

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance December 18, 2020

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Appointment of DBH Deputy Director for Community Treatment –**

Please join me in congratulating **Jennifer Johnson**, DBH’s Director of Integrated Care, for her appointment as the next DBH Deputy Director for Community Treatment. Her appointment will be effective January 1, 2021. Jenn has demonstrated exceptional abilities in her current role, and I have no doubt her experiences and skills will assure her success in this next professional endeavor. We are working to get Jenn’s current position posted. She will continue to manage the Integrated Care Director duties until the position is filled.

DBH Community COVID-19 Positives Data
(as of December 17, 2020 at 4pm)

Consumers	760
Staff	559
Providers	49

12 consumer deaths have been reported.

Please send any reports of staff or consumer positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.

2. **Facebook Event: Helping Schools Heal during COVID-19 – Rachel Jones**, DMH Manager of Trauma Informed Treatment, will be part of a Facebook Live event on **Monday, December 21 from 6-7:30pm**. The topic is *Helping Schools Heal during COVID-19*. Other presenters include educators and mental health professionals who will share their personal journeys in developing social-emotional learning and trauma-informed care within their schools across Missouri. They will also share what mental health and crisis intervention resources educators, families, and youth can take advantage of right now during the pandemic. **Facebook Event Link:** <https://fb.me/e/1X0CSfcxs>.

3. **First Responder Spotlight – Corporal Jarren Ratliff** is a Crisis Intervention Team (CIT) member and a highly motivated officer for the Rolla Police Department. He was featured recently in the *First Responder Spotlight* publication for his efforts to make sure that his officers are taken care of after difficult calls. He also stays updated on community resources to make sure the people he serves get the help they need. A few months ago he responded to a call on a female who was possibly driving while intoxicated. When he located the woman he learned it was an elderly woman who was disoriented due to a recent fall and she was new to the area. The officer immediately took care of the situation and followed through by pushing her wheelchair into the local hospital and making sure she received timely treatment. Corporal Ratliff is a great example of the South Central CIT!



4. **Welcome Christine Smith to DBH!** – Please welcome **Christine Smith** as the SOR Project Director who started on December 16. She previously worked with Health and Senior Services in statewide programs and is familiar with our provider system. The SOR Team is excited to begin this new chapter with her!

5. **ACT Newsletter Winter 2020 Edition** – Check out the recent edition of the ACT Newsletter on the [DMH website](#).

6. **DHSS Director Issues Statement Regarding FDA Approval of Pfizer's COVID-19 Vaccine for Emergency Distribution in US** – “As I told the members of the Operation Warp Speed team at the White House on Tuesday, we are incredibly appreciative of them for working relentlessly which has led to the development of this safe and effective vaccine,” said Dr. Randall Williams, Director of the Missouri Department of Health and Senior Services. “We have also worked hard here in Missouri with our partners in anticipation of this groundbreaking news so we can rapidly make vaccines available throughout Missouri (Source: DHSS).” [Revised Standing Order for SARS-CoV-2 Vaccine](#)
7. **MHD Provider Bulletins** – All MHD provider bulletins can be found at: <https://dss.mo.gov/mhd/providers/pages/bulletins.htm>.
 - **COVID-19 Vaccine** – This bulletin applies to all provider who administer the vaccine and is effective as of December 14, 2020. [Bulletin](#)
8. **Coronavirus Testing Equipment and Supplies; and CLIA Waiver** – Additional Coronavirus Relief Funds (CRF) have been made available for rapid testing equipment and supplies. Given the limited time available to purchase these items, the DBH has partnered with the Missouri Coalition for Community Behavioral Healthcare (Coalition) to purchase these items in bulk. These rapid testing equipment and supplies will be available to both Coalition members and non-members (who operate residential settings, only) for as long as they're available. Residential settings include:
 - Intensive residential treatment settings (IRTs, PISLs, possibly Clustered Apartments)
 - Residential/stabilization treatment and detox SUD settings
 - Recovery support housing sites
 - Group homes

Please read through the information below to learn more about the rapid testing equipment being offered, the CLIA waiver requirement, and how to place your order for the equipment.

About the BD Veritor System

The BD Veritor System will be purchased for the COVID rapid testing. It takes 15 minutes to complete the analysis of the test. The kit is configured for testing nasal swab samples freshly collected, processed and dispensed directly onto assay test device. It includes an analyzer and testing supplies. Please contact Brent Murphy (Brent.Murphy@dmh.mo.gov) to receive information on the BD Veritor manual that includes step-by-step instructions. Brent will also have information on a training video that's available.

