

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance March 19, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- Budget Update** – (submitted by Vicki Schollmeyer) The House Budget Committee will have their markup hearing on all HBs on Monday, March 22 at noon.
- CIT Conference 2021** – DMH in partnership with the Coalition for Community Behavioral Healthcare and the Missouri Crisis Intervention Team (CIT) Council held the 7th Annual CIT Conference virtually on March 15-16. More than 450 law enforcement officers, first responders and behavioral health professionals were in attendance. The event recognized individuals across the state with various awards. Dr. Rick Gowdy, former Director of the Division of Behavioral Health, was recognized at the event for his support of CIT over the years.
- PPE Marketplace to be Unavailable after April 1, 2021** – The PPE Marketplace will no longer be available for use after April 1, 2021. Fortunately, supply chains for PPE have been corrected and the PPE Marketplace has successfully served its purpose as part of Missouri's COVID-19 response. Missouri DED apologizes for any inconvenience this may cause. Thank you for using the PPE Marketplace to assist our state's response to COVID-19. (Source: *Missouri Department of Economic Development*).
- Consumer Stimulus Checks** – A new round of stimulus checks being distributed may be sent to a number of DMH consumers. These funds do *not* prompt a new calculation of the SMT for DMH-funded services. The stimulus checks also are not intended to offset usual DMH or provider costs. Simply, the funds belong to the consumer and are intended to be spent by the consumer or representative payee in the interest of the recipient. Individuals living independently may need these funds to help with their housing expenses. DHSS updates for their licensed facilities may be posted on: <https://ltc.health.mo.gov/>.
- Important - Treatment Court CIMOR Instructions** – Instructional materials that provide CIMOR guidance to agencies who utilize CSTAR funding for treatment court participants have been added to the Justice Involved Treatment Initiatives DMH webpage. [Access Now](#)
- New Survey for Stimulant Use Disorders** – The Mid America Addiction Technology Transfer Center is partnering with the Missouri Institute of Mental Health, the Opioid Response Network, and Saint Louis University to produce new resources in response to the rising needs of serving clients with Stimulant Use Disorder (StimUD). This survey was created to gain a

DBH Community COVID-19 Positives Data (as of March 19, 2021, at 4pm)

Consumers	1,122
Staff	807
Providers	55

16 consumer/staff deaths have been reported.

JOB ANNOUNCEMENT

Area Treatment Coordinator Eastern Region - STL

DMH is seeking an Area Treatment Coordinator within the Division of Behavioral Health. This position is located in St. Louis, MO.

Applicants may apply until end of day April 2, 2021. [Learn More and Apply](#)

better understanding of the needs of organizations who work with clients with StimUD, and what current practices in our region (Iowa, Kansas, Missouri, and Nebraska) are making breakthroughs in this realm. Please only complete the survey if you are located **Iowa, Kansas, Missouri, or Nebraska**. The survey should take no more than 10 minutes to complete and will help inform what future resources are created to respond to the needs of StimUD (Source: *Mid America ATTC*). [Complete Survey!](#)

7. COVID-19 Updates & Resources –

- **COVID-19 Vaccine Education Initiative from the Ad Council** – The following links are videos from the Ad Council encouraging people to get the facts about the vaccine in order to feel comfortable about getting vaccinated: **How it Starts** (0:30) - [Watch Now](#) | **Worship** (1:00) - [Watch Now](#)
- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit www.missouricit.org/frpn to find a provider.
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **COVID-19 Community Testing Info** – For **current community testing locations and information**, including links to register, please visit: health.mo.gov/communitytest.
- **DBH Treatment Provider Calls** – The calls are scheduled every **two weeks** on Wednesdays at 12pm. Next scheduled call is **March 24, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

COVID Vaccine: Get the Facts

Vaccine Question: Is a COVID-19 vaccination the safest way to help build protection?

Vaccine Truth/Fact: Yes. COVID-19 can have serious, life-threatening complications, and there is no way to know how COVID-19 will affect you. And if you get sick, you could spread the disease to friends, family, and others around you. Clinical trials of all COVID-19 vaccines must first show they are safe and effective before any vaccine can be authorized or approved for use. The known and potential benefits of a COVID-19 vaccine outweigh the known and potential risks.

