

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **October 30, 2020**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Deadline for Provider Relief Fund – November 6, 2020 – Is Fast Approaching** – The virtual paperwork is due by 11:59pm ET on November 6. Behavioral Health providers are encouraged to apply for the latest round of Provider Relief Fund (PRF) support. Although the press release suggests there's a list of eligible providers, it has been clarified that all behavioral health providers who believe they are eligible based on the PRF criteria should apply. *Applications will be considered regardless of whether an organization was previously eligible for, applied for, received, accepted, or rejected prior PRF payments.* For this newest phase, funding will be allocated to providers based on assessed financial losses and changes in operating expenses caused by COVID19. [Learn More](#) | [Apply Here](#) | [HHS Press Release](#)
2. **DMH CARES Funding – All invoices for CARES funding are due by November 15.** Please contact all labs that have yet to submit invoices for facility testing to ensure all invoices are received and processed in Central Office by the COB on November 15. There is a good possibility additional funding will be available after Coronavirus Relief Funds expire, but the details are not available yet.
3. **Reimbursement of COVID Lab Fees** – Reminder, invoices for lab fees should be submitted as soon as possible. The below guidance was provided previously, please contact Amy Jones (amy.jones@dmh.mo.gov) or Gina Jacobs (gina.jacobs@dmh.mo.gov) with any questions.

The following guidance is created in an effort to assist providers with these expenses:

1. The provider will work with the lab to invoice the provider directly.
2. The provider pays the invoice.
3. The provider will then invoice DMH/DBH the cost of the COVID-19 testing lab fees, providing documentation indicating they incurred the cost and the lab has been paid (copy of the original lab testing invoice, paid receipt, dates of testing, lab name, total amount, etc.). The more information provided the sooner reimbursement will be issued.
4. Invoices and documentation should be sent to Amy Jones (amy.jones@dmh.mo.gov) for review.

DBH will request the use of COVID-19 funding for reimbursement as long as it is available. In the event funding begins to run low, notification will be issued as soon as possible.

4. **CIMOR Priority – Quarterly Medicaid Sweep for November** – This is a reminder that the Medicaid Sweep will run on November 5, 2020. The Medicaid Sweep process will be executed on the first Thursday of the following months in Fiscal Year 2021: August (Completed); November; February; and May.

All encounters that are less than one year old, have never been on a claim to MO HealthNet, and have been paid on a non-Medicaid invoice or went to Over Allocation or No External Payer status will be picked up in the process.

In the month of June, a report will be run identifying encounters that were not claimed to MO HealthNet, but now have Medicaid eligibility. Agencies may want to manually "Replace" these encounters in order to have them claimed to MO HealthNet.

The sweep process works as follows:

- Paid in full encounters will go to “Ready to Void” status. They will go to “Voided” status after the nightly encounter processing.
- Over Allocation or No External Payer encounters will go to “Ready to Process” status and then to “Open Claim” status after the nightly encounter processing.
- Ready to Rebill encounters created by the sweep will go to “Open Claim” status after the nightly encounter processing.

Reports will be placed in your ftp folder identifying the encounters that were affected by this process. If you have any questions, please email the CIMOR **DBH Support Center** by [Logging In](#) and selecting the **Help Ticket** option found on the left side menu of the portal, <https://portal.dmh.mo.gov>

