective factors for suicide that are either specific to or more prevalent for individuals who use substances, demonstrate an understanding of the importance of ethical assessment and treatment of individuals who use substances, and demonstrate how evidence-based strategies can be used to more effectively assess risk and manage suicidal behavior in a clinical setting. **Wednesday, March 17, 2021, 1-2:30pm CT.** [Register](#)
9. **Building a Stronger Workforce in Missouri** – Recovery Friendly Workplaces (RFW) foster a workplace culture that promotes employee safety, health, and well-being through strategies that provide support for managers and employees, including reducing stigma and providing recovery resources relating to the challenges surrounding SUD. All employers should participate to learn more about what it means to be a RFW and to connect with a network of businesses and organizations interested in creating healthy and safe work environments. **Thursday, March 18, 2021, 1-2:30pm CT.** [Register](#)
10. **A Roadmap for Rural Permanent Supportive Housing** – This webinar will share best practices and lessons learned about creating permanent supportive housing programs for rural communities that meet SAMSHA fidelity guidelines. The presentation covers the philosophy, funding, and solutions for program challenges and potential next steps for interested communities. **Thursday, March 18, 2021, 1:30-2:30pm CT.** [Register](#)
11. **New Traumatic Brain Injury & SUD Series** – The seven virtual trainings below are focused on the significant intersection between brain injury and addiction. The trainings consist of an introductory session followed by six special topic webinars. Special topics will include the intersection of brain injury with addictions, intimate partner violence, suicide, as well as special considerations for individual and group therapy. The final session will be focused on the introduction of a Brain Injury and Addictions Toolkit.
  - **Brain Injury 101** – **Wednesday, March 24, 2021, 11:30-1pm** [Register](#)
  - **Intimate Partner Violence** – **Wednesday, March 31, 2021, 11:30-1pm** [Register](#)
  - **Suicide** – **Thursday, April 15, 2021, 11:30-1pm** [Register](#)
  - **Effective Strategies for Group Therapy** – **Wednesday, April 28, 2021, 11:30-1pm** [Register](#)
  - **Effective Strategies for Individual Therapy** – **Wednesday, May 12, 2021, 11:30-1pm** [Register](#)
  - **Criminal Justice** – **Wednesday, May 26, 2021, 11:30-1pm** [Register](#)
  - **Addictions and Brain Injury Toolkit** – TBD
12. **The Opioid Crisis: National and State Perspectives and Initiatives** – This webinar will provide an overview of the drug and opioid overdose crisis at the state and national levels, discuss evidence-based interventions, and discuss Kansas' approach to opioid misuse, use, and overdose prevention. **Thursday, March 25, 2021, 3:30-5pm.** [Register](#)
13. **Assessing and Managing Suicide Risk During COVID-19 and Beyond** – This session will provide an overview of the statistical and societal impact of suicide while also presenting concrete steps that healthcare professionals can take to diminish the risk of individuals' suicide attempts. **Learning Objectives:** identify the factors that have increased the urgency for suicide assessment and prevention; plan specific evidence-based strategies for reducing the risk of patients' suicide attempts, and utilize one or more current assessment tools with clients who may present risk for suicide. **Friday, March 26, 2021, 11-1pm CT.** [Register](#)
14. **Navigating the Road to Resilience: Pushing through Adversity** – During this webinar participants will review how resilience is developed, identify road blocks to resilience, and identify steps to build their own resilience and identify how to help others build resilience. **Thursday, April 8, 2021, 3:30-5pm** [Register](#)
15. **Virtual Motivational Interviewing Training (Introductory/Refresher Course)** – This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, MI training can help you create conversations that empower people to make meaningful changes. Registration Fee: \$79.  
**Tuesday, April 13, 2021, 11-3pm CT** [Register](#)

**Tuesday, June 22, 2021, 11-3pm CT** [Register](#)

16. **The Missouri Association of Treatment Court Professionals (MATCP) Annual Conference** – The MATCP's 23<sup>rd</sup> Annual Conference will be brought to you in a virtual format this year. This conference will provide the same great local and national presentations but now from the comfort of your home or office. **Please remember you do not have to work in a Treatment Court in order to attend this conference!** **April 21-23, 2021.** [Learn More and Register](#)
17. **2021 Missouri Children's Trauma Network Training Summit** – In partnership with the Missouri Coalition for Community Behavioral Healthcare and Missouri Kid's First, the Missouri Children's Trauma Network is excited to be able to provide this training on **April 27-28, 2021.** The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. In the next few years, the Missouri Children's Trauma Network plans to raise the standard of care and improve access to services for children, families, and communities impacted by trauma. **Registration Fee: \$20.** [Learn More and Register](#)
18. **New NatCon21** – This is an opportunity for participants to boost their knowledge base and supercharge their organization, while networking with 6,000+ peers from across the country. Attendee will get to: hear from world-class speakers, experience a robust curriculum led by 500+ speakers in health care and beyond; take advantage of virtual learning opportunities for leadership growth; enjoy a mix of TED-style Talks, Ignite Sessions, Workshops and iPoster Presentations; access best-in-class products, technologies and services from 200+ exhibitors, and add more CE and CME credits to your learning portfolio. **May 3-5, 2021.** [Register](#)
19. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
  - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
  - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)
20. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021.** **Registration Fee: \$115.** [Learn More and Register](#)
21. **Intermediate Motivational Interviewing Training** – This 4-hour, live session is for individuals who have had prior MI training and want to hone their skills. This webinar will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This webinar will be capped at 40 participants to allow for guided small group practice and discussions. **Tuesday, May 25, 2021, 1-3pm CT.** **Registration Fee: \$99.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

*Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.*

1. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life.

Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)

2. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
3. **MO-HOPE Trainings** – The MO-HOPE Project continues to conduct virtual trainings. Below is a list of dates and times for MO-HOPE Overdose Education and Naloxone Distribution (OEND) and train-the-trainer courses through March 2021. These trainings are available at no cost. As a reminder, these trainings are also available upon request, or can be viewed via video by here: <https://mohopeproject.org/category/video/>.

**AVAILABLE TRAINING DATES:**

**Wednesday, March 17, 3pm-5pm; OEND:** [https://zoom.us/meeting/register/tJEkcu6urDkuGNcoX\\_sLSHhXhT-FCZ82-r2R](https://zoom.us/meeting/register/tJEkcu6urDkuGNcoX_sLSHhXhT-FCZ82-r2R)

**Wednesday, March 24, 10am-12pm; OEND TOT:** <https://zoom.us/meeting/register/tJMoc-qsrj4sGNTxEI5WQpivHtApCq3piWA8>

4. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
5. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in March, June, and October. For more information and to register, click the links: [March](#) | [June](#) | [October](#).
6. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities February – May 2021. Check out the [MCB website](#) for more information and to register.
7. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). [Register](#)
  - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

***Look for updates on different topics/initiatives next Friday!***