For more information, go to covidvaccine.mo.gov.



VIEW THE LATEST COVID-19 VACCINE RESOURCES [CLICK HERE](#)



FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

- Mentoring for Youth Affected by the Opioid Crisis and Drug Addiction – Application Deadline: March 30, 2021** – The purpose of the program is to support the implementation and delivery of mentoring services to youth who are misusing substances, youth at risk for SUD, and youth with family members who currently use substances or have a SUD. Eligible applicants for the first category, Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include nonprofit and for-profit organizations that currently have mentoring programs. Eligible applicants for the second category, Statewide and Regional Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include national organizations and States. The anticipated total amount to be awarded under the solicitation is \$16,250,000 over a 36-month period of performance. [Learn More](#)
- Comprehensive Addiction and Recovery Act (CARA) Local Drug Crises Grants – Application Deadline: April 1, 2021** – The purpose of this program is to prevent and reduce the abuse of opioids or methamphetamines and the abuse of prescription drugs among youth ages 12-18 in communities throughout the United States. [Learn More](#)
- Rural Health Care Program – Application Deadline: April 1, 2021** – This program provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. [Learn More](#)
- Behavioral Health Workforce Education and Training Program for Paraprofessionals – Application Deadline: April 12, 2021** – HRSA is accepting applications for the Behavioral Health Workforce Education and Training (BHWET) Program for Paraprofessionals. This program will develop and expand community-based experiential training, such as field placements and internships, for students preparing to become peer support specialists and other behavioral health-related paraprofessionals. A special focus is placed on the knowledge and understanding of the specific concerns of children, adolescents, and transitional-aged youth in high need and high demand areas at risk for behavioral health disorders. HRSA expects approximately \$24.3 million to be available in FY 2021 to fund 43 grantees. [Learn More](#)
- Rural Communities Opioid Response Program-Psychostimulant Support (RCORP-PS) – Application Deadline: April 21, 2021** – The overall goal of this program is to strengthening and expand prevention, treatment, and recovery services for rural individuals who misuse psychostimulants to enhance their ability to access treatment and move towards recovery. Over the course of a three-year period of performance, RCORP-PS award recipients will implement a set of core psychostimulant use disorder prevention, treatment, and recovery activities. [Learn More](#)
- Second Chance Act Community-Based Reentry Program – Application Deadline: April 27, 2021** – Bureau of Justice Assistance is seeking applications to implement or expand on reentry programs that demonstrate strong partnerships with corrections, parole, probation, and other reentry service providers. [Learn More](#)
- Rural Health and Safety Education Competitive Grants Program (RHSE) – Application Deadline: April 29, 2021** – RHSE funds community-based outreach, education, and extension programs at land-grant colleges and universities that provide individuals and families in rural areas with information on health, wellness, and prevention. [Learn More](#)
- New 2021 Second Chance Act Pay for Success Initiative – Application Deadline: April 30, 2021** – The purpose of the program is to enhance or implement performance-based and outcomes-based contracts with reentry, permanent supportive housing or recovery housing providers to reduce recidivism and address SUDs impacting individuals who were formerly incarcerated. [Learn More](#)

9. **Home Depot Community Impact Grants Program – Application Deadline: Ongoing until December 31, 2021** – The Home Depot Foundation Community Impact Grants provide funding for nonprofit organizations and public agencies in the United States that are using volunteers to improve communities, with a focus on veterans and diverse, underserved communities. Grants are given in the form of gift cards for the purchase of tools, materials, and services. [Learn More](#)

