

# Missouri Eating Disorders Council Minutes

July 27, 2020

**Council Members Present:**

Annie Seal  
 Senator Bill White  
 Heidi Strickler  
 Marjorie Cole  
 Debra Walker  
 Janet Clevenger  
 Travis Stewart  
 Connie Cahalan  
 Denise Wilfley  
 Eric Martin  
 Carla O'Connor  
 Del Camp  
 Paul Polychronis  
 Stephanie Bagby-Stone

**Council Members Absent:**

Kim McCallum  
 Ginny Ramseyer-Winter  
 Beth Harrell

**Department of Mental Health Staff:**

Rosie Anderson-Harper  
 Lori Franklin  
 Korrie Richards  
 Connie Hardin

**Guests:**

Ellen Fitzsimmons-Craft  
 Marie-Laure Firebaugh  
 Olivia Laing

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION/FOLLOW-UP NEEDED</b>
<b>Welcome/Introductions</b>	Introductions were made by A. Seal, introducing Senator Bill White. A. Seal stated that Senator White would be joining the Council and Senator White introduced himself to the group. A. Seal stated that she met Senator White on Advocacy Day, back in February, and after speaking on a couple of different occasions, A. Seal added that Director Stringer officially invited Senator White to the Council.	
<b>Approval of Minutes</b>	The May minutes were reviewed. Motion to approve minutes by A. Seal. D. Wilfley approved and motion was seconded by C. O'Connor. Minutes were approved.	
<b>Update on State of the Council</b>	The Council funding has been put on restriction by the Governor, due to lower revenues because of COVID-19. The Council is 1 of 150 items that has been restricted. There is government funding coming into the state and there is a chance that the EDC could be considered, where restrictions would be lifted. However, there are no guarantees. A. Seal sent a summary of the Council over to the Lt. Governor's office and spoke to Lt. Governor Mike Kehoe's Chief of Staff, Adam Gresham, and their office was willing to forward the information to the parties who decide on the funding,	

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<b>Update on State of the Council, Continued</b>	<p>but since it is such a difficult time right now, there are no guarantees that the money will be re-instated this fiscal year.</p> <p>Things to do:</p> <ul style="list-style-type: none"> <li>• Continue to meet as a Council, via conference calls, as it gives the opportunity to keep things moving.</li> <li>• Looking to apply for an opportunity grant through the Missouri Foundation for Health (MFFH) and work with D. Camp's team at The Ozark Center, to work up the opportunity letter, which will be reviewed. If the review team likes what they see, then the Council can put in for the grant.</li> </ul> <p>2 things that would be funded from the grant</p> <ul style="list-style-type: none"> <li>• Primary funding opportunity is to work with Ozark Center to establish the first intensive outpatient program in all of rural Missouri. This gives Ozark Center a position, as a Center of Excellence in Southwest Missouri, to diagnose and treat eating disorders in a much more complete fashion.</li> <li>• Funding for the Body U Program, which will allow the Council to boost the program, to support rural Missourians throughout the State.</li> </ul> <p>A question was asked regarding whether the program would be able to accept Medicare and Medicaid. D. Camp stated that they did accept both. A. Seal wanted to note that this is not a residential program, but rather an intensive outpatient program in the Joplin area.</p>	
<b>Moving Forward in FY21</b>	<p>The Mind district agreement that Body U operates under ends in December, 2020. Body U will still be made available through December, putting it out to colleges and universities, regardless of how school will be managed and continue doing the coaching. The program will also remain open to the community and continue coaching as well. It will have to be planned on a case by case basis. There will be no funds to pay Washington University to do the coaching. A. Seal noted a huge Thank You to Washington University, for being willing to keep the program going, even without</p>	

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	<p>compensation. The Council will take it on a month by month basis and if it becomes overwhelming, we will have to decide on another situation around the program. In January of 2021, it will be an estimated \$8,000, to continue the program. If the funding is re-instated or the grant is received, it will be easy, but if neither are received, the Council will be in a more difficult situation, where fundraising would be needed to cover the cost. Discussion would need to start for fundraising around the end of September or October, 2020.</p> <p>The Council will continue to push the 360 Training program, but can't afford to pay for any training or consultation. The Council is open to volunteers to train or consult without compensation. This is a great opportunity for webinars, to contribute some time for trainings. Over 11,000 students have been screened and over 400 health care providers have been trained to treat eating disorders. A. Seal asked for anyone to donate a day or hours to keep the momentum going, so we can continue on, when the Council receives funding again.</p> <p>According to D. Wilfley, a recent study has proven that online IPT training is as effective as in-person IPT.</p> <p>It was mentioned by A. Seal that the Council should keep sending information out, so that the group can stay energized and informed. L. Franklin added that if there was information that needed to be circulated to council members and/or providers, send it to her, and she can send it out, along with adding it to our FYI Fridays. D. Walker stated that she would help get the word out about various trainings and information, via The Department of Mental Health social media.</p> <p>An announcement was made that this will be our last meeting with O. Laing and acknowledgement of her hard work was made, along with thanking her for her time and effort that she put into the group.</p>	

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<p><b>Follow up/Next Steps</b></p> <p><b>Questions or Comments</b></p> <p><b>Next Meeting:</b></p>	<p>Think about any suggestions on funding and A. Seal said she would keep everyone posted, regarding the restricted funds and the grant submission as well. D. Wilfley mentioned that she has worked with a grant writer who is associated with the Ozark Center in the past and suggested that the Ozark Center engage her on this project. Del Camp confirmed that this writer does work with Ozark, but that she works more directly with the hospitals and there is another grant writer who is more familiar with the Ozark Community Mental Health Center. While both writers are excellent, D. Camp has already engaged the community mental health grant writer on the upcoming MFFH submission. A. Seal added that this is just an opportunity letter and that we are not submitting the grant yet.</p> <p>L. Franklin wanted to know how A. Seal wanted to hold meetings moving forward and it was decided that the Council meet, via phone conference, every other month, for one hour.</p> <p><b>The next meeting will be a conference call on Monday, September 28, 2020, from 11:00 am to 12:00 pm.</b></p>	