5. **IMPART Program** – The Infant, Mother & Prenatal Assessment & Recovery Team (IMPART) at **Burrell Behavioral Health** in Springfield helps pregnant and new mothers receive the services necessary to reduce or prevent involvement with Children’s Division and foster care. Women receive an array of services to help address behavioral health and substance use disorders, including, but not limited to, group counseling, individual counseling, Medication-Assisted Treatment, parenting classes, and recovery support. Consumers report satisfaction with the services they receive through IMPART. One consumer said, “My whole life I have been on drugs, and I have been in treatment after treatment after treatment. I mean, I can graduate them, and then go back thru, redo do ‘em, and do ‘em back over again, nothing has ever been effective as IMPART.” **Compass Health Network** also has an IMPART program in Clinton and will be opening one in November within the Crider Health Center service area (Franklin and surrounding counties).
6. **UPDATE on Administrative Rules** – Final orders of rulemaking for the **DMH Licensing Rules** will be published in the November 2, 2020, issue of the *Missouri Register*: <https://www.sos.mo.gov/CMSImages/AdRules/moreg/2020/v45n21Nov2/v45n21a.pdf>. The rules apply to community residential programs and day programs licensed by the department including **IRTS, PISL, Family Living Arrangements, and Day Programs** that are not accredited.
7. **UPDATE on Draft Rule Amendments** – The Department’s responses to comments received on the following proposed amendments have been posted to the [DMH website](#):
9 CSR 50-2.010 Admissions to Children’s Supported Community Living
9 CSR 50-2.510 Admissions to Adult Community Residential Settings
The proposed amendments will be submitted to the Governor’s Office for approval in the near future. Providers will be updated as the amendments are processed by the Secretary of State’s Office.
8. **Show us your Creativity - 2021 Director’s Creativity Showcase** – Do you love to be creative? Do you find a voice through your art? Here is your chance! The Missouri Mental Health Foundation (MMHF), in collaboration with the Missouri Department of Mental Health (DMH), is sponsoring the **2021 Director’s Creativity Showcase**. This showcase helps to acquaint the general public with the talents of the people it serves. These are individuals receiving services through the DMH provider network living with mental illness, developmental disabilities, and substance use disorders. The artwork created is not only for the Showcase, but is sometimes used as a means of therapy. This therapy provides an outlet for the artist to express his or her feelings – feelings they may not be able to verbally communicate. The art show also has encouraged people to try something they may previously have never considered possible, only to find they have a true creative talent. **This year the 2021 Director’s Creativity Showcase will be displayed in its entirety on the MMHF website! As well as special acknowledgements of winning artists and of those chosen for the 2021 Traveling Show (within HIPPA standards, of course).** More details on this later.

For more information on the guidelines, entry form, release form, timeline of activities and the artwork collection sites for the 2021 Director's Creativity Showcase, visit the [MMHF website](#). **Artwork must be received in Jefferson City by Friday, January 29, 2021. PLEASE HELP SPREAD THE WORD and encourage those with an interest to participate!**

9. COVID-19 Updates & Resources –

- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit www.missouricit.org/frpn to find a provider.
- **CDC Guidance on Holiday Celebrations** – As many people in the United States begin to plan for fall and winter holiday celebrations, CDC offers the following considerations to help protect individuals, their families, friends, and communities from COVID-19. [Read More](#)
- **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.
- **Electronic COVID-19 Case Reporting** – The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.
**If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help government leaders, local public health officials, health care organizations and businesses understand the influence of COVID-19 on their communities and make informed decisions when protecting citizens, customers, employees and patients: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit: <https://dcpd02redcap.azurewebsites.net/redcap/surveys/?s=XTLH7FCLD7>.
- **DBH Community COVID Positives Data** – To date, we have received reports of **377 consumers** and **262 staff** members testing positive for COVID-19 (from **45 providers**). Two consumer deaths have been reported. Please send any reports of staff or client positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **November 18, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>



Visit the [DHSS website](#) for more information

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at: <https://dmh.mo.gov/covid-19-information>

1. **Delta Region Community Health Systems Development Program (Missouri)** - This program provides technical assistance to small and rural hospitals, rural health clinics, and other health care organizations located in the [252 counties and parishes served by the Delta Regional Authority](#) (a federal agency and HRSA partner). Applicants must be willing, able and ready to undertake a large, comprehensive project over multiple years, with activities supporting quality improvement, financial and operational improvement, telehealth, community care coordination, workforce, emergency medical services, and population health. This is an ongoing opportunity with applications accepted on a rolling basis; **applicants applying by November 30** may join the cohort beginning work in February 2021. [Learn More](#)