INFO and RESOURCES

1. **New Missouri State Assistance for Housing Relief (SAFHR) Program** – The state of Missouri’s new rental assistance program using funding through the Emergency Rental Assistance Program (ERAP) was passed by Congress in December 2020. On February 11, 2021, Governor Parson signed HB 16 into law, which provides more than \$324 million in funding for rental and utility assistance for Missourians. Missouri Housing Development Commission will administer this funding under the SAFHR program (Source: *Missouri Housing Development Commission*). [Learn More](#)
2. **New SOR 2.0 StimUD Page on NoMoDeaths** – The Addiction Science team has put together a page of resources on methamphetamine use, harm reduction infographics and slide decks, and information on what SOR 2.0 is doing to help individuals with Stimulant Use Disorder (StimUD) in urban and rural communities across the state (Source: *MIMH*). [Learn More](#)
3. **New An Evaluation of Recovery Housing in Missouri: Key Outcomes and Recommendations** – Between legislative advances for increasing recovery budgets, creation of recovery housing standards by the National Alliance for Recovery Residences (NARR), and increasing support of the use of Medication for Opioid Use Disorder (MOUD) as part of an abstinence-based recovery path, recovery housing has made substantial progress in finding ways to support individuals in their recovery (Source: *ATTC Network*). [Read More](#)
4. **New Body U for all Missourians** – Missouri Eating Disorders Council is excited to share that Body U is available to **all adults in Missouri**. Body U is an online platform that screens for eating disorders, anxiety, and depression. Based on screen results, individuals are referred to **a free evidenced based online program that best fit their needs**. Body U can be completed in addition to in-person therapy and is **an excellent resource for people on your waiting list or who cannot currently access treatment** (Source: *Body U*). [Learn More](#)
5. **New National Drug and Alcohol Facts Week (NDAFW)** – NDAFW is a week-long health observance dedicated to providing youth with the facts about how drugs and alcohol affect the developing brain and body. This year’s NDAFW is March 22-28 and celebrations will take place online (Source: *NIDA*). [Learn More](#)
6. **New Communities Creating Mental Health Crisis Systems** – A groundbreaking new report from the Committee on Psychiatry and the Group for the Advancement of Psychiatry and released by the National Council for Behavioral Health, outlines the steps to take now – before the launch of 9-8-8 – to ensure people in crisis receive the high-quality behavioral health services they need. The report, “Roadmap to the Ideal Crisis System,” provides a detailed vision for communities creating mental health crisis systems to guide this important work (Source: *National Council for Behavioral Health*). [Full Report](#) | [Executive Summary](#).
7. **New SAMHSA Publishes Series of Advisories on Substance Use Disorder Treatment** – SAMHSA has published a series of Advisories based on existing Treatment Improvement Protocols and Technical Assistance Publications (Source: *SAMHSA*).
 - **Comprehensive Case Management for Substance Use Disorder Treatment** – This advisory covers the principles and models of case management, discusses reasons SUD treatment providers might consider implementing or expanding the use of case management, and lists several resources and tools. [Download Now](#)

- **Using Motivational Interviewing in Substance Use Disorder Treatment** – This advisory addresses the fundamentals and use of motivational interviewing (MI), discusses how providers can use MI in treatment, and provides tools for providers. [Download Now](#)
 - **Screening and Treatment of Viral Hepatitis in People with Substance Use Disorders** – This advisory provides guidance to providers on screening for, and treating clients with, hepatitis A, hepatitis B, and hepatitis C infections. [Download Now](#)
8. **New NIDA Study Examines Collaborative Approach to Treating Opioid Use Disorder** – A study recently published by the National Institute on Drug Abuse (NIDA) examined a team-based approach for treating opioid use disorder (OUD). The pilot study enrolled participants receiving buprenorphine treatment who were first treated by physicians to evaluate the patients and determine the dosage of medication. Their care was then transferred to a community pharmacist for the duration of the study. Pharmacists met with patients monthly to dispense medication, monitor withdrawal symptoms, check whether patients were attending counseling, and perform urine drug screens. Results from the study found high rates of treatment retention (88.7%) and adherence (95.3%) at the end of the study. In addition, over 90% of patients reported being very satisfied with the quality and convenience of treatment. Physicians and pharmacists also provided positive ratings of satisfaction at the conclusion of the study (Source: *NASADAD*). [Read More](#)
 9. **New High Schoolers who Misuse Prescription Opioids are at Higher Risk for Suicidal Behaviors, Study Finds** – About one of every three high school students who said they were misusing prescription opioids when they were surveyed reported they had attempted suicide, according to a study published in the journal *Pediatrics*. Previously, researchers have reported that young people who had misused prescription opioids at any point were at higher risk for suicidality, which the American Psychological Association defines as the "risk of suicide, usually indicated by suicidal ideation or intent" and a detailed plan to carry it out (Source: *CNN*). [Read More](#)
 10. **New Young Women Driving Increase in Deaths from Alcoholic Liver Disease** – Cases of alcoholic liver disease have risen sharply over the last year. Young women are driving the rise in deaths from the disease, experts tell NPR (Source: *Partnership to End Addiction*). [Read More](#)
 11. **New The Current State of Women’s Mental Health** – During this discussion, panelists engage in a dialog reflecting on the research which underscores how women may be disproportionately affected by the current state as compared to men. They expand on both the psychological and physical disparities that have been observed. The panelists also explore how women have been impacted in workplace during these unprecedented times. We will uncover why we may be observing these inequalities and conclude with resources available to assist women during this time (Source: *PsychU*). [Watch Now](#)
 12. **New Empathetic Phone Calls During Pandemic Benefit Recipients’ Mental Health** – During the COVID-19 pandemic, a month of empathy-focused telephone calls from quickly trained laypeople eased depression, anxiety, and loneliness and improved general mental health in Meals on Wheels recipients, according to a study published online ahead of print in *JAMA Psychiatry* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
 13. **New Metabolic Disorders Linked with Greater Cognitive Deficits in People With Schizophrenia** – Metabolic syndrome, diabetes, and hypertension are linked with greater global cognitive impairment in people with schizophrenia, according to a systematic review and meta-analysis published online ahead of print in *JAMA Psychiatry* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
 14. **New Q&A: High Comorbidity Rate of Bipolar Disorder and ADHD “Not by Chance”** – Co-occurrence of adult bipolar disorder (BD) and attention/deficit-hyperactivity disorder (ADHD) is heterogenous and “much higher than expected by chance,” according to a meta-analysis published online in *Neuroscience & Biobehavioral Reviews* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)