CLIA Waiver (CoW) Requirement

The BD Veritor System does require a CLIA waiver. If your organization already has a CLIA waiver, then you will need to follow the process of updating your waiver with DHSS to include “COVID rapid testing.” If your organization does not currently have a CLIA waiver, then you can use the DMH CLIA waiver which will cover the COVID rapid testing.

***It is important to keep a hard copy of the CLIA waiver certificate with the machine.** If your organization needs to use the DMH CLIA waiver, then please submit the following information when placing your order for an analyzer:

- DMH Agency - Name of organization
- Address, City, State, Zip - Address for organization's main location
- Contact - Name of person at the organization to direct questions regarding testing under this CLIA waiver
- Contact Email - Email for contact person
- Contact Phone - Phone number for contact person
- CLIA Waived Tests - Description of tests performed by the organizations (e.g. lipid panel, blood glucose, COVID rapid testing)
- Additional Testing Sites - Number of additional testing locations for the organization (no address needed)

Once you have submitted this information with your order request (see section below), then you will receive a copy of the DMH CLIA waiver to keep with the analyzer.

Placing Order for BD Veritor System

Orders will be placed based on the number of BD Veritor Systems (the analyzer) you need. Typically, there is one analyzer per main site. Testing supplies will be sent based on how many analyzers are requested.

For all Coalition members: Please submit your order to Chelsea Hughes (chughes@mocoalition.org).

For Residential treatment providers who are not Coalition members: Please contact Brent Murphy (Brent.Murphy@dmh.mo.gov) for an order form.

The form asks for:

- Provider Name
- Contact Person Name
- Contact Person Telephone Number
- Shipping Address (we need a physical address, can't ship to a P.O. box)
- Indicate if your organization already has a CLIA waiver that you will be using along with your CLIA waiver number.
- Include the CLIA waiver information from the section above if you need to be added to the DMH CLIA waiver.
- DBH will work with the Coalition to ensure your order is processed and shipped as quickly as possible.

The rapid tests will be available on a first come first serve basis. Get your requests in as soon as possible to ensure your order is processed and shipped as quickly as possible. In addition, the Coalition plans to continue purchasing COVID equipment and supplies in bulk and invoicing providers directly when CARES Act funding is exhausted. Providers may wish to operate that way until the vaccine is readily available and positivity rates and cases go way down!

9. **Billing and Services Review Manual** – Approximately a year ago, we started down a path of assessing our Billing and Services Review (BSR) processes, procedures and practices. A six step process was developed and we have completed five of those six steps. Of course, simply because we have a new and current manual does not mean it will stay that way without effort. We are implementing review and update procedures and will use information learned/reviewed from the appeal process, routine reviews and other sources to continue to keep the manual an asset to both DBH and Providers. The final step, six, will complete our process. Expect to hear more in the future from DBH regarding the roll out of trainings and potential requests for feedback on any specifics you would like to see highlighted during the training. Lastly, thank you to all providers who participated in this process, which ultimately benefits us all. The manual is located on our website here: <https://dmh.mo.gov/media/pdf/billing-service-review-guide>.

BSR Quality Assurance Process

- ✓ Make current process/guidance available to providers - transparency in order to facilitate honest discussions about BSR process
- ✓ Identify gaps, inconsistencies and areas of subjectivity in current process
- ✓ Solicit provider feedback and develop recommendations
- ✓ Update the current guidance document and establish consistent and scheduled reviews for QA
- ✓ Develop and implement an internal plan for BSR training for continued staff development and enhanced consistency

6. Roll out and training – DBH staff, providers and other stakeholders as appropriate

10. **Virtual Trauma-Focused Cognitive Behavior Therapy Training** – On behalf of the Child Trauma Initiative (CTI) at the University of Missouri, we are so pleased to inform you that we will be hosting a virtual Trauma-Focused Cognitive Behavior Therapy (TF-CBT) training in January at no cost to participants. TF-CBT is a leading evidence-based treatment for children and adolescents ages 3-18 impacted by trauma and their parents or caregivers that is effective for a variety of trauma types.