INFO and RESOURCES

1. **New New Practice Guidelines Aim to Reduce Harmful Consequences of Schizophrenia** – In this Q&A, Laura J. Fochtmann, MD, MBI, shares insights on a new set of evidence-based practice guidelines for the treatment of patients with schizophrenia, which she helped write (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
2. **New CBT Corrects Brain Abnormality in Patients with OCD** - Researchers have discovered a brain abnormality in people with obsessive-compulsive disorder (OCD) that may help predict which patients are most likely to respond to treatment with cognitive behavioral therapy (CBT) (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
3. **New New Guidelines Address Rise in Opioid Use During Pregnancy** – Opioid use in pregnancy has prompted new guidance from the American Academy of Pediatrics, aimed at improving care for women and newborns affected by their mothers' drug use. The number of affected women and infants has increased in recent years but they often don't get effective treatment, and the pandemic may be worsening that problem, said Dr. Stephen Patrick, lead author of the academy report released October 26 (Source: *Associated Press*). [Read More](#)
4. **New NIH and SAMHSA Publish Article Discussing New Study to Reduce Opioid Overdose Deaths** – The NIH and SAMHSA recently published an article in the *Drug and Alcohol Dependence* journal highlighting the upcoming HEALing Communities Study. The goal of the study is to reduce opioid overdose deaths by 40% in three years across highly impacted communities. The study will attempt to accomplish this by testing the impact of a community-based, data-driven approach to implementing a set of evidence-based practices to address opioid misuse, treat opioid use disorder, and prevent overdose deaths. Due to the emergence of COVID-19, the study will also examine the intersection of the pandemic and the opioid crisis in rural and urban communities (Source: *Drug and Alcohol Dependence*). [Read More](#)
5. **New SAMHSA Publishes Tip Sheet on Managing Stress During Pandemic** – SAMHSA recently published a tip sheet titled, "Tips for Survivors of a Pandemic: Managing Stress". The tip sheet describes common reactions during and after pandemics for both adults and children at various ages and provides tips to manage stress including relaxation practices, physical activity, and physical care. Additionally, the tip sheet provides resources for dealing with personal

finances that may have been affected by the pandemic and includes resources for those who may need to seek professional support (Source: SAMHSA). [Download Now](#)

6. **New HHS Publishes Resource on First Responder Use of Naloxone during Pandemic** – HHS recently published a new resource on naloxone: "First Responders Can Safely Administer Naloxone During the COVID-19 Pandemic". The resource notes that taking universal safety precautions enables law enforcement, firefighters, and EMS providers to safely administer naloxone, even during the pandemic. The fact sheet then provides several steps to take when responding to an overdose, including use of PPE, positioning the person's head facing away, standing up and stepping back to a distance of 6 feet as the person regains consciousness, removing PPE following appropriate safety procedures, and washing hands with soap and water for at least 20 seconds afterwards (Source: HHS). [Read More](#)
7. **New Screening for Suicide Risk During Telehealth Visits** – To support the rapid shift to virtual care, the National Action Alliance for Suicide Prevention developed a new guidance for telehealth screening for suicide ideation (Source: National Action Alliance for Suicide Prevention). [Read More](#)
8. **New ATTC Networks Conduct Telehealth Survey and Assessment** – The Great Lakes Addiction Technology Transfer Center (ATTC) Network, in collaboration with several other ATTCs, recently conducted a "COVID-19 Substance Use Disorder Telehealth Response and Sustainability Assessment." The survey examined the use of telehealth services across participating agencies, identified benefits and drawbacks of using telehealth services within these agencies, and determined projected engagement in telehealth services post-pandemic. Results from the survey indicated that telehealth is shown to be supportive, effective, and productive in the substance use disorder (SUD) workforce. The survey also found that both telephonic and video services could benefit from additional training and sufficient reimbursement. [Download Now](#)
9. **New Tools for Implementing Team-Based Care** – Team-based care can improve individual care, population health outcomes, and the work experiences of all team members. Learn more by reading the new Medical Director Institute (MDI) publication, "Making the Case for High-functioning, Team-based Care in Community Behavioral Health Care Settings," which presents five critical elements of the team-based care model and offers actionable tips for implementation (Source: National Council for Behavioral Health). [Read the Publication](#) | [Watch a Recent Webinar](#) | [Apply for ECHO Learning Collaborative](#)
10. **New Loneliness Strongly Affects Mental Health and Overall Well-Being** – Although loneliness affects a slate of health outcomes, its strongest effects appear to target mental health and overall well-being, according to a comprehensive review and meta-analysis published online in *Psychiatry Research* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
11. **New Advancing Culturally-Responsive and Equitable (ACE) Evaluation Network** – Participation in the ACE Evaluation Network is free and comes with relationship building, professional development, and business development benefits. The Network is committed to helping create and increase equitable opportunities for racially and ethnically diverse evaluators, as well as to ensuring a membership base rooted in culturally responsive and equitable evaluation (Source: National Council for Behavioral Health). [Learn More](#)
12. **New Upswing Fund for Adolescent Mental Health** – This is a collaborative fund, created in response to the COVID-19 pandemic, that provides timely resources to organizations that focus on the mental health and wellbeing of adolescents who are of color and/or LBGTQ+ in the U.S. (Source: National Council for Behavioral Health). [Learn More](#)
13. **Treatment Improvement Protocol (TIP) 39: Substance Use Disorder Treatment and Family Therapy** – This *newly updated* TIP helps providers and administrators better understand how to include families in substance use disorder treatment and services. This TIP, first published in 2004, has been revised to reflect new research and developments (Source: SAMHSA). [Download Now](#)