15. **New ADHD: Webcast on Essential Tools for Recognizing and Treating Patients from Young Adulthood and Beyond** – This accredited, on-demand webcast features presentations that examine data on approved treatments and discuss both the psychosocial and economic burdens of young adults and adult patients living with ADHD (Source: *Psychiatry & Behavioral Health Learning Network*). [Access Now](#)
16. **New Schizophrenia: Webcast on Multidisciplinary Care and Therapeutic Advances is Available** – This accredited, on-demand webcast focuses on both pharmacologic and nonpharmacologic strategies to optimize treatment adherence and functional recovery (Source: *Psychiatry & Behavioral Health Learning Network*). [Access Now](#)
17. **New Racial/Ethnic Disparities in Mutual Help Group Participation for Substance Use Problems** – Participation in Alcoholics Anonymous and other mutual help groups among racial and ethnic minorities is an important goal, given the efficacy of self-help groups as an adjunct to treatment for substance use disorder. This comprehensive review first explores research on barriers to mutual help participation and then examines the U.S. literature on racial/ethnic disparities in participation among adults and adolescents with substance use disorder (Source: *ARCR*). [Read More](#)
18. **New NHSC and SAMHSA Release Toolkit on MAT Training and Loan Repayment** – A new MAT training and loan repayment toolkit has been released by the National Health Service Corps (NHSC), within HRSA, in collaboration with SAMHSA Providers Clinical Support System (PCSS). The agencies have partnered to increase the number of waiver-certified clinicians in high-need communities per the Drug Addiction Treatment Act of 2000. The toolkit provides information on obtaining free MAT training to become DATA 2000 waived and includes information on how participants can receive award preference for the NHSC Substance Use Disorder Workforce Loan Repayment Program and the Rural Community Loan Repayment Program (Source: *HRSA*). [Read More](#)
19. **New DEA Announces Launch of Operation Engage** - The DEA announced the launch of a new law enforcement and substance use prevention initiative called Operation Engage which will create field divisions that can customize substance use prevention strategies and resources to target the most prevalent substance of misuse in a local community. The goals are to identify local drug threat enforcement priorities and drug use trends, support and contribute to local drug use prevention efforts and bridge public safety and public health efforts (Source: *DEA*). [Learn More](#)
20. **New Model Recovery Residence Certification Act** – The Legislative Analysis and Public Policy Association (LAPPA) recently published the Model Recovery Residence Certification Act. While recovery residences can provide a critical bridge from early recovery to a healthy, stable and engaged life in the community, a lack of recovery residence standards can lead to the exploitation and victimization of individuals in recovery (Source: *LAPPA*). [Read More](#)
21. **2021 Mental Health Champions' – Nominations are Being Accepted Now** – The Missouri Mental Health Foundation is accepting nominations for the 2021 Missouri Mental Health Champions' Award. These awards recognize individuals living with a mental illness, developmental disability, or in recovery for substance use disorders, who make a positive contributions to their communities, exemplify commitment and vision, and whose actions have increased the potential for independence in others living with a mental health condition or disability. Annually, three individuals are selected to receive the Mental Health Champions' Award. The celebration is the Mental Health Champions' Banquet, which is scheduled for Tuesday, October 5, 2021, at the Capitol Plaza Hotel in Jefferson City. **The deadline to submit nominations is March 26.** Learn more about the nomination process on the [MMHF website](#).
22. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)