This TF-CBT training will be offered as four half-day morning training sessions on **January 7, 8, 11, and 12** hosted via Zoom. We are able to provide the training at no cost to participants through a grant funded by the National Child

Traumatic Stress Network (NCTSN) through SAMHSA. The training will be conducted by a national TF-CBT trainer from the Children's Advocacy Services of Greater St. Louis (CASGSL), University of Missouri St. Louis (UMSL).

Applications will be reviewed on a first-come, first-served basis. **Applications are due by December 22. Participants should be master's level, licensed mental health professionals.** To apply: https://umsl.az1.qualtrics.com/jfe/form/SV_cBnnA7yLUPZVjal.

11. COVID-19 Updates & Resources –

- **New Understanding mRNA Vaccines** – CDC explains the vaccine: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/mRNA.html>.
- **COVID-19 Vaccine Information** – This website offers facts so you can make an informed decision: <https://covidvaccine.mo.gov/>.
- **Coping with COVID-19 and the Holidays** – While the holiday season can be stressful due to time pressure, relationship dynamics, travel, and other factors, the winter holidays during COVID-19 will involve their own set of unique challenges. SAMHSA and other organizations have released resources about coping effectively in a holiday season during or after a disaster. [Learn More](#)
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit www.missouricit.org/frpn to find a provider.
- **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.
- **Electronic COVID-19 Case Reporting** – The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.
**If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit the [DHSS website](#).
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **December 30, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

1. **Community Connect Broadband Grant Program** – **Application Deadline: December 23, 2020** – Grants for communities without broadband access to provide residential and business broadband service and connect facilities such as police and fire stations, healthcare, libraries, and schools are now being accepted. [Learn More](#)
2. **Value in OUD Treatment Demonstration** – **Request for Application Deadline: January 3, 2021** – Centers for Medicare and Medicaid Services launched a new demonstration focused on increasing access to OUD treatment services to eligible Medicare Fee-for-Service beneficiaries, including dual eligible. Participants will receive payments to support patient-centered OUD treatment services otherwise not available for payment and performance-based incentives. This opportunity is open to CCBHCs, CMHCs, OTPs and FQHCs. [Learn More](#)
New Is the Value in Opioid Use Disorder Treatment Opportunity Right for You? – This webinar will review components of the program and key considerations for behavioral health providers exploring this opportunity. More importantly, we will explore critical practices for behavioral health providers in optimizing their Medicare services and billing and how to set themselves up for future opportunities. **Wednesday, December 16, 2020, 11-12pm CT.** [Register](#)
3. **Statewide Family Network Grant** – **Application Deadline: January 4, 2021** – SAMHSA's Center for Mental Health Services is accepting applications for fiscal year 2021 Statewide Family Network grant program. The purpose of this program is to more effectively respond to the needs of children, youth, and young adults with serious emotional disturbances and their families by providing information, referrals, and support; and to create a mechanism for families to participate in state and local mental health services planning and policy development. SAMHSA expects that this program will be a catalyst for transforming mental health and related systems in the state by strengthening coalitions among family organizations and between family members, policy makers, and service providers. [Learn More](#)
4. **Statewide Consumer Network Program Grant** – **Application Deadline: January 4, 2021** – SAMHSA's Center for Mental Health Services is accepting applications for fiscal year 2021 Statewide Consumer Network grant program. The purpose of this program is to improve efforts to address the needs of adults with serious mental illness by developing and/or expanding peer support services, peer leadership, and peer engagement strategies statewide. The population of focus is adults with SMI, including those who are underserved and under-represented (e.g., consumers from ethnic, racial, and cultural minority groups); veterans; individuals who are chronically homeless; individuals with co-occurring disorders; sexual orientation and gender identity minorities; and individuals who have been involved in the criminal justice system. It is expected that this program will increase access to and quality of mental health services for adults with SMI; increase the sustainability of consumer-operated organizations; and enhance state capacity and infrastructure to support the recovery of adults with SMI and their families. [Learn More](#)
5. **New AmeriCorps State and National Grants** – **Application Deadline: January 6, 2021** – Funding for programs that are designed to strengthen communities and solve local problems, including those found in rural and underserved areas. Funding priorities include prescription drug and opioid use, education and rural intermediary organizations. [Learn More](#)

