

# FYI FRIDAYS

**Happy New Year!!**

## DBH Updates, Notices, and Policy Guidance

January 1, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **COVID Vaccine Update** – Below is a link to an interview-style video created by Susan Flanigan and Dr. Angeline Stanislaus regarding the COVID vaccine. Dr. Stanislaus is the Chief Medical Director for DMH. In this video, she provides basic answers and information on:

- What are the different types of vaccines?
- When and to whom will the vaccine be available?
- Are the vaccines safe?
- Why should I get vaccinated?

Please share this link with team members at your facilities, programs and offices: <https://www.youtube.com/watch?v=aJ8z88k3j6U>.

### DBH Community COVID-19 Positives Data (as of December 30, 2020, at 4pm)

Consumers	810
Staff	610
Providers	49

12 consumer deaths have been reported.

Please send any reports of staff or consumer positives to [nora.bock@dmh.mo.gov](mailto:nora.bock@dmh.mo.gov) and copy [karen.will@dmh.mo.gov](mailto:karen.will@dmh.mo.gov).

2. **COVID Vaccinations in DBH Psychiatric Hospitals** – This week, the DBH state-operated psychiatric hospitals began to vaccinate patients and staff against COVID. Five of the six state-operated hospitals have completed all the vaccinator requirements of DHSS, and two of the hospitals received initial shipments of the Pfizer vaccine on Tuesday, some of which are being redistributed to the other sites. Although vaccination of patients is our top priority, DMH is also working cooperatively with Compass Health Network to vaccinate over 250 employees at Fulton State Hospital. While it is unclear how many patients ultimately will agree to be vaccinated, we hope vaccination rates are close to the rates of the influenza vaccinations, as over 80% of patients were vaccinated against the flu. DMH is grateful for the assistance we received from DHSS in making this happen.
3. **CIMOR Priority** – If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.
  - **Discontinued CPT Code** – Effective December 31, 2020, the American Medical Association (AMA) will be discontinuing CPT code 99201. CIMOR has been updated with the CPT/HCPCS codes effective January 1, 2021.
    - 99201 will no longer be available.
    - The short and long descriptions are updated for the attached CPT/HCPCS codes.
  - **DM Pools** – Below are the current balances for the DM Housing and Outreach pools.

	ADA	CPS
DM Housing Allocation	\$250,000.00	\$250,000.00
DM Housing Expended (12 Cycles Paid)	\$46,752.65	\$167,071.45
Current DM Housing Allocation Balance	\$203,247.35	\$82,928.55
DM Outreach Allocation	\$163,000.00	\$163,000.00
DM Outreach Expended (12 Cycles Paid)	\$171,530.04	\$4,548.38
Current DM Outreach Allocation Balance	-\$8,530.04	\$158,451.62
<b>Current Total Allocation Balance</b>	<b>\$194,717.31</b>	<b>\$241,380.17</b>

4. **MHD Provider Bulletins** – All MHD provider bulletins can be found at: <https://dss.mo.gov/mhd/providers/pages/bulletins.htm>.
  - **Revised COVID-19 Vaccine** – This bulletin was revised on December 21, 2020, and applies to all providers who administer the vaccine. [Bulletin](#)
  - **Missouri Care Name Change to Health Blue** – This bulletin applies to MO HealthNet managed care providers contracted with Missouri Care and is effective January 1, 2021. [Bulletin](#)
5. **ITCD Newsletter Winter 2020-2021 Edition** – Check out the recent edition of the ITCD Newsletter on the [DMH Website](#).
6. **Welcome Marquita McClain to DBH!** – Please join us in welcoming **Marquita McClain** to the DBH. She is the new Lead Administrative Support Assistant for Recovery Services and Dialectical Behavior Therapy. Marquita comes to us from the Department of Social Services and has many years of experience.
7. **COVID-19 Updates & Resources** –
  - **New COVID-19 Related Grief & Loss Support Group** – As part of the Show Me Hope Crisis Counseling Program, ReDiscover will begin a statewide COVID-19 Related Grief & Loss Support Group. This is a FREE virtual support group that will meet weekly for six one-hour sessions beginning on **Tuesday, January 19, 2021, at 4:30pm CT**. This opportunity is open to all state team members, family and friends. [Register](#)
  - **Understanding mRNA Vaccines** – CDC explains the vaccine: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/mRNA.html>.
  - **COVID-19 Vaccine Information** – This website offers facts so you can make an informed decision: [www.MOstopsCovid.com](http://www.MOstopsCovid.com).
  - **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit [www.missouricit.org/frpn](http://www.missouricit.org/frpn) to find a provider.
  - **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.
  - **Electronic COVID-19 Case Reporting** – The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.  
*\*If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*
  - **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.

- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit the [DHSS website](#).
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **January 13, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:

<https://dmh.mo.gov/covid-19-information>

1. **AmeriCorps State and National Grants** – **Application Deadline: January 6, 2021** – Funding for programs that are designed to strengthen communities and solve local problems, including those found in rural and underserved areas. Funding priorities include prescription drug and opioid use, education and rural intermediary organizations. [Learn More](#)
2. **New Rural Communities Opioid Response Program – Implementation** – **Application Deadline: March 12, 2021** – HRSA's Federal Office of Rural Health Policy released a Notice of Funding Opportunity for the Rural Communities Opioid Response Program-Implementation. HRSA will be making approximately 78 awards of \$1 million each to rural communities to enhance substance use disorder, including opioid use disorder, and service delivery. [Learn More](#)
  - **Applicant Technical Assistance Webinar** – HRSA will hold a webinar for applicants. A recording be made available for those who cannot attend. **Tuesday, January 26, 2021, 12-1pm CT**. [Web Link](#) | Call-in Number: 1-800-369-1956 | Participant Code: 9970670

## INFO and RESOURCES

1. **New SAMHSA Releases Preliminary Report on the Drug Abuse Warning Network** – SAMHSA's Assistant Secretary for Mental Health and Substance Use, Dr. Elinore McCance-Katz, re-established the Drug Abuse Warning Network (DAWN) as a nationwide public health surveillance system to monitor emergency department (ED) visits associated with recent substance use, including those related to opioids. SAMHSA has released a preliminary report from DAWN. In addition to this report, SAMHSA also released five brief DAWN profiles that cover COVID-19, Alcohol, Marijuana, Methamphetamine, as well as Heroin & Nonmedical Use of Prescription Opioids (Source: SAMHSA). [Read More](#)
2. **New Weitzman ECHO Childhood Trauma in the COVID-19 Era** – This six-month learning program will explore trauma and its impact on youth, families, schools and providers. The program consists of twice-monthly meetings to connect primary care medical, behavioral health and school-based health providers to a community of peers and subject matter experts over Zoom. Each one-hour session will offer a presentation on key issues, followed by real patient cases with actionable recommendations. This program is supported by the National Council for Behavioral Health, and participation is available at no cost for primary care medical and behavioral health providers. Space is limited (Source: *National Council for Behavioral Health*). [Learn More and Register](#)

3. **New Missouri Children's Trauma Network's Trauma-Focused CBT Learning Collaborative Launch Event** – Come learn more information about this unique, year-long training opportunity that seeks to increase capacity for Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) across Missouri for children and families. This training will include a TF-CBT learning collaborative and will include other trauma-focused trainings. This launch is a wonderful opportunity to learn about the project, meet training staff, and to have any of your questions answered. The event will be hosted via webinar and the connection information will be provided prior to the event. Training will be free of cost to all Missouri residents and applications will be accepted until February 1, 2021. **Friday, January 8, 2021, 2-3pm**. [Register](#)
4. **New Benzodiazepines, With or Without Opioid Use, Associated With Increased Mortality** – The use of benzodiazepines, with or without opioid cotreatment, significantly increases all-cause mortality risk compared with the use of low-risk antidepressants, according to a US-based study published online in *JAMA Network Open* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
5. **New New Webcast on Bipolar I Disorder: Leveraging Efficacy and Tolerability** – This accredited, on-demand activity compares the relative efficacy and side effect profiles of atypical antipsychotics approved for the treatment of BPI, and examines data from late-stage investigational medications (Source: *Psychiatry & Behavioral Health Learning Network*). [Access Now](#)
6. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
7. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at [katie.andrews@dmh.mo.gov](mailto:katie.andrews@dmh.mo.gov) and/or 573-522-6163.

**January 7, 2021 – Northeast Region (Districts 3, 11, 16, 17, 18, 26, 38) – 10-12pm**

Location: Virtual

**January 7, 2021 – Southeast Region – 10-12pm**

Location: Virtual

**January 8, 2021 – Western Region – 10-12pm**

Location: Virtual

**March 5, 2021 – Southwest Region – 10-12pm**

Location: Virtual

**May 11, 2021 – North Central Region – 10-12pm**

Location: Virtual

## TRAINING OPPORTUNITIES

1. **Delivering Culturally and Linguistically Appropriate Care in a Mental Health Setting** – The goal of this free series is to enhance treatment through meaningful therapeutic services via interpretation including how to be culturally appropriate with an emphasis on ethical considerations. Participants must attend all three (3) sessions in order to receive continuing education credits. [Download Flyer for More Information](#)

**Session 2: Delivering Culturally and Linguistically Appropriate Care through an Interpreter – Wednesday, January 6, 2020, 11:30-12:30pm CT.** [Register](#)

**Session 3: Providing Supportive Mental Health Services to Refugee and Immigrant Communities – Wednesday, January 13, 2020, 11:30-12:30pm CT.** [Register](#)

2. **Virtual Motivational Interviewing Training (Beginner's Course)** – This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, MI training can help you create conversations that empower people to make meaningful changes. **Registration Fee: \$79.**  
**Monday, January 11, 2021, 11-3pm CT** [Register](#)  
**Thursday, March 4, 2021, 11-3pm CT** [Register](#)
  