14. **Minority Fellowship Program Now Accepting Applications** – The National Board of Certified Counselors (NBCC) and the Association for Addiction Professionals (NAADAC), are now accepting applications for the 2021 National Board for Certified Counselors Minority Fellowship Program for Addictions Counselors (NBCC MFP-AC). The program, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), provides up to 40 master’s degree-level counseling fellowships of \$15,000 for addictions counseling students, travel expenses to participate in program-related trainings, and complimentary NAADAC membership. Applications are due by **December 15, 2020**. [Learn More](#)
15. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
16. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

November 17, 2020 – North Central Region – 10-12pm

Location: Zoom Meeting

December 4, 2020 – Southwest Region – 10-12pm

Location: Zoom Meeting

December 15, 2020 – Eastern Region – 9-11am

Location: Zoom Meeting

January 7, 2021 – Northeast Region (Districts 3, 11, 16, 17, 18, 26, 38) – 10-12pm

Location: Zoom Meeting

January 7, 2021 – Southeast Region – 10-12pm

Location: Zoom Meeting

TRAINING OPPORTUNITIES

1. **New Adaptation in Substance Misuse Prevention: Improving Effectiveness and Achieving Better Outcomes – Webinar** – This two-part virtual training series, featuring a 90-minute interactive webinar and a 90-minute peer-sharing event, will offer participants an introduction to the topic of adaptation and its role in effective prevention, and will examine how carefully planned and executed adaptations can help prevention practitioners circumvent unforeseen challenges, like those facing many communities due to the COVID-19 pandemic.
Part 1: November 2, 2020, 12-1:30pm CT. [Register](#)
Part 2: November 9, 2020, 12-1:30pm CT. [Register](#)
2. **New Shaping the Alcohol Policy Environment: Past, Present, and Future** – While other substances may get the share of the media attention, excessive alcohol consumption remains a consistent public health issue. This two-part webinar series will discuss U.S. alcohol regulation, review the current science on effective strategies to addressing local conditions that influence the alcohol policy environment, and provide insights about the future of alcohol policy regulation, and the need for balance between consumer interests and public health and safety considerations. Presenters will also provide an overview of temporary policy changes due to COVID-19.
Part 1: November 4, 2020, 10-11am CT. [Register](#)
Part 2: November 18, 2020, 10-11am CT. [Register](#)