INFO and RESOURCES

1. **New Access to Behavioral Health Services for Children and Adolescents** – Regardless of health insurance status, many children and youth with behavioral health conditions experience difficulty accessing treatment. The Medicaid and CHIP Payment and Access Commission presents findings from an analysis of the 2018 National Survey on Drug Use and Health that estimates the prevalence of behavioral health conditions among non-institutionalized youth ages 12-17 (Source: MACPAC). [Read More](#)
2. **New Call to Action: Change the Name, End the Stigma** – Faces & Voices of Recovery and the Recovery Research Institute of Harvard Medical School & Massachusetts General Hospital have joined together in creating a petition to end the use of the term “Abuse” in the names of governmental agencies which use the outdated term. Words and language matter and stigma has been identified as a barrier to treatment and recovery among individuals with addiction. Terms such as "abuse," increase stigma and add additional harm to those seeking – as well as those in – recovery. Now is the time to tell Congress that national government agencies with words like "abuse" must undergo a NAME CHANGE (e.g., National Institute on Drug Abuse [NIDA], National Institute on Alcohol Abuse and Alcoholism [NIAAA]), and Substance Abuse and Mental Health Services Administration [SAMHSA]. [Please take a moment to share and sign the petition, and together we can change the conversation and help the Recovery Community. Sign Here](#)
3. **New SAMHSA Releases Report on Behavioral Health Workforce Needs** – SAMHSA has released the *Behavioral Health Workforce Report*, which documents effective mental and substance use disorder treatment models and pertinent staffing needs – as part of the agency’s goal to increase access to evidence-based mental and substance use disorder care (Source: SAMHSA). [Read More](#)
4. **New Empowering Faith Leaders to Help Person with Substance Use Disorders** – Churches, synagogues, mosques, and other houses of worship are positioned in communities to be both first responders and communities of hope for people struggling with addiction. A healthy, safe community is essential to healing and long-term results and this is already part of the local churches’ DNA. As the nation begins to recover from the COVID-19 pandemic, faith leaders need information and resources now more than ever to help rural leaders build strong, healthy, drug-free communities. (Source: NASADAD). [Learn More](#)
5. **New GAO Releases Report on Substance Use Disorder Treatment Capacity and Data Collection** – The Government Accountability Office (GAO) recently released a report titled, *Substance Use Disorder: Reliable Data Needed for Substance Abuse Prevention and Treatment Block Grant Program*. As described in the document, the report describes what is known about SUD treatment facilities, services, and overall capacity and how selected states have used funding from the SAMHSA to expand access to treatment and recovery support services. The report covers three grant programs including the SAPT Block Grant, the State Targeted Response to the Opioid Crisis grant, and the State Opioid Response grant. The GAO analyzed national SAMHSA data on SUD treatment facilities and providers, reviewed studies that assessed treatment capacity, reviewed documentation for the three grant programs, and compared SAMHSA’s grant data quality to federal internal control standards. GAO recommended that SAMHSA identify and implement changes to data collection methods for the SAPT Block Grant to improve two elements of reliability—the consistency and relevance—of data collected (Source: GAO). [Read More](#)
6. **New Study Finds Increase in Mortality Rates with Use of Benzodiazepines and Opioids** – A study recently published in the *Journal of the American Medical Association (JAMA)* examined the association between concurrent benzodiazepine and opioid use and the effect on mortality rates in comparison to the use of low-risk anti-depressants (SSRIs). Researchers found a significant increase in mortality associated with benzodiazepine use with or without opioids in comparison with SSRI use. Benzodiazepine and opioid use, in particular, was associated with a two-fold increase in mortality even after taking into account medical comorbidities and sociodemographic variables (Source: JAMA). [Read More](#)