3. **Risk-Management Changes in Response to COVID-19** – As the country continues to adapt to the realities of COVID-19, executives are tasked with identifying risk-management strategies for their organizations when considering both in-person and remote work. Join us for an exclusive learning opportunity with [Ron Zimmet](#), JD, general counsel for the Mental Health Risk Retention Group (MHRRG), and hear from other executives in the field on what types of risk-mitigation strategies have worked for them. **Tuesday, January 12, 2021, 12-1pm CT.** [Register](#)
  
4. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
  - **Session 1 - Navigating Risk: The Dignity of Risk and the Duty to Care – Presented on September 29, 2020.**  
[PowerPoint](#) | [Decisional Balance Worksheet](#) | [Managing Risk Worksheet](#)
  - **Session 2 - A Recovery Oriented Approach to Professional Boundaries - Thursday, February 11, 2021, 2-3:30pm CT.** [Register](#)
  - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
  - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)
  
5. **Intermediate Motivational Interviewing Training** – This 4-hour, live session is for individuals who have had prior MI training and want to hone their skills. This webinar will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This webinar will be capped at 40 participants to allow for guided small group practice and discussions. **February 18, 2021, 1-3pm CT.** **Registration Fee: \$99.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

*Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.*

1. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.
  
2. **Transition from In-Person to Remote Services During COVID-19** – Three leaders from a peer-run mental health organization will share lessons learned from transitioning from in-person programming to providing remote peer support services. Peers Envisioning and Engaging in Recovery Services (PEERS) is located in Alameda County in

California, which has had one of the earliest, strictest, and longest-running shelter-in-place policies in the state and nation. The panelists will share the decision-making process around moving to remote services and the successes and challenges involved. The webinar will include time for questions, discussion, and shared problem-solving around providing peer support remotely. Bring your experiences and ideas! [Register](#)

**AVAILABLE TRAINING DATES:**

*Tuesday, January 26, 2021, 1-2pm CT*

- NOVA Virtual Crisis Response Team Training – Basic Level Course** – The NOVA Virtual Crisis Response Team Training™ - Basic Level course consists of 24 hours of techniques and protocols for providing crisis intervention to traumatized individuals. This training focuses on the fundamentals of crisis and trauma and how to adapt basic techniques to individuals and groups. Thousands who confront human crisis - victim advocates, mental health, law enforcement, and others - have completed this course and highly recommend it to others. This training will take place online over the course of four afternoons. There is pre-course work that needs to be completed prior to the training. To register for this nationally recognized professional development course please contact Shelby Hood at [Shelby.Hood@dmh.mo.gov](mailto:Shelby.Hood@dmh.mo.gov).

Training Dates

*Tuesday, January 5, 2021, 1pm – 5pm CT*

*Tuesday, January 12, 2021, 1pm – 5pm CT*

*Tuesday, January 19, 2021, 1pm – 5pm CT*

*Tuesday, January 26, 2021, 1pm – 5pm CT*

- MO-HOPE Trainings** – The MO-HOPE Project continues to conduct virtual trainings. Below is a list of dates and times for MO-HOPE Overdose Education and Naloxone Distribution (OEND) and train-the-trainer courses through March 2021. These trainings are available at no cost. As a reminder, these trainings are also available upon request, or can be viewed via video by here: <https://mohopeproject.org/category/video/>.

*January 21, 10am-12pm OEND:* <https://zoom.us/meeting/register/tYqcu-srDwuGdYDt1ZSg3tQhnVYfOUSX7uE>

*February 9, 10am-2pm OEND:* <https://zoom.us/meeting/register/tJMtc-iqqjMiGdFGXhpe5C5TUrLvLtePE4Xc>

*March 17, 3pm-5pm OEND:* [https://zoom.us/meeting/register/tJEkcu6urDkuGNcox\\_sLSHhXhT-FCZ82-r2R](https://zoom.us/meeting/register/tJEkcu6urDkuGNcox_sLSHhXhT-FCZ82-r2R)

*January 25, 2pm-4pm OEND TOT:* <https://zoom.us/meeting/register/tJMkdeyrrjluE9TmbDzSo2sfETIWzuFLSdzt>

*February 25, 2pm-4pm OEND TOT:* <https://zoom.us/meeting/register/tJ0uceCqgDirHtfu7MBDO0xYLjLSGAtc4vVWV>

*March 24, 10am-12pm OEND TOT:* <https://zoom.us/meeting/register/tJMoc-gsrj4sGNTxEI5WQpivHtApCq3piWA8>

- MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)

**AVAILABLE TRAINING DATES:**

*Saturday, February 6, 2021, 8:30-12:30pm CT*

*Saturday, May 15, 2021, 8:30-12:30pm CT*

*Saturday, August 21, 2021, 8:30-12:30pm CT*

*Saturday, November 6, 2021, 8:30-12:30pm CT*

***Look for updates on different topics/initiatives on next Friday!***