23. **Equity and Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#) | [Learn More about MHEIA](#)

24. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

April 6, 2021 – Eastern Region – 10-12pm
Location: Virtual

April 9, 2021 – Western Region – 10-12pm
Location: Virtual

April 14, 2021 – Southeast Region – 10-12pm
Location: Virtual

May 11, 2021 – North Central Region – 10-12pm
Location: Virtual

TRAINING OPPORTUNITIES

- Traumatic Brain Injury & SUD Series** – The seven virtual trainings below are focused on the significant intersection between brain injury and addiction. The trainings consist of an introductory session followed by six special topic webinars. Special topics will include the intersection of brain injury with addictions, intimate partner violence, suicide, as well as special considerations for individual and group therapy. The final session will be focused on the introduction of a Brain Injury and Addictions Toolkit.
 - **Brain Injury 101 – Wednesday, March 24, 2021, 11:30-1pm CT** [Register](#)
 - **Intimate Partner Violence – Wednesday, March 31, 2021, 11:30-1pm CT** [Register](#)
 - **Suicide – Thursday, April 15, 2021, 11:30-1pm CT** [Register](#)
 - **Implications of Brain Injury & Addiction – Wednesday, April 28, 2021, 11:30-1pm CT** [Register](#)
 - **Effective Strategies for Group and Individual Therapy – Wednesday, May 12, 2021, 11:30-1pm CT** [Register](#)
 - **Criminal Justice – Wednesday, May 26, 2021, 11:30-1pm CT** [Register](#)
 - **Addictions and Brain Injury Toolkit – TBD**
- New Substance Use Disorders and Intimate Partner Violence** – Intimate partner violence (IPV) can have significant effects on one's health, including increased risk for substance use concerns. Join this webinar to identify resources to address substance use disorder and intimate partner violence, identify common concerns and barriers survivors face, identify actionable steps or resources to address those barriers, and understand the relationship between SUD and IPV. **Thursday, March 25, 2021, 1-2pm CT.** [Register](#)
- New Supporting Persons with Serious Mental Illness through Enhanced Primary Care** – Because primary care providers are often the first to identify and support individuals with serious mental illness (SMI), as well as chronic diseases, integrating primary care and behavioral health care is imperative to narrow health disparities for patients with SMI. Join this webinar to explore core concepts around providing care for individuals with SMI through two models of enhanced primary care and associated quality measures. **Thursday, March 25, 2021, 1-2pm CT.** [Register](#)
 - **CoE Office Hour** – Continue the conversation during the follow-up Center of Excellence (CoE) for Integrated Health Solutions Office Hour. **Tuesday, March 30, 2021, 1-2pm CT.** [Register](#)