3. **New New Conversations for Changing Times in Marijuana Prevention** – Preventionists are called upon to educate a diverse range of community members about the impact of marijuana, and presentations are often the vehicle through which that information is relayed. In this 90-minute virtual training, participants will learn practical skills to create compelling marijuana prevention presentations that can be adapted for different audiences, using the tools and resources they already have. **Thursday, November 5, 2020, 9-10:30am CT.** [Register](#)
4. **Adverse Childhood Experiences: Why they should be the Top Priority of EVERY Child-Serving Professional** – Adverse Childhood Experiences (ACEs) have become a topic of considerable importance during the past 20 years. This workshop will provide an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. **Thursday, November 5, 2020, 1-4pm CT.** **Registration Fee: \$39, includes three clock hours.** [Register](#)
5. **New Delivering Telemental Health: Suicide Assessment Through Telehealth – Webinar Series** – This 10-part series of 1-hour, interactive training sessions, focuses on areas of telehealth specific to mental health professionals transitioning to virtual appointments during COVID-19. These sessions will highlight the best practices for suicide assessment and gaining trust from patients while using telemental health services. **Attendees will receive approved CEUs at no cost.** [Register](#) | [Recorded Seminars in Series](#)

Upcoming seminars in this series include:

- **Counseling Families through COVID-19 Environment** – **Thursday, November 5, 2020, 12-1pm CT**
 - **Counseling Adolescents through Telehealth** – **Thursday, November 12, 2020, 12-1pm CT**
 - **Counseling through the Telephone** – **Thursday, November 19, 2020, 12-1pm CT**
 - **Cultural Competency within Telemental Health** – **Thursday, December 3, 2020, 12-1pm CT**
 - **Counseling Children** – **Thursday, December 10, 2020, 12-1pm CT**
 - **Substance Use Treatment within Telehealth** – **Thursday, December 17, 2020, 12- 1pm CT**
6. **34th National Conference on Gambling Addiction & Responsible Gambling** – How is the pandemic affecting mental health providers and clients, and the gambling industry? Want to know more about gambling addiction and responsible gambling? Join international experts and attendees from around the world at the NCPG National Conference, **November 5 – 6** and **November 12 – 13, 11-3pm CT.** Optional networking available from 3-4pm CT. The conference is the oldest and largest gathering that brings together local, national and international experts, professionals and individuals to discuss and learn about responsible gambling and problem gambling. A wide range of topics will be presented, with something for experts and relative newcomers alike with content on public health, community, prevention, treatment, advocacy, recovery, research, regulatory, and the gambling industry, including online gambling, sports betting, military and veterans issues, and specific populations. Recordings of each day's sessions will be available to registrants for at least 30 days. **Registration fee starts at \$63/day or less for groups 3+.** [Register](#)
 7. **New Integrating Hepatitis C Care into your Medication Assisted Treatment Clinic** – This webinar will provide an overview of the evidence of medication-assisted treatments (MAT), such as buprenorphine and methadone, as an effective preventative method against blood-borne viruses commonly associated with injection opioid use, such as hepatitis C virus (HCV). This activity will highlight the impact of applying the HCV care continuum on the treatment outcomes for opioid use disorder patients with comorbid infections. The webinar will also discuss best practices on how to interact and talk with psychiatric patients effectively about their substance use and how MAT can act as an effective co-prevention method for HCV infection. **Thursday, November 10, 2020, 11-12pm CT.** [Register](#)
 8. **New Leveraging Social Environment in the Prevention of Opioid Use Disorder** – To navigate the impact of a syndemic (COVID-19 + opioid overdose epidemic), public health researchers and policy makers must codify the role and importance of prevention. This webinar focuses on strategies to prevent opioid misuse and opioid use disorder (OUD) that involve bi-directional interactions between people who use drugs and different levels of their social

environment to forge better outcomes for individuals, families, and communities. **Tuesday, November 10, 2020, 12-1pm CT.** [Register](#)