7. **New Rising Stimulant Deaths Reveal More than Opioid Crisis** – Although deaths from opioids continue to command the public’s attention, an alarming increase in deaths involving the stimulant drugs methamphetamine and cocaine are a stark illustration that we no longer face just an opioid crisis. We face a complex and ever-evolving addiction and overdose crisis characterized by the shifting use and availability of different substances and use of multiple drugs and drug classes together (Source: *NIDA*). [Read More](#)
8. **New Supporting Children Affected by the Opioid Epidemic** – About 8.7 million children ages 17 and younger live in households where at least one parent has a SUD, and an estimated 623,000 parents with OUD live with children. A comprehensive approach to fighting the opioid epidemic must account for the unique needs of children and families, acknowledge the family caregiving roles and responsibilities of people who use drugs, and provide care and supports long before addiction emerges (Source: *Urban Institute*). [Read More](#)
9. **New How Do Race, Age and Mental Health Influence OUD Medication Treatment among Pregnant Women?** – Empirically, supported medicines like buprenorphine improve the health of pregnant women who have OUD and their babies; yet, many pregnant women do not receive these treatments. A Recovery Research Institute study explored whether the race or ethnicity of pregnant women resulted in different patterns of OUD medication, whether duration of medication receipt differed and what types of medication were used (Source: *Recovery Research Institute*). [Read More](#)
10. **New National Trends in Adolescent Opioid Overdose** – Opioid misuse and related overdose among adolescents and emerging adults are ongoing concerns, but research has yet to fully characterize opioid use patterns and their contributions to overdose among young people. A [Recovery Research Institute study](#) revealed that adolescents with a history of prescription opioid misuse are more likely to engage in drug use behaviors associated with overdose risk, and an increasing number of adolescents in the U.S. are dying from overdoses that involve both prescription and illicit opioids (Source: *Recovery Research Institute*). [Read More](#)
11. **New Best Practices for Implementing SUD-focused Health Homes** – The Centers for Medicare and Medicaid Services (CMS) released a new resource for states to utilize when considering an SUD-focused health home program to care for their beneficiaries. A recent CMS publication provides a description of the best practices for designing and implementing an SUD-focused health home state plan amendment (Source: *CMS*). [Read More](#)
12. **New Women with OUD in the Criminal Justice System** – Women are among the fastest-growing population of incarcerated individuals, and the arrest rate for drug possession or use for women tripled between 1980 and 2009, according to a [Vera Institute of Justice](#) report. A new grant from the National Institute on Drug Abuse (NIDA) will allow Penn State researchers to examine OUD among criminal justice-involved women (Source: *Penn State*). [Read More](#)
13. **New Nonpharmacological Tools for Reducing Depressive Symptoms** – In this video, Greg Mattingly, MD, Associate Clinical Professor, Washington University, St. Louis, Missouri, discusses nonpharmacological strategies that patients can use to help reduce depressive symptoms (Source: *Consultant360*). [Watch the Video](#)
14. **Healthcare Industry Virtual Job Fair – December 22** – This will be a healthcare specific job fair focusing on **entry-level clinical and non-clinical positions** to connect with Missouri’s job seekers across the state. The virtual job fair will take place on **December 22, 2020, 10-2pm**. Participate in this fair by completing the [Employer Registration form](#) before **December 16**. Employer registration is best used with Google Chrome. Click on **“Register Now”** and be sure to select the **“Dec 22nd-Healthcare Industry Fair.”** These virtual job fairs are more than just a place to post your open positions. Participants will meet job candidates through an online text to chat, share information about their organization, and review resumes through a virtual fair platform. **All healthcare industry employers are invited to participate** (Source: *DHEWD*)!

15. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)

16. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

January 7, 2021 – Northeast Region (Districts 3, 11, 16, 17, 18, 26, 38) – 10-12pm
Location: Virtual

January 7, 2021 – Southeast Region – 10-12pm
Location: Virtual

January 8, 2021 – Western Region – 10-12pm
Location: Virtual

March 5, 2021 – Southwest Region – 10-12pm
Location: Virtual

May 11, 2021 – North Central Region – 10-12pm
Location: Virtual

TRAINING OPPORTUNITIES

1. **Delivering Culturally and Linguistically Appropriate Care in a Mental Health Setting** – The goal of this free series is to enhance treatment through meaningful therapeutic services via interpretation including how to be culturally appropriate with an emphasis on ethical considerations. Participants must attend all three (3) sessions in order to receive continuing education credits. [Download Flyer for More Information](#)

Session 2: Delivering Culturally and Linguistically Appropriate Care through an Interpreter – **Wednesday, January 6, 2020, 11:30-12:30pm CT**. [Register](#)

Session 3: Providing Supportive Mental Health Services to Refugee and Immigrant Communities – **Wednesday, January 13, 2020, 11:30-12:30pm CT**. [Register](#)

2. **Virtual Motivational Interviewing Training** – This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, MI training can help you create conversations that empower people to make meaningful changes. **Registration Fee: \$79.**

Monday, January 11, 2021, 11-3pm CT [Register](#)

Thursday, March 4, 2021, 11-3pm CT [Register](#)

3. **Risk-Management Changes in Response to COVID-19** – As the country continues to adapt to the realities of COVID-19, executives are tasked with identifying risk-management strategies for their organizations when considering both in-person and remote work. Join us for an exclusive learning opportunity with [Ron Zimmet](#), JD, general counsel for the Mental Health Risk Retention Group (MHRRG), and hear from other executives in the field on what types of risk-mitigation strategies have worked for them. **Tuesday, January 12, 2021, 12-1pm CT**. [Register](#)

4. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will

emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**

- Session 1 - Navigating Risk: The Dignity of Risk and the Duty to Care – **Presented on September 29, 2020.**
[PowerPoint](#) | [Decisional Balance Worksheet](#) | [Managing Risk Worksheet](#)
- Session 2 - A Recovery Oriented Approach to Professional Boundaries - **Thursday, February 11, 2021, 2-3:30pm CT.** [Register](#)
- Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - **Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
- Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - **Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)

5. **Intermediate Motivational Interviewing Training** – This 4-hour, live session is for individuals who have had prior MI training and want to hone their skills. This webinar will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This webinar will be capped at 40 participants to allow for guided small group practice and discussions. **February, 18, 2021, 1-3pm CT.** **Registration Fee: \$99.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.
2. **Transition from In-Person to Remote Services During COVID-19** – Three leaders from a peer-run mental health organization will share lessons learned from transitioning from in-person programming to providing remote peer support services. Peers Envisioning and Engaging in Recovery Services (PEERS) is located in Alameda County in California, which has had one of the earliest, strictest, and longest-running shelter-in-place policies in the state and nation. The panelists will share the decision-making process around moving to remote services and the successes and challenges involved. The webinar will include time for questions, discussion, and shared problem-solving around providing peer support remotely. Bring your experiences and ideas! [Register](#)

AVAILABLE TRAINING DATES:

Tuesday, December 29, 2020, 1-2pm CT

Tuesday, January 26, 2021, 1-2pm CT

3. **NOVA Virtual Crisis Response Team Training – Basic Level Course** – The NOVA Virtual Crisis Response Team Training™ - Basic Level course consists of 24 hours of techniques and protocols for providing crisis intervention to traumatized individuals. This training focuses on the fundamentals of crisis and trauma and how to adapt basic techniques to individuals and groups. Thousands who confront human crisis - victim advocates, mental health, law enforcement, and others - have completed this course and highly recommend it to others. This training will take place online over the course of four afternoons. There is pre-course work that needs to be completed prior to the training. To register for this nationally recognized professional development course please contact Shelby Hood at Shelby.Hood@dmh.mo.gov.

Training Dates

Tuesday, January 5, 2021, 1pm – 5pm CT

Tuesday, January 12, 2021, 1pm – 5pm CT

Tuesday, January 19, 2021, 1pm – 5pm CT

Tuesday, January 26, 2021, 1pm – 5pm CT

4. **Updated MO-HOPE Trainings** – The MO-HOPE Project continues to conduct virtual trainings. Below is a list of dates and times for MO-HOPE Overdose Education and Naloxone Distribution (OEND) and train-the-trainer courses through March 2021. These trainings are available at no cost. As a reminder, these trainings are also available upon request, or can be viewed via video by here: <https://mohopeproject.org/category/video/>.

January 21, 10am-12pm OEND: <https://zoom.us/meeting/register/tJYqcu-srDwuGdYDt1ZSg3tQhnVYfOUSX7uE>

February 9, 10am-2pm OEND: <https://zoom.us/meeting/register/tJMtc-iqqjMiGdFGXhpe5C5TUrLvLtePE4Xc>

March 17, 3pm-5pm OEND: https://zoom.us/meeting/register/tJEkcu6urDkuGNcox_sLSHhXhT-FCZ82-r2R

January 25, 2pm-4pm OEND TOT: <https://zoom.us/meeting/register/tJMkdeyrrjluE9TmbDzSo2sfETIWzuFLSdzT>

February 25, 2pm-4pm OEND TOT: <https://zoom.us/meeting/register/tJ0uceCqgDirHtfu7MBDO0xYlJLSGAtc4vVWW>

March 24, 10am-12pm OEND TOT: <https://zoom.us/meeting/register/tJMoc-qsrj4sGNTxEI5WQpivHtApCq3piWA8>

5. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)

AVAILABLE TRAINING DATES:

Saturday, February 6, 2021, 8:30-12:30pm CT

Saturday, May 15, 2021, 8:30-12:30pm CT

Saturday, August 21, 2021, 8:30-12:30pm CT

Saturday, November 6, 2021, 8:30-12:30pm CT

***We hope everyone has a safe and happy holiday.
Look for updates on different topics/initiatives on Friday, January 1!***