4. **New Early Diversion Virtual Learning Community** – This is a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.
 - Part 1: Strategies for Addressing Treatment Engagement Challenges with Certain Individuals – **Thursday, March 25, 2021, 1-3pm CT.** [Register](#)
 - Part 2: Addressing the Critical Need for Housing and Strategies to Overcome Barriers to Improve Housing Access – **Thursday, April 22, 2021, 1-3pm CT.** [Register](#)
 - Part 3: Integrating Forensic Assertive Community Treatment (FACT) Teams into Early Diversion Response – **TBD**
 - Part 4-5: **TBA**
5. **New Supporting the Mental Health and Treatment Needs of Individuals Experiencing Homelessness during COVID-19** – Throughout the COVID-19 pandemic, there has been an increase in mental health and substance use disorders in the U.S. Join SAMHSA’s Homeless and Housing Resource Center to explore equitable and culturally appropriate interventions to engage people experiencing homelessness in treatment and deliver services in non-congregate settings. **Thursday, March 25, 2021, 2:30-4pm CT.** [Register](#)
6. **New NAMI Missouri Provider Workshop** – NAMI Missouri Provider Workshop is a one day, six-hour workshop that is presented to Missouri mental health workers and the social service/helping community. Topics include medication updates, children’s disorders, psychiatric crisis, a recovery panel, family issues and more. The event is free and CEUs will be issued by MIMH upon completion of the event. **Wednesday, March 31, 2021, 9-4:15pm CT.** [Agenda](#) | [Register](#)
7. **New Addressing Stigma & Substance Use Disorders** – This webinar will provide content for professionals to consider in their day-to-day work when serving people with substance use disorders. The topics will allow participants to gain a deeper understanding of the nature and context of stigma. **Wednesday, April 7, 2021, 9-12pm CT.** **Registration fee: \$39.** [Register](#)
8. **Navigating the Road to Resilience: Pushing through Adversity** – During this webinar participants will review how resilience is developed, identify road blocks to resilience, and identify steps to build their own resilience and identify how to help others build resilience. **Thursday, April 8, 2021, 3:30-5pm CT.** [Register](#)
9. **Virtual Motivational Interviewing Training (Introductory/Refresher Course)** – This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, MI training can help you create conversations that empower people to make meaningful changes. Registration Fee: \$79.
Tuesday, April 13, 2021, 11-3pm CT [Register](#)
Tuesday, June 22, 2021, 11-3pm CT [Register](#)
10. **The Missouri Association of Treatment Court Professionals (MATCP) Annual Conference** – The MATCP’s 23rd Annual Conference will be brought to you in a virtual format this year. This conference will provide the same great local and national presentations but now from the comfort of your home or office. **Please remember you do not have to work in a Treatment Court in order to attend this conference!** **April 21-23, 2021.** [Learn More and Register](#)
11. **2021 Missouri Children’s Trauma Network Training Summit** – In partnership with the Missouri Coalition for Community Behavioral Healthcare and Missouri Kid’s First, the Missouri Children’s Trauma Network is excited to be able to provide this training on **April 27-28, 2021.** The Missouri Children’s Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. In the next few years, the Missouri Children’s Trauma Network plans to raise the standard of care and improve access to services for children, families, and communities impacted by trauma. **Registration Fee: \$20.** [Learn More and Register](#)

12. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
 - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
 - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)
13. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021. Registration Fee: \$115.** [Learn More and Register](#)
14. **Intermediate Motivational Interviewing Training** – This 4-hour, live session is for individuals who have had prior MI training and want to hone their skills. This webinar will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This webinar will be capped at 40 participants to allow for guided small group practice and discussions. **Tuesday, May 25, 2021, 1-3pm CT. Registration Fee: \$99.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **New NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

AVAILABLE TRAINING DATES:
April 9-10, 10-2pm each day
July 9-10, 10-2pm each day
October 1-2, 10-2pm each day
2. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
3. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
4. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose**

Education and Naloxone Distribution (OEND) at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

OEND AVAILABLE TRAINING DATES:

Tuesday, April 13, 10-12pm [Register](#)
Thursday, May 20, 1-3pm [Register](#)
Monday, June 21, 10-12pm [Register](#)
Wednesday, July 21, 1-3pm [Register](#)
Tuesday, August 17, 9-11am [Register](#)

OEND TOT AVAILABLE TRAINING DATES:

Tuesday, April 27, 1-3pm [Register](#)
Wednesday, May 26, 10-12pm [Register](#)
Wednesday, June 23, 1-3pm [Register](#)
Wednesday, July 7, 2-4pm [Register](#)
Wednesday, August 18, 10-12pm [Register](#)

5. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
6. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in March, June, and October. For more information and to register, click the links: [March](#) | [June](#) | [October](#).
7. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities March – May 2021. Check out the [MCB website](#) for more information and to register.
8. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). **Four spots left for April 15, 2021, training date.** [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for updates on different topics/initiatives next Friday!