9. **New Getting Back on the Road to Recovery: Incorporating the 8 Dimensions of Wellness in Recovery Goal Planning** – The 8 Dimensions of Wellness (SAMHSA) offers a useful framework in the recovery goal planning process. During this webinar, the 8 Dimensions of Wellness will be reviewed, and strategies for integrating the 8 Dimensions with individuals participating in your services will be presented. Webinar participants will have an opportunity to practice writing SMART goals that incorporate the 8 Dimensions of Wellness. **Wednesday, November 11, 2020, 12-1pm CT.** [Register](#)
10. **New Presentation Development and Design Training and Technical Assistance** – Do your presentations inspire and influence your audiences? We use presentations as one of our primary strategies to share content knowledge, build skills, ignite calls to action and affect culture change. Many of us have attempted to create compelling presentations; however, most of us never receive any formal training in presentation design. In this three-hour virtual workshop, participants will learn practical skills to plan and deliver exceptional presentations using the tools and resources they already have. **Thursday, November 12, 2020, 8-11am CT.** [Register](#)
11. **2020 Virtual Clinical Supervision Trainings** – The training will consist of completing an online training which will be followed by two days of Zoom meetings held on a Thursday/Friday from 9-1pm each day. Participants must have Zoom capability and be on camera for the training. This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com. **November 12-13, 2020.** [Register](#)
12. **Missouri Substance Use Prevention Conference** – Join the Missouri Prevention Resource Center Network for the first ever virtual conference on **November 16-17, 2020!** This conference brings together the prevention community, including staff from the Prevention Resource Centers, community volunteers, school counselors, law enforcement and many others. **Registration Fee: In-State Registration - \$25; Out-of-State Registration - \$50.** [Register](#) | [Agenda](#) | [Speakers](#)
13. **Transitional Age Youth Webinar Series** – This series of virtual events will examine special topics for working with adolescents and transitional age youth who have substance use and mental health conditions. The teen and young adult years are an important time for early intervention. There are many evidence-based practices and promising interventions that can be used effectively. The goal of this series is to provide evidence-based and cutting-edge information on substance use prevention and intervention to an interprofessional audience of behavioral health practitioners for working with adolescents and transitional age youth (18 - 25).

Webinars in this series include:

- **Who's Doing What?: The Epidemiology of Adolescent Substance Use** – **Tuesday, November 17, 2020, 1-2pm CT.** [Register](#)
 - **Substance Use Interventions for Adolescents and Transitional Age Youth** – **Tuesday, December 15, 2020, 1-2pm CT.** [Register](#)
14. **Creating a Better Workplace Environment to Support our Service Members, Veterans, and their Families** – This webinar will provide information, resources, tools, and recommendations that will help participants to understand the important role they play in creating a healthy and inclusive environment for their SMVF colleagues and employees, and how to begin to take steps towards implementation of supportive and preventative measures. **Wednesday, November 18, 2020, 12:30-1:30pm CT.** [Register](#)
 15. **New Maternal Health and Infant Mortality Summit** – The focus of this virtual summit is to bring platform for rural community engagement to provide an exchange of knowledge, best practices and solutions for support and tools to have healthier moms and babies who will build stronger communities. Attendees will come away from the summit with a different understanding of how maternal health with a SUD affects rural communities. Rural healthcare

professionals will understand how and why the status quo, with regards to pregnancy and substance use, is problematic and likely continue to get worse without their support to treat this issue. **December 1-2, 2020, 8-12pm CT.** [Register](#)

16. **New Virtual Motivational Interviewing Training** – This 4-hour live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing training can help you create conversations that empower people to make meaningful changes. **Monday, December 7, 2020, 9-1pm CT.** **Registration Fee: \$79.** [Register](#)

17. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
 - **Session 1 - Navigating Risk: The Dignity of Risk and the Duty to Care** – **Presented on September 29, 2020.** [PowerPoint](#) | [Decisional Balance Worksheet](#) | [Managing Risk Worksheet](#)
 - **Session 2 - A Recovery Oriented Approach to Professional Boundaries** - **Thursday, February 11, 2021, 2-3:30pm CT.** [Register](#)
 - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1)** - **Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
 - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2)** - **Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **MO-HOPE Trainings and TA Offer** – The MO-HOPE project is entering year 5 and wants to ensure that there is ample education on how to provide lifesaving information and skills to the people you serve. There are numerous types of trainings available and they are listed below. Live zoom trainings have been updated for October and November. If you need technical assistance in evaluating how your organization can implement naloxone programs to better serve your clients or patients, email Brandon Costerison (bcosterison@ncada-stl.org).

Overdose Education and Naloxone Distribution (OEND) Video Training:

You or your staff can complete training on how to have an OEND conversation at your convenience. The video series can be found at www.tinyurl.com/mohopeoend. Completion takes 30-45 minutes.

OEND and OEND Training of Trainers via Zoom:

Upcoming class schedules can be found at www.tinyurl.com/mohopeproject.

First Responder (Police and Fire) Emergency Naloxone Use in the Field Video Series:

This training, including POST certification, has moved completely to online video series. Training can be found at <https://health.mo.gov/safety/ems/more/index.php>.

2. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.
3. **November 2020 MARS Program** – This new Medication Awareness Recovery Specialist Training Program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. The program details are as follows:
 - The program starts with a 2-Hour Zoom meeting on **Friday, November 6, 2020**. Participants choose one of three times - **8:00-10:00am, 11:00-1:00pm, or 2:00-4:00pm**. There is also a 2-Hour Zoom meeting on Friday, January 22, 2021, and Friday, February 12, 2021, both with the same three time options.
 - In addition, participants also work through eight self-study modules that start on Monday, November 16, 2020, and end Sunday, February 7, 2021. These modules are completed at home within assigned time periods.
 - Information covered in the program includes: Science of Addiction, Eliminating Barriers to Medication Assisted Treatment, Medication Assisted Treatment and Mutual Support Groups, Know Your Rights, ASAM Guidelines for MAT, and More!

The cost of the program is \$100.00 and participants receive 40 CEUs plus a Medication Awareness Recovery Specialist Certificate. **Participants must be able to attend the Zoom trainings on November 6, January 22, and February 12, and complete the online modules to participate in the program.** If you have any questions, please contact Scott Breedlove at scott.breedlove@missouricb.com. [Click on the November MARS Registration Form](#)

4. **MAT Waiver Training has gone VIRTUAL** – Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare is providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. If you prefer to complete the full 8-hour training online and at your own convenience, please use the link at the bottom to register. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training.

AVAILABLE VIRTUAL TRAINING DATES: [Register](#)

Saturday, November 7, 2020, 8:30-12:30pm CT, Presenter: Dr. Evan Schwarz

PLEASE NOTE: All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.

8 Hour Online MAT Waiver Training: [Register](#)

If you are unable to attend one of our 4-hour live trainings, please use the link to complete the full 8-hour online training at your own convenience.

5. **2020 Certified Peer Specialist Trainings** – This training has gone virtual! If you have questions, please contact the MCB office at 573-616-2300 or help@missouricb.com. Application information can be located at <https://mopeerspecialist.com/>.

AVAILABLE ZOOM TRAINING DATES:

November 30 – December 4, 2020

December 7-11, 2020

6. **Virtual Motivational Interviewing Training** – This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. Certificates of completion are available upon request. **Registration Fee: \$79.**

AVAILABLE TRAINING DATES:

Monday, November 16, 2020, 11-3pm CT [Register](#)

Monday, December 7, 2020, 9-1pm CT [Register](#)

7. **2020 Certified Peer Specialist Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It has been updated so individuals who have attended a training in the past are welcome to attend again. The training is free and will be done in a virtual format only. Once registered, participants will be given a link to watch four videos before the Zoom meeting date. [Click Here For Peer Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com. The Zoom meetings are scheduled for 9-11am on **Thursday, December 17, 2020**.

Look for updates on different topics/initiatives